



# SIDELINES



Volume 74, No. 10

MIDDLE TENNESSEE STATE UNIVERSITY

Murfreesboro, TN

## SGA working on student life bills

Jamie Evans  
Staff Reporter

The Student Government Association senate and house of representatives are working on five pieces of legislation that are aimed towards improving student life.

The first is a resolution that deals with safety on campus by asking for additional lighting to be installed around the Keathley University Center.

"Over the past there have been several students attacked on or near campus," the resolution states. "Many students use the KUC at night, and lighting around the

KUC is far from sufficient."

The resolution is sponsored by senators Jennifer Sykora and Aaron Tallent and by representatives Lief Swanson, Amanda Griffin and Jeremy Baker. They state in the resolution that they want at least three additional lights to be installed around the KUC with extra lighting between the Forrest Hall and the KUC and Todd Library and the KUC.

The house is working on a bill to create an Off-Campus Transportation Commission.

"There is a very serious parking problem on the campus of MTSU," the bill

states. "The situation will only get worse until the problem is solved."

The commission, which will be made up of four members, will be responsible for researching and developing a comprehensive parking plan to help solve the parking problem, according to the bill.

"The plan shall involve the use of possible methods of off-campus transportation, and/or ways to reduce the number of vehicles that are driven to campus everyday," the bill states.

The other three bills that are currently going through the house and senate deal with student life in a more indirect way.

Two of the bills are similar. The first is designed to prohibit double jeopardy by any SGA court.

According to the bill, the SGA should have a judicial system of the highest integrity which should provide due process of law. The sponsors of the bill want it to be established that "no person may be tried for any offense a second time after a verdict of not guilty, by any court of the SGA."

The second similar bill amends one section of the first bill.

It makes the exception that a person may be retried if it can be proved that the

court was illegally influenced.

The last bill calls for a training program for the justices on the Court of Traffic Appeals to be established. This program shall be supervised by the senate Judicial and Governmental Affairs Committee and the SGA president, according to the bill.

For any of these bills to pass into law, they must first be passed by both the house and the senate. Then they must be approved by SGA president Jason Lawson. Finally, they must be signed by Vice President for Student Affairs Robert LaLance. ■

## Honors Lecture Series introduces 'Sham, Scam, Thank You Ma'am!'

Barry Gilley  
Staff Reporter

Afraid of being taken for everything you're worth? Whether you're worried about being the victim of a financial scam or are just curious as to how much the cost of doing business comes back to you as a consumer, you can find out more about various kinds of fraud when Jim Burton, associate professor of accounting, gives his presentation titled "Sham, Scam, Thank You, Ma'am!" in Peck Hall 109A today from 3:30 to 4:20 p.m. The second installment in the Honors Lecture Series, Burton's presentation will go over a wide variety of scams from office supply theft to more serious crimes like embezzlement and bribery.

"What I want to give them is a sense of how pervasive fraud is," Burton said. "It's been estimated by the Association of Certified Fraud Examiners (ACFE) that fraud in the workplace costs employers on average about \$9 per person, per day."

Examples of fraud that will be discussed are as varied as the

selling of junk bonds, bus shelter ads, fraudulent credentials, fake art work in Nashville, tornado repair and a test taking scam.

In addition to general information that may serve as "preventive medicine."

"We'll talk about some of the elements of a scam that people can watch out for, why employees commit fraud and the statistical characteristics of people who perpetrate frauds."

Undeclared students may also find the lecture helpful in terms of exploring possible career options.

"I'm going to start the lecture by talking about the phrase that you may have seen in the papers, particularly at the end of O. J. Simpson trial when they were talking about the financial implications: forensic accounting. I'll go over what forensic accounting is and give a quiz which I call a forensic accounting IQ test."

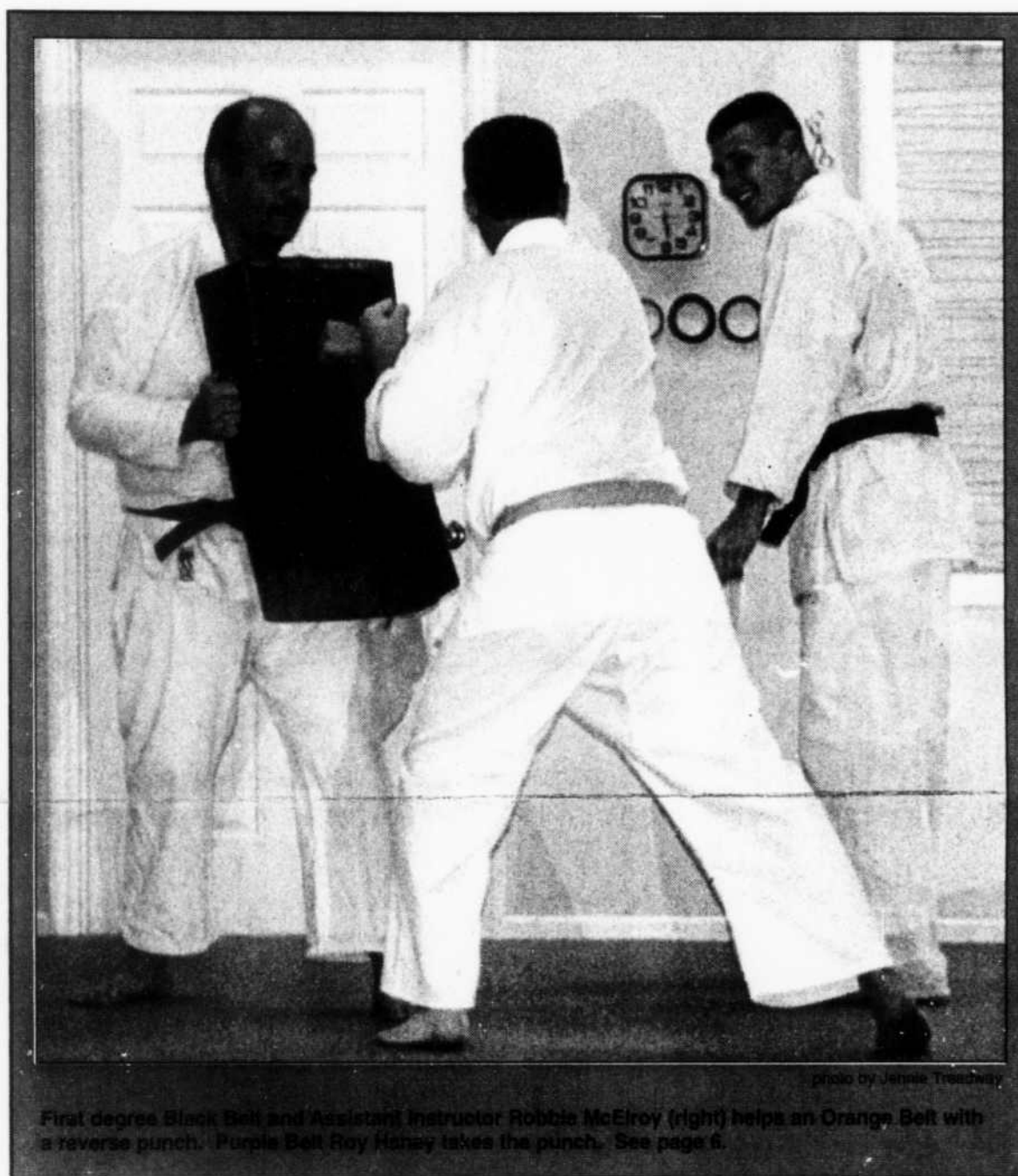
"I'm also going to talk a little bit about the opportunities there might even be for those that see this not as something they want to commit to, but as something they want to be involved in helping to

catch. Obviously there are people in the FBI and law enforcement that specialize in this area, but there is a growing number of separate individuals who do this as a profession for companies."

According to Burton, this type of work has not always been the growing industry it has become in recent years.

"For many years, public accountants and CPAs really took themselves out of the area of looking for fraud. They basically said that's not something that we do. However, there is a group of people now, probably approaching 20,000 internationally, who are Certified Fraud Examiners. Their association (ACFE) is out of Austin, Tex, and members go through an examination process, and have continuing education requirements. They try to discover when frauds have happened, track them down to the perpetrators and assist in capturing the assets and/or the prosecution of individuals."

Burton's lecture, as well as the rest of the installment of the Honors Lecture Series, is free and open to the public. ■



First degree Black Belt and Assistant Instructor Robbie McElroy (right) helps an Orange Belt with a reverse punch. Purple Belt Roy Henry takes the punch. See page 6.

## University says no to parking garage

Brian Gillespie  
Special to Sidelines

So you're one of the many students patiently awaiting the arrival of the parking garage on campus.

Don't hold your breath.

The consultant for parking services, Desman Associates, has given the university an estimated cost and possible location for a 1600-space parking garage on campus, according to manager of parking services, Connie Hagberg.

Desman Associates believes that be a prime location for the lot would be in the parking lot next to the Telecommunications building. Hagberg said this location would not only be close to the core of campus, but it would also serve visitors to the new stadium.

The cost for the garage would

be approximately \$19.6 million, roughly \$10,000 per space. However, according to Hagberg, the cost does not include annual operational and maintenance costs.

Unfortunately, the university does not see a parking garage as an option at this time.

Hagberg said she thinks the university will not consider building a garage for a few more years.

"The university believes that it would be more practical to purchase land and building surface parking lots, instead of building a parking garage at this time," Hagberg said. "To fund a parking garage, the [parking] permit fees would have to be raised at an escalated rate. It will be several years in the future when the university will seriously look at plans for building a parking garage. ■"

## Anatomy of a Presidential affair becomes public

Richard T. Cooper, Judy Pasternak, and Norman Kempster  
Washington Post

WASHINGTON — "We would tell jokes. We would talk about our childhoods. Talk about current events. I was always giving him my stupid ideas about what I thought should be done in the administration or different views on things."

"I never expected to fall in love with the president," Monica S. Lewinsky said. "I was surprised that I did."

That was the good part. The incident, high school first-love part that makes the heart glow and convinces two people, for a few moments at least, that their feelings and desires can overcome the world.

But there was more: the groping, blouse-open, zipper-down, oral-sex-while-leaning-against-a-wall moments.

The married man's time-

stained "Maybe we can be together someday" lines. The belated efforts to convince each other it was more than sex. The posturing, deception, anger and betrayal.

Independent counsel Kenneth W. Starr's report to Congress presents a relentlessly explicit description of the personal relationship between President Clinton and the former White House intern. And whatever the eventual verdict on Starr's legal case, in purely human terms the picture that emerges is at once bizarre and achingly familiar.

Starr's account, pieced together from grand jury testimony and investigative reports, leans heavily on the words of Lewinsky and almost a dozen other individuals to whom she allegedly gave contemporaneous accounts of the affair. Clinton's own testimony appears to have been much less detailed and graphic.

Nonetheless, the accounts have

few contradictions.

The relationship began as a typical office flirtation almost immediately after Lewinsky arrived at the White House as an unpaid intern in July 1995. It exploded into a series of hasty sexual encounters during the November 1995 shutdown of the federal government that followed Clinton's confrontation with congressional Republicans over the federal budget.

This was at a time when regular White House aides were barred from working and interns expanded duties and access to the Oval Office.

So feverish and brief were these initial bouts of oral and manual sex that it was only after the sixth episode, on Feb. 4, 1996, that Lewinsky raised the question of whether the two might be able to have a personal conversation - whereupon Clinton sat down and chatted with her for some 45

minutes.

In all, Lewinsky said she and Clinton had 10 sexual encounters, most in a windowless hallway connecting the Oval Office to his private study. Often the president leaned against a wall while she performed oral sex.

On several occasions, she said, Clinton took telephone calls, sometimes from members of Congress, while he and Lewinsky were engaging in oral sex.

Apparently in keeping with his own definition of what constituted sexual relations, Clinton consistently refused to permit intercourse. But during one episode, he did use one of his cigars as a sexual prop.

The two exchanged numerous gifts and messages. Lewinsky gave the president some 30 items, including neckties, an antique paperweight, old books of history, contemporary novels - some

See AFFAIR, page 2

### INSIDE

- Campus Capsule.....page 2
- Editorial.....page 4
- Features.....page 6
- Sports.....page 8

### SPORTS

Learn the rules of Ultimate Frisbee. Read why fat is actually good for you. See page 8.

### FEATURES

Bill Taylor, MTSU karate instructor, owns the largest karate school in town. See page 6.

### WEATHER FORECAST



MONDAY  
SUNNY, 94



TUESDAY  
SUNNY, 91



WEDNESDAY  
ISOLATED  
THUNDER-  
STORMS, 85



# ON CAMPUS

To submit an announcement for On Campus, come by the James Union Building Room 308.

**Tuesday, Sept 15**  
The Native American Heritage Society will have an organizational meeting from 4:30 until 6 p.m. in the KUC room 324. Everyone is welcome to attend.

**Tuesday, Sept. 15**  
Career Placement will hold Career Day from 10 a.m. until 3 p.m. at the Murphy Center track. For more information, please call Martha Turner at 2500.

**Thursday, Sept. 17**  
The Society of Professional Journalists (SPJ) will sponsor its first-ever "Cut! Party! Mixer" at 6 p.m. The SPJ invites any student who majors or minors in journalism to come and watch (and make fun of) Journalism - themed movies. For more information and directions call Lisa or Angie at 904-8380.

**Thursday, Sept. 17**  
The American Criminal Justice Society will hold an informational meeting at 5:30 p.m. at the KUC room 324. For more information, contact Emily Hudgens at 867-4157. All criminal justice majors and minors welcome.

**Sept. 18, 19 and 20**  
The Division of Continuing Studies (DCS) is offering a basic motorcycle rider course for riders who want to learn the correct and safe way to

operate a motorcycle. The class will meet Friday, 6-10 p.m., Saturday, 8 a.m.-5 p.m., Sunday, 8 a.m.-4 p.m. Class size is limited to only 12 students. To register for this course, call DCS at 898-2462.

**Tuesday, Sept. 22**  
The MTSU Civil War Society will be holding an organizational meeting 6-7 p.m. in Peck Hall room 200. Refreshments will be served. For additional information, contact George Pimentel at 898-5039.

**Wednesday, Sept. 23**  
Walt Disney World will hold an informational meeting for the spring 1999 Internships/College Program at 5:22 p.m. at the KUC room 322. Must attend the information meeting to be eligible for interviews on the following day. Contact the Placement Center at 898-2500 for additional information.

**Thursday, Sept. 24**  
The University of Tennessee, Memphis Health Science Center will be at the KUC, rooms 322, 322A, 322B, 322C, 312, and 314 from 9 a.m. to 12 p.m. to talk to students about Dentistry, Medicine, Pharmacy, Cytotechnology, Dental Hygiene, Health Information Management, Medical Technology, Occupational Therapy, Physical Therapy,

and the Tennessee Preprofessional Program.

**Continuing**  
The deadline for student organizations to submit organizational report forms and activity fee applications is on or before Sept. 4. Organizations not requesting funds must have their organizational report forms completed on or before Sept. 21. The forms are due in KUC 122, and are currently available in KUC 122 and KUC 306. The forms also will be available at the organization sessions scheduled for this week and next week.

S.H.A.R.E., MTSU's Peer Education Program is now accepting applications. Peer educators perform theatre and educational programs on college health issues such as STD's, sexual assault, alcohol, drugs, etc. Pick up an application at the KUC room 303 or call Tressa Cherry at 898-5453 for more information.

The June Anderson Women's Center's Eating Disorder Support Group will meet on Wednesdays from 12 p.m. to 1:30 at the Cason-Kennedy Nursing Building, room 109. Bring lunch and join the discussion and support group. For further information, contact Mary Glantz at 898-5725.

## AFFAIR

continued from page 1

dealing with sex - a pair of sunglasses and a frog figurine. He gave her a hatpin, two brooches, a marble bear figurine, a blanket and a copy of Walt Whitman's "Leaves of Grass."

Yet both were concerned about discovery and talked frequently about the need for secrecy and denial. And tensions gradually arose as White House aides began to notice and Clinton himself began to suspect - correctly - that Lewinsky, despite protestations of discretion, was spilling out details of their activities to an astonishing number of friends and relatives.

On May 24, 1997, Clinton told a weeping Lewinsky that the affair must end. Earlier in his marriage, she testified, he told her he had many affairs but had tried to become faithful. He was determined to resume that effort, she quoted him as saying, although he professed affection and admiration for her.

Lewinsky's internship had, almost magically, been transformed into a staff job, and people were beginning to notice - and to complain.

A Navy Special Forces officer told Evelyn Lieberman, deputy chief of staff for operations, that Lewinsky's visits to the area near the Oval Office were becoming "a nuisance."

By April 5, 1996, Timothy Keating, who ran the White House legislative affairs office, informed Lewinsky that she was "being given a different opportunity." She could tell people the new job was a promotion.

Lewinsky burst into tears. Two days later, on Easter Sunday, the president telephoned her at home, she testified.

She told Clinton that her next day at the White House would be her last.

She asked if she could visit him and he said that was fine.

The president was in the Oval Office that afternoon. Lewinsky spent 32 minutes at the White

House.

She arrived carrying a manila folder and told the plainclothes Secret Service officer on duty that she needed to deliver papers to the president.

Once she was inside the Oval Office, they followed their routine, replying to the study.

According to her testimony, Clinton pledged: "I promise you if I win in November, I'll bring you back like that."

The president remembers the conversation differently. "What I told Ms. Lewinsky was that ... I would do what I could to see, if she had a good record at the Pentagon, and she assured me she was doing a good job and working hard, that I would do my best to see that the fact that she had been sent away from the legislative affairs section did not keep her from getting a job in the White House, and that is, in fact, what I tried to do."

During a sexual interlude the president took a phone call in the study. It was, Lewinsky testified, political consultant Dick Morris (who, records show, telephoned during the time Lewinsky was in the White House). At the same time, Lewinsky testified, the president indicated she should continue her activities, and she obliged.

Minutes later, Lewinsky heard White House aide Harold M. Ickes' summon the president. Clinton rushed into the Oval Office and Lewinsky rushed in the opposite direction, out the dining room door.

On April 16, 1996, Lewinsky started work as confidential assistant to the assistant secretary of defense for public affairs.

She would not see Clinton alone for the rest of the year.

The president called, sometimes leaving a message, four or five times in the first month of her new job and then two or three times a month for the rest of the year.

During at least seven calls, the subject was sex.

On Aug. 18, she attended Clinton's 50th birthday party at Radio City Music Hall in New York and saw the president at a cocktail

party there for major donors. She testified that when he reached past her at the rope line to shake hands with another guest, she grabbed at him playfully.

The next month, she told Clinton on the phone that "she wanted to have intercourse with him," Starr's report says. He refused "because of the possible consequences." They argued, and he asked if he should stop calling.

No, she answered. Lewinsky had kept a countdown on her calendar until Election Day.

It came and it went.

She told others - her college friend, Catherine Davis; her aunt, Debra Finnerman; former White House colleague Ashley Raines; her psychologist, Irene Kassorla - about her frustrations.

Notes made by Linda Tripp, who worked with Lewinsky at the Pentagon, include Lewinsky's recollection that she unloaded on Clinton, too. His reply: "Every day can't be sunshine."

But the president was arranging a go-between - his secretary, Betty Currie.

It worked like this, Currie testified to the grand jury: Lewinsky would call and say she wanted to see Clinton.

If he agreed, she would schedule a meeting, often on a weekend. Currie would authorize Lewinsky's entry and take her to the West Wing.

The president explained, Lewinsky testified, that if he cleared her in himself, her name would appear on a list of visitors that circulated to his staff.

Lewinsky called Currie about six or eight packages she wanted to deliver to the president and addressed those to the secretary as well.

Currie generally opened the president's mail. But not these parcels.

Suspecting impropriety herself, Currie took Lewinsky on a roundabout path to the study on weekdays to avoid staff members Nancy Henrich and Stephen Goodin, who disapproved of the former intern. ■

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# Clinton's approval rating holds steady

Geraldine Baum  
Los Angeles Times

WASHINGTON - Americans analyzed their president's sex life and debated his future Saturday but early public opinion polls showed that they have not changed their minds about Bill Clinton since the titillating report about his relationship with Monica S. Lewinsky was released Friday. That doesn't mean they won't.

Experts said it is likely to take a week or so for Americans' real feelings about the report - and the impact on the president's approval rating - to register in opinion polls.

And with Clinton facing the possibility of continued public humiliation or worse and lawmakers considering his possible censure or impeachment, pollsters are not the only ones anxiously awaiting the numbers.

Rep. Tim Roemer, D-Ind., an influential centrist Democrat, was not sure how long it would take the public to react to the near-global distribution of a government document unique in history for its raw, unsparring look at a president's private life.

The American people need time "to reflect and digest this ..." he said. "It's fair to see where the public is on such a critical issue as the president's future."

White House officials know better than to put too much stock in early polling, but they were taking some solace from instant polls showing Clinton's approval rating still high - hovering around the 60 percent mark. (In the year before Richard M. Nixon resigned, his approval rating fluctuated but never went above 34 percent. When he left the White House his approval rating was 23 percent.)

Pollsters wasted no time in dialing up voters to gauge reaction to independent counsel Kenneth W. Starr's report to the House.

Clinton's News Network put the report on its Internet Web site at 3 p.m. EDT and started polling at 6 p.m. What it found, among other things, was that six of 10 people surveyed had not heard or read

anything about the report.

Several experts said it was not surprising that little had changed in the CNN/Gallup, Newsweek and ABC News polls released Friday night and early Saturday. The president's approval rating remained where it had been. People continued to show little appetite for Clinton's resignation or impeachment. And responses showed persistent levels of disgust with his personal behavior.

CNN found an overwhelming number of people disgusted with the explicitness of Starr's report: 72 percent found unnecessary its uncensored details of Clinton and Lewinsky's sexual encounters.

Andrew Kohut, director of the nonpartisan Pew Research Center, said that overnight polls after an event catch people too soon.

"It could take longer, but over the course of the next week we're going to know more," he said.

The public already knows the outlines of the story - the Clinton-Lewinsky-Starr connection - he said, "so the basic issue is will this report sufficiently shock people to the point of getting them to think it's a wrongdoing of serious proportions or that (Clinton) has lost his moral authority."

"We'll know the shock value reasonably soon. The moral authority will take longer because that will depend on how political leaders react to the Starr report and how it's played in the media," Kohut said. In the metropolitan areas of Houston, Atlanta and Seattle, reaction to the report was playing out in the usual, unscientific ways: people expressed a range of opinions.

Jan Hicel, a TV producer and writer in Atlanta, was feeling Clinton let her down. "I haven't read the whole thing," she confessed. "Just the dirty parts."

But that was enough to give her a "weird feeling in the pit of my stomach."

"He's a sex-addicted overachiever from a dysfunctional family," she said with a sigh. "My heart is broken for my country. ... His legacy is carved in stone." ■



## Man with HIV faces charge of attempted murder in rapes

Ed Meyer

Knight-Ridder News Services

AKRON, Ohio - An Akron man apparently infected with the virus that causes AIDS faces a rare charge of attempted murder for repeatedly raping a woman in an act of vengeance meant to give her the virus, prosecutors say.

Prosecutors say that Daniel R. Anderson, 38, blamed the victim for introducing him to the woman who gave him the virus.

He was scheduled to go on trial in Summit County (Ohio) Common Pleas Court last week on the attempted murder charge and seven counts of rape. However, because of scheduling conflicts and the complex issues in the case, Common Pleas Judge Beth Whitmore postponed the trial until Sept. 16 and ordered the defendant to submit to a blood test for the human immunodeficiency virus, HIV, that causes AIDS.

Summit County Prosecutor Maureen O'Connor said Anderson was indicted for attempted murder because he intended to give the virus to the victim.

"He's talking to her throughout the rapes and telling her she's going to die," O'Connor said. "He's telling her he's got the AIDS virus and he's going to give it to her."

"It's an interesting theory," the judge said, "and it should be an interesting trial."

Whitmore said she was aware of only a few similar cases in the country.

In 1991, HIV-infected Steven O'Banion accused police and Hamilton County, Ohio, corrections officers of beating him after he was arrested. O'Banion was charged with attempted murder for spitting blood and saliva at officers. The charge was dropped but O'Banion was convicted of assault.

In 1993, an Oregon man, Adam Lee Brown, 31, was sentenced to 16 years in prison after pleading no contest to reduced charges of trying to infect nine children with AIDS through sexual acts. Brown originally faced 43 charges, including attempted murder and rape. Prosecutors said they agreed to the reduced charges to spare the young victims from a prolonged trial and further pain.

In 1996 in Colorado, Jesus Perez, an HIV-infected man who had sex with an 11-year-old girl, was sentenced to 48 years in prison for attempted murder. At that time, prosecutors said they believed it was the first case in

state history in which an HIV-infected suspect was charged with attempted murder for a sexual act.

Anderson was indicted June 23 on the attempted murder charge and three counts of raping a 37-year-old Akron woman at her home.

He pleaded innocent to those charges on June 24.

Four more counts of rape were filed against Anderson, according to court records, in a supplemental indictment issued Aug. 24.

According to a police incident report, the victim said she let Anderson into

her residence on June 17 at 5:30 p.m. and began drinking beer with him.

About 11 p.m., the report said, Anderson "grabbed (the) victim around the neck, forced her back into the apartment into the bedroom, where he told her it was her fault that he had AIDS and that now she was going to die, too."

Anderson was arrested June 18 within hours after the victim reported the incident.

Connie Haslinger, the assistant prosecutor in charge of the case, said last week that Anderson became extremely depressed and violent after he allegedly contracted the AIDS virus from a woman to whom he had been introduced by the rape victim.

Anderson stayed with the woman until her death, Haslinger said, and then decided to get revenge on the person who introduced them.

Haslinger asked Whitmore for the blood test after Anderson's attorney, Jeff Haupt, refused to release his client's medical records. Haupt did not deny that Anderson has the virus.

"What's in dispute," Haupt said, "is whether he committed the allegation of attempted murder. I don't believe they have sufficient evidence to file that charge. We know they don't have the medical records, yet they've already indicted him."

Haslinger said prosecutors had statements from Anderson's family members whom he told he had the virus.

"I haven't talked to those family members to verify that," Haupt said.

Anderson is being held at the Summit County Jail on \$50,000 bond.

According to police records, Anderson has 31 prior arrests as an adult and 20 convictions, including a 1979 prison sentence for aggravated burglary and rape. ■

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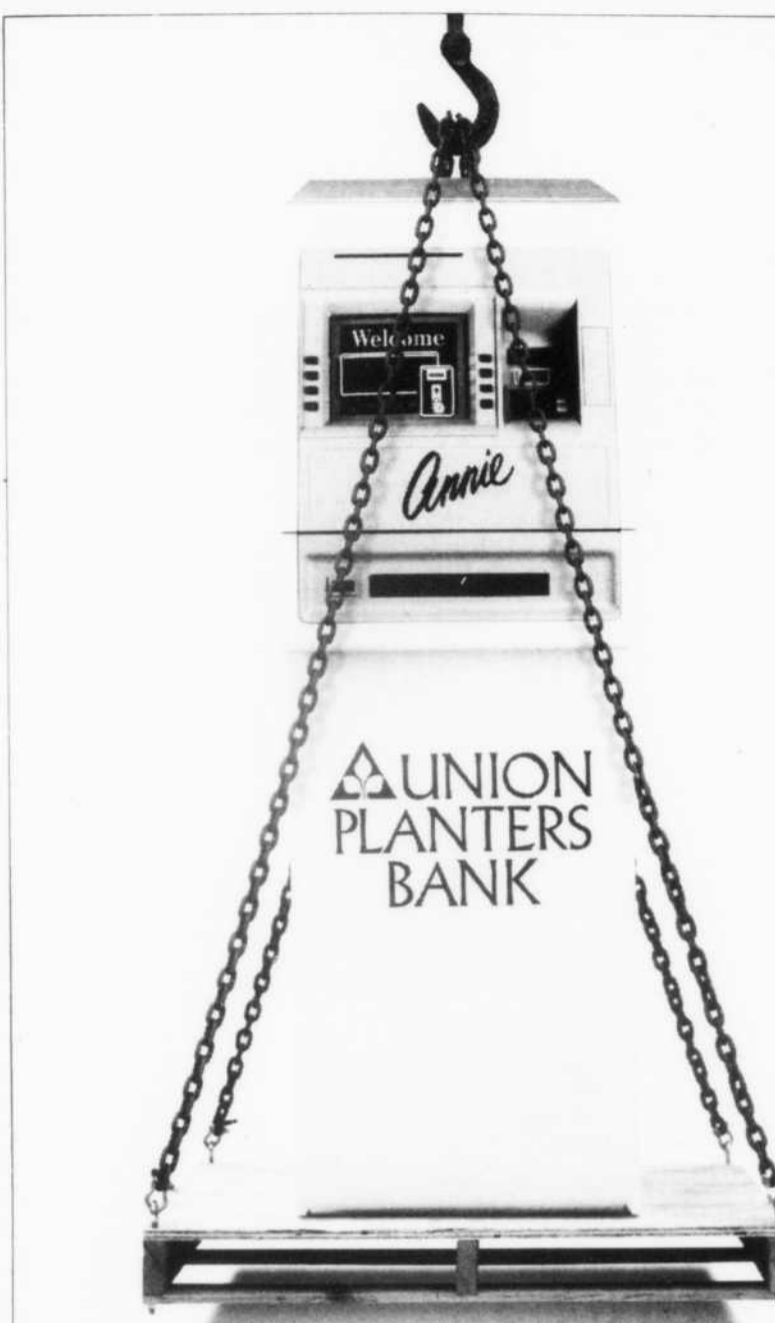
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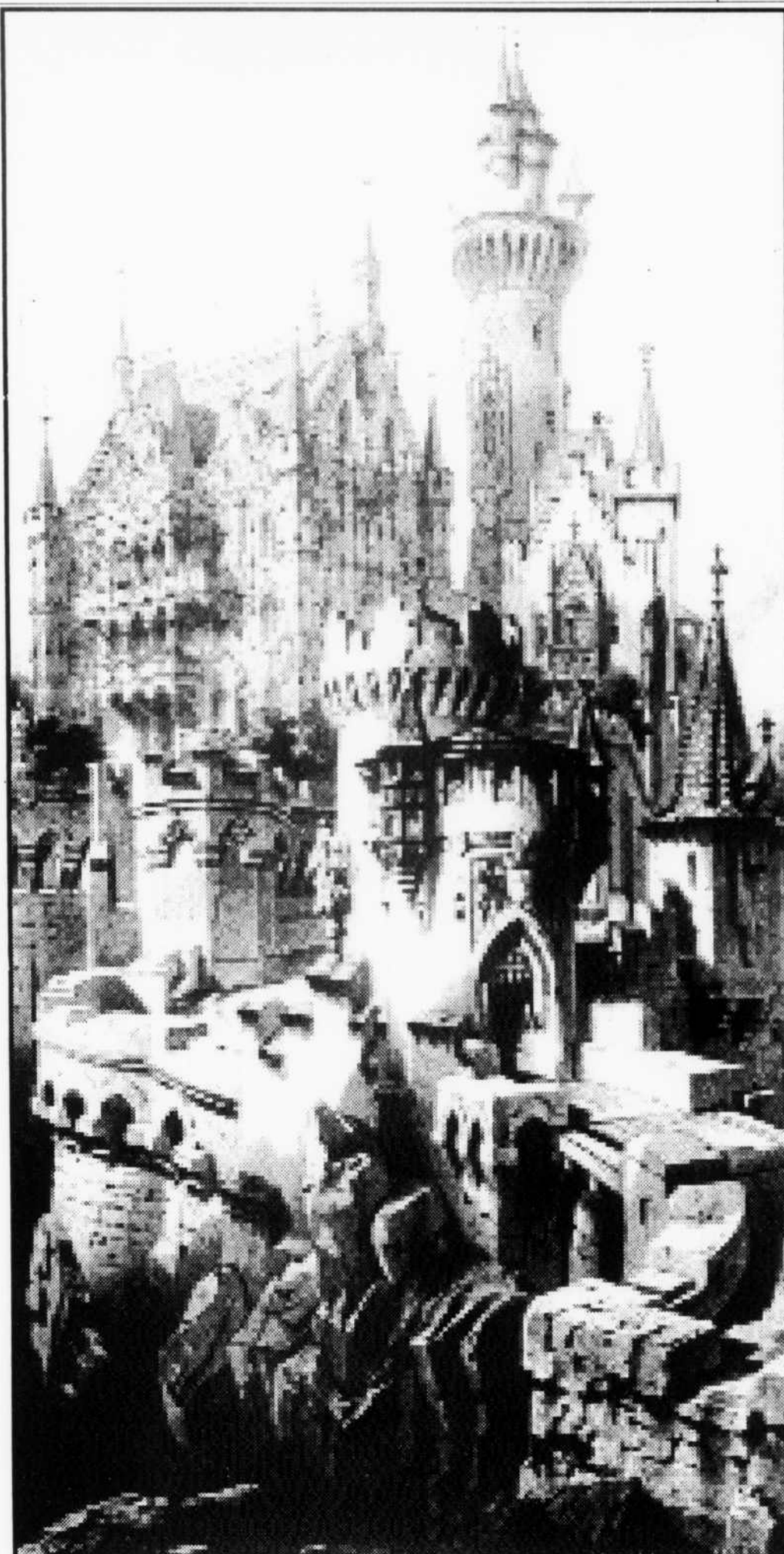
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# OPINIONS

"Were it left for me to decide whether we should have a government without newspapers, or newspapers without a government, I should not hesitate a moment to prefer the latter."  
—Thomas Jefferson

4 ■ SIDELINES

Murfreesboro, TN

## Editorial

### Starr report changes everything

The Clinton dilemma has taken a different route.

When the President finally admitted to having a sexual relationship with Monica Lewinsky, it appeared that the majority of the public had the "let's get on with our lives" attitude.

However, Clinton's apology wasn't enough for the media or the independent counsel.

Ken Starr's 400-something page report came out Friday, and the Tennessean made it into a four-page spread in its Saturday edition. Details, details, details. And the details are not exactly G-rated.

Now, the public's opinion about the President's adultery is changing. And rightfully so.

There is more talk about impeachment, more talk about resignation and more talk about "poor Hillary and Chelsea." The Clinton family is beyond embarrassment. It's pure shame.

According to the report, the interactions between Lewinsky and Clinton were far beyond flirtation. In fact, several sexual encounters occurred while the President was on the telephone with another governmental official.

It's sickening. The details were explicit but not hard to believe. The sex acts that carried on for almost two years are not enough grounds to impeach the President, but the lying and deceptions are.

It's possible that no one really pictured the sexual occurrences as they happened, at least, not without Starr's script.

Now, the public can vividly understand what went on in the White House while the President was on the clock. They can read about the direct lying, cheating and manipulation that went on while he was supposed to be governing the country.

Certainly, the report is going to lengthen the time spent on this case. Starr is determined to wipe the President of any decent reputation he might have.

And he's doing a pretty good job.

Whatever happens to Bill Clinton and his presidency, no one will forget — "I did not have sexual relations with that woman ... Monica Lewinsky."

## MOTHER GOOSE & GRIMM



## Commit to fairness, end Clinton trial

Los Angeles Times

With the exception of declaring war, Congress has no more exacting constitutional responsibility than considering whether to remove a president from office through impeachment. Only twice in U.S. history, once in the last century and once in this, has that solemn process been pursued.

In the first case, Andrew Johnson escaped conviction in the Senate in 1868 by a single vote. In the second, Richard Nixon resigned in 1974 after the House Judiciary Committee referred three articles of impeachment to the full House for a vote.

Now, once again, the Judiciary Committee is preparing to consider whether articles of impeachment against a president are warranted. Now, once again, it becomes Congress' duty to make sure that fairness and a sense of national accountability prevail over partisanship.

Last Wednesday, an encouraging start was made. Hours before the House received special prosecutor Kenneth W. Starr's

report on potentially impeachable offenses committed by President Clinton, its leaders agreed that any impeachment inquiry would be conducted fairly and objectively. Politicians make promises easily. This is one commitment the American people must insist be kept. The fate of a president is at stake, but so also is the integrity of the political process.

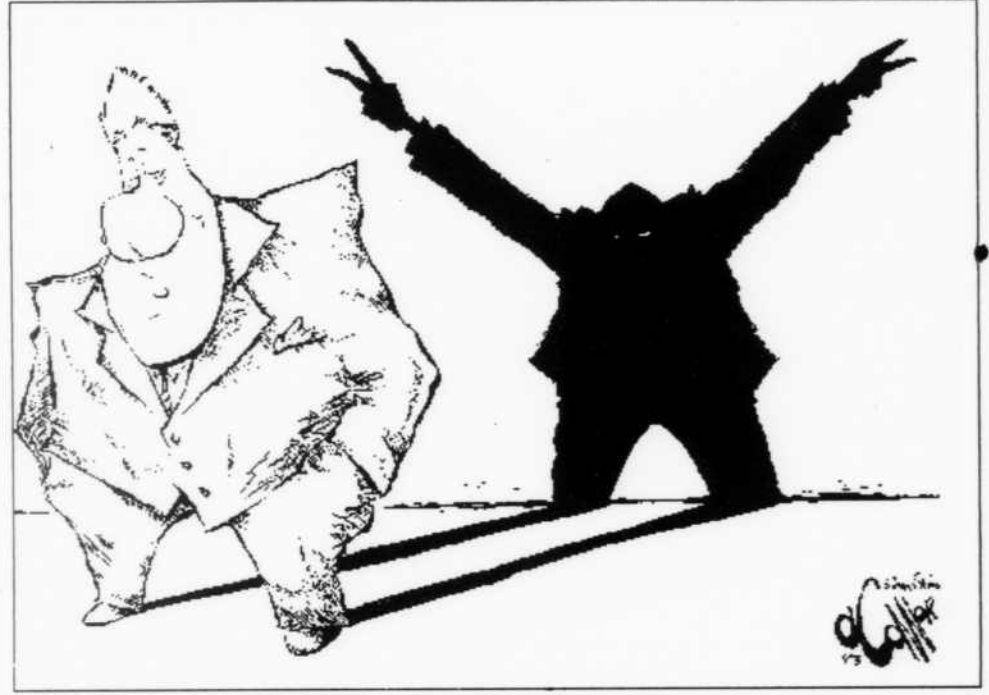
Those who will sit in judgment on Clinton and who believe that his conduct has disgraced the presidency must take care that their own anger or zeal for political gain does not disgrace Congress.

Impeachment is an ill-defined process. It is left to Congress to determine what are the "high crimes and misdemeanors" with which a president can be charged. The process itself can be prolonged; Johnson's shamefully politicized Senate trial lasted nearly 10 weeks.

Congress plans to adjourn Oct. 9 so its members can campaign for the November elections. Some lawmakers want adjournment postponed or Congress to return immediately after the elections, arguing that resolving the impeachment

issue is the most important business facing the nation. They're right, but this messy and dispiriting matter seems destined to remain unresolved for months. And meanwhile the insistent day-to-day

demands of governance — and of global leadership — will continue to face a preoccupied president and his demoralized administration. ■



## Baseball record broken with style; can Sosa do it?

The Washington Post

In baseball, even the purest of the purists—the people who swear by pitching, defense, moving the runner along and all the subtleties and nuances—will have this heretical vision of flagrant excess: a grand arc stretching from the batter's box to someplace in the bleachers, 475 feet from home plate.

It is the path of an unbelieved soaring over the fielders' heads and descends majestically through the insect-filled night

into a mass of roaring fans at the farthest reaches of the ballpark.

That has been Mark McGwire's signature this year: huge home runs, week after week, bigger, longer and more numerous than anyone has ever seen before. Last Tuesday night, he crossed us up a bit with that sharp line drive down the left-field line, a shot that was over in a second and bouncing around in a stadium enclosure before most of the fans even realized the history they'd



come to see had just been made.

But he was soon back in character, thanking everyone in heaven and on earth, paying his respects to the family of the late Roger Maris — whose record he'd just broken — and trading compliments with his rival in the home-run race, Sammy Sosa. Consistency has been Mr. McGwire's defining characteristic, not only as home-run hitter over a period

of years but as good fellow, patron of charities and sportsman — to use a quaint term that he and Sammy Sosa are doing much to revive.

So what happens now that Mr. McGwire has broken the record of 61 home runs in a season and taken only 145 games to do it? Is 70 a possibility? Or will Mr. Sosa get hot in the next few weeks and change Mark McGwire's status from greatest home-run hitter in history to No. 2 in the National League?

In the strange and wonderful season of '98, the World Series may come as anticlimax. ■

## Standard uniform policy for schools a must

The Washington Post

Of all the abundant ideas that parents and teachers are embracing in their constant struggle to tame student behavior and make schools safer, few are more popular right now than uniforms.

Just look around. The days when the only students wearing uniforms to class were those attending private or parochial schools are over. The trend has hit the masses. Across the country, many public schools are for the first time urging, even mandating, their students to stop flaunting the latest fashions and to start dressing exactly alike.

By some estimates, more than one-fourth of the nation's public school students attend schools with uniform policies, far more than only a few years ago. The most recent convert is the New York City school system, the nation's largest, which will require students at most public schools

to wear uniforms starting next fall.

But do uniforms make a difference? Are schools safer, calmer and better when students wear them?

A growing number of educators and school researchers think the answer is yes. The evidence is hardly formidable at this point, since most of the public schools using uniforms have made the switch just in the last few years. But there have been some important signs of progress at schools with strict dress codes, from fewer fights to greater school spirit.

Principals and teachers say that forcing students to dress alike curtails one modern distraction to learning: the cutthroat competition among adolescents and teen-agers over trendy clothing styles, which in this era of brand-name obsessions is getting ever more intense, even, in some rare instances, deadly.

"Uniforms really seem to create a climate of getting down to business at schools," says Sam Sava, a former

principal who is the executive director of the National Association of Elementary School Principals. "The competition between kids over clothes or sneakers begins at such an early age now, and the effects of it on the classroom are amazing. It can really get in the way of learning."

Many parents, meanwhile, say the idea saves them money because they are no longer under pressure to enlarge their children's wardrobe every few months just to keep up with more stylishly dressed classmates.

Four years ago, the public schools of Long Beach, Calif., which have about 64,000 students, became the first in the nation to require uniforms — even when it meant giving the poorest families in the city some money toward buying them. Since that time, fights at school have been cut in half and vandalism has dropped by 20 percent. Overall crime on

See UNIFORMS, page 5

## LEX



## SIDELINES

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"Sidelines" is the non-profit, editorially independent student newspaper of Middle Tennessee State University and is published every Wednesday during June and July and on Monday and Thursday during the fall and spring semesters. FLASH!, the entertainment magazine, is published every Wednesday during the Fall & Spring semester. The opinions expressed herein are those of the individual writers and not necessarily "Sidelines" or the university.



# Save the trees, ax the waste

The destruction of our national forests by the timber industry is ba.enough. What's worse is that our trees are cut and forests destroyed at taxpayer expense. It's the worst kind of corporate welfare. And it should stop. The federal timber program cost American taxpayers nearly \$1 billion between 1992 through 1994. There are already 370,000 timber roads throughout the 191-million acre national forests.

One would think that these roads, enough to circle the globe 15 times, would be enough. Not for the timber industry. It wants more and the federal government is willing to oblige. The administration's 1999 budget has earmarked \$37.4 million for this boondoggle.

The subsidies take two forms: direct appropriations from Congress to pay for the roads and the Purchaser Road Credit program in which timber companies pay for the roads in exchange for "free trees." Fortunately, there is an effort to freeze this subsidy. Both the House and Senate have passed appropriation bills to end the Purchaser Road Credit program. This alone should save taxpayers millions.

In addition, Sen. Richard Bryan of Nevada is working on an amendment to cut an additional \$50 million to \$70 million from road building and timber sales management. Such a reduction in funding could force the Forest Service to reconsider the program and eliminate



it altogether in some areas such as the Tongass National Forest and the Northern Rockies. The loss of a subsidy could force timber companies to pay more of their fair share of doing business. Such an outrageous thought might spur

executives to rethink logging and road plans. These are good advancements. But more should be done. Economic studies show that it's far more profitable to save the forests for recreational uses than allow them to be destroyed through the harvesting of timber.

By 2000, recreational uses in national forests will generate \$100 billion annually. Compare that to the \$10 billion generated by mineral production and the \$3.5 billion by timber. Fishing, hunting and birdwatching and other recreational uses are increasing in popularity and consequently producing more revenue. Angling alone brought in more than \$8 billion last year and created more than 90,000 full-time jobs.

Considering that visits to national forests have more than tripled during the last 40 years, it makes no sense to be throwing away these valuable natural resources. At the very least the timber industry should be footing the bill. Spending billions of taxpayer money to ruin our national forests is a disgrace. For too long our representatives have failed to see the forest for the trees.

It's time they changed their thinking. ■

## UNIFORMS continued from page 4

on school property has declined by 76 percent, and officials say the switch to uniforms was a major reason.

Other school districts that are experimenting with voluntary or mandatory uniform policies have reported that student attendance increased once the classroom clothing wars among students subsided. In a national survey conducted earlier this year, 80 percent of the elementary-school principals who were questioned said uniforms had improved classroom discipline.

The movement toward uniforms is occurring primarily in elementary schools and in the large

urban school systems that are the most desperate to reduce violence in their classrooms or to keep students from sporting gang colors.

Under orders from President Clinton, the Education Department is aggressively promoting the use of uniforms as a first step toward getting students more focused on academics. It recently developed a manual on the idea and shipped it to schools nationwide.

Still, it is hardly clear yet if school uniform policies have a profound effect on the most important issue in schools, namely student achievement.

Studies on that link are scarce, although many educators contend that higher standards and better discipline often help students focus more on their class work and usually improve their grades. In any case, it would take more

than a year or two of uniforms for an academic effect to be proven.

But some skeptics say the uniform trend, although harmless, is little more than a feel-good gimmick that often does not get to the heart of the serious behavior problems that many students bring to classes. Also, some of the new uniform policies at schools do not cover the two fashion items that students often clash or taunt one another over most: sneakers and jackets.

"This is just one piece of the puzzle, and it can definitely help," says Jay Butler, a spokesman for the National School Boards Association, which tracks the uniform policies that are emerging across the country. "But uniforms are not suddenly going to be a cure-all for what's wrong with schools." ■



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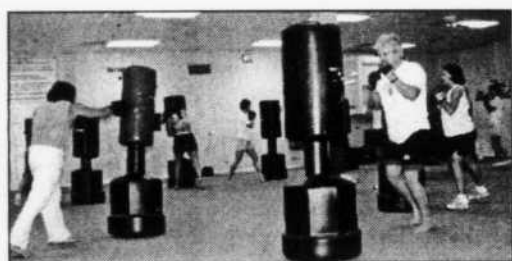
- ESPN Live televised Professional Kickboxing matches
- Television interviews: 'Crook & Chase,' 'WMTS,' 'The Noon Show'

## PROFESSIONAL

- 1985-present: MTSU Faculty Karate Instr.
- 1988-present: President of Bushido School of Karate
- 1982-present: owner and chief instructor of Bushido School of Karate

## EDUCATION

- Bachelor of Science, 1985, MTSU. Major: Biology



Above left: Father-daughter duo Roy and Heather Haney learn the basics of weaponry.

Above right: Rachel Friedman protects herself from her opponent's kick.

Left: Bill Taylor leads the aerobic kickboxing class Wednesday night.



# kíá!

## Karate benefits both mind and body

Keith Ryan Cartwright/ Staff Reporter

Merely mentioning the word "karate" generally conjures up vivid thoughts of highly conditioned athletes with lightning quickness and an ability to kick high above their heads.

Through the years, karate has gained a great deal of attention from the acting careers of Bruce Lee, Chuck Norris, Jean-Claude VanDamme and, most recently, Jackie Chan. However, their very public display of karate as a sport has gone just as far in terms of stereotyping.

"That's the way a lot of people view karate because that's what they see on tv or in the movies," said martial artist Bill Taylor.

As an art form, karate is much different than it is as a sport. In fact, as an art, karate can be practiced and enjoyed by everyone.

Since 1984, Taylor has taught a beginning karate course at MTSU and during that time, he's had a student with one arm, a blind student and three students in wheelchairs. Currently, he is working with a student who has Down Syndrome.

"I don't know anybody who couldn't take this class," Taylor said. "Karate is not something where a certain level of physical attributes are needed in order to be successful."

The karate course, offered through health, physical education and recreation department, is an introduction not only to some of the basic moves but also to the terminology associated with karate as well.

According to Taylor, who aside from being a six-degree black belt is also a world class kickboxer, the class is designed for students who begin with virtually no experience.

"Personal potential is what you're trying to realize," Taylor said. "What can I do? That's what you're competing against. It's more about, how far can I take my body?"

Students enrolled in Taylor's course do not take part in any full-contact sparring. Instead, they learn how to increase their balance, flexibility, strength and cardiovascular endurance. As the class progresses, they learn some of the basic stances, punches, kicks and blocks.

Aside from the terms and physical moves learned, students also benefit from developing an ability to focus and concentrate. One of karate's biggest characteristics, which can easily transfer into a student's academic life, is discipline.

One student, Steve Holt, had no prior experience in martial arts before taking Taylor's class but has since become program director at Taylor's private school in Murfreesboro. Holt, who holds a bachelor's degree in aerospace and master's degree in flight resource,

stumbled upon the beginning karate course while looking through a schedule book in 1986. Deciding not to pursue college baseball, Holt found karate as a means of remaining active.

"I enjoyed the physical aspect of karate as well as the mental part of it," Holt said, "but I really just got lucky in finding someone like Mr. Taylor to learn from. He is the most generous and honestly nice person I have ever met in my life."

Karate, coupled with Taylor's personality, had a profound impact on Holt's life as a student. During high school, Holt characterized himself as a typical B-C student. However, after spending time with Taylor and learning the discipline that goes along with karate, Holt managed a 3.8 GPA in one of the toughest curriculums offered at MTSU.

"I attribute that to what I was learning from Mr. Taylor," said Holt, who tests for his fourth degree black belt in November.

Over the years, Taylor's classes have become some of the most popular HPER courses available. According to Taylor, two factors have led to his courses filling as quickly as they do—the fitness craze and self defense.

Along with the two beginning karate classes, Taylor also instructs a women's self defense course.

"I try to keep the karate class as traditional as I can. You're trying to build respect as well as humility and self-esteem," Taylor explained. "The self defense — actually they're going to start calling it ladies' self defense because it's 99 percent ladies — it's non-traditional. It's more hands-on. You get right into learning how to protect your head, what to do when someone grabs you in a choke hold or something like that."

Upon finishing the beginning karate course, Taylor gives students the option to test for their orange belt. Whether they pass the test or not, the outcome does not affect their grade. However, should they be awarded the belt, it is recognized by any Wado school in the world.

Taylor also gives 45 percent discounts to any MTSU student who wishes to enroll at Bill Taylor's Bushido School of Karate, located at 1820 N.W. Broad Street. The school is currently the 13th largest in North America with over 600 students and ranks in the top 200.

"I was a college student once myself, so I know that finances can be tight," Taylor said. "I remember when I was 18 and in college. You can go out and blow off some stress by drinking all night at The 'Boro, or you can do something constructive. Karate's a good stress reliever and it's not going to give you a hangover the next morning." ■



Photos by Jennie Treadway

# For rock-pop music, check out Murfreesboro's Self

Vickie Gibson  
Staff Reporter

Murfreesboro band Self needs no introduction to those familiar with the local music scene during the past few years. The popular group, headed by musical wonder Matt Mahaffey, is a regular at many Murfreesboro and Nashville clubs.

Self headlines a special show Wednesday at Nashville's 12th and Porter. The show will include Spongebath Records groups Fluid Ounces, Count Bass-D and The Katies.

All of the groups will be giving fans an early sampling of songs from upcoming albums. Self will be performing songs from their debut Spongebath/DreamWorks joint label release "Breakfast With Girls."

The doors open at 9 p.m. with Fluid Ounces starting things off around 9:30 p.m. The Katies will take the stage at 10:15 p.m. followed by Count Bass-D at 11 p.m. and Self at 11:30 p.m.

Self began in December 1995 when the group first got together to play. The band is anchored by Matt Mahaffey, a former MTSU student who writes the group's music and records much of it from his house on Broad Street. While Mahaffey sometimes plays all the instruments during recording, he plays guitar and does vocals during live performances.

The rest of the band includes his brother Mike on guitar, Chris James on keyboards, Mac Burrus on bass, and Jason Rawlings on drums.

Talking together about their music and goals, they share candidly about the group's beginning much like best friends hanging out together. Matt and Chris talk about how they first met when Chris was playing with the former jazz group Stinky Mifflin that rehearsed where Matt lived then. "Chris told me he was going to play in my band," said Matt, and that was that.

While the band members have various musical talents including the ability of some to play different instruments, they rotate instruments very little. They do, however, rotate their musical selections which they mutually agree on for each show.

The group has more than 40 tunes to pick from, most of it original music. Selections include songs from their first two releases, "Subliminal Plastic Motives" and "The Half-Baked Serenade," along with the new "Breakfast With Girls."



Self frontman Matt Mahaffey practices with Jason Rawlings and Mac Burrus at his Murfreesboro home studio. Other band members Mike Mahaffey and Chris James are not pictured.

Self is also working on another "super secretive" in-the-making collection that will be released next year solely through Spongebath. "It's a lot different from anything we've ever done," explains Matt.

Self's unique style of music refuses to be placed into any one category. Matt classifies the music as "expressive pop music" but agrees that it is hard to narrow it down. Mike agrees with the pop label because "pop is short for popular and we want to be popular."

Matt likes to experiment with different sounds and techniques and home recording has allowed him the flexibility to express his creative individuality.

"It's cool to have a studio in the house," said Matt. The home studio has been a labor of love that has taken years to put together and improvements are ongoing. The first song Self recorded at the house was "Stewardess" on the first album.

The members have various favorite songs. "Better Than Aliens," "Placing the Blame," and the title track of the new CD "Breakfast With Girls" are among faves different members name.

"We were going to call it 'Xanadu,' but that was already taken," Matt says of the song "Breakfast With Girls."

Self enjoys playing at many different venues, but has one special club. In 1996, the band played at the Bluebird in Denver, Colo. where for the first time, a large crowd turned out to see Self, not the group they were opening for, recalls Jason.

The band plays Murfreesboro's Main

Street often because of the larger size, but also likes to play Sebastian's and the 'Boro, which they call "the place to play in Murfreesboro."

But the others quickly agree when Jason remarks, "We'll play anywhere."

The band has been busy this past year. In addition to working on the new CD, Self also covered "Shame" for the Depeche Mode tribute album "For The Masses" on A&M/1500 Records. The album debuted at No. 61 on Billboard's Top 200 chart, and Self's version of "Shame" was called "the best track on the tribute album" by Details magazine.

Self has a previously unreleased track "Paint By Numbers" in the new Paramount/MTV feature film and also included on the DreamWorks soundtrack "Dead Man On Campus."

"Breakfast With Girls," was produced by Matt with recording legend Richard Dodd, who produced Tom Petty, Traveling Wilburys and the Beatles, producing part of the record. Hugh Padgham, who has mixed for Phil Collins, The Police and Sting, mixed the record at Right Track in New York.

With the new album recorded, the group is "working on making it happen live," according to Matt. Those who attend Wednesday's show will be among the first to hear if Self has it happening — live. ■



# Dig up interesting facts during Archaeology Week



Jamie Strodtmann  
Staff Reporter

anthropology society is getting the word out is through a public displays and information through schools and libraries. During September, all three glass display cases at Linebaugh Public Library hold archaeological artifacts and information in support of the awareness week.

Posters and calendars are mailed to every public school, library and museum in the state. Usually, the posters consist of one picture and limited information. This year's posters consist of full color pictures with plenty of informative facts.

"We didn't want to use taxpayer dollars on things people are going to throw away," Smith said. "Instead, we created posters that would educate and entertain."

Funding this year's events was not easy. According to Georgia Dennis, special events promotions coordinator and anthropology major, there was no funding allocated to support the awareness events. MTSU Ideas and Issues stepped in to help with advertising to spread the word about the events.

Dennis said the anthropology society learned that Sewanee was holding three events to support awareness week this year. "This offered a challenge to our program. We wanted to see if we could rise to the challenge and sponsor even more events," said Dennis.

The goal of the events are "to raise awareness, creating a focal point so people are more aware of how many archaeology sites there actually are," explained Smith.

The first year, the event attracted 30,000 people, but last year participation was down to 25,000. Smith expects the numbers will increase this year.

MTSU Ideas and Issues is sponsoring lectures by Smith, Scott Jones and Dennis. The lectures will be held at the Murfreesboro City Hall at 7 p.m. Sept. 14, Sept. 16 and Sept. 21, respectively.

"We thought if we took the events off campus, the public would be more likely to attend," said Dennis. Her slide lecture "Native American Medicine: Richer than We Can Imagine" provides an anthropological overview with information from archaeology, oral

tradition, and ethnographic and botanical research.

Smith's lecture, "Treasures from the Past: Tennessee's History Through Archaeology," will be covering recent archaeological discoveries at sites dating from 1780 through the late 1800s across the state.

The lecture by Jones, an archaeologist with the private firm DuVall & Associates and an MTSU alum, will focus on the destruction of valuable archaeology sites due to commercial development.

Another awareness week event is a lecture Sept. 20 by Professor Doug Heffington of the Geography and Geology Department of MTSU. The lecture will be at Stones River National Battlefield and discusses archaeology and the Civil War.

The Stones River National Battlefield will present the video "Silent Witness: Protecting Our Heritage" narrated by Robert Redford numerous times during the week. This video explores the destruction and desecration of archaeological sites on public lands. It will be shown at 2 p.m. each weekday. ■

MTSU Concerts presents



**Friday, Sept. 18, 3 pm**  
**OFF The Knoll**  
**KUC Courtyard**  
**FREE!! OPEN!!!**

MTSU Ideas and Issues, MT Anthropology Society, and Linebaugh Public Library present

## TENNESSEE ARCHAEOLOGY

Tennessee Archaeology Awareness Week

September 12-20  
Info = 898-5958



**Treasures from the Past: Tennessee's History Through Archaeology**

**Monday, September 14, 7:00 pm**  
**Murfreesboro City Hall**

by Dr. Kevin Smith, archaeologist at MTSU  
The presentation will cover recent exciting archaeological discoveries at sites dating from 1780 through the late 1800s across Tennessee.

**Prehistoric Mississippian Sites in Middle Tennessee: The Diminishing Record**

**Wednesday, September 16, 7:00 pm**  
**Murfreesboro City Hall**

Scott Jones, DuVall & Associates archaeologist  
The presentation will highlight the role and necessity of salvage archaeology in the discovery and preservation of prehistoric cultures with emphasis on Mississippian sites (ca. 1000-1450) in Middle Tennessee.

All events are

FREE and OPEN to the public.

For more information about lectures, call 898-2551.

For information about Tennessee Archaeology Awareness Week, please call 898-5958.

## From flight school to aerospace department

Jen Hackbarth  
Staff Reporter

The aerospace program at MTSU has been a long time in the making. From an original 58 students and one full-time instructor, the program has grown to one of the largest, most respected aerospace departments in the nation.

The program was introduced to MTSU through the organization of a civilian pilot training program. The aerospace department began with the establishment of the Mid State Flight School under H. Miller Lanier in 1948.

The first credit courses were not offered until 1950. This program operated in conjunction with the university and was approved for ROTC and GI Bill training. The program continued to grow over the years. In 1969, the program was proposed and on July 1, 1971 a full four-year aviation curriculum came with the establishment of an independent aerospace department.

The department began with 58 students under the direction of Randall Wood. Many programs were soon added. In 1981, a professional pilot and maintenance management emphasis began. In 1991, the first programs got council on aviation accreditation. An independent flight program started in 1992 with the purchase of training aircraft and the employment of flight and maintenance personnel. In 1994, a flight dispatch and scheduling emphasis was added.

The department has 12 full-time faculty members with an undergraduate enrollment of 550 majors. That puts the MTSU aviation program in the top three percent of the nation's collegiate programs in terms of enrollment.

The job opportunities in aviation-related fields are almost unlimited. Last year, the airline industry employed more people than ever before. This may be because the mandatory retirement age is 60 for pilots and many pilots who served in Vietnam are approaching retirement age.

Another reason for this is the growing economy. The expansion of the airlines has been largely related to the increasing economy. Whatever the reason for the increase in hiring, some companies are in need of qualified employees such as pilots, air traffic controllers and qualified schedulers and dispatchers. In fields such as aircraft maintenance technicians, some airlines are giving signing bonuses while others are offering to repay student loans over a number of years.

To learn a little bit about aerospace without a major or minor in a related field, there are two classes available. "Aerospace in our Lives" is a three-credit course which allows non-majors to explore aerospace in daily life. The credit is not applicable to an aerospace major. "Space" is also a three-credit course that covers the history of global



Aerospace student Josh Hamilton, senior, points out instruments to his instructor during a class training in the aerospace department's simulator.

Photo by Derrick Wilson

space exploration as well as the successes and the failures of manned and unmanned efforts in the race to the moon. In these classes, students may be given the chance to go to the space center in Huntsville and listen to guest speakers. These classes give the average students with a curiosity about aerospace a chance to learn a little about it.

Aerospace as a minor requires a minimum of 18 semester hours with some basic flight instruction. The aerospace program also has a web site for questions and or comments. The web address is <http://web.mtsu.edu/~aerodept>. ■

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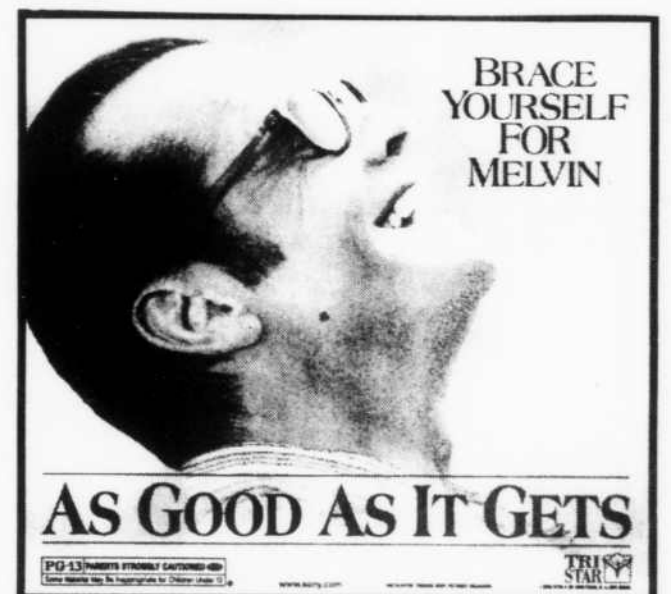
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How to get to the good stuff

## KUC Theater



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# SPORTS

8 SIDELINES

Murfreesboro, TN



## Got fat?

Ever notice how fat grams were never the topic of a dinner conversation among friends a few years back or how you used to eat your meal without worrying if its fat content would ruin your diet? For some of you, this may not apply, but many of us have at least acknowledged the all-powerful fat gram.

The recent focus on fat has scared many people away from this important substance and without it, our bodies cannot function properly. Just like many other nutrients and vitamins, fat should be an essential part of our diets. As college students, we need to be aware of exactly how much fat we are eating and the foods that we choose to supply our fat intake. How we monitor the fat in our diets now may prevent or decrease the chance of future diseases and heart conditions.

Rather than looking at fat as the enemy we should see it as our source for energy, because that is exactly what fat provides for us. All of the functions of the body, such as muscular movements and digestion, are dependent on fat for cushioning and protection provided to the organs for shock absorption. Fat is an insulator for the body during exposure to cold temperatures and acts as an emergency fuel supply during illnesses or times of limited food intake. Not only does fat give us the energy to make it through our daily activities, it also composes the principal elements of cell membranes in the body. As you can see, eliminating fat from your diet can prove very harmful to your health, so therefore simply limit your daily intake instead.

Since fat is essential for survival and provides the body with its much needed energy supply, the foods chosen to fulfill our daily fat intake play an important role in whether or not fat is acting against the body at the same time. The terms "saturated" and "unsaturated" are probably familiar to you, for they are two types of fat and are either beneficial or counterproductive to your health. Saturated fats such as butter, coconut and animal fat should be used sparingly, for they add to the risk of heart disease. Unsaturated fats like vegetable and olive oils are much healthier choices, for they actually aid in the prevention of heart diseases.

The amount of fat you are to consume on a daily basis depends on your age, sex, activity level and weight. Those who are basically sedentary or exercise very little are to eat relatively less fat than those who are athletic or have an increased metabolism. Although the recommended daily fat intakes have been as low as 10 percent and as high as 30 percent, the amount you need should fit your particular lifestyle. However, do try to aim for somewhere between these two figures and do not consume less than 10 percent, preferably no less than 15 percent. The choices you make in your fat intakes should provide the right amount of energy, and moderation should be an important factor in your selections.

Additionally, I want to focus on the new artificial fat, olestra. I am sure you have seen the advertisements or even tried the new foods yourself. However, they are not healthy additions to your diet, nor are they safe for your body to intake. Olestra is a synthetic chemical which your body cannot digest and can lead to

See GOT FAT, page 9

# Ultimate Frisbee combines skills of traditional sports

Jennie Treadway  
Staff Reporter

In this game, every player is a quarterback, a defender and a receiver. No one is left in the dust.

Two seven-person teams compete on the 70-by-40-yard field. The object is to pass the Frisbee disc from teammate to teammate until a pass is caught in the opponent's endzone. Sound like football?

Players must pivot, not run, with the disc in order to pass it while the other teammates cut around the field in set plays. A little like basketball maybe?

The disc can be thrown in any direction, in any pattern. One goal equals one point. No contact or tackling allowed. Soccer, perhaps?

The combination of football, basketball and soccer make up the ever-growing sport of Ultimate Frisbee.

What makes Ultimate so unique is that the main piece of equipment, the disc, has zero characteristics of a ball. It can glide, sink, curve, float, crash and fly. A player's grip must be tight enough to grab the disc but loose enough to let it go in a flash.

Leaping one-handed catches, field-length bombs and driving blocks make the game action-packed.

Another unique characteristic of Ultimate is that there are no referees. Players call their own fouls. This requires the utmost respect and love for the game as well as a high standard of sportsmanship. That kind of camaraderie is rarely found in other competitive sports.

The game was created by a group of

students from Columbia High School in Maplewood, New Jersey. In an effort to combine the Frisbee and challenging rules of traditional sports, the students made up the game of Ultimate and started playing in the high school parking lot.

After graduation, the Ultimate-playing students passed the sport along to the universities and colleges they attended. And the game spread from there.

The first intercollegiate competition was in 1972 between Princeton and Rutgers—on the exact site of the first intercollegiate football game.

Three years later, the sport was spread across the United States. Ultimate clubs were getting so popular that in 1979 the Ultimate Player's Association (UPA) was formed.

Currently, UPA has over 6000 members (about 500 teams), both men and women. The association sponsors over 23 sectional championships and five regional tournaments, all leading up to the National Championship. Other tournaments are held throughout the year all over the country.

Along with spreading all over the nation, Ultimate is growing actively all over Europe and South America. The sport is played in over 20 countries worldwide.

As one of the Rec Center's Sports Clubs, the Ultimate Frisbee Club always welcomes new members and interested beginners. Wanna play? Contact Club President Jared Cobb at 898-3217 or the Rec Center at 898-2104 for meeting times. ■

## TEN SIMPLE RULES OF ULTIMATE

**I. The Field** - A rectangular shape with endzones at each end. A regulation field is 70 by 40 yards, with endzones 25 yards deep.

**II. Initiate Play** - Each point begins with both teams lining up on the front of their respective endzone line. The defense throws ("pulls") the disc to the offense. A regulation game has seven players per team.

**III. Scoring** - Each time the offense completes a pass in the defense's endzone, the offense scores a point. Play is initiated after each score.

**IV. Movement of the disc** - The disc may be advanced in an direction by completing a pass to a teammate. Players may not run with the disc. The person with the disc ("thrower") has ten to throw the disc. The defender guarding the thrower ("marker") counts out the stall count.

**V. Change of Possession** - When a pass is not completed (e.g. out of bounds, drop, block, interruption), the defense immediately takes possession of the disc and becomes the offense.

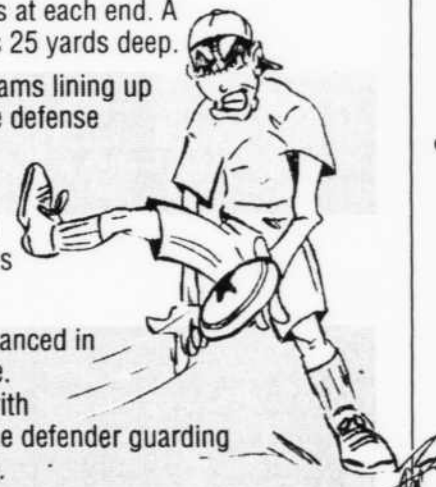
**VI. Substitutions** - Players not in the game may replace players in the game after a score and during an injury timeout.

**VII. Non-contact** - No physical contact is allowed between players. Picks and screens are also prohibited. A foul occurs when contact is made.

**VIII. Fouls** - When a player initiates contact on another player a foul occurs. When a foul disrupts possession, the play resumes as if the possession was retained. If the player committing the foul disagrees with the foul call, the play is redone.

**IX. Self-Refereeing** - Players are responsible for their own foul and line calls. Players resolve their own disputes.

**X. Spirit of the Game** - Ultimate stresses sportsmanship and fair play. Competitive play is encouraged, but never at the expense of respect between players, adherence to the rules, and the basic joy of play.



## Ruck n' roll

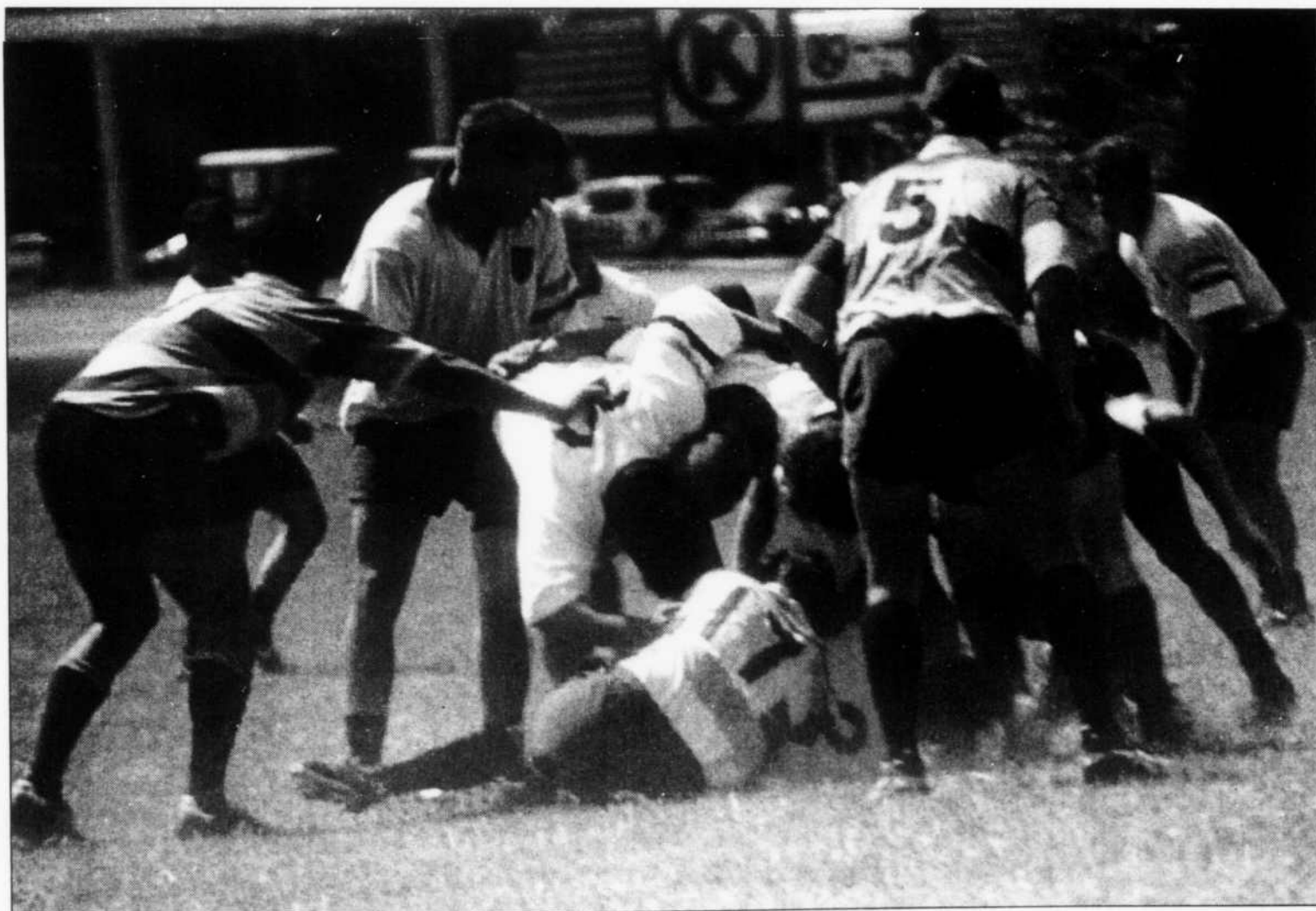


Photo by Katie Wise

The Moosemen opened their fall season with a 22-21 loss to The Nashville RFC. The Nashville RFC is a men's rugby club which consists of many ex-moosemen. The rivalry is 18 years-old.

# Big blowouts disappoint fans

Jeff Miller  
Knight-Ridder New Services

Oh, yes, another weekend of college football, of strapping on the school colors, of playing for pride, of firing up the old fight song.

And of Northern Illinois losing by 52 points - at halftime!

What makes college football super? North Carolina State upsetting Florida State. What makes it stupid? LSU playing Arkansas State, a school that, based on the scoreboard, clearly concentrates too much on being a school.

But that's what the first few weeks of the season are all about. Sure, Michigan plays Notre Dame and Syracuse takes on Tennessee and UCLA plays host to Texas. But, more often, Kansas State tees it up against, ah, Indiana State?

That natural disaster occurred last weekend, the Sycamores secondary facing All-American candidate Michael Bishop and entering the game with these words of encouragement from Coach Tim McGuire: "Hey, when Bishop starts scrambling around, you better just head for the goal line."

That strategy, apparently, worked. Indiana State only lost 66-0.

Sure, surprises can happen. San Jose State can beat Stanford, a team so prepared for its opener it allowed an on-side kick to be returned for a touchdown. And Miami (Ohio) can beat North Carolina, though, it should be pointed out, Miami (Ohio) received more points in the latest AP poll than Miami (everywhere else, even Florida).

Those aren't the games we're talking about. We're talking about the ones matching a team capable of

competing in the NFC West against a college named after a compass point, like, for example, Northeast Louisiana. The Indians made \$400,000 on Saturday by traveling to Florida and tying themselves to the railroad tracks.

"It's not impossible that we could go there and win," Northeast Louisiana coach Ed Zaunbrecher said last week. "They could have a food poisoning outbreak and end-up losing 56 guys."

The Gators guts, however, were all intact for this one,

See BLOWOUT, page 9

## Raiders fall short in 20-48 loss to Illinois

R. Colin Fly  
Staff Reporter

Division I-A is big. Linemen are big. Running backs are big. The Fighting Illini of Illinois proved Saturday night that a team that hasn't won in almost two years can run over a Division I-AA school anytime.

In front of 35,475 Illini faithful, MTSU came out with a bang. They even led 20-7 after the first quarter. Defensive back Mario Kelso returned an interception 25 yards and flanker Sulecio Sanford ran a kickoff back 99 yards in first quarter action.

It was all Illinois from there. 41 straight points including 2 rushing touchdowns each by halfbacks Rausell Harvey and Steve Harvard to blow out the Blue Raiders. The final score, an 89 yard interception return by cornerback Asim Pleas capped the night for the Illini, who finished on top 48-20.

Harvey rushed for 215 yards on 24 carries and Harvard added 175 yards for the Illini rushing attack. Illinois finished with 391 rushing yards. The Illini dominated the Raiders on both lines of scrimmage.

"When you're manhandled the way we were, on both sides of the ball, you're not going to win many football games," said Coach Boots Donnelly.

Middle Tennessee gained only 69 yards in 63 plays, while Illinois gained 474 yards in 68 plays. The Raiders lost 9 yards total rushing on the night. Halfback Torin Kirtsey, who set the school's rushing record last week, ran for only 17 yards on 12 carries. The

See RAIDERS, page 9



# Batboy Gives Unique Perspective to Roger Maris' Home Run Chase

Kelly Whiteside  
Newsday

NEW YORK — Yankee Stadium, Sunday Oct. 1, 1961. Final game of the regular season. Roger Maris at the plate. Tracy Stallard at the Boston Red Sox on the mound. New York Yankees batboy Fred Bengis near the on-deck circle.

Fastball. After Maris' 61st home run lands in the rightfield stands, he rounds third and sees Bengis crying. Maris crosses home plate and shakes Yogi Berra's hand, and then he reaches out for Bengis' hand. The flashbulbs pop. The picture of Roger, Yogi and Fred ends up on a wall in Cooperstown. The batboy makes it to the Hall of Fame.

Beyond tending to the bats or patrolling the foul lines, batboys are errand boys, shoeshiners, janitors, messengers, friends and confidants. And because of their privileged vantage point, they have a better perspective than almost anyone of what players are really like.

Which is why Bengis cried tears of relief that day during that wonderful, but awful, summer of 1961.

Maris was drawn to this good-natured 16-year-old. The innocence and joy of the game stolen from Maris that season could still be found in Fred, who asked for nothing, wanted nothing. After all, no one was happier to be in the Yankees locker room more than Fred, who grew up in the Bronx 10 blocks from the Stadium and got the job through a baseball scout from the neighborhood.

"Roger and I were very, very close. He would confide in me about all the pressure he was under that season," Bengis said. "I was a shoulder to lean on, and I tried to do whatever he asked." Years after their days with the Yankees, Maris asked Bengis to come work for him at his beer distributing company in Gainesville, Fla. Bengis decided to stay in New York, but remained close with Maris throughout his life.

Bengis is 52 now, and not an hour goes by without someone asking about Maris. He lives in

the New York area with his family and works as a national account manager for a company that brews microbeers, but his home office resembles a batboy's bedroom.

A Yankee banner hangs from the ceiling. Pictures of Bengis with all the, greats, past and present, decorate the walls. There's the snapshot of Maris reluctantly poking his head out of the dugout for a curtain call after No. 61. Fred is in the background behind him. There are bats and baseballs signed by all the players during those dynasty years and scrapbooks of memories from 'Oldtimers Days' since.

Batboys are supposed to be inconspicuous, as easy to ignore as a resin bag on a pitcher's mound or a bat donut in the on-deck circle. But of course, if a kid is around for four years, from 1959 to 1962, he is regarded as part of the team. He gets a nickname — Mickey Mantle called Fred "Hawk" because of the awkward way he ran. And he becomes one of the guys. ■

## GOT FAT

continued from page 8

nutrient loss, digestive distress and the loss of vital phytochemicals which defend the health of the eyes. Granted, olestra allows you to enjoy chips and other snacks without guilt and is a scientific accomplishment, but the consumption of these products can give you health troubles that may make you think twice about eating these foods again. I have tried these new snacks myself, and they do taste the same as the more fattening products, but I cannot feel good about eating something with a health warning on the side of the label. Instead of the artificial snacks, eat the regular types and simply moderate how

much you intake, or if you prefer, choose the reduced fat kind.

After reading this, I do not want you to head for an all-you-can eat buffet to consume as much fat as you want while saying "my organs need extra cushioning." I do want you to be aware of what fat is there for and why it exists naturally in food. Consume enough fat to provide your body with energy and protection while choosing the right types of fat to fulfill those needs. Moderate both the saturated and the unsaturated fats and do not eliminate fat from your diet at all costs. These are healthy decisions you must make now in order to prevent diseases and disorders in the future. ■

## Good Choices for Daily Fat Intake

Food	Serv. Size	Fat (gm)
2% Milk	1 cup	5 gm
Part-skim mozzarella	1 oz.	5 gm
Canola oil	1 tbs.	14 gm
Margarine	1 tbs.	5 gm
Granola Bar	1 each	6 gm
Blueberry Muffin	1 each	4 gm
Broiled Fish	4 oz.	6 gm
Broiled Steak (lean)	4 oz.	12 gm
Broiled Pork (lean)	4 oz.	7 gm
Chicken Breast	4 oz.	4 gm
Veggie Pizza	2 slices	12 gm
Peanut Butter	2 tbs.	16 gm
Frozen Yogurt	1/2 cup	4 gm

spots, however, for the Raiders. Sanford's kick return and the passing defense, which gave up 445 yards last week, allowed only 83 yards passing, holding the Illini to just 6 completions in 18 attempts. The Raiders also recorded 4 interceptions. ■

## RAIDERS

continued from page 8

unsettled quarterback situation proved a problem, as the Raiders completed 12 passes on 25 attempts.

There were several bright

## BLOWOUT

continued from page 8

though they only won, 42-10, the kind of score Coach Steve Spurrier's teams usually have posted by the end of calisthenics.

This was the second consecutive punchline opponent for Florida. The Gators opened with a 49-10 victory over The Citadel, a decision Spurrier lamented because it didn't meet the expected level of embarrassment.

"We were just sort of out there," he said, perhaps looking for sympathy. "We

felt we could hit 50 against The Citadel, but we couldn't."

Aw, shucks. Maybe next time.

Northeast Louisiana will make another \$600,000 for ridiculous defeats at Arizona and Kansas State, a proud school that, if permitted by the NCAA, also would schedule one game against a team of Beanie Babies and another against the people who collect them.

The Wildcats not only stomped on the soul of Indiana State, but they also were the ones who ripped Northern Illinois, 73-7, Saturday. How substantial was this mismatch? The Huskies entered with a 19-game losing streak and a tag as 48-point underdog. What they didn't have was their starting quarterback or running back, both of whom were hurt.

Saturday also featured No.1 against, oh, probably No.100-something. Ohio State rolled 49-0 over Toledo — the university not the coach, though it's possibly Bob Toledo would have offered more resistance. Simply put, this was a game pitting Ohio State against a bunch of guys Ohio State didn't recruit.

Buckeyes receiver Dee Miller said he knew the game was over after "two or three plays." The score was 35-0 before the Rockets completed a pass that gained yardage.

Another tiny team, Bowling Green, was black-topped into history Saturday at Penn State, playing the extras in Joe Paterno's 300th career victory. The Falcons prepared for the game by losing to Missouri 37-0, during which they had nearly as many yards in penalties (41) as total offense (56).

"You want to be famous, not infamous," Bowling Green tight end Tony Holcomb said. "You want to be McGwire, not the pitcher."

But what happens if you're the baseball? That's what the Falcons were in this 48-3 loss, when they punted as often as they completed a pass, nine times each.

Nebraska began defense of its co-national championship with victories against Louisiana Tech and Alabama-Birmingham, teams that are a combined 0-4 and have been outscored 186-71. "I think the two teams we've played are good football teams," first-year Cornhuskers coach Frank Solich lied.

As we all know, this is about fattening up. The big schools watch their stats and reputations expand, and the small ones boost their budgets. North Texas earned \$450,000 for a 37-9 defeat at Oklahoma last weekend. The school will pick up another \$830,000 for games at Texas A&M, Arizona State and Kansas. So, all those bruises and broken bones? Just wrap them in dollar bills.

The result for the rest of us is something that feels more like bankruptcy. The images also can be flat cruel. Let's just say that if you like Kentucky 52, Eastern Kentucky 7 you also probably chase furry woodland critters in your Isuzu Trooper.

But these marshmallow-soft schedules are all part of college football tradition, like Florida State being good, Vanderbilt being bad and Brent Musburger being annoying. So, we might as well accept it.

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**Where-** KUC Courtyard

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**BALLOT**

**WHO WOULD YOU LIKE TO SEE KISSING A PIG?**

As part of the 1998 Student Organization Fair on Wednesday, September 16th in the KUC Courtyard, we are giving students the opportunity to vote for the administrator they would most like to see kissing an actual pig. It's very simple. All you do is detach this ballot and take it to KUC 306 by Tuesday, September 15th. At exactly 12:30 p.m. on the 16th in the middle of the courtyard, one of these people will have to kiss a pig. Who's it going to be? Cast your vote today!

\_\_\_\_\_ Dr. Thomas Burke- Dean of Student Life  
 \_\_\_\_\_ Stuart Eddings- Director of Orientation  
 \_\_\_\_\_ Vic Felts- Director of Greek Life  
 \_\_\_\_\_ Dr. Gene Fitch- Associate Dean of Judicial Affairs  
 \_\_\_\_\_ Dr. Glenn Hanley- Director of Campus Recreation  
 \_\_\_\_\_ Dr. Deb Sells- Director of Residential Life  
 \_\_\_\_\_ Harold Smith- Director of Student Programming  
 \_\_\_\_\_ Mimi Thomas- Assistant Director of Student Programming

\*Please vote for one (1)

**BALLOT**

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**Jehovah Java**  
 September 15, 1998  
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Ma  
 JUB cafeteria 9-11:30 p.m.

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# Classifieds

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Sidelines recommends that you use discretion before sending money for any advertised goods and services. We recommend that you get in writing a full description prior to sending money.

DMDA of MT mood affective disorder a support group. Family, friends, patients. Meetings 1st/3rd Friday every month 7:00 p.m. CKNB #107 You are not alone. 890-1859 Leave message-WCB.

Anthropology Society speakers, field trips and special projects. Join us this fall! Visit our new website: [www.mtsu.edu/~anthso/](http://www.mtsu.edu/~anthso/)

**ROLLERHOCKEY!** Sponsored by Middle Tennessee Marauders. All skill levels are welcome. Goalies drink free. Adjacent to Softball fields and Corlew parking lots. Sundays and Thursdays at 9:00 PM. Check us out: [mtsu.edu/~ihockey](http://mtsu.edu/~ihockey)

**FREE INFORMATION** is available through the MTSU Placement Office, KUC Room 328. Come by and receive your complimentary copies of catalogs, pamphlets, and guides to learn how to write a resume and cover letter from various samples, gather information about a particular company, and help with interview preparation. Video tapes are also available for you to view in the Career Library.

The Placement Center is using a computerized registration system and resume preparation program called RESUME EXPERT. The benefits include:

- \* professional, typeset quality resume which can be easily updated
  - \* user-friendly
  - \* IBM compatible. The computer labs on campus can be used.
- After purchasing your software in Phillips Bookstore, it must be brought to the Placement Center to load your information in the database for resume referrals to employer. Once registered via RESUME EXPERT, the Placement Center is able to track which companies individual resumes are referred and inform the individual upon request.

## Employment

Pharmaceutical and Biotechnology Industry Guides Second Edition, Institute for Biotechnology Information. Guides to access Drug Companies, Bio-Tech Firms and more. Come visit the Placement Center to look at this publication. Child Care on campus. Monday 3:00-5:00 P.M. \$6.00/hr. 893-2865

**NATIONAL PARK EMPLOYMENT-** Forestry, Wildlife Preserves, Concessionaires, Firefighters, and more. Competitive wages + Benefits. Ask us how! 517-336-4290 Ext. N55041.

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Baton Twirling teachers and Cheerleading teachers some traveling involved. Pays well!! Call Cindy @ 896-4683 or 347-3595.

Sir Pizza Accepting Applications Cooks, Drivers, Servers. Evening hours, Must be able to work weekends. Apply in person 1902 Main Street.

Steak Escape Hickory Hollow Mall has full and part time openings for individuals with energetic personalities. We offer free meals, college scholarships and flexible schedules. Call us! 731-1646.

Spring Break '99- Sell Trips, Earn Cash & Go Free!!! STS is now hiring campus reps. Lowest rates to Jamaica, Mexico & Florida. Call 800-648-4849 or apply online at [www.ststravel.com](http://www.ststravel.com).

Baby-sitter needed. Tuesday + Thursday noon till 7 p.m. 2 1/2 year old boy. LaVergne Please call Cynthia at 793-8836

Now accepting applications! Peer Educators perform skits and present educational programs on college health issues. For more information call x5453 or send an application to KUC 303.

## Adoption

**WANTED: BABY TO ADOPT.** Couple eager to make home for a baby that maybe you can't afford or don't want your family to know about. Will pay expenses. 1-800-900-3625. Security code -01.

## For Rent

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Need a new housing situation? Spacious 1BR/1BA apt \$465/mo. Clean, quiet complex. Laundry Facilities, pool tennis court. 7 minutes from MTSU. Call Sandra x2586 campus, 893-7442 nights.

## For Sale

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Drafting table for sale. Wood top, excellent condition, \$30. Call 459-7767.

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Excellent condition, \$375.00, 896-3720 or email [higginsr@mindspring.com](mailto:higginsr@mindspring.com).

Powermac 6500/250, Sony 17in multiscan 200sx monitor, color stylewriter 4100 printer, Umax Astra 600's scanner, graphic design software, \$1900, 896-8108.

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## Personals

**STUDENTS!!** Play MTSU's free dating game. Place your personal ad today. Call Sidelines at 898-2815 or come by our office in the JUB room 306.

## Roommate

Need a roommate? Students with nonproffittable interest may place ads at no charge in the Sidelines Classifieds. Come by our Student Publications office in the JUB room 306.

Liberal Girl seeks an open minded, responsible roommate for apartment directly across from campus immediately. \$225/month plus half utilities. Call 907-3328 ask for Tonya or leave a message.

Roommate Wanted- Clean, responsible, roommate needed for a 3-bedroom apartment at Northfield Commons. If interested please call 907-1213.

## Services

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3 Year	4/2,120	4/459	5/2,120	5/2,120	4/739	4/2,120
5 Year	4/1,363	5/235	N/A	N/A	4/487	4/1,363
10 Year	4/674	N/A	N/A	N/A	N/A	N/A

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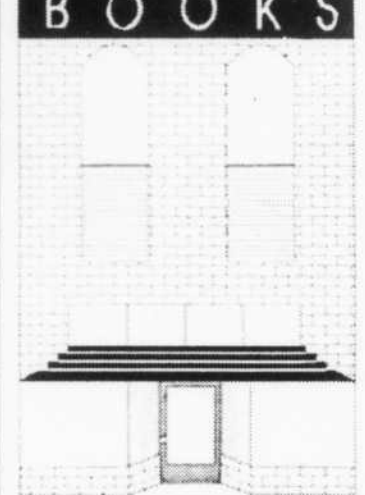
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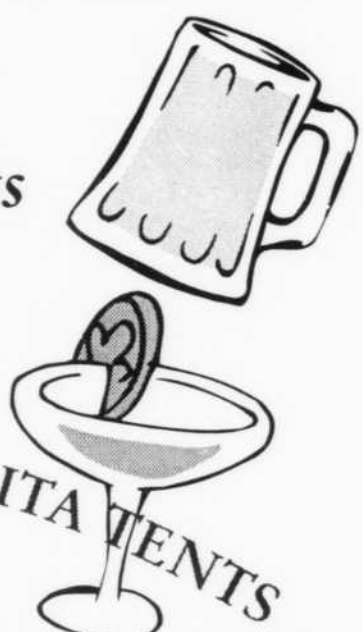
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