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MIDDLE TENNESSEE STATE UNIVERSITY SIDELINES

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MT Theatre presents "Hay Fever"

By Christin Pepple Staff Writer

"I can take any amount of criticism as long as I can consider it unqualified praise," said Noel Coward, the English playwright who wrote the play, "Hay Fever," being performed at Tucker

Theater. "Hay Fever," a wickedly funny play of the comedy genre, hits the stage at Tucker theater in the Boutwell Dramatic Arts building on Sept. 29th. Coward's "Hay Fever" first debuted in 1925 and is the first in a series of productions in the CenterStage Series that begins Sept. 29th, continuing into October.

named Bliss who is spending quality time at their summer home during the remaining stages of the summer. The play's comic relief is in the form of all four members of the family inviting interesting guests simultaneously without previous knowledge of other invites made.

"The guests include an amateur boxer, a diplomat, a flapper and an almost socialite," said leff Gibson, assistant professor of speech and theater and stage manager for the play. "Just with that hand of characters alone, it will prove to be entertaining to any audience. It doesn't make any difference that it was written in 1925. It's the kind of play that will resonate with The play follows a family today's audience as well as 1925's."

The members of the family include Judith Bliss-- a stage actress and mother, David Bliss-the father and a writer and Simon and Sorel Bliss-- the children. The witty and popular play is set in the

"The guests are almost toys," Gibson said. "The family is messing with them, and we all get a good laugh because of it."

The show has proven difficult to actors of every caliber, Gibson said. Earlier this year in London, Judi Dench took the role of Judith

Still, Gibson spoke confidently of the student actors in their ability to master Coward's work.

"It's going really well," said Gibson. "The cast plays off each other well, off and on set."

"I have a fabulous cast," said Deborah Anderson, professor of speech and theater and the director. "Even though it is a difficult period and it's hard to pin down, they really pull it off. It's really difficult to drive the dialogue very fast and clipped like it's supposed to be and still maintain their characters. They do it wonderfully. They wrapped their minds around it quickly."

Coward is known for his hilarious and fast paced plays. Anderson required that her cast take dance lessons to fully understand the concepts of fast-paced

See 'Hay Fever', 2

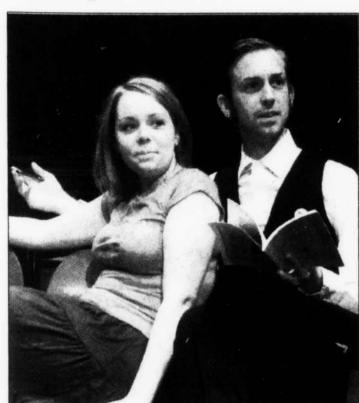


Photo Courtesy of The Record

Theatre majors Leah Fincher, left, and Alex Vernon rehearse for the upcoming production of the Noel Coward comedy "Hay Fever" which opens Sept. 29.

Greeks host annual step-off



Contributing Photographer (Left to right) Ashley Tyler, Whitney Cobb and

Photo by Stephanie Bible |

Cierra Hayes participated in the third annual National Panhellenic Council Step-off Tuesday evening behind Corlew Hall. They were also celebrating the reactivation of their sorority, Sigma Gamma Rho, which has not been on campus since 2002. Tyler is the secretary of SGR. Cobb is the president and Haves is the





Photos by Stephanie Bible | Contributing Photographer

(Above) James Fend (left) and Danny Bounds (right) of Kappa Alpha Psi Fraternity participate in Tuesday's Show. (Left) Corderyl Martin of Alpha Phi Alphi Fraternity serenades his sorors of Alpha

Student assaults MTSU officer

Offender restrained before taken to hospital, arrested

By Wesley Murchison

Campus Administration Editor

A student assaulted an MTSU Police officer Saturday, Sept. 23 in front of Jim Cummings Hall. The student was reported as being "high on mushrooms" when officer Alyssa Costa arrived on the scene.

According to Resident Assistant Gray Sanborn, freshman Gideon Casto was outside during the day until around 5 p.m. Sanborn said that he could hear Casto form his seventh story window.

"He was extremely loud and very energetic," Sanborn said. Sanborn and fellow resistant assistant leff Crawford tried to calm Casto down, but Casto

continued to be unruly. "He got more and more

hyped up," Sanborn said. When Officer Costa arrived, Casto's roommate tried to calm him down while Sanborn and Costa were approaching him. At that point, according to Sanborn, Casto punched his roommate in the chin.

Officer Costa tried to calm him by placing her hands on Casto's shoulders when Casto hit Costa in the right cheekbone, according to Sanborn. After the assault, Costa, Sanborn, floor-six tutor Eric Roberts and an unidentified resident Cummings Hall were able to pin Casto to the ground and handcuff him.

Casto was sent to MT Medical Center after being restrained to a gurney.

Casto's behavior is still under investigation to determine if he was on any illegal substance, according to Assistant Police Chief Roy Brewer.

Casto was charged with disorderly conduct, simple possession and unlawful drug paraphernalia, according the police report. He will also be charged with assaulting an officer, Brewer said.

Casto bond was set at \$10,000 and his trail is scheduled for, January 2007.

MT holds second-highest **HOPE** retention rate

By Diana Casey

Contributing Writer

MTSU is ranked second in the state for student retention rate of the HOPE scholarship, according to the Tennessee Higher Education Commission.

Top retention rates belong to the University of Tennessee

MTSU has 6,237 students receiving Tennessee Education Lottery Scholarships, according to recently released statewide scholarship retention rates for fall 2004 to fall 2005.

The HOPE base award requires a 3.0 high school GPA or composite ACT score of 21. The retention rate for the basic award throughout all state colleges was 56.1 percent.

Broken down by college type,

independent institutions lead the way with a 63.5 percent retention rate. This was followed by 57.9 percent for public universities and 45.2 percent for two-year community colleges across the

Sidelines reported last week that there was a slight decrease in enrollment for juniors and seniors at MTSU. Melanie Collins, MTSU scholarship coordinator, said the decrease was not because of upperclassmen losing their scholarships.

"We are looking at a 91 to 95 percent retention rate currently for juniors and seniors," she said. "We do see a decrease in sophomores for a variety of reasons. There are no statistics to say that the student dropped due to loss

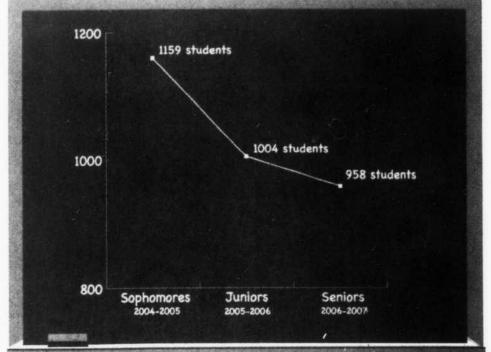
of scholarship."

2003 high school grads, the first to receive the scholarship, had to complete 24 credit hours to be eligible to receive the award.

Following the class that graduated high school in 2003, 1,159 students held the HOPE scholarship during their sophomore year. In 2005-2006, the following school year, 87 percent of the original recipients retained the scholarship. This year, with 958 students still receiving the scholarship, there was a 95 percent retention rate from the previous year (see graph).

There will be records at the end of the 2008 spring semester of students who have received lottery scholarships for four years.

The class that graduated high school in 2003 was the first to receive the HOPE scholarship after completing 24 credit hours at MTSU. Here is a breakdown of their retention rates each school year.



Graphic by Kirstin Johnson

Tardy residents can expect stiffer fines

By Christina Runkel

Staff Writer

Students who haven't been taking their housing pre-payment seriously will know have to pay up an additional \$100, making it a total of \$300.

The reason for the increase was because students were canceling their housing reservations prior to the start of the school year. This resulted in vacancies that otherwise could have gone to students who wanted to live on campus. The faculty Residential and Housing Life hoped the increase would deter that kind of behavior.

"We found that [if] it wasn't a big deal for people to plop down \$200 and lose it, hopefully they'll think about plopping down \$300," said Sarah Sudak, director of Housing and Residential Life.

MTSU wrote a letter back in

May asking for approval from the Tennessee Board of Regents. The Business and Finance Office for TBR evaluated the request before it was voted on in the last regular quarterly session in June, which also included a 4.1 increase in

At the moment, MTSU can house around 3,400 students on campus in either renovated or non-renovated dorms.

The increased payment will go towards funding the renovations of all the housing facilities on campus that include the largest dormitories, Corlew and Jim Cummings Hall, both of which are scheduled to begin in coming years.

The fall 2006 semester marks the beginning of the fourth year of the ten-year project. Once complete, the project will provide students with new laundry facilities on every floor, improved study and vending areas, individ-

We found that if [it] wasn't a big deal to lose \$200, hopefully they'll think about plopping down \$300.



Director, Housing and Residential Life

ual in-room temperature control and a limited access elevator.

The Monohan Complex which is a combination of Monohan, Reynolds and Schardt Halls - are undergoing renovation and have been shut down for the entire 2006-2007 academic year, re-opening for students in August 2007.

Womack Lane buildings are also receiving improvements. A fire sprinkler system will be installed, as well as significant exterior work to accommodate life safety code requirements.

Julliane Stout, a junior pre-law and philosophy major, has lived in both the non-renovated and renovated dormitories.

"Three hundred doesn't make a difference when you look at the whole college experience and cost," Stout said.

Stout also said that she does not think the students will worry about losing \$300 if they find a better place. She also noted that even after the renovations, Gracy Hall still had problems leaking water.

Peter Cothron, a desk assistant at Jim Cummings Hall and a resident at Judd Hall for a year and a half, felt that since the increase was approved during the sumworking, students were not able to give their opinion on the matter. However, he could understand "where they were coming

"The fact is someone else is paying for someone else's mistake," Cothron said.

Sudak said that she would like students to think about what is in their best interested, but she still believed that on-campus housing was the better approach for freshman students "because it allows [them] to be connected to the campus."

She did, however, want to advise students to look at the MTSU housing lease like they would any other lease. She believed sometimes students did not think of the on-campus lease the same way they would an offcampus lease.

They need to know what mer, when most students are they're signing," Sudak said.

'Hay Fever': Opens this Friday

Continued from 1

interaction with fluidity.

"One of the cast warm-ups was learning how to dance-- salsa, ballroom, tango, etcetera," Anderson said. "It's a good way for them to interact with each other, and it warms up their characters and what they are

"Hay Fever" has proven for over 80 years that audiences of every kind have come out of the theater still laughing with Cowards' brilliant and witty play, Gibson said.

"It's fun and lively," Gibson said. "It is chock full of well-written characters and relationships. It's just fun."

Anderson herself has been in several of Noel Coward productions, and said she was delighted at being able to direct one herself.

"It feels good to be able to give direction to the work of a man that is so brilliant," Anderson said. "He is one of my favorites of all time. His play is so well written that when we all began, we didn't have to bring

anything new to it. "Everyone is always trying to jazz up the classics with a new twist. But 'Hay Fever' is one of the best-written plays and we didn't have to jazz it up. It stands on its own two feet."

"Hay Fever" opens Friday, Sept. 29th. The lobby doors open at 6: 00 p.m., and the play begins at 7:30 p.m.

"It really doesn't matter who you are or what your interests are as far as entertainment goes," Gibson said. "You are going to love this play. I have a lot of faith that our own rendition of Cowards' work will be

The price for admission is \$8 for general admission, \$6 for MTSU faculty and \$4 for students K-12. MTSU students will be admitted for free

Health programs catch on in city

Murfreesboro plan mirrors recent university wellness benefits

By Mary Thorsby

Contributing Writer

Murfreesboro city employees can now enroll in "Fit for Success," a new wellness program being offered by the city in keeping with recent Tennessee health trends.

MTSU has a similar new wellness program that was recently created for MTSU employees.

These new programs are becoming common because Tennesseans are less produc tive than in the past, according to a report released last August by Trust for America's

The report states that Tennessee's adult obesity rate is 26.6 percent, ranking Tennessee the sixth heaviest in the nation. One of the main reasons for obesity in Tennessee, according to TFAH, is inade quate funding of health initiatives.

In light of these statistics, some employers have created new health benefits and pro-

Rec Activity Fee

Graphic by Blake Arnold

son, said that while the idea of a

new center is nice, it is not crucial.

She already splits her time

between two jobs, a son and

school. If the referendum is

Postal Service

grams to change the overall health of their employees.

By creating the "Fit for Success" wellness program as a health benefit for employees, the city is "creating a more productive work force," said Sherry Carpenter, personnel director for the city of Murfreesboro.

Through healthier lifestyles of the employees, the city anticipates that absenteeism and lost productivity rates will

Starting Oct. 1, the Sports Com gym and Patterson Community Center will offer fulltime employees of the city a pass to their facilities at no cost other than additional

Not only will the employees be able to exercise at Sports Com and Patterson Community Center, but they will also learn about maintaining good health.

'We are hoping to add educational programs as well," said Alison Davidson, wellness coordinator for Sports Com.

The employees are not the only ones benefiting from the "Fit for Success" program the city is also saving money.

"For every dollar spent on wellness programs for employees, it is expected that \$3.41 comes back to the city in insurance savings," Carpenter said.

By keeping their employees healthy, they are also keeping them at work and out of the doctor's office

The "Fit for Success" program is not a

"Since Sports Com opened 20 years ago, we've always had employees requesting programs," Davidson said.

Davidson, Carpenter, and Lanny Goodwin, Parks and Recreation deputy director, created the program over a twoyear period, and introduced it to the City Council in June.

The interest has been great. Many employees are happy to start the program," Davidson said

Students face increase vote

By Wesley Murchison

Campus Administration Editor

The passage of Resolution Number 2-06-F by the Student Government Associates places before students a difficult decision. The benefit and cost of the new university center must be weighed by students on an individual bases when they go to vote this Oct. 3 through 5.

They can choose to increase student fees that will pay for a new university center for future generations, or they can keep personal costs at a minimum so they can graduate without incurring too much debt. Already 9,500 to 10,000 stu-

dents withdraw \$60 million worth of student loans a year to pay for tuition, according to David Hutton, director for the Student Financial Aid Office. According to a report by the

Tennessee Board of Regents, MTSU has seen a 75.9 percent increase in tuition since from1998-1999 to 2004-2005 (with an additional 4.1 percent increase recently passage last An additional \$75 to \$125 per

semester would make up for an 30.6 percent increase in student fees for students taking 12 hours The way that general access fees

are charged depends on how

many hours a student takes. Each

student is charged an initial \$23

fee, and then an additional \$25 is charged for every hour. The general access fee total cannot exceed \$321, however. Then students pay fees for Clean Energy (\$8), Recreation Activity (\$25), Postal Service (\$12) and a SGA Fee In light of the increasing finan-

Student

dum is that they don't want to have to pay more money to the university to pay for a center that they themselves will not enjoy. Natalie LeBert, an undeclared freshman with a two-year-old

cial burden, one of the students' largest issues against the referenthat the amount of time is sufficient to inform students and to have an in-depth debate.

"You can move things swiftly and you can move things informatively," Wood said Wood said that with the chan-

approved, LeBert said that it

would be paid for out of her loans.

with placing the referendum on

the ballot for October is the short

amount of time for the student

body to consider the increase and

the lack of a central forum to

inform the students about the

Spencer Wood, the SGA senator

who wrote the resolution, believes

nature of the referendum.

Another potential problem

nels available to communicate. accessibility to students and the amount of concentration given to the issue is more than adequate to inform students about the student

There appears to be an overwhelming voice for support in light of the unanimous vote by SGA to place the resolution on the ballot and the "several million dollars worth of planning and design" already committed by MTSU administration to fund the project, according to Gene Fitch, vice president for Student Affairs.

Carrie Baker, a junior biology major, said she will vote for the center, but is concerned with "tuition going up and how it will affect me financially."



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New Fraternity Focuses On Recording

By Josh Cross Staff Writer

Omega Delta Psi is a brand new co ed fraternity that organizes to help students break into the music industry and it has the hope of one day going nation

We're a professional recording industry fraterniv." said James Saxon, president of Omega Delta Psi. Our main goal is to help mentor to students in the ecording industry and help them one day get outade of MTSU and get a job in Nashville or anywhere Ise. We are just kind of a common ground for all ecording industry students.

According to Saxon, Omega Delta Psi started as a toke in the spring of 2005 between himself, his roommate, and a sorority friend.

We didn't think that think that we were fraternity naterial for Greek Row," Saxon said. "But we were cally into the recording industry because this is going to be our life."

Saxon and his friends started to research about establishing a fraternity.

'So we Googled 'how to start a fraternity' and nothing came up but it just kind of snowballed from that," Saxon said. "Hopefully one day we will start a national chapter here."

The new fraternity decided to participate in the fall semester Rush, but unlike social fraternities, Omega Delta Psi is available to all genders.

"We accept any students that want to pledge, but our main concentration is the recording industry," The fraternity has six current members and fol-

lowing fraternity Rush last week, they now have 25

potential members. "We had about thirty-five to forty people show up

and out of those people we've got twenty-five solid members that want to participate," Saxon said. "But now that Rush is over we might take a few more

members." but as far as trying to plan stuff I think that we are going to try and hold them off until the spring semester."

Starting a new fraternity hasn't been very easy to do, but Saxon said it has its advantages.

"I didn't think it as going to be this much work, but it is, and paperwork is still piling up," Saxon said. "It's challenging but all fun and very worth the cause. I have like twenty-five new Facebook friends now and I've also gotten twenty-five more messages saying how glad people are that something like this has

Omega Delta Psi does not have philanthropy, but still plans to do several fundraisers for charity this year. Some of the events will be through the school, for example a battle of the bands charity concert is in

"I've also been talking to the Up 'Til Dawn people about doing that kind of philanthropy too," Saxon

Some of the things the fraternity wants to do this year are to get people from the industry involved with the organization.

"We really want to do a couple of industry panels in Nashville and talk to some industry people," Saxon said. "Also by the end of the semester we want to try and have our own concert that is produced by us."

While there is no current fratermty house, Omega Delta Psi is hopeful in establishing one in the future.

"It won't be immediate because it costs a lot of money, said Erica Sims, Vice President of Omega Delta Psi. "First we want to get a house and then it will cost a lot more money to put a studio inside of it, which is the plan eventually."

For now, their meetings take place in the Business and Aerospace Building but due to the size increases of the fraternity they are going to have to change

National organizations focus on getting young vote

By Karlee Weinmann

U-Wire

MINNEAPOLIS With the youngest part of the electorate notoriously apathetic on Election Day, nonpartisan organizations hope to educate young voters and change attitudes on a local and national scale in preparation for

The Ad Council is working with the Federal Voting Assistance Program to generate interest and emphasize the importance of voting, especially among collège age citizens

national public service announcement campaign, called Pay Attention and Vote, targets 18- to 30-

year olds, a valuable and often untapped voter population.

According to the U.S. Census Bureau, 19.4 percent of 18- to 24-yearolds voted in the 2002 midtern election, making that demographic the most underrepresented at the polls.

Michelle Hillman, Ad Council vice president and campaign director for 'Pay Attention and Vote," said the Ad Council conducted research to gain information about the target demographic that proved valuable in deciding how to approach young voters.

This campaign presents mock candidates at its Web site, such as "side of hash browns," "bag of leaves" and "tacky ceramic rooster," and uses the tagline, "If you're not voting, who are

you electing?"

These public service announcements are distributed through media including print, online, television and radio.

The campaign focuses broadly on creating awareness of the power of civic engagement in a democratic soci-

"Our goal is to help create a generation of voters." Hillman said.

NEW VOTERS PROJECT

Another organization, the New Voters Project, is focusing on collegeage voters this election year.

The project began as a grassroots campaign in 2004 to approach students on campuses and at social events.

Student public interest research

groups developed the project, but it receives funding in part from The Pew Charitable Trusts, a nonprofit organization committed to encouraging civic engagement.

Michael Caudell-Feagen, Pew senior program officer, said the organization thought it was important to endow funds to promote the health of American democracy.

"The habits of citizenship develop early in life," he said. "It (is) important to engage voters at an early age."

According to Tina Post, communications director of the New Voters Project, initial efforts registered 524,000 young voters for the last presidential elections, making it the largest nonpartisan, youth-motivated movement in history.

Post detailed the importance of involving as many young people as possible in the electoral process.

"The youth vote in America is primed to become an important constituency," she said. "By 2015, 18- to 35year-olds will represent one-third of the electorate."

The group also has a broader mission of encouraging the integration of involvement into the lifestyles of young people, Post said.

"It's important for young people to be civically engaged," she said. "It's something that's important for the rest of your life.

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The Housing and Residential Life Office is currently accepting housing CANCELLATIONS for the Spring 2007 semester from students who are graduating from MTSU and will be taking no additional classes and from students who are not returning to school at MTSU after the Fall 2006 semester. The deadline for submitting CANCEL-LATIONS for prepayment refund is Monday, October 16, 2006. Requests for cancellations must be submitted in writing to the Housing Office in the Keathley University Center, Room 300 or mailed to Box 6, MTSU, faxed to the Housing Office (615-898-5459) or emailed to housing@mtsu.edu by the deadline. For additional information

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contact Housing and Residential Life, 615-898-2971.

Backing up computer files can save time

By Jennifer Prystupa

NEW BRUNSWICK, N.J. Among the items most students bring to campus are pillows, posters, clothes, and a little machine that contains virtually all the information vital to their everyday lives. But despite the value of personal computers, they are highly susceptible to crashes and viruses. The New York Times reported in June that nine out of 10 Microsoft users do not properly back up their files, leaving their personal information in jeopardy.

While viruses and physical damage to hardware can be render computers unusable, methods exist to guard against technological malfunction. Alan Belowich, a professor in the Computer Science Department, said owning multiple hard drives is especially effective.

It's a good option, he said, because, "You can easily transfer data - one drive mimics the other. However, make sure you have the proper protection, such as a surge protector and anti-virus software, or else the drives will still be at risk of becoming fried or infected," Belowich said.

Another way of saving important information is on portable storage devices, such as zip drives, flash/thumb drives, DVD, CD-Rs

I woke up one morning and found my computer flashing the 'screen of death.'

Jennifer Gibbs Professor of Communication at Rutgers University

and CD-RWs. Jennifer Gibbs, a professor at the School of Communication, Information and Library Studies, said she had her files stored on CDs when her computer crashed, "I woke up one

flashing the 'screen of death' my hard drive couldn't be detected, but luckily I found a lot of my files on backup hard drives and in my inbox in my e-mail."

The floppy disk is an older portable storage device that is slowly becoming obsolete. Computer manufacturers are ceasing to offer floppy disc drives as standard features on their machines because of the discs'

limited capacity. It is not uncommon to not see a single computer with a floppy disk drive on display when you go to the computer store to buy a new computer," said Stevens. "CD-Rs and CD-RWs allow hundreds of times more storage space than a floppy disk could ever hope to have," he said. Some software companies and Internet service providers have heard the message. Microsoft, Google, AOL and Carbonite are offering to back up hard drives online. Price and incentive packages vary by com-

pany and length of subscription. No matter which method one decides to use, backing up computer is a necessary step in secur-

ing files, Belowich said. With portable storage devices so accessible there are no excuses for not backing up files. I always suggest that any computer file considered important be backed up in at least one other location."

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Bias may cause fewer women in certain fields

By Gabrielle Munoz

U-Wire

AUSTIN, Texas Institutional biases may be the cause for low numbers of women in science and engineering fields and faculties, according to a report released by the National Academies Press this month.

The study, released Sept. 18, "Beyond Bias and Barriers: Fulfilling the Potential of Women in Academic Science and Engineering," reports that the number of women in the science and engineering fields has been subdued by inherent institutional biases as well as "unintentional" discrimination. The report also states the number of women in these fields decreases with "each step up the academic ladder" from high school to professorship.

The report states 15.4 percent of professors in social and behavioral sciences and 14.8 percent in life sciences are female, and these are the only two fields where the percentages reach double digits. The report attributes this to institutional biases for faculty members in these fields, which require a "male life course" with the faculty member having "an unlimited commitment to his or her academic career."

According to the report, women are unable to meet these requirements because they experience a high degree of conflict between their professional and personal lives, especially if they have children. Women are expected to carry the burden of family and community matters and also do not receive the same amount of support from their spouses as men do, the report said. The report recommends that universities fix the situation by immediately taking action to recruit, retain and promote women into faculty and leadership positions.

Women accounted for 21.5 percent of the University's fall 2005 undergraduate enrollment in the College of Engineering, compared to 78.5 percent male enrollment, according to the college's Web site.

"I didn't think being female would make a difference," said Josephine Tran, an electrical

engineering freshman. "Then I actually got here, and I was the only girl in one of my classes. It was a little intimidating."

Tricia Berry, director of the Engineering in Program at the University of Texas, said she sees the lower enrollment numbers for women in math, science and engineering as a result of an unclear image of the fields.

"What is an engineer, and what does an engineer's daily work life look like?" Berry said. "The message that engineering saves lives, enhances our daily interactions and makes the world a better place is lost on the general public as well as young women who have the math and science skills to succeed in engineering.'

The Women in Engineering Program was created in 1992 in order to recruit and retain female students, increase the percentage of female graduates and provide a supportive structure for women in engineering, according to the program's Web site. Since the program's inception, overall enrollment of

We found that if [it] wasn't a big deal to lose \$200, hopefully they'll think about plopping down \$300.



Sarah Sudak Director, Housing and Residential Life

women in engineering has increased from 18 percent in 1992 to just over 21 percent in 2006, Berry said.

"Women are also now retained at a slightly higher rate than men," she said. "That claim that could not have been made in 1992."

The program also offers initiatives such as hands-on precollege programs, industry mentoring and an "Options Conference" for current engineering students, Berry said.

Tracy Hooten, a petroleum engineering junior, said participating in the program helped her as a freshman.

"They had little get-together groups that helped me meet some of the other girls in my class, which can be difficult when there's only three to four in each class under normal conditions," Hooten said.

In addition to working with University students, the program recently received national acclaim for its participation in this year's "Introduce a Girl to Engineering Day," Berry said. On Feb. 26, the program invited 794 first through eighth-graders to the University for an afternoon of engineering activities, up from 95 participants in 2002,

according to the program's Web

"I think the most important aspect of [the program] is the connection piece," Berry said. "Everything [the program] does is aimed at helping students make some sort of connection, whether it be to a resource on campus, an engineering major, a peer or industry mentor or a future job."

Hooten said she appreciates the support that the program has offered her, and while she'd still like to see an increased number of women's restrooms in the engineering building, she doesn't see a problem with being one of the few females in her classes.

"Most of the time it's no big deal that I'm a girl in a guy's world," she said. "Most of the guys are really nice to all the girls, since there aren't many of us. But every now and then, they forget there is a girl around, and I get to hear some interesting conversations. All in all, it makes for a fun, interesting major, and I haven't found a better one for me yet."

Study shows some cheat their way to the top

By Aliya Puri

U-Wire

PHILADELPHIA - If corporate ethics start in business school, the industry landscape of the future could be even more scandal-ridden than it is today.

A recent study found that business students are more likely to cheat than any other graduate students, though some at Wharton doubt that the data apply to the University of Pennsylvania's MBA students, saying that the school's emphasis on its Code of Academic Integrity tends to discourage cheaters.

A survey of 5,331 students at 32 graduate schools across North America revealed not only that almost half of all graduate students cheat, but that MBA students do it even more.

Fifty-six percent of MBA students in the study said they had cheated at least once in the past year, according to researchers at Duke University's Center for Academic Integrity, who interviewed students between 2002 and 2004. By comparison, 45 percent of law students admitted to academic dishonesty.

'Students tend to emulate the ethics of the business world, where the emphasis is more on getting the job done than on how to do it," said Don McCabe of Rutgers University, who helped analyze

Another reason why students cheat so often is because new technology -- like cellular phones and online plagiarism -- has made it easier to cheat, according to Pennsylvania State University professor Linda Trevino, who also worked on the study.

But Trevino said students are not entirely to blame. She also said collaborative cheating -- where students help each other on assignments that they are

supposed to do individually -- has increased over the

"We're sending mixed signals to students," she

said. "On the one hand, we emphasize the value of

teamwork, and on the other hand, we ask students to

work alone on some assignments."

Many Wharton professors, however, put a lot of faith in their students.

"Those statistics just sound like speculation to me," Statistics professor Ed George said. "Wharton puts tremendous emphasis on ethics, and our students are some of the highest-character students I know."

Finance professor Robert Holthausen, who teaches both undergraduate and MBA students, agreed.

He said he has "no knowledge" of any such activity in his classes. Like George, he pointed to the strength of Wharton's honor code as one of the reasons why its students wouldn't cheat.

Some Wharton MBA students say their undergraduate counterparts are the ones actually doing the

"I think undergraduates cheat more than MBAs," second-year MBA student Ayesha Mansukhani said. She said since employers do not see MBA grades -

- a non-disclosure policy that most major business schools follow -- during the recruiting process, students are less likely to take the extra effort to cheat.

But Mansukhani is part of the last Wharton MBA class whose grades will be private from potential employers. MBA students who entered this fall will be graded on a regular A-F scale, just like undergrad-

Some MBA students think the policy will actually discourage cheating.

"Since students are more competitive now, they will be less likely to help each other out," first-year MBA student Emil Eminov said.

Even if the new grading scale for MBA students does discourage cheating, some think professors just should not trust their students too much.

'If a professor hands out an exam and then leaves the room, everyone will cheat, regardless of whether they are MBAs or not," Engineering and Wharton junior Ashar Khan said.

Religious zealots curse students

By Sarah Kopman-Fried

STORRS, Conn. - Carrying controversial signs and shouting out dire warnings of eternal damnation, siblings Joshua and Sarah Warnecki spent Monday afternoon preaching from the pulpit of Fairfield Way to mainly disapproving and scornful University of Connecticut stu-

The Warneckis held up signs reading "Turn to Jesus, You are Heading for Hell" and other religiously contentious messages, as they launched into critical tirades of the lives of college students.

However, far from simply chiding those who passed by about the immorality of sex or drugs, the Warneckis took their denunciation to an entirely different level. According to Joshua, 18, "Churches are the tools of Satan." He supported this line of logic, stating, "Men are fallible. We are all evil because we were all infected by the sin of Adam. To put your faith in another human being is ludicrous. It's like being sick and then asking a sick person to heal you! They're sick too! The only one that you can put faith in is

no idea who Jesus Christ is. They claim to, but they just have no clue."

Both Joshua and Sarah, along with their four other siblings were home-schooled by their parents in Montana and have spent several years criss-crossing the nation, visiting college campuses and spreading their particular version of the gospel.

"This is our mission," Sarah said. "Christ has called us so we are here to make these people realize that they are being called too, and to help them turn their lives around before they go to

By the Warneckis estimate, their family, which is not a part of any particular Christian denomination or organization, has managed to come to "every large university in the country."

the yelling Encircling Warnecki siblings for most of the afternoon were large bands of UConn students who seemed to have united in protest over this particular display.

According to Bethany Buffon, a 3rd-semester bio-medical engineering major, Warneckis' message was particularly objectionable because "Jesus preaches a message of preaching hate. Hitler did the same thing to the Jews. [The Warneckis] are equating Jesus with Hitler. They have missed the entire point of the Bible."

This was particularly worrisome to Tiffany Green, a 5thsemester political science major.

"There are so many Christian organizations here on campus trying to unite the community, and [the Warneckis] are just ruining that effort," Green said. Green and many others on campus attempted to directly challenge the Warneckis who responded either by telling protesters that they "Did not know Christ," or by simply not responding at all.

According to 5th-semester Christopher Bolduc, a Spanish, psychology and linguistics triple-major, "[The Warneckis] refused to really engage with protesters because the substance of their argument is illogical," Bolduc said. "They claim that ministers are only human and therefore are wrong. In that case, what are they doing standing up and preaching to us? Why should we listen to them? Are they not human as well? It's a terrible argument."

The Warneckis' display even-

According to Joshua's sister, love," she said. "Instead of tually caused such a scene that Sarah, 26, people today "Have preaching love, these people are several UConn police officers arrived, but were unsure as to what was the correct action to take, given the situation. According to Chuck Morrell who manages reservation requests on campus, the situation is a complex one.

"UConn is a public institution," Morrell said. "Therefore, unless someone comes and causes a real disruption, it's hard to stop an assembly because people, whether or not they are UConn students, have a right to

"One of the difficulties in dealing with groups like [the Warneckis], is that they often bring a video camera to record themselves," Morrell said. "In this situation, if we ask them to leave campus, they are likely to sue us and will use the videotape as evidence.

Sure enough, the Warneckis came equipped with a videocamera and were recorded for most of their presentation. Despite the uproar caused by Warnecki's controversial and antagonistic remarks, Morrell attempted to calm students, and urged them to remember that "free speech on this campus is exactly that - free.

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()PINIONS

From the Editorial Board Tennesseans fat, getting fatter; wellness programs any good?

Americans are getting fatter (thank you, Captain Obvious). So is it not great that we are finally taking notice by creating wellness initiatives for county, city and MTSU employees?

The answer is twofold.

Firstly - hooray! People are finally taking notice now that Tennessee has climbed to the sixth fattest state in the nation. This trend surly points to a public awareness of how detrimental obesity is to health as well as a desire for change.

Many people have the will to lose weight, but haven't the knowledge, access or encouragement. After all, if everyone is doing it ... So praises aside, there is a negative aspect to these wellness pro-

Why are we waiting until a person becomes overweight rather than preventing it in childhood? Though there are also initiatives to

reform the nutrition guidelines in schools, physical - more importantly health - education is often not required. Eating patterns are learned at home first, and those are the tough-

est to break. So realistically, people should take the initiative to change the way they eat at home without relying on government programs. But alas, we do live in land of deep-fried tradition. So is it utterly hopeless that Tennesseans will ever become more

health-conscious or conceivable that we will lose our top-ten ranking (and ten plus pounds) among the nation's largest states? Supposing that these wellness programs take hold and actually prove beneficial for employees, than perhaps it will become cyclical. When adults change their eating patterns at home, their children will hopefully follow, thus changing our societal eating patterns.

But don't break out the sparking wine too quickly, change is slow and painful (much like losing weight). The good news is, people as a collective whole are dumb and will inevitably follow the fads. So maybe, just maybe, eating healthy and exercising regularly will become "cool." We can only hope so.

Divorce rate result of short attention spans

While sitting in class, I discovered something very disturbing about myself. During my teacher's lecture, my mind drifted to places that it had no business going. I was thinking about my next meal, my next column and, frankly, everything completely unassociated with the lecture.

I am not promoting this behavior because I am not proud of it, yet, I feel it tackles an important issue in American culture: short attention spans.

No, this is not my personal advertisement for Riddlin, but I would like to address the issue.

Television, technology and TV dinners are to blame. We not only want things now, but they must be the latest and the greatest.

What is the big deal you ask? Our current divorce rate.

It is often said that nearly fifty percent of marriages end in separation. Some experts believe this is caused by issues such as finances. I believe it is because of our short attention spans.

The good ol' days where marriages lasted more than 10 years is now a thing of the past.

I was surprised Bobby Brown and Whitney Houston lasted as long as they did. Sure, they are an extreme case full of drugs, court dates and infidelity, but I really invested a lot of hope in them. I hope their reality show still continues. "Being Bobby Brown" was in my line up of favorites.

As you can see, I easily get off topic and venture into non-related material. It is not a mistake this is done purposely to keep my reader excited and ready for more.

However, back to the issue at hand - our attention spans are ruining our relationships. Men and women get tired of their significant others and want an instant upgrade.

The minute the woman has a few wrinkles or the man looses stamina, we are out looking to replace the old model with newer and better one. The grass seems so much greener on the other

What we forget is that it is a whole other lawn to cut. And yes, that grass turns brown too.

We are submerged in a tech-



nology driven society. Sure, it definitely has its advantages, which are obvious. What we do not pay attention to are its notso-obvious disadvantages.

No, I am not blaming computers for failed marriages, but they do kind of make us out of touch.

Many people spend more time chatting in chat rooms than actually talking in real life.

Talking must happen to sustain a fruitful relationship. Communication rules the nation. Without communication, a relationship has nothing. Communication blockers such as the Internet have diverted attention to something less important than the relationship itself.

Okay, since I am saying so many relationships are ruined by short attention spans, I have derived a solution. First things first, get time to know your lover. Find out their desires and what interest them. Make them feel important in a conversation, do not be so anxious to talk, be more anxious to listen.

Guys, I have a special message for you. Those hot girls on magazines usually receive way more airbrushing then they are willing to admit. That means, do not give up on your girl in hopes of meeting one of them, because they more than likely do not exist. If you have a good lady, focus your attention on her.

Ladies, sure, he may not be as buff as you would like, but spend time learning his ambitions and dreams. Pay close attention to all of those things.

Hopefully, I have not gone off on too many tangents. My goal is not to loose you in this sea of words, but to simply to catch your attention.

Shannon Mitchell is a junior public relations major and can be reached at srm3i@mtsu.edu.



Media too concerned with profits

Speaking Truth

To Power

Shana Lynn Hammaker

Contributing Columnist

Why is it when Katie Couric interviews a fashion designer, it's news, but when Jon Stewart interviews former President Bill Clinton, it's parody?

I've been contemplating the news lately. Not what's going on in the news, but the actual nature of the news, it's format and style. When our nation was in its infancy, the news of the day was dispersed to the public through party "rags" - low-budget newspapers produced by political parties for the express purpose of putting their spin on events. There was no objectivity in those papers, nor was anyone asking for it. If you wanted the most accurate version of the truth, of course, then you bought the Democratic paper. If you felt nostalgic for taxation without representation, then you bought the Colonial Times. And, if you felt like blaming the nation's ills on the poor and minorities, then you read the Republican paper.

I'm kidding, of course. However, there is a lesson to be learned from this colorful epoch in the history of American journalism. The ethics and professional practices of journalism are not static. They have evolved over time and continue to evolve even now. The unabashedly opinionated party rags of our past served the public well for a long time, but eventually, the professional code of ethics that supported them was supplanted by a new code - one that replaced the virtue of party loyalty with neutrality and opinion with objectivity. The Rush Limbaughs and Bill O'Reillys of the Civil War era were eventually replaced with more sober, objective and serious-minded reporters.

American journalism had entered the Walter Cronkite era.

The Cronkite era was a very good era, in a way that was radically different from the eras that preceded it and those that followed. The journalists of the Cronkite era had high ideals and were very, very serious about their work. They reported events not to sway public opinion or further the interests of their party but

rather to Inform the Public - I capitalize that phrase to indicate just how important Cronkite-era journalists considered it be.

Where early American journalists delivered opinion and analysis as much - if not more than - cold hard facts, Cronkite-era journalists placed a premium on objectivity

Reporters weren't seen to be working for a news organization as much as for the public at large, and it was the interests of the public that were considered paramount. Indeed, the sanctity of reporting was held in such high regard that, though the vast majority of news organizations in the United States now are for-profit enterprises, journalists didn't speak much about profits. In fact, within media firms, the news and sales departments were kept separate, and, in general, media managers didn't expect the news department to be profitable. It didn't need to justify its existence with sales.

It was engaged in serious work. It was Informing the Public.

Like the partisan era that preceded it though, the Cronkite era was destined to pass. Those media managers that had once considered the news department to be beyond the reach of profitability came to realize that more Americans tune in to sensationalistic news programs than to dry, objective ones.

There was money to be made.

Before long, thoughtful programming was replaced with emotional reporting and flashy technology. The serious, somber-voiced Cronkite-era journalists were replaced with young, attractive anchor people.

Journalism had entered the business era.

The business era decimated most of the institutions set up during the Cronkite era in a wave of mergers and consolidations. After a few brief years, most of the news reported in the United States was produced by a mere handful of media firms intent, not on indoctrinating or informing the public, but on selling the public's attention to advertisers.

And sell, it did. Media firms began to rake in the advertising dollars. Millions tuned in rapturously as a smartly-dressed Anderson Cooper deplored the conditions in New Orleans, post-Katrina. Thousands tuned in to hear Bill O'Reilly lambaste the liberal media.

Making news became a profit-fest.

Here's the silly thing, though. The journalistic attitude of self-righteousness never changed. Even after the focus of reporting shifted from Informing the Public to Making a Profit, reporters continued to speak about themselves and about their work with the same level of idealism as they did during the Cronkite era. It was a sorry spectacle, indeed.

Cynicism about the media skyrocketed. Millions stopped paying attention to anything except their local newscasts. Millions of young people stopped paying attention altogether.

Until we found "The Daily Show with Jon Stewart." This self-described "fake news program" delivers news about current events all while drawing attention to the absurdity of the rituals of mainstream reporting. The result is a hilarious, in-your-face style of reporting that frequently delivers news that is closer to reality than the mediated reality produced by more traditional news sources. It's no wonder that a survey by the Pew Research Center, 2003, found that close to 30 percentage of Americans under the age of 30 get their news from "The Daily Show.'

Shana Lynn Hammaker is a mass communication graduate student and can be reached at slh3a@mtsu.edu.

Letters to the Editor

Jewish role in crucifixion misconstrued

To the Editor:

I am writing in response to Brian Petraitis' Sept. 21st letter to the editor regarding Sarah Lavery's Sept. 18th column, "Anti-Semitic bigotry unacceptable.

The reason Lavery refers to the story of the Jews killing Jesus as "made up" is because it is. Even though Petraitis seems to so eloquently reduce the entire New Testament to a single conflict between Jesus Christ and the Jews, the fact remains that Jesus (whose actual name was Yeshua) was actually crucified by the Romans, who were the "federal government" at that time. (Does this mean that every time our federal government gives a judge authority to sentence someone to death, that we as U.S. citizens, along with all of our descendants, are personally responsible?)

Secondly, the only gospel that seems to put any real blame on the Jews for the crucifixion is the Gospel of John, which would later be interpreted by medieval theologians as a justification for the hatred of Jews - a trend that continues to this day, as Mel Gibson's film shows.

John was written later than the other gospels and for a Greek (gentile) audience, unlike some of the earlier gospels which were original ly intended to reach a Jewish audience. This reflects a second century desire to define Christianity as a religion distinct from Judaism.

Sadly, until Christians learn to read scripture in its proper historical and cultural context, not only will the actual meaning of such scripture remain obscured, but it will continue to be used as the justification for unfounded bigotry and prejudice.

Valerie Mitchell Senior, College of Liberal Arts

MTSU should rethink spending choices

To the Editor:

Green power, University Centers, Recreation Centers, Athletic stuff? MTSU's spending is consistently wasteful and pointless. These are all great ideas and amenities - I'd love to have them, and I use some of them already. Yet, for a school with a graduation rate that's a stunning 43 percent, has had a very real parking issue for years and

years, a high turnover rate for professors, notoriously incompetent advising, etc. these seem like the icing on a cake not yet complete.

How many of us have had a class in the Alumni Memorial Gym that's under a basketball court in use? How many of us have had rotten professors we're suspicious were hired simply to lower class size? How many of us have classes on our transcript we don't need?

Green power is a great idea, but MTSU has bigger fish to fry. The real pollution from this school is the 67 percent emission of human beings destined to be disgruntled, over-educated workers as the jobs they get because they didn't get a degree. It's the years we've all wasted on shifting curriculums, the hours over the years that we've driven in circles to park in a gravel lot behind a cattle pen and the thousands upon thousands of dollars spent by students who clearly are not achieving the level of personal success they aimed for.

Once MTSU has dealt with those issues, maybe they should consider a hike in tuition to make the green power switch - but not

David Caudill

Senior, College of Education and Behavioral Sciences

"Gone Wild" rewards, does not exploit

To the Editor:

I found Sarah Lavery's most recent column, ""Girls Gone Wild" oppresses, demeans," [Sept. 25] to be narrow-minded and sexist. She says it's unfair for girls to bare all, while men make all the money. However, she also says that if these same girls would keep their shirts down, it would hurt "Girls Gone Wild." So, the company is not really oppressive at all, it's just capitalizing on stupid people.

Furthermore, she seems to think that females are the only ones being exploited. Surely, she's seen the commercials for "Guys Gone Wild." In the porn industry, it is well known that female stars make much more money than their male counterparts. Should I be mad because women are making all the money? No, because men and women make their own decisions to bare all for little or no money.

There's nothing oppressive about it.

Jason McClenney Junior, College of Basic and Applied Sciences

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FEATURES

Wednesday: Health & Life



Sonic carhop Rachel Reddon offers up the latest order at the restaurant on Middle Tennessee Boulevard Tuesday afternoon. Many students turn to Sonic and other fast-food chains when facing time constraints.

Eating on the run takes toll on students Small changes can make big impact on energy levels

By Will Cade

Staff Writer It's 7:50 in the morning, and you know if you don't get out the door in the next thirty seconds you'll be late to class for the second time this week. As you slip into some pants and put on your shoes (hopefully in that order), breakfast is probably the last thing on your mind.

The last-minute morning rush is only one of the common ways in which students neglect their diet when confronted with the fast-paced college lifestyle.

"When students think about planning a schedule, getting a job, or social activities, nutrition can take a back burner," says Barbara Presley, nurse practitioner at MTSU's Student Health Services.

Juggling those responsibilities is difficult enough, but if poor nutrition is thrown into the mix, a student's overall functioning could suffer even more. If you grab whatever is quick, easy, and unhealthy, you can actually impede your day-to-day functioning.

"Some of the consequences of a poor diet are lack of energy, fatigue and poor performance in every aspect of your life," Presley explains. "If you're trying to balance work and school, you need

That fuel is called glucose, or blood sugar, and it serves as an energy source for your body and

"If you don't eat well, then your body won't metabolize calories into usable glucose," Presley warns. "You need glucose to be able to think.

Part of the problem with eating on the run is that many students may not know how to eat healthy in the first place, so when quick decisions are made, they tend not to be the best.

"You need some protein, some fat, and some carbohydrates, then fruits and vegetables, and also water." Presley explains.

The reasoning behind a diverse diet is not simply so you can look good and keep your weight down, but so that you can function at an optimal level. Your energy level boils down to the glucose levels in

"If you look at the things students eat - carbohydrates, sweets, starches, fats - they're in your blood sugar in 15 minutes to half an hour, and then they're gone an hour later," Presley explains. "Proteins take longer to metabolize, so when the plummet is coming from your quick active carbs, the protein keeps yours blood sugar more stable over a couple of

Eating more protein can help prevent what's known as the lunchtime blues, that droopy state which plagues many of us after midday meals. For more information on creating a balanced diet. visit www.mypyramid.gov, a government website run by the U.S. Department of Agriculture, which provides specialized and interactive dieting information and tips.

But a healthy diet consists of more than just eating healthier foods. The way in which you eat is equally important to a healthyand more importantly activelifestyle.

Students don't eat but once or twice a day," Presley says, "The less frequently you eat, the more your metabolism thinks you're starving it and it will actually slow itself

This translates into less energy and poorer mental focus if you skip breakfast to catch twenty more minutes of snooze time.

Often skipped meals can lead to

poor decisions made on the run.

"You skip lunch, thinking you'll be fine," warns Dr. Janet Colson, then when you get hungry around 1:30, you just raid the vending machine.

Senior recording industry major Cari Gray was doing just that Tuesday evening, pulling a bag of Munchies Cheese Fix out of a vending machine during a class

"I have a class from 3:00 to 7:30. so this is kinda like dinnertime." Gray said. "But then I go to the gym after that."

Graduate business administration major liten Anand was right behind Gray, grabbing an apple

"It's so I don't pass out in class," Anand explained.

In order to prevent such lastminute mishaps, Colson says, plan

'If you live in an apartment or a dorm room with a refrigerator, stock it with things that are healthy, but that you can eat quickly," Dr. Colson suggests. Juices, fruits, vegetables, sandwich meat, there's also a lot of good granola bars."

The idea of eating healthy might sound appealing to some students, but perhaps those who associate professor of nutrition eat on campus don't see how it and food science at MTSU. "But could be done, Healthier options are still available at fast food restaurants, even - vou just need to know what to look for.

"Baked potatoes are always a good option, or a salad," says Dr. Colson. "A lot of fast food restaurants are letting you pick a side salad or apples instead of French

The easiest substitution that students can make is probably ordering water over a soft drink. For more simple substitutions, www.mypyramid.gov offers a specific section on tips for eating out.

Nobody likes a nag, but there are simple day-to-day decisions students can make to attain a healthier, more productive lifestyle without having to revamp their entire diet. The healthier alternatives, if implemented, could make an impact on your mood and mental clarity almost

That way, maybe next week when 7:50 a.m. rolls around, you'll be holding an apple between your teeth as you rush to get dressed. Remember, pants first, then shoes.

Chains offer advice on Web

By Colby Sledge Features Editor

Recently the fast food industry has taken a public-relations black eye after facing criticism from media like Morgan Spurlock's Golden Arch-bashing documentary "Super Size Me" and Eric Schlosser's bestselling exposé Fast Food

In response, many fastfood chains have taken steps to offer healthier menu options, such as mandarin oranges at Wendy's and the muchmaligned veggie burger at Burger King. Those restaurants and others have gone even further, however, to making nutritional suggestions online. A look at some of the offerings:

Burger King

(http://www.bk.com):The Web site for the perennial No. 2 burger place looks like it was done by a 14year-old with way too much time on his hands. Animations accompany seemingly every menu, and every product has a photo - I mean, don't we know what a cheeseburger looks like? The "Eating Strategy" link is a three-slide document that basically tells you to order burgers without mayonnaise. Classy.

McDonald's

(http://www.mcdonalds.com): As the leader of the pack (and the subject of Super Size Me), Mickey D's has received the brunt of the industry criticism, so it's only appropriate that Ronald and friends have responded with a Web site that goes above and beyond its competitors'. Features include presentations detailing the origin of . its products (Chicken McNuggets are mysteriously absent), meal-specific nutritional information and even tips from Bob Greene, Oprah's personal trainer. The "Food News" link just leads to advertisements for McDonald's menu items, though, and let's just say that the people featured on the site menus probably don't make McDonald's a regular part of their diet.

Subway

(http://subway.com): Not to be outdone by McDonald's, Subway features advice from || Virgin (the nutritionist for Dr. Phil) who offers up inspiring statements like "Don't invite the enemy to the table." Subway also employs a corporate dietician, who offers helpful tips for substitutions that don't necessarily include Subway products. And of course, there's Jared.

Wendy's

Photo Illustration by

(http://www.wendys.com): The late, great Dave Thomas might have wanted his brainchild to rethink its site design, which comes off as bland compared to the bells and whistles on its competitors' sites. The site includes nutrition facts, healthy eating tips and, as a plus, specialized menus for customers with diabetes and gluten allergies.

For students, finances influence food

By Will Cade

Staff Writer

Say you're that student who by some strange stroke of fate knows about balancing proteins and carbohydrates, likes carrots more than candy, and drinks water like you live in the desert.

And yet, your finances still could get in the way of

"If you're standing at Wal-Mart looking at what you can get the most of for your money, carbohydrates are the cheapest," explains Barbara Presley, nurse practitioner for health services at MTSU. "Protein tends to be more expensive."

Jennifer Carter, a senior english major at MTSU, has had to live with balancing finances and food since she moved off campus.

"My finances keep me to one-skillet or one-pot meals with not a lot of meat," Carter says. "I'll have some ground beef for hamburger helper maybe, but frozen food tends to be too expensive.

Peanut butter and eggs are inexpensive forms of protein, Presley says, and they can also be quick and easy food choices.

At the other extreme, however, all-you-can-eat buffets can be particularly deceiving in terms of balancing the cost of a meal with its benefit.

"Students are in a place where for eight bucks you can eat all you want," Presley says. "They make all the wrong choices and think they're getting more bang for their buck."

For students that support themselves, the cheapest - lunch," suggests Dr. Janet Colson, associate professor solution is often considered the best.

Students who work full time jobs and still have to

study might not be concerned about nutrition, says Rick Chapman, director of student health services at MTSU

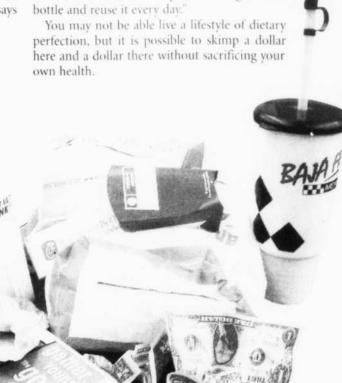
"If they're working a sedentary job of course, studying is a sedentary type activity -going through the McDonald's drive-thru will eventually catch up to them," Chapman warns. Melissa James, a senior elementary education major at MTSU,

eats fast food at least once a day. "I can make more homemade dinners when not on campus," explained James. "When you go to the grocery store, though, you spend

more money at one time." Eating out breaks up spending over smaller increments, but it usually adds up to be more expensive overall, James admitted.

There are, however, a few ways to minimize your expenditures.

"For students, the ideal thing to do is pack your



of nutrition and food science at MTSU. "And

water's free here on campus, so bring a water

SPORTS

MT defense holds off SBC foes

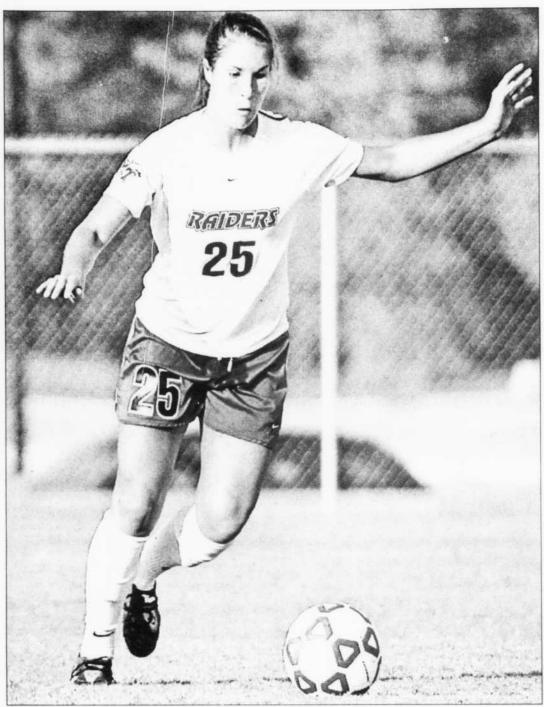


Photo by Jav Richardson | Chief Photographer

Senior defender Katy Rayburn attempts a shot on goal against Florida Atlantic Friday at Boca Raton, Fla.

Late goals give Blue Raiders first 2-0 conference start since 2003

Sunday, September 24

MT 2 FIU 0

Friday, September 22

MT 2 Florida Atlantic 1

Next game against South Alabama, September 29

By Clarence Plank

Sports Editor

The Middle Tennessee soccer team opened the Sun Belt Conference schedule with two

wins against Florida Atlantic Friday and Florida International on Sunday. The Blue Raiders (8-2, 2-0) won their first SBC opener since 2003.



Friday freshmen midfielder Mary Zapapas scored the game winning goal to keep MT from going into over-

time for the third time in four games. She found an opening in the FAU defense to score with only 2:41 left in regulation.

"It was a well-deserved win against a very good Florida Atlantic team," MT head coach Aston Rhoden told MT Media Relations. "Florida Atlantic is very well coached, they are organized, and they caused problems for us. They had us on the ropes in the first half, but we made some changes at the half that helped us win the game. Our players did a great job of winning this game against a tough team on the road."

FAU came out fighting and the Blue Raiders fought back with defense and timely scoring. MT trailed 1-0 coming out of halftime. FAU scored off the leg of forward Susanna Lehtinen, who shot the ball by MT keeper Erynn Murray in the 12th minute of the first half.

After that, Murray kept FAU from scoring and made three saves for her second win of the season. Senior Rebecca Rodriguez assisted junior Holly Grogan in scoring on a corner shot and giving Grogan her 23rd goal of the year. Grogan is now tied for fourth with Emily Carter on the career goals list with 23.

The game then remained

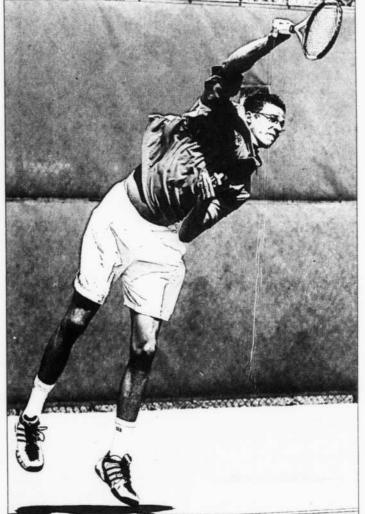
close until Zapapas scored the winning goal.

"It was a big win because it's the league opener, it's on the road, and it was against a very good team," Rhoden told MT Media Relations. "I believe our non-conference schedule helped us today because we had to win a tough game on the road and our players have been in tough games, home and away. The proved they know how to come from behind and win a big game. I'm really proud of their effort."

On Sunday against MT won against Florida International 2-0 as Grogan scored both goals to help the Blue Raiders to their second conference win.

"We talked about ending the curse because we had not won at Florida International," Rhoden told MT Media Relations. "Anytime you can win two conference road games during a weekend in our league it is a big accomplishment because it is difficult. I was pleased with how the team came out focused and played solidly throughout after a very intense game Friday. We put together two impressive matches on the road and that's always a good thing. It was nice to finally get a

See Soccer, 7



MT senior Marco Born and doubles teammate Andreas Siljestrom lost in the finals.

No. 3 Born, Siljestrom fall to Ole Miss in finals

By Clarence Plank

Sports Editor

The Blue Raiders' remaining players lost their semifinal matches Sunday in the 20th Annual Middle Tennessee Fall Invitational. Due to inclement weather over the weekend the consolation games were canceled as the matches were moved indoors.

Sophomore Morgan Richard lost in the A2 singles 6-3, 4-6, 2-10 to the University of Tennessee's Davey Sandgren, who is ranked 116th in the nation. Freshman Marc Rocafort lost to the Tennessee's Ben Rogers 4-6, 1-6. Over in the A3 singles match, Tennessee's Kiril Tcherveniachki beat Blue Raider redshirt freshmen Joao Paoliello 3-6, 2-6 in the semifinals.

Saturday the squads were forced to play indoors at the Racquet Club in Murfreesboro. In doubles action, seniors Marco Born and Andreas Siljestrom had a first-round bye and beat Jacob McLeod and Adam Storti of Morehead State 8-2 in the quarterfinals. Born and Siljestrom are ranked third in the nation.

Born and Siljestrom continued their winning streak against Tennessee's Bobby Cameron and Kaden Hensel 8-5, to move on to the semifinals. They lost 8-6 to Jakob Klaeson and Chris Rea of Ole Miss in double finals.

In the B1 doubles quarterfinals junior Marc Boiron and Paoliello beat William Treadwell and Jaala Brooks of Tennessee State 8-0. They also beat John Crawford Freeman and Martin Crokett of Birmingham Southern 8-2, in the semifinals. They then lost in the finals to Daniel Isaza and Sebastian Serrano of East Tennessee 8-4.

Rocafort and Richard lost to Auburn's Terence Nugent and Stephen Nash 8-4 in the A2 doubles quarterfinals. Rocafort and Richard were selected to play in the consolation matches.

Recapping the results from Friday in the Fall Invitational, Rocafort beat McLeod 6-1, 6-2 in the 16th round and beat Lisandro Picardo of East Tennessee 6-7 (4), 6-3, 10-7 to reach the semifinals, only to lose to Sandgren.

Paoliello won his match against Ryan Farlow of Mississippi State 6-1, 6-4 and beat Memphis Benedikt Fischer 6-4, 6-4 in the quarterfinals. He played Tcherveniachki of Tennessee and lost. Born beat Ales Svegeil of South Florida 6-4, 6-3 in the round of 16 before losing to Tennessee's Hensel 6-7 (1), 3-6.

Siljestrom had a bye during the first round, but then lost to Phillipps Frayssinoux. He was scheduled to play against Henning Hipp of South Florida, but the consolation quarterfinals were later canceled. Siljestrom and Born were suppose to compete in the consolation angainst other opponents from the previous matches. both lost in the quarterfinals.

The men's squad now will head to Tulsa, Okla., for the Polo Ralph Lauren ITA All-American Championships September 30-Oct 8 and the women will be heading to California.

The women will be playing in the Riviera/ITA Women's All-American Championships Sept. 30-Oct 8 at Pacific Palisades, Calif.

Anything but a controversy: Marks still QB

Stockstill plays down move to Craddock in Oklahoma rout



The Cynic

J. Owen Shipley Staff Columnist

When Clint Marks arrived to Middle Tennessee as a freshman, he only weighed 163 pounds. Four years of hard work, forty pounds of muscle and several passing records later, the last thing the senior expected was a quarterback controversy.

After leaving the game early against Oklahoma, Marks had to watch from the sidelines as redshirt sophomore Joe Craddock took his place under center.

While he didn't score, Craddock did move the ball.

At a lot of other schools, there could easily be a quarterback controversy in the works, along with new coaches, a struggling offense and community pressure. Sound familiar?

Some coaches love benching the other guy's star. I never have known why; maybe they just don't like sloppy seconds. But that doesn't make sense to

band.

I've seen indecisiveness blow up in quite a few team's faces. For example, does anyone remember the movie Remember the Titans? No? Well, neither

I asked head coach Rick Stockstill about the situation in hopes of getting a lead, but he didn't bite.

"We didn't take Clint out because he threw the interception. We took him out because we weren't moving the ball offensively," Stockstill said. "We're not going to stay the same [if it's not work-

And then, as if there were any doubt, he quickly added, "You know ... I've got confidence in Clint."

While we're on the subject, I'd like to

me either. Sloppy Seconds is a great speak directly to the three of you in my family who have read every column I've written. You've probably noticed by now that I've been somewhat critical of Marks. I've seen him play in person just yards away from me. I've seen him from the top of the press box and I've seen him on film. One thing stands out.

> It's not all his fault. If we are limited in size, depth, or talent on one side of the ball, it would definitely be on offense. While Marks hasn't played brilliantly this year, he's still the best quarterback to lead the team.

Except when he's not. At least I think that's the message Stockstill was trying to convey. These things are always a bit confusing.

Either way, don't expect Clint's streak of 25 straight starts to end anytime soon. He may have to learn to share, but I don't see him losing his job. Stockstill is the kind of coach that knows the difference between being patient and passive.

"The guys that are playing the best during the game will play the most during the game," Stockstill said, adding that he didn't "have any doubt that if Clint is struggling, Joe can come in there and help us." After talking to him, I don't have any doubt that if Craddock was struggling, we'd see Marks come back in. Whatever it takes

For MT's conference record's sake, they should hope the guy under center is a non-issue this weekend, because that would mean the Blue Raiders finally would have beaten North Texas.

Lucky, Cornhuskers run over Trojans

Saturday, September 23 MT 56 Troy 0

By Evan Bland

U-wire

LINCOLN, Neb. -- So much for a Southern California hang-

One week after suffering its first loss of the season, No. 23 Nebraskabounced back in a big way, blanking Troy 56-0 Saturday night in front of a sold-out crowd of 84,799 at Memorial Stadium.

The Cornhusker offense roared to life, churning out 597 yards of total offense while putting up eight offensive touchdowns. Sophomore running back Marlon Lucky scored three of them to go with a career-high 156 yards rushing on 10 carries.

On defense, NU posted its first shutout since a 28-0 win against Iowa State in 2003.

"I'm really excited about our defense throwing a shutout today," NU head coach Bill Callahan said. "It was a good win for our football team, the way we handled ourselves and the preparation of the week. To come back in this fashion (from the USC loss) and in this type of form is very satisfying."

The Husker defense was so

dominant that Troy ran only five plays from scrimmage in Nebraska territory and never got closer than the NU 37-yard line

Callahan said he thought the offensive and defensive lines played exceptionally well, hurrying Troy quarterback Omat Haugabook on seemingly every play and sacking him four times.

But maybe more soothing to Husker fans was watching the offense click after recording just 10 points a week earlier.

On Nebraska's opening possession, it marched down the field and took an early 7-0 lead when Lucky outran Trojan defenders for a career-long 34-yard touchdown.

But Lucky wasn't done. The North Hollywood, Calif., native broke a 45-yard run for a score in the second quarter and established his third career-high run of the game when he sprinted into the end zone from 51 yards out to give NU a 35-0 lead early in the third quarter.

Lucky said the offensive line played its best game of the season, giving him some choices as to where he wanted to run.

"Linemen blocked a hell of a game today," Lucky said. "They had some big holes."

NU running back Kenny Wilson thought so, too. The junior ran the ball 19 times for 106 yards and two touchdowns, both times capping off Husker drives lasting more than five minutes.

The last time Nebraska had two 100-yard rushers in a game was in 2004,when Cory Ross and current NU junior safety Tierre Green turned the trick against Western Illinois.

"We didn't overlook this game a second," Nebraska senior safety Andrew Shanle said. "We wanted to, in a physical sense, get the game over by half-time."

Shanle was responsible for one of three NU takeaways on the night, intercepting a Haugabook pass deep in Nebraska territory.

The other two Troy turnovers came on special teams -- one when Trojan punter Jason Wright muffed a snap, and the other when Troy punt returner Leodis McKelvin fumbled a Husker punt.

Nebraska's lone turnover came in the second quarter when quarterback Zac Taylor threw an interception, just his second of the season. The senior finished 14-of-17 passing for 268 yards and a touchdown.

With the offense rolling – it had 10 plays of at least 20 yards – and the defense as stingy as ever, NU junior cornerback Andre Jones said he and the team proved they are ready for the Big 12 Conference season, starting with Kansas next week.

"We were all on the same page," Jones said. "I almost hated that it ended."

MT returns home to face USA

South Alabama brings three-game winning streak to Blue Raider Field

By Clarence Plank

Sports Editor

Middle Tennessee (8-2, 2-0 Sun Belt) will hope to continue its winning streak against conference foe South Alabama this Friday in Murfreesboro.

The Blue Raider defense has been stepping up and shutting down their opponents' ability to score. Erynn Murray will be looking for her fourth career win and hoping for another shutout as well.

The Blue Raiders will also be looking to avenge their 2-1 loss to South Alabama last year.

Freshmen midfielder Mary Zapapas has already scored a hat trick against Lipscomb two weeks ago and scored a goal against Florida Atlantic. Holly Grogan and Rebecca Rodriguez will be sharing the ball and looking to continue their domination of the opposition.

Grogan scored three goals in both the Florida Atlantic and Florida International games last weekend. She also got her sixth career multi-goal game against FIU moving her into fourth on the career goals scored list.

Rodriguez had an assist, which was her

Be in the know. Blue Raider Soccer Schedule.

Diuc	naturi succei	othen
Sept 29.	South Ala.	@7 p.m.
Oct 1.	Troy	@1 p.m.
Oct 6.	@ Arkansas-Little Rock	@4 p.m.
Oct 8.	@ Arkansas State	@1 p.m.
Oct 13.	Louisiana-Lafayette	@7 p.m.
Oct 15.	Louisiana-Monroe	@1 p.m.
Oct 20.	@ Denver	@4:30 p.m.
Oct 22.	@ North Texas	@ Noon
Oct 27	Western Kentucky	@ 7 p.m.

78th of her career. She is nine points away from the school record set by current assistant Laura Miguez-Howarth.

On the other side of the ball, South Alabama (4-6, 2-0) is coming in on a small streak of their own after winning both of their SBC opening matches against Arkansas-Little Rock and Arkansas State.

The Jaguars shut out UALR 4-0 and then held off ASU 2-1.

The Blue Raiders defense will be keying on freshman Sam Stocker, who got her first career hat trick against Mississippi Valley State last week and scored six goals in three games. USA has scored 13 goals in the last five matches.

Soccer: MT wins Sun Belt opener

Continued from 7

twin in Miami."

The defense came out against FIU, helping MT to go 2-0 in the SBC since 2003. The Grogan-to-Rodriguez connection scored again as Rodriguez passed the ball to Grogan, who put the ball in the net in the fifth minute. Zapapas got her first assist in

helping Grogan score with a corner shot for her sixth career multi-goal game.

That goal moved her past Emily Carter for fourth place on the career goals scored list. The defense only allowed four shots on goal and was able to get its third shutout of the season and give Murray her third win.

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