

Abstract

This thesis is a reflection of my undergraduate nursing student college experience. My objective was to demonstrate to college students, and nursing students in particular, that they are not alone in their journey and to make some recommendations for successfully maneuvering through their college careers. For this project, I completed a personal reflection and conducted a qualitative survey of first semester and final semester nursing students at MTSU. Students reported similarities in their survey responses regarding the challenges they faced, the different coping mechanisms they used, and their overall recommendations for future students interested in nursing school.

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