





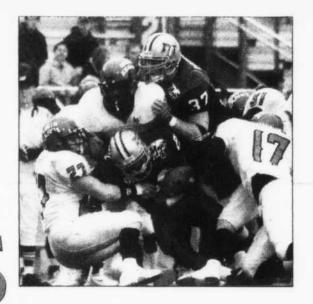
This week's poll question online at www.mtsusidelines.com

"Have you ever, or do you know anyone, who has been hazed in order to join a campus group?

The university's editorially independent student newspaper

Ragin' Cajuns slip past MT in overtime

In Sports, 8



Middle Tennessee State University SIDELINES

Volume 79 No. 43

Testimonies from hearing to be made public

By Kristin Hall

News Editor

Testimonies from Wednesday's hearing regarding the release of the withdrawn sexual harassment complaint made against university President Sidney McPhee will be open to the public.

Sumner County Chancellor Tom E. Gray heard Jane Doe v. Tennessee Board of Regents after all Rutherford County judges recused themselves due to involvement with MTSU.

The hearing was moved to Sumner County at the last minute without notification of media outlets, but the files for the case remain at the Rutherford County Chancery office.

The testimony by the complainant will not be released, however

In a Nov. 4 affidavit made by Jane Doe, she stated, "I anticipate and fear that a personal appearance at a public hearing without the protection of the court, which is being sought herein would have the immediate effect of publicizing my identity and would automatically disclose matters 1 feel are protected from public disclosure by my rights of privacy."

"My employer may view my testimony as being in breach of my obligation to not discuss in the sexual harassment complaint and related matters and I fear may place my employment in jeopardy," Jane Doe stated.

Exhibits filed with the court include the MTSU Mission Statement, MTSU Equal Opportunity Affirmative Action Mission Statement, MTSU Sexual Harassment Policy and TBR Personnel Policies regarding discrimination and nepotism.

However in the defendant's response filed on Nov. 7, TBR states, "Simply put, in the instant case, there is no suggestion that there is even the remotest threat of bodily harm to the complainant in the event her sexual harassment complaint is released to the news media."

Furthermore, TBR explained that its concerns lie in the appearance of protecting McPhee.

Keeping the entire matter under a cloak of secrecy would raise questions of fairness," the response stated. Jane Doe's attorney, Steven E.

See Hearing, 2

Glenn responds to 'Sidelines' article Staff Reports

Because he was out of town and couldn't be reached for comment before deadline Tuesday, Sidelines has given Bob Glenn, vice president for Student Affairs, an opportunity to respond to the article, "Faculty, staff shushed by administration.

What follows is an excerpt of his statement, which contains all of Glenn's points of contention, but leaves out some elaboration.

"The article stated the meeting took place on Oct. 23 which is incorrect because I was in Nashville that day at a meeting of the student affairs sub-council," Glenn said Friday.

'The meeting took place on [Oct. 15]. If you will recall, there was a story in the Tennessean that morning. There had been a meeting called

Glenn

by the provost, the vice-presidents and presidents cabinet. We reviewed the story in the Tennessean and the statement released by the president.

"It was indicated that [Doug] Williams was going to act as the

See Response, 2

International trade topic of summit for high schoolers

MTSU economics majors to act as advisers to students

By Stephanie Hill Staff Writer

More than 300 high school students from around Tennessee will be participating in the MTSU Center for Economic Education International Economic Summit on Tuesday in the

practice the concepts associated with international trade that they have learned in the classroom.'

All previously trained teachers are notified at the beginning of the semester of the competition date and given the opportunity to receive the curriculum materials and request the num-

College is my anti-drug



Building's Union James Tennessee Room. "This program was original-

ly developed in Idaho by Ms. Jody Hoff and is here at MTSU via the Idaho Council on Economic Education," said Maria Edlin, assistant director of the center of economic education. "The International Economic Summit project provides high school students with the opportunity to explore basic concepts within the theme of international trade.

This is the sixth year the competition has been held on campus and the seventh competition hosted by the Center for Economic Education.

"The seventh event was held in cooperation with Carson Newman University in the fall * of 2002," Edlin explained.

Each team of students is assigned a country and takes on the role of the economic advisers, and their goal is to improve their country's standard of living through international trade. The students conduct extensive research to evaluate conditions within their country and develops a strategic plan to improve living standards. The culminating summit event brings all countries together to implement their plans through a day of negotiation and trade.

"While planning and implementing the event is laborious and often hectic, I know that there is a huge payoff in the end," Edlin continued. "The summit provides students with the opportunity to put into

ber of teams they would like to bring, Edlin said. Any teacher who has attended the mandato-

two-day workshop for "As a teacher it the curriculum may send stuis great to see dents to comuniversity pete. Nine counstudents

ties from around Tennessee are sending students to the competition. They include Rutherford, Cannon, Giles, Williamson,

Dickson, – Martha Turner Director of Career and Warren, Wilson, Employment Center Jefferson and Hamilton

counties.

interact and

take on guidance,

teaching roles

with the high

school students."

Thirty-two MTSU macroeconomics students will act as USA advisers, the the Secretaries of State and the World Bank, Edlin said. Edlin will also be serving as the coach to the MTSU students.

"As a teacher it is great to see university students interact and take on guidance/teaching roles with the high school students," she said.

The winners of the summit are selected on the basis of points scored throughout the day. There will be three costume judges there who have had extensive theater experience.

"The greatest reward I get from this competition is the knowledge that when the teams leave MTSU at the end of the day they get it," Edlin said. "Even if they have come that morning with little ownership of their country, by the end of the day, they are identifying with the country they are representing. They know something about that country's struggles, and I know that they will never forget their newfound insight." •

Photo by Jamie Lorance | Chief Photographer

Clay Kennedy, a senior geology major, looks at a methamphetamine lab exhibit. The display was part of the ROTC's Anti-Drug Anti-Terrorism Awareness day. The event was held in Forrest hall on Thursday.

Mock trial team places eighth in tourney

By Meagan Kirby Staff writer

This weekend MTSU held its fifteenth annual mock trial invitational tournament. Two rounds of the competition were held on Friday and the other two were held on Saturday.

All together, there were 62 teams present from 30 schools and 18 states including the District of Columbia.

MTSU had three teams present, with each team comprised of six to eight members. Two of MTSU's teams scored in the Top 10, placing eighth and tenth with records of 6-2. MT's third team went 5-3.

"This tournament is comprised of a lot of the teams that will be at the national tournament," said Aspen Stewart, an attorney on MTSU's eighth place team.

MTSU is among the more experienced mock trial teams at the tournament, Stewart said.

The eight placed team members are attorneys Aspen Stewart, Patrick Chinnery (Sidelines Editor in Chief) and Lisa Collins. Witnesses on the team are Jonathan Brooks, Cornell Kennedy, Vania Green and Kristen Bradley.

MTSU also received three of the 14 witness awards that were given.

"I am very proud of our teams and how they did," said Benjamin Cooley, a team captain for the tenth place team. "Everyone worked hard and did their best."

The head coach for the MTSU teams was John Vile, political science chair. Assistant coaches include political science professor Clyde Willis and Brandi Snow Bozarth.



Students from William and Mary College look at their scores from the tournament. More than 62 teams competed this weekend.

"Last year we had 60 teams and the largest invitational tournament in the country," Vile said. "This year we had 62 teams and my guess is that it will probably be the largest tournament in the country this year. as well."

Judging of the tournament is done by local attorneys and alumni of the mock trial tournament.

"I was impressed by all the teams, they all did a very good job," tournament judge Virginia Vile (John's daughter) said. "The mock trial tournament is one of the best competitions to go to. It is a very beneficial tournament in that it helps you get an understanding of what a real trial would be like.

The cases switch each year between a civil case and a criminal case chosen by the national association. This year, it was a criminal case involving a death during a hockey game.

Coming in at first place was Furman University from Greenville, S.C. The other top 10 schools were University of Iowa, two teams from the University of Texas, Rhodes College, Bob Jones University, Duke University, University of Tennessee and

Opinions 4 • Living 6 • Sports 8 • Classifieds 9

Hearing: Regents employees subpoenaed

Continued from 1

Sager, subpoenaed four individuals from MTSU and the TBR in order to provide a defense as to why the complaint should not be released.

They were Christine Modisher, general counsel for the TBR, Charles Manning, chancellor for the TBR, Forrestine White Williams, director of MTSU's Equal Opportunity and Affirmative Action department, and Debbie Johnson, assistant vice chancellor for human resources at TBR. A motion was filed on Nov. 7 to quash the four subpoenas because "these four witnesses have no personal knowledge that would serve to assist the plaintiff."

In reasons stated by the TBR, Manning's subpoena should be quashed because after the conclusion of the investigation by TBR into the complaint, Manning would be required to make a final determination if the parties don't reach an agreement.

Furthermore, the motion stated, Modisher and Johnson are involved in the investigation and won't be able to comment.

Finally, Williams is not an employee of TBR and the complaint wouldn't have gone through her office on campus.

According to Mary Morgan, director of communications for the TBR, the complainant has 10 days to respond to a brief filed by the attorney general.

Morgan said that the next hearing would not be scheduled until after Dec. 5. ◆

Response: Glenn denies giving gag order

Continued from 1

spokesman for the university. After that meeting I sent out word that I would meet with the directors at 11 [a.m.]."

Glenn said the meeting lasted five to 10 minutes, during which time he showed the Tennessean article and the statement by university President Sidney McPhee and said that Doug Williams was acting as spokesman for the university. Glenn said he also told them the TBR central office would be conducting an investigation, the identity of the complainant was not being released at that point and that if he received additional information, he would call them back together.

"A significant point of the meeting where I've been present story in question is that I gave with my colleagues – other vice

directions to the staff not to discuss the matter. That would be inaccurate.

"It's important to understand that not only did I not give such direction to staff not to discuss, but that I would not give such direction, for a number of reasons. Not the least of which, it is not necessary. Student affairs directors are capable men and women who don't need me to tell them that.

"There is also information in both the article and the editorial that there is some kind of effort to squash information which I can say categorically has not taken place in my presence at all.

"I think it's important for folks to know that in every meeting where I've been present with my colleagues – other vicepresidents of this university or the president there has never been any directive given by anyone to try to quell any kind of conversation or discussion.

"... [T]here were no minutes kept at that particular meeting because it was simply a meeting to have an opportunity to tell folks what was going on."

"As I pointed out to the [Sidelines] staff when I met with them, one of the things that is most disconcerting to me is that they made a leap of logic that I was somehow engaging in strong-arming my staff and undermining the First Amendment."

Glenn said there was evidence that *Sidelines* had called his house, but that the caller did not leave a message. •



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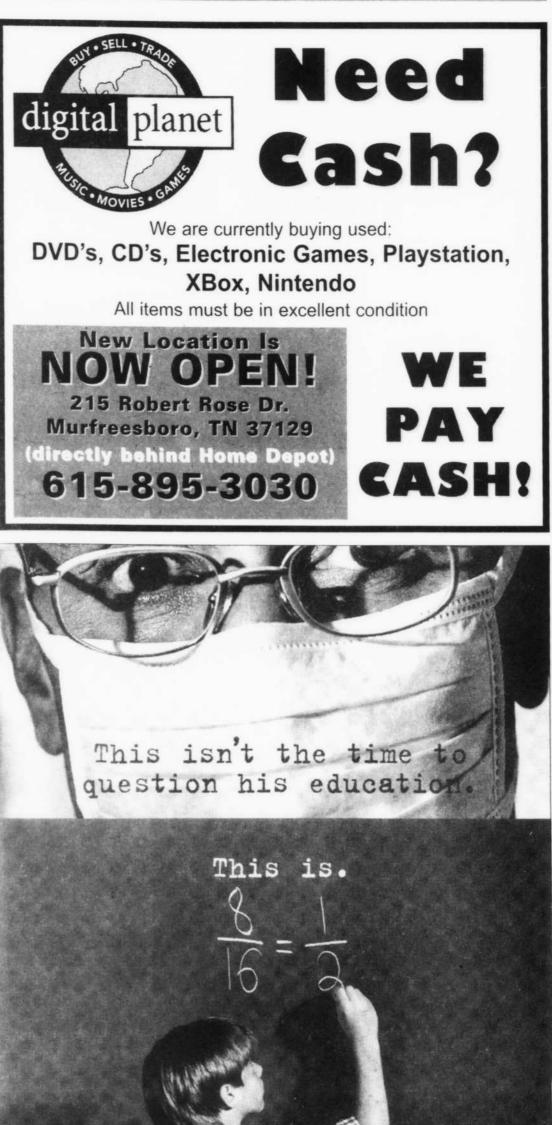
Qualified candidates must: •be full-time graduate or undergraduate students currently enrolled; •have a 2.5 cumulative GPA

Applications must be accompanied by: •an official copy of your transcript; •letters of recommendation from a professional, a faculty member and one of choice.

Applications are available in the James Union Building, Room 306, Monday-Friday, 8 a.m. until



On Tuesday, 18 November 2003. Major Steven Duke, USMC, will be hosting free flights in a king Air, C90 at the MTSU Municipal Airport's main office, to create an awareness of USMC aviation capabilities and opportunities.



4 p.m.Deadline for applications is 4 p.m., Nov.26, 2003 For more information, call 898-2815

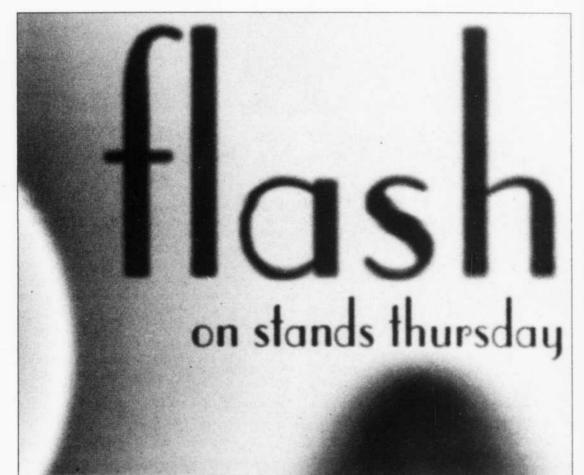
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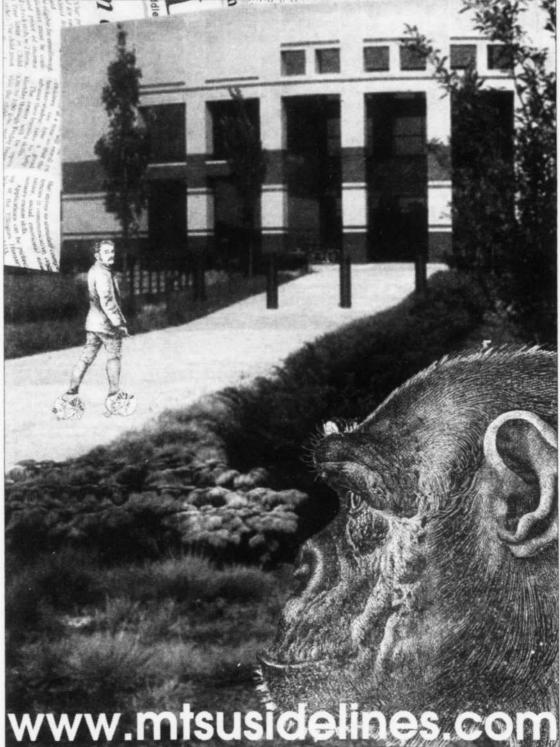
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Job prospects look slightly rosier for '04 grads

By Robbie Corey-Boulet Brown Daily Herald

(U-WIRE) PROVIDENCE, R.I. - As Brown University seniors prepare for life beyond College Hill, some question whether they will have opportunities to land the jobs they want. Others remain optimistic in light of the recent economic upturn. But a struggling economy and heightened unemployment have limited job prospects.

It has been a "very good year" for the fields of investment banking and consulting, two areas that have performed poorly in the past few years, according to Associate Director of Career Services Barbara Peoples.

However, these industries are

far from operating at peak levels, said Peter Howitt, a professor of economics with expertise in macroeconomics and economic growth.

"I think that they will never be as popular as they were throughout the 1990s," Howitt said.

But after several years of decline and stagnation, Career Services reports an increase in recruiting activity that is likely due to the 7.2 percent thirdquarter economic growth rate, Peoples said.

Bain and Co., a consulting firm centered in Boston, increased recruiting by 30 percent in 2003 and expects an even bigger increase in 2004, Public Relations Coordinator Sandra Canela wrote in an email.

"We're starting to see that, for many employers, their hiring is up compared to last year," said Manager of Employer Relations Scott Lachapelle. "They're finally starting to react to what it seems the rest of the economy has done.'

"Things are starting to improve, and jobs seem to be picking up," Howitt said.

But Howitt acknowledged the "tough times" of the current national economic situation, adding that the economy continues to struggle in comparison with performance in the mid- to late-1990s.

Scott Strand '04, who recently received a job offer from Bain, said he believes the economic downturn now only affects certain fields, while others are able to grow and devel-

"Some job markets are pretty stable, or even hiring more. Any group that calls for small groups

of dedicated specialists tends to still be hiring," Strand wrote in an e-mail to The Herald. "That seems to be where the jobs are right now ... it's all about finding a niche."

Many seniors participate in a competitive recruiting process through Career Services, in which companies search the campus for future employees. A corporation will either post job openings through Brown or will actually visit the campus and conduct interviews through Career Services, a practice which is becoming more common. Companies that have visited Brown this year include Goldman Sachs, JP Morgan and

Morgan Stanley. These corporations often recruit strictly at "top-tier" universities or at schools with deep alumni connections, Lachapelle said.

"I think with a lot of these firms, having an Ivy League degree helps immensely because they only recruit at their target schools," said Herald account manager Eugene Cha '04, who also received a job offer from Bain and Co. this year.

'Brown's probably worse off than a school like Harvard or Princeton, but it's definitely better off than a majority of the schools that are out there."

Alumni connections have also led to increased recruiter activity. Both Strand and Cha said these connections were crucial in receiving interviews with corporations on campus.

"We have a real strong alumni network and we are very grateful for everything that the alumni do with us," Lachapelle said.

But not everyone is finding success as the economy improves.

Klara Chan '04 said she believes Career Services overemphasizes certain career paths.

"I think they are very geared toward Fortune 500 companies and financial services companies," she said, adding that because she has not yet limited her options she finds it difficult to plan for the future.

"Right now, I'm not so happy," Chan said when asked about her prospects. "I wish I had specified what I wanted to do and focused on it throughout my Brown career." •

Arrest rate suggests diversity doesn't decrease Penn State drinking

By Meghan Gaffney Daily Collegian

(U-WIRE) UNIVERSITY PARK, Pa. - Although a recent Harvard University study says campus diversity may decrease binge-drinking incidents on campus, Pennsylvania State University's current rate of alcohol-related arrests shows an opposite trend.

The study defined binge drinking as five or more alcoholic drinks in a row for men and four or more for women at least once in a two-week period. It also said binge-drinking rates vary among student subgroups, which is why a more diverse student body results in declining rates of alcoholic activity.

Findings suggest that the

presence of racial groups on campus who don't drink as much help to lower the alcohol consumption in high-risk groups, findings Penn State's

recent numbers counter. Even though minority student enrollment has increased slightly from 11.96 percent of students last year to 12.3 percent this year, the number of arrests for alcohol-related incidents has also increased in 2002.

Edwin Escalet, director of minority admissions, said he understands why the study was conducted.

"When you have everyone who looks and acts the same and has the same background together, they aren't forced to think," he said. "When diversity is added to any situation, group dynamics change."

The study said older students or black and Asian female students are less likely to drink than younger, white males.

Escalet responded to the stereotypes in the study.

"When others come in with different practices, they help us to rethink our own," he said. "What we value doesn't mean everyone participates in it and a new mixture of students begins to expand the range of things we consider valuable."

Increased minority enrollment has not helped counter the number of incidents of binge drinking at Penn State.

The number of drinking arrests is up dramatically in the last two years and the numbers of citations and arrests this year

are expected to be the same, if not more, said Thomas Harmon, director of Penn State Police Services.

Harmon also said the increase might be attributed to a change in a law that occurred two years ago. The change allows police to issue citations even if the incident is beyond Penn State police jurisdiction.

"If we have evidence that there's been consumption of alcohol, even if it occurred in the borough and the student is on campus, we can make arrests," he said.

Harmon said the change might account for at least part of the increase in alcohol-related arrests, which includes public drunkenness and driving under the influence.

He said police are not making much headway in decreasing alcohol-related incidents.

'There's certainly no evidence suggesting that the problem of binge drinking is decreasing," Harmon said.

Osvaldo Lee, secretary of traditionally black fraternity Alpha Phi Alpha, said his fraternity does not favor the presence of alcohol at its events, which helps to combat binge drinking.

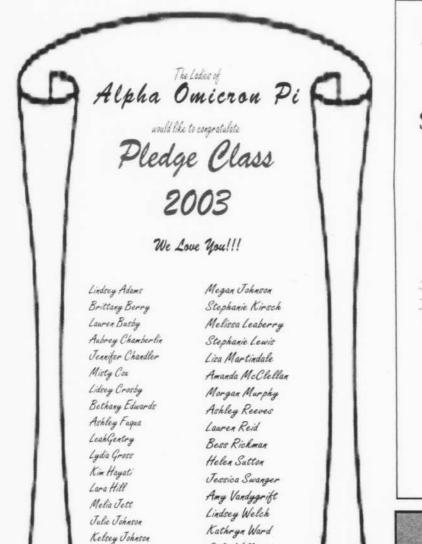
"It might be a generalization, but I know most black people don't like beer, and because beer is the most widely consumed alcoholic beverage, we don't participate in those events," he said.

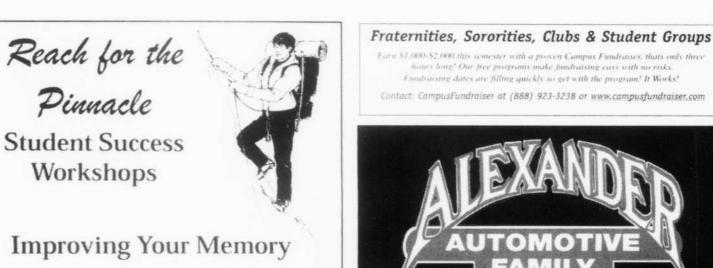
Lee said his fraternity pairs up with other fraternities to hold nonalcoholic cultural events, but if alcohol is served, it is not provided to minors, he said.Mike Bradbury, a senior, said he drinks three pitchers of beer at least two nights a week and said he thinks it is part of college life.

"All we ever do is study so it's OK to go to a bar and enjoy life," he said. "I guess I justify it to myself because no one wants to admit they're doing something wrong, but it's OK in a college atmosphere."

He said he is skeptical that a diverse student body would lessen drinking.

"My theory has always been that this is Happy Valley [Pa.] because there's very little for us to worry about, and we can be carefree in this environment,"





he said. ♦

Celia Williams

A 0 $\tilde{\pi}$

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()PINIONS

4 SIDELINES

Monday, November 17, 2003

Murfreesboro, Tenn.

From the Editorial Board Get yourself a flu shot

The signs of the winter season are upon us. Orange and brown leaves cover the ground and the weather turns icy.

However, an unfortunate sign of the winter season is the runny noses, hacking coughs and cold sweats that indicate the flu season is here.

The worst way to spend a beautiful Tennessee winter is in bed with the flu. However, this can be prevented with a little forethought.

Through Thursday, the Nursing School will be offering flu shots to students for \$12.

The Editorial Board encourages students to get the flu shot if only for the reason that it is a benefit to your personal health.

Another major reason to get the flu shot is to prevent the spread of the disease around campus.

Students who live in the dorms, who share bathrooms and living quarters, have more reasons to get the flu shot. The flu can be spread from touching doorknobs, keyboards, telephones and drinking glasses, just to name a few.

Centers for Disease Control estimates that 10-20 percent of Americans contract the flu during the flu season, which peaks during December.

Complications from the disease can actually lead to hospitalization or death. According to the CDC, 36,000 Americans die annually from complications of the flu.

A major myth about the flu virus is that it actually causes the flu in patients. In reality, flu vaccinations are made up of inactivated or dead flu viruses and cannot cause the flu.

Getting the flu shot regularly is also important because there are new strains of the influenza virus. The vaccine is changed every year to include these new strains.

Infected persons can start spreading the disease one day before the symptoms start to show. Some people can even spread the disease without ever showing any symptoms.

Do your friends, roommates, family, coworkers, professors and other students a favor and help to prevent the spread of the influenza virus.

And don't come to class and cough and sneeze all over the place, infecting your classmates. It's hard sometimes to pay attention in class anyway, without someone hacking up a lung next to you.

SIDELINES

Half Naked Wendy Caldwell aff Columnist

A few weeks ago, the schedule books for the spring semester came out, and since then, students have been busy preparing for next semester's classes. This time is especially

important to students in upper division courses, because many of those courses are only offered during one or two sections, and in order to graduate on time, students have to take most of their classes in a specific order.

Before you can even think of registering, you have to come up with a schedule. Actually, it's a good idea to come up with two or three back-up schedules, in case you don't get the classes

Now it's time to log in to PipelineMT and make your schedule, and don't even think of trying four minutes early - it won't let you. Trust me, I know.

you want.

I guess I've just been lucky, but I've never had two classes that I needed to take offered at the same time, but I do know this is a big problem for many people. My theory is it's just a ploy to keep us around longer, because it adds at least one more semester of course work.

However, let's suspend reality and assume that you've managed to come up with a working schedule without any of those conflicts.

Naturally, there's only one possible way your schedule will work, and that's if you get every class you want at every time you want. Otherwise, some will have to overlap, and you'll get behind. Now comes the hard part: actually getting

those classes.

At your registration time, you discover that two of your most important classes are already closed.

Suggestions to ease pain of registration

Sound familiar? It should. For many of us, this happens every semes-

At this point you have several options: You can go to the professor and beg for a permission of the department form to take the class, you can anxiously wait by WebMT, constantly checking to see if anyone has dropped, or you can just forget it and hope to get in next semester.

What if there were another way? A good friend of mine came up with two brilliant ideas that I think this school could really use.

There should be a waiting list. When you're registering for a class, and the class you want is full, there could be a button at the bottom reading "Put me

on the waiting list." This way, if a spot opens up, the first person on the waiting list would automatically be registered for the class.

The waiting list would be on a first come, first serve basis. Those who get to register first would, of course, be the first to be on the waiting list. This would be great for people who work or are otherwise unable to check WebMT four times an hour to see if anyone has dropped.

A good idea (if the school wants to profit from this, and I'm sure it would) would be to charge a small fee for the waiting list - maybe \$3 to \$5.

With all of the classes MTSU offers and how fast these classes fill up, the school could make a good deal of money each semester without having to charge each student an outrageous price. Who wouldn't be willing to pony up \$5 if there's a better chance they'll get a class

they need and be able to graduate sooner?

Another idea she had is e-mail notification. This would be especially useful if the school had a paid waiting list. If you didn't want to pay to be on the waiting list, you could select the "Notify Me if This Class Becomes Available."

This would be slightly more difficult because you'd have to check your email pretty frequently, but if you got an e-mail notification, you could register for that class and possibly get the open spot.

Maybe I won't see these suggestions implemented before I graduate, but I do hope future students are able to have easier, more successful registrations. •

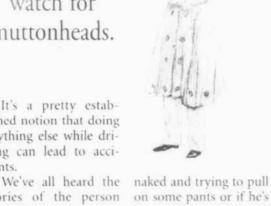
Wendy Caldwell is a junior mathematics major and can be reached via email at visa717@aol.com.

WHAT A SCHMUCK!!

Sidelines' occasional watch for muttonheads.

It's a pretty established notion that doing anything else while driving can lead to accidents.

who looks down to rummaging dents that are supposed- road.



stories of the person on some pants or if he's around change the radio and behind his seat looking rear ends someone, or for a belt when he the thousands of acci- should be watching the

In

instance, U.S. 6 was shut

down for more than

three hours while inves-

tigators and road crews

worked on the scene.

That's three hours of

traffic stoppage because

over to take off his dun-

garees or put on some

is that police filed no

charges against Gilmore.

No careless driving, no

reckless driving, not

even endangerment.

We've got no complaint

with people who want to

But when they do

do really stupid things.

really stupid things that

put the lives and proper-

ty of others at substan-

tial risk, we get angrier

than a hive after a visit

from a bear. Like a girl

from the Hamptons at a

Gilmore should be

thanking his stars no

Original story from

the Associated Press, via

one got in his way. •

www.indystar.com.

sale,

Nordstrom's

Even more ridiculous

clean jammies.

Canadian drugs viable alternative

David Cotton Staff Columnist

The luxuries of the modern world are often swords. double-edged They provide great benefits, but often come with great costs. A perfect example of this is the nearly \$150 billion-a- year prescription drug industry.

Modern medical technologies have practically assured the American citizen long life and good health, assuming you can afford it. A great deal of this healthy longevity is due in part to the use of prescription drugs. Treating everything from high blood pressure to the potential rejection of a transplanted organ, the use of prescription drugs is so prevalent that nearly half of all Americans rely on a prescription drug each day. But these drugs aren't cheap. And like any good drug dealer knows, once you've got them hooked, it's a seller's market. Taking advantage of these sometimes life and death situapharmaceutical tions. firms have relished in profit percentages as great as four times that of the average Fortune 500 company. But the American consumer is always looking for better prices and many have found them through the importation of prescription drugs from Canada. If you're unfamiliar with the process, here's how it works. American pharmaceutical companies sell their product in Canada far cheaper than they sell it in the United States, due to Canadian price controls on prescription drugs. Dependents on prescription drugs in the United States - many of them senior citizens - now purchase their drugs from Canadian suppliers at discounts of up to 75 percent FDA refuses to do so. It's not safety that the FDA is concerned with, but rather the protection of the big drug companies' profits.

In four years, the FDA cited pharmaceutical giant GlaxoSmithKline 14 times for "deceptive and misleading" advertising, yet took no action. Now, however, it finds it necessary to destroy small businesses out of so-called safety concerns.

It is a pity that a federal government that cannot figure out a way to provide affordable healthcare to its citizens does have the time and resources to prosecute those that can.

In contrast with the FDA's hard line, some state governments, burdened by

rising drug bills, have

come to view drug impor-

tation as a blessing.

Minnesota's governor, Tim

Pawlenty, a Republican,

encourages citizens to pur-

chase their prescriptions

from

Canadian

state-approved

off domestic prices. Speaking of Which Originally seniors would charter a bus and actually visit Canadian

pharmacies. The fact that a chartered trip to a foreign nation was still cheaper than buying the drugs from their corner pharmacy is indicative of the magnitude of this problem. But other than the inconvenience, the main problem with this practice is that it is illegal.

> Not that anyone's busting busloads of grayhaired seniors just yet. However, with the popularity of the practice growing and the Internet making it feasible for non-border states to obtain Canadian medications, the Drug Food and

ers monitored, but the

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Letters Policy

Sidelines welcomes letters to the editor from all readers. E-mail letters to slopinio@mtsu.edu and include your name and a phone number for verification. Sidelines will not publish anonymous letters. We reserve the right to edit for grammar, length and content.

y caused each year by cell phone talkers.

A truck driver in Indiana has aptly demonstrated another big no-no while driving: Don't try to change your clothes. According to an a driver couldn't pull

Associated Press article, Terry Gilmore, 59, was traveling along U.S. Highway 6 in Laporte, Ind., last Monday night with his truck's cruise control set at 60 mph. Thinking he had ample time and control to do a quick change, he began stripping his clothes when he miscalculated the grade of a curve, and sent his truck careening off the road.

It rolled and plowed through two fences before coming to a stop. A witness apparently told investigators that Gilmore was naked when she found him. That's just sick and

more than a little frightening. We don't want to be wondering while passing a tractor-trailer on the highway whether the driver is halfway

Here's the latest score:

Tennessee Titans 10 Jacksonville Jaguars 3

Still waiting on the cable man. If you know of his whereabouts, e-mail slopinio@mtsu.edu.

Administration has decided to take a tough stand on the issue.

Claiming that an imported prescription's safety cannot be assured, the government in a recent federal ruling, shut down Rx Depot, a Tulsa-based company that had 85 storefronts nation-wide selling discounted drugs from Canada. The FDA has also targeted another supplier of Canadian prescription drugs, Detroitbased CanaRx Services, Inc.

But considering the lack of any real security measures at any corner pharmacy, some wonder if safety concerns are the real issue. Beyond tamperproof caps, how can any American really be sure their prescription is safe? Most of the charges concerning the supposed unsafe nature of imported prescription drugs have been leveled by lobbying groups such as the National Association of Chain Drug Stores. They list numerous concerns (even terrorism), yet never address the dramatic fall in profits that they would endure if the American consumer suddenly bypassed the chain pharmacies.

suppliers. Illinois governor Rod Blagojevich, a Democrat, says his state could save \$91 million a year by buying prescriptions from Canada. Unimpressed by the FDA's unwillingness to accept any new responsibilities, a bipartisan group of senators has offered Congress legislation that legalizes FDA-approved imports. Hopefully this legislation will become law. More

importantly, it may raise the question of why pharmaceutical firms have been allowed to gouge American customers for so long. If discounts are acceptable for Canadians, they should be acceptable for us. A fair profit is fine, but to get people hooked on a drug that they think is saving their life, and then charge them more than they can afford out of simple greed is deplorable.

Of course, imported Canadian drugs could be regulated and their suppli-

David Cotton is a senior English major and can be reached via e-mail at balor6@aol.com.

Sidelines online poll results

Last week we asked readers, "Have you ever had your bike stolen on campus?" Here's what you said:



Yes - It was locked up and someone swiped it (10 percent, eight votes).

No - I don't bring a bike to campus (79 percent, 63 votes)

No - my lock keeps it safe and secure ... for now (11 percent, nine votes).

Two other responses received zero votes.

Be sure to visit www.mtsusidelines.com to vote in next week's poll: ""Have you ever, or do you know anyone, who has been hazed in order to join a campus group?"

Stress doesn't have to run your life



Redbook asked its readers, "What happens when you are stressed?" After interviewing women, writer Janis Graham came up with 18 questions about the most common ways women relieve stress symptoms.

One of the questions I loved was, "Why does shredding paper help me feel less stressed?" The reason I like this question is because every time 1 get stressed, I shred paper until my hand feels like it's going to fall off. Redbook's explanation was threefold.

One was that the movements created can relieve stress. Also, stress levels when storms come

the noise of ripping paper makes other noises around you less stressful because you are not focusing on them.

In addition, after you are finished tearing up the paper and see it in a million pieces on the floor, you feel as though you've achieved something.

That was just one example of a question that was asked in the article. Many of the solutions to these questions were deep breathing exercises. I have heard that deep breathing can relieve stress, but my excuse for not trying the exercises was, "I'm stressed and don't have time."

The people that gave this advice made sure that the reader understood that people could do breathing exercises anywhere at anytime without others even knowing it was being done.

Redbook also said eating and getting plenty of sleep can lower

knocking at your door. That's common sense, but if it is so common, why do most people not do it? If we would listen the first time, maybe we would not have to hear it over and over again.

To sum it up, if you take care of yourself while you are not stressed, you will beat stress when it comes. Stress can be a good thing because without it we wouldn't grow, but too much of a good thing is destructive.

Another point the article brought up is that seeking help for stress is not a weakness. She said most people that receive professional help only have to go to two or three sessions to map out solutions and coping skills for their stress. It's a place where you can safely talk out loud, and gather your thoughts without someone thinking you're nuts.

service in case you need to talk to a professional. You should never feel ashamed about asking for help. The counseling center also has plenty of information on stress and related problems that could help you learn to balance your life.

Most people watch TV to relax before they go to bed, and then complain when they can't sleep. This article said that TV can work you up more than calm you down, so that could be the problem. We should use this advice for ourselves and pick up a book instead of a remote con-

Kacey Hercules is a freshman social work major and can be reached via e-mail at kah2x@mtsu.edu.

MTSU has a free counseling

Letters to the Editor Where is this 'liberal media?'

To the Editor:

On Nov. 12, Chris Glasser used his sports column to make Southeastern Conference football predictions. Unfortunately, he could not finish without hurling insults at Vanderbilt University, whom Glasser impugned for its poor record on the field. Moreover, he implied that Vandy's "25,000 fans" are too dumb to know how bad their football team really is. Luckily, we have Glasser to point it out again.

Vandy actually educates players

I agree that football glory is won on the field. I also believe that Vandy has nothing to be ashamed of in terms of how it runs its program. Can you think of a program that is run more cleanly? The Commodores graduate 91 percent of their football players on time with a degree worth having. Can anyone else in the SEC say the same? Can MTSU?

Real football fans appreciate knowing that their Saturday heroes are receiving the education and training to become leaders in their occupations and communities. They also show up to support their team week in and week out.

The MTSU athletic department would kill to have 25,000 fans at each football game. Maybe then it wouldn't be so obvious that MTSU doesn't belong in the same league with Vanderbilt, as some envious sportswriters would have you believe.

Jacob Levine College of Graduate Studies

To the editor:

Anyone who honestly believes the Democrats are getting a free ride by the 'media' either never watches the news, believes the Republican propaganda about the so-called 'liberal media' or is on another planet ("Dems get free pass on race," Randall Thomason, Nov. 12).

Al Gore made a major address last Sunday. Did you hear about it? Sen. Harry Reid filibustered the Senate last Monday.

There are no weapons of mass destruction in Iraq, the cause for President George W. Bush's war in Iraq. Did you hear about

Bush's handling of the economy is a disaster. Social Security won't exist in a few years if Bush's policies continue. Bush may have lied about his reason for going to war with Iraq. Did you hear about any of that?

Bill Clinton had an affair. Did you hear about it? You bet your boots, you did. Clinton may have lied about the affair. Did you hear about it? Sure, you did.

A free ride? Republicans are in the driver's seat and Democrats are under the wheels; I suppose one could say they are both getting a free ride. The pity is our democracy is getting taken for a ride.

Jack Jeffers Oneida, Tennessee

Send letters to the editor to slopinio@mtsu.edu.

trol tonight. Stress can be a serious problem for anyone, but there are ways to manage it. •

Learn more about the food you eat By Tony V. Johnston

Associate Professor, School of Agribusiness and Agriscience

With the finesse of a 20-pound sledgehammer, Shana Hammaker has made it abundantly clear that every student at MTSU needs to take a course in agriculture. There is no end to the misinformation available in the media (newspapers, radio, television and the Internet) concerning food production in the United States.

The underlying problem is that our population no longer lives on farms and is generations-distant from family self-sufficiency in food production. The average citizen knows almost nothing about how or where their food is produced, which makes it impossible to sort good information from bad based on "common sense."

We enjoy the safest and cheapest food supply in the world. We spend less than 15 percent of our income on food, have more variety available year-around than the majority of the world's citizens enjoy, and our food-borne illness rate is the lowest in the world.

The vast majority of all food-borne illness outbreaks here occur as a result of mishandling or improper preparation of food at home (as opposed to improper processing of the food in a factory). For a vegetarian to remain healthy, a surprisingly wide variety of fruits and vegetables must be consumed. Our national food system is one of the few in the world that makes this possible for the masses.

Contrary to the Sidelines column, most of the meat we consume is not produced on "factory farms" (however you choose to define this). Although there are very large cattle and hog operations, the majority of our beef and pork comes from small- to medium-size producers. Many of these small producers raise their livestock as a second job while they work in factories or other industries outside their homes.

I really don't believe that people would prefer non-pasteurized milk, as inferred in the column. Milk can carry diseases like tuberculosis, typhoid fever and salmonellosis. I also don't believe people would prefer sides of beef over precut portions. How many people living in the United States know how to cut up a whole chicken anymore? We've become totally dependent on a food system we don't understand.

No person or entity is perfect; the food production industry is no exception. To disparage an entire industry on the basis of one example is to throw out the baby with the bathwater. Unfortunately, we tend to focus on the exception rather than the rule, and in the case of food production, our media sees dollar signs in sensationalizing the exception.

My challenge to the readers of Sidelines is to take neither pill offered in 'The Meatrix' and use your senses to "see what the real world looks like." See for yourself how food is produced. Take a tour of a food plant or farm operation. Talk (in person) to people who produce the fruits, vegetables and animals we eat to find out how they're actually managed. Make an informed choice whether or not to eat meat, vegetables, eggs, milk or any other foodstuff.

If you don't know where to begin your search for enlightment, MTSU's School of Agribusiness and Agriscience is a great place to start. •



Got news? E-mail

Dean: Modern-day McGovern

ic of the war, just as the party

Most Americans believe the



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To George McGovern, the 2004 Presidential race reminds him of another campaign 32 years ago - his own.

In a recent New York Times interview, McGovern said he sees great promise in Dr. Howard Dean, the Democratic frontrunner. With a Ph.D. in history, George McGovern sees striking similarities connecting their campaigns, even though they are 32 years apart.

A powerful link between Dean and McGovern is that both candidates started their campaigns as outsiders; neither were favored to win the nomination. But Dean, like McGovern, soon moved ahead of the favorite and became the frontrunner (McGovern moved ahead of Ed Muskie; Dean jumped in front of Kerry).

Dean and McGovern also entered the campaign from small states with few electoral votes (Vermont and South Dakota, respectively), while each of their opponents came from large states with many electoral votes (Richard Nixon is from California and George W. Bush is from Texas).

Perhaps the most noticeable parallel is their strident opposition to American military involvement. McGovern opposed the war in Vietnam; Dean opposed the war in Iraq. McGovern contends the central issue in 2004 will be this "foolish war in Iraq." In the 2004 campaign, he argues, the Democratic Party will reward the nominee who is a vocal crit-

did in 1972.

"I don't see that this war has any more to commend it than Vietnam did," McGovern opined.

Dean, however, is not enjoying his 15 minutes of fame connection with George "I'm McGovern. not a McGovern liberal," Dean insisted on Nov. 9 (Vermont Press Bureau).

There's certainly a good explanation why Dean doesn't want to be linked to McGovern: McGovern lost forty-nine states in 1972. It's no wonder Republicans would be delighted if Dean won the Democratic nomination. Howard Dean is the 2004 incarnation of George McGovern.

Here's Dean's dilemma: To win the Democratic nomination, he has to oppose the war. His strident opposition to the war places him directly in conflict with the will of the American people (62 percent, according to a recent Fox News Opinion Dynamics poll).

Since the economy is rebounding at an impressive rate, it appears that McGovern is correct in his assessment that Iraq will be the central issue in 2004. Recent financial reports show the American economy is growing, jobs are being created and the market will most likely be at its height since Bush took office. Economic prosperity will contribute to Dean's defeat.

The 2004 election will be the president's to lose. Bush has better poll numbers at this point in his presidency than Nixon, Ronald Reagan and Bill Clinton. Unless Bush loses his conservative base (which his father did in 1992 after he the first broke his word about raising taxes), he will win handily in 2004.

president is doing his best to win the war on terror, protect America and strengthen the economy. And so far they've seen him win two wars in Afghanistan and Iraq, deter terrorist attacks on U.S. soil since Sept. 11, 2001 and are witnessing the rise of a bull economy.

Sure, we don't live in a terrorist-free fairy land. We are losing America's finest almost daily in Iraq. But the president never said this war would be easy. We couldn't just destroy a terrorist regime one day and walk away the next. America needs to practice patience. After all, we invested several years rebuilding Japan and Germany.

But for McGovern to compare this war in Iraq to Vietnam is absurd. In Vietnam, more than 50,000 Americans sacrificed their lives for their country; in Iraq less than four hundred Americans have made the ultimate sacrifice.

Bush is protecting America and promising to finish the job in Iraq. Dean is calling for the troops to come home. But are we really going to be safer if we bring them home? And is it right to liberate a country from a brutal dictator who terrorized his people and neighbors and then let it fall back into the hands of terrorist thugs?

The debate between Dean and Bush will soon begin. And it won't be long before Americans decide to send Dean, the modern day McGovern, back home to Vermont, just like they sent another defeated doctor home 32 years earlier. ♦

Justin Wax is a freshman history major and can be reached via e-mail at jtw2n@mtsu.edu.



IVING

6 SIDELINES

Monday, November 17, 2003

Murfreesboro, Tenn.

Reach Out and Read

Reading to young children has lasting effects

By Stacie Wacaster Staff Writer

"If every parent reads for 30 minutes a day to their child, it will revolutionize education in this country," Richard Riley once said. "From Congress to colleges to classrooms, we can do more to help children to read."

As the country's secretary of education. Riley spoke these powerful words at the First National Reading Summit in cent of all toddlers and infants 1998, where he called for a comprehensive nationwide crusade to help children become better readers

Middle Tennessee's own such campaign, called Reach Out and Read of Middle Tennessee, is a program designed to unite parents, education students and professionals to help promote language skills in young children.

Rebekah Alexander, MTSU assistant professor of elementary and special education, is the coordinator for Middle Tennessee's chapter of the

them succeed in school," she says. "Their language skills are

All these benefits are linked to early literacy experiences, students then take that knowl-

Council found that loss in 10 - in that road to becoming a bet-

ronments and their academic achievement.

That connection is the foun-

which features a unique system of endorsing literacy develop-

First, MTSU education students go through training and orientation in how to read aloud and how to select appropriate books for different age

That information is an integral part of the process, as the edge with them to the Rutherford County Health Department and Tennessee Pediatrics, where they read aloud to the children in the

parents already have with their

The children are then given a book to keep. This allows the child to continue their reading experience at home.

The campaign is endorsed by

currently children annually and has disincludes more than 1,800 chap-tributed 3 million books each ters in all 50 states. Reach Out vear since its launch in 1989. dation for Reach Out and Read, the American Academy of and Read has served 1.7 million Locally, the program has been

Reading to infants and toddlers improves their future literacy skills, say experts.

in place since November 1999. Pediatricians encourage the

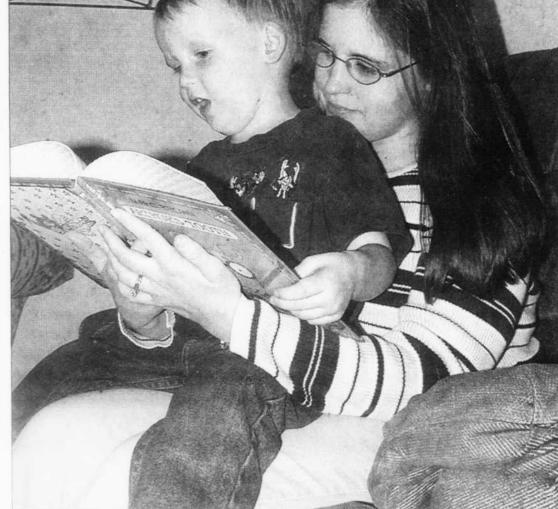
Photo Illustration by Micah Miller | Staff Illustrator

See Read, 7

Dear Emily, Disgruntled friend doubts true love

Dear Emily,

fast and too young, without a clue of what they're getting them



Over the past six months I have witnessed five or so couples get engaged and married - all under the age of 20.

Now this is not wrong in any way. I do have a problem, though: I'm sick of seeing couples, even before marriage, put a cover on to appease one another. In doing this, the relationship lasts longer because they are both over-compensating with each other and not really defining what makes him or her an individual.

Is this out of convenience? I've seen this too – where couples just get together and wear masks over their faces, and stay together just for the sake of being together, which makes me sick.

The next thing that irritates me is that when they grow together, their ignorance grows with their love - woven in like bad seeds of wheat.

Now there is an engagement of this couple at 18 years old, barely out of high school (if at all) and they want to spend the rest of their lives together - a decision made at the time when mommy is still making their lunch and cleaning up after them when they are done because they don't do it themselves.

Of course, no one can tell them anything. They know it all, and because their love is so "strong" it will withstand the test of time. They think everyone warning them is wrong, and they are right.

Let's get serious. Of course taking care of oneself is harder than marriage. Tennessee allows marriages of 16year-olds. Many marriages of people under age 20 fail in three years. Don't even get me started on that. I'm wrong, they are right.

Emily, I'm just venting. I wish more people had a backbone and a clue.

Dear Get A Clue,

Sounds like you've lost that lovin' feeling, huh?

Okay, first let me say that I think your commentary on social behavior is very interesting - and very true. Now for what it's worth, let me try to give my opinion on why people act the way they do.

I can tell you my answer in two words: young and restless. Okay, so that was three, but you get my point.

It looks like your complaint is in two parts. One, that people are getting married too

selves into; and two, that many dating relationships are built on false pretenses.

While deceptive behavior and masquerades are not healthy for relationships, there is a certain amount of pacification that's beneficial to a relationship.

It's called compromise, and the difference between the two is honesty.

Therein lies the core of the problem. Many couples are too afraid to be honest with each other. It takes guts to tell your significant other that you have a problem with them, and even greater determination to work through those problems.

It's easier to keep the peace, even at the expense of each individual's happiness and the quality and health of the union.

I believe so many marriages fail because we truly live in a generation of the young and the restless - a world full of veritable "kids" who have not allowed enough time to find out who they themselves are, much less to truly know and understand another person.

Fear also plays a big part in our quick-to-commit society, Many fear that if they don't act quickly, the moment will pass them by, and they may never get another chance at love.

You also have to understand that people tend to be a bit arrogant, thinking we know all the answers. How many times did you listen to your parents' or someone else's advice?

Sadly, we often have to make the mistake ourselves before we really believe it's true.

But, that doesn't mean you have to make those mistakes. As G.I. Joe would say, "Now you know, and knowing is half the battle." Being aware of the potential hazards will make you more sensitive to not allowing them in your own life.

Remember, you always have a choice and if's never too

Rise above the status quo and settle for nothing less than the absolute best. ♦

> Send letters to mtsudearemily@hotmail.com.

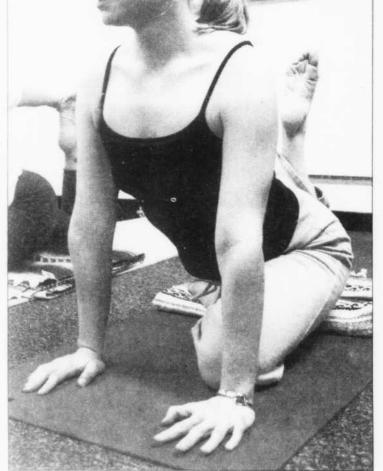


Photo by Jamie Lorance | Chief Photographer Senior Allison Andraza stretches during yoga class.

Yoga relaxes, strengthens

By Julia Reynolds Staff Writer

"Honor your body - if you feel pain, back away from the exercise and don't do it," yoga instructor Kelli Martin tells her class.

Twenty people gather in a well-lit, spacious aerobics room at the Campus Recreation Center. Dressed in sweats and T-shirts, they sit on long mats. Celtic music plays softly in the background.

For an hour, Martin and her class will practice an eclectic brand of stretching and calisthenics known as "Power Yoga."

Yoga is an ancient form of spiritual and physical discipline which originated in India 5,000 years ago. Its name comes from a Sanskrit word meaning "union."

Yoga refers to the union of mind, body and spirit. In a voga workout, practitioners hold their bodies in poses which are designed to build strength and flexibility.

There are many types of yoga in practice today, but Martin's classes are primarily based on the Ashtanga school. Ashtanga yoga features steady transitions from one pose to the next.

Martin, an experienced yoga and aerobics instructor, has been teaching yoga at the center since the very first yoga class was offered

Dancers prepare to perform

Photos by Seth Holland | Staff Photographer

Philosophy major Heather Heath (Above left), theater majors Brooks Boyd and Dusty Evans (above) and Bryan Booth along with Timothy Norris (left) rehearse dance steps for an upcoming performance at the Murfreesboro Center for the Arts. The event takes place Nov. 18 and 19 at 7 p.m. The cost is \$5.

Combining two lives

Nontraditional students juggle family, school and work

By Petroula Makrinakis Staff Writer

Juggling a home, children, a

"School is a very high priority, but my family is first," Melanie Gonzalez, a junior psychology major, says. Gonzalez lives with her daughter and boyfriend. In order to focus more on her studies, she recently quit her job.

"School is a very high priority, but my family is first,"

ties. However, it is also impor-

better manage all responsibili- students suffer unique challenges in their education, they tant to keep yourself challenged. have learned valuable lessons "It is getting better as I learn for themselves and for others in the same situation. "Put your classes to your own life," Gonzalez says. She explains that her psychology classes help her understand her child better. "Work on cons more than pros; improve areas you are weak in," Williams says.

spouse and a job may all be part of adulthood. However, when school is added to the mix, it is all part of being a nontraditional student.

According to the MTSU Adult Services Center pamphlet, nontraditional students, otherwise known as adult learnreturning to finish a degree or needing to acquire additional skills for a job or promotion.

These nontraditional students seem to hold their education in high priority, but many have families with which they must share their time and energy.

"You pay a price when you don't work while you're in school," Gonzalez says.

To make up for the current ers, may include students lack of income, Gonzalez, has taken on additional student loans.

Charles L. Williams, a senior aviation management major, is also a nontraditional student. His responsibilities include a spouse and three children. He is currently unemployed as well, although he receives money

– Melanie Gonzalez Junior psychology major

from the Disabled Veterans Fund for 20 years of service in the Marines.

Both Gonzalez and Williams agree that studying is the most difficult part of being a nontraditional student. Disruptions and finding time to study are very difficult when children are involved.

"When your child comes to you, you have to stop [studying]," Gonzalez says.

This is why she has a separate office in her home dedicated to her schoolwork.

'Laundry, cooking dinner,

helping kids with homework, I lose four to five hours of study time to being a parent." Williams says.

When he finds time, he goes back to MTSU to do homework or sets up study groups.

Both Gonzalez and Williams believe that they have to divide their time evenly between all their responsibilities.

"After May, I will reduce my class load," Williams says.

He explains that sometimes a cut-back on classes is needed to new strategies," Gonzalez says.

She finds help with Older, Wiser Learners at MTSU.

"OWLs is a place you can go to be with other students that are in the same situation as you juggling responsibilities," Gonzalez says.

There are other resources for nontraditional students. One such resource is the Adult Services Center.

"It is a wonderful system," Gonzalez says. "They offer tutoring and counseling."

They also offer workshops such as Time Management and Test Anxiety. nontraditional Although

This way you will find balance and improve in many aspects, Williams suggests.

"Don't give up," Williams says emphatically.

The Adult Services Center is found in the Keathley University Center, Room 320. For more information call 898-5989. 🔶

Campus Calendar

Monday, Nov. 17 Honors Lecture Series Peck Hall Room 109A, 3 p.m. "The Day the Music Died. How the Music Business is Changing" Speaker: Beverly Keel For information, call 898-2152.

Alpha Psi Omega Dinner Theater "A Fable" James Union Building, Tennessee Room, 7 p.m. Event and dinner are free to students. Seats limited. Pick up tickets in Keathley University Center, **Room 308** For information, call 898-3441.

Movie Night Sponsored by Muslim Student Association Mass Comm Building at 6 p.m.

Tuesday, Nov. 18 "Society For Success Lecture" Business and Aerospace Building, State Farm Room, 6 p.m. For information, call 898-2551.

College Republicans Organizational meeting BAS, SunTrust Room, 7 p.m. For more information, call Kasey Talbott at 494-8728 or e-mail jkt2h@mtsu.edu.

Chuck D Race, Reality and Technology Lecture Tucker Theatre, 8 p.m. For information, call 898-5916.

Nov. 18 and 19 Choreographic Dance Event Murfreesboro Center for the Arts, 7 p.m. Cost is \$5.

Nov. 18-22

Flu Shots Sponsored by the Nursing Department and Health Services Cason-Kennedy Nursing Building, Room 109 Cost is \$12 Appointments can be made by calling Linda Lawrence at 898-5950.

Thursday, November 20 Stones River Chamber Players WMB Music Hall, 7:30 p.m. For information, call 898-2469.

Saturday, Nov. 22 Spring 2004 CUSTOMS Tucker Theatre and lobby, 7:30 a.m. For information, call 898-2454.

Fashion Show JUB, Tennessee Room, 10:30 a.m. For information, call 414-3159.

Through Nov. 22 "An Evening of Short Plays" Tucker Theatre, 7:30 p.m. For information, call 898-5916.

Every Friday and Saturday in November Distortion Music Video Channel 10 MTTV, 9 p.m. and midnight For information, e-mail jnj2d@mtsu.edu.

Yoga: Relaxation proves beneficial

Continued from 6

three years ago.

Yoga is quite popular on campus," Martin says. "It is accessible to just about anyone."

Martin stresses that the classes she teaches do not involve the mystical elements that are included in some other types of yoga, such as chanting. Her classes feature only the physical exercise component of yoga.

"We focus on stretching, toning and strengthening," Martin says.

Martin's students give varying reasons for practicing yoga.

"To some it is a spiritual exercise, to others it is purely a physical workout - it just depends on how people

approach it," Martin says. Paula Thomas, chair of the Accounting Department, has been doing yoga since the classes were first offered three years ago. She practices yoga as part of her training program for dis-

"Yoga keeps my muscles stretched out," Thomas says. "Practicing yoga helps you to continue to run and lift weights as you get older."

"I like the stretching and quiet that comes with yoga," she adds.

For Saeed Foroudastan, a professor of engineering technology and industrial studies, yoga is more of a mental exercise.

ing," Foroudastan says. "It relieves stress and refreshes your mind. Afterward, you can concentrate better and you have a feeling of well-being. You feel like you have a fresh day ahead of you."

"Ms. Martin is a very good instructor," Foroudastan adds. "She explains everything to the students and encourages participation. I would recommend the yoga classes to anyone."

Yoga is offered twice a week at the Campus Recreation Center. This semester, classes are on Monday and Wednesday from 4 p.m. until 5 p.m. The fee for those with a MTSU ID card is \$1 per class. \blacklozenge

"For me, yoga is very relax-

Read: Parent participation crucial

Continued from 6

parents to engage their children by reading aloud to them at home, using read-aloud techniques modeled by the student volunteers.

Reach Out and Read seeks not only to promote literacy growth in children, but also to change parents' attitudes about reading to their children, and to alleviate any fears of doing so.

Research by the American Medical Association found when pediatricians encourage parents to read to their children, parents are four times more likely to do so.

Many parents are simply afraid of reading aloud because of their own literacy inadequacies. Reach Out and Read also seeks to solve this problem by helping parents get connected with adult

literacy services.

According to the Reach Out and Read Web site, the program "has provided the link between literacy and a healthy childhood to millions of children, [while] reinforcing the parent's role as the first and most important teacher."

Students can volunteer through Alexander's education class, or on their own.

"Anyone who's interested can volunteer," Alexander says. "It's a very rewarding experience; the students get a lot of perks and they recognize that," she adds.

For more information, contact Alexander at 898-2343 or ralexand@mtsu.edu or visit the program's Web site at www.reachoutandread.org. ◆

8 SIDELINES

Monday, November 17, 2003

SPORTS

Murfreesboro, Tenn.

Lady Raiders beat Louisiana-Lafayette 3-1

By Colby Sledge Staff Writer

The Lady Raiders clinched a berth in the Hardee's Sun Belt Conference Volleyball Tournament with a 3-1 (26-30, 30-28, 30-21, 30-21) victory over the University of Louisiana-Lafavette.

The win, combined with losses by Florida International University and the University of New Orleans, assured Middle Tennessee (14-17, 5-8 SBC) its second consecutive trip to the tournament.

'They all knew that they wanted to qualify, so it's huge for them," MT head coach Lisa Kissee said about her team. "They did good. They battled."

The Ragin' Cajuns (6-21, 2-12) took the errorfilled first game thanks to Stacy Liverett's five kills.

The teams combined for 17 attack errors and a .149 attack percentage.

"We were kind of strange at first, because we've been trying to speed up our offense this week," Kissee said. "We sped it up, but the timing wasn't quite right."

After MT won the second game, Dara McLean provided the turning point in the match for the Lady Raiders.

McLean, a 6-foot-1 outside hitter who jump serves, served for five consecutive points before tiring and turned a 5-5 tie into a 10-6 MT lead.

The Lady Raiders never looked back on the way to their sixth win in their last eight matches.

McLean finished with 11 kills, four of which came in the final game.

'[Dara's] serves were huge," Kissee said. "How she hit in game four-the speed of her transition, the aggressiveness of her approach, the shots she was taking in game four-completely different from probably the last five matches. Finally, she's back in sync; she's back to being Dara."

KeKe Deckard led the Lady Raiders with 20 kills, the 12th time this season she has had 20 or more kills in a match.

Karisse Baker had five and a half total blocks as MT finished with 13 total team blocks.

Liverett finished with 16 kills and Lindsey Bermes had 18 digs for the Ragin' Cajuns, who lost for the third straight match.

ULL has not won a road match all season and was mathematically eliminated from the tournament with the loss.

The Lady Raiders finish the regular season Sunday at home against Western Kentucky University, who MT may also see in the first round of the tournament. WKU (25-6, 11-2) has clinched the No. 2 seed, while the Lady Raiders currently hold the No. 7 seed in the eight-team tournament. •

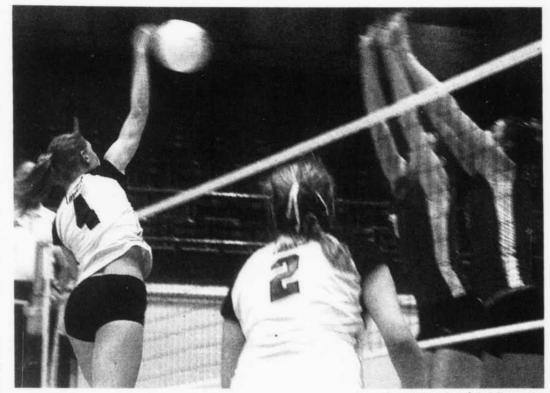


Photo by Steve Cross | Staff Photographer

MT outside hitter Evi Gargalianos looks on as setter Megan Sumrell tries to place a kill on the Ragin Cajuns'. The Lady Raiders will move on to the Sun Belt tourney.

Ragin' Cajuns slip past MT in overtime

By Colby Sledge

The ball shot into the air, searching

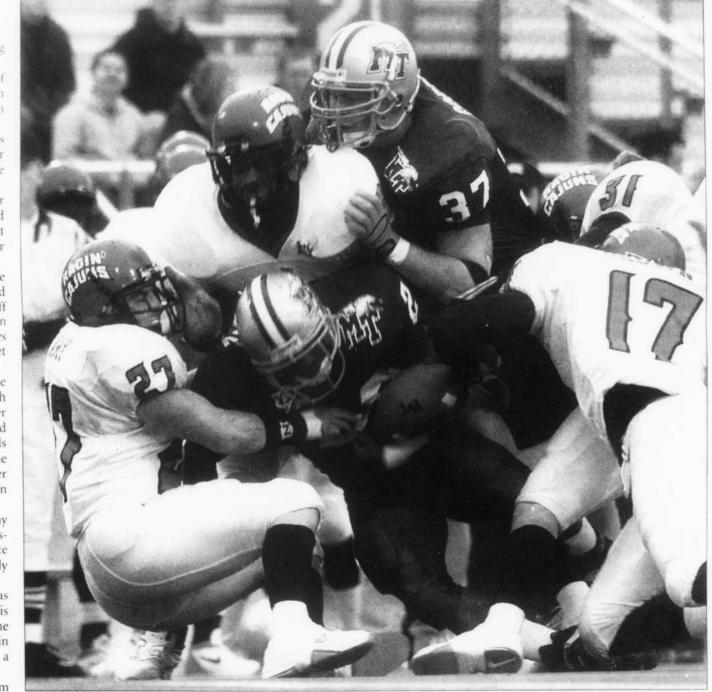
When it finally fell into the arms of David Prater, the longest game in Middle Tennessee history was over in an

The Blue Raiders could only watch as the Ragin' Cajuns stormed the field after the University of Louisiana-Lafayette defeated MT 57-51 in four overtimes.

Quarterback Jerry Babb threw for 435 yards and four touchdowns to lead. the Ragin' Cajuns (4-8, 4-3 Sun Belt Conference) to their first victory over the Blue Raiders (3-8, 3-3) since 1999.

"We wanted this game to send the seniors out on a good note," Babb said as his teammates and coaching staff congratulated him. "They've been through a lot here, coaching changes and everything, and we wanted to get them out on a good note."

The loss overshadowed a career game



Predators need promotion By Matthew Adair

Staff Columnist

If the Nashville Predators have any hope of turning Music City into the next Hockeytown, USA, they need to be as aggressive in marketing themselves as they should be on the ice.

Take their high school program, Greater Nashville Area Scholastic Hockey. The program serves as an organized league for area high schools to play against one another. Twenty teams in Davidson and surrounding counties compete for the chance to win the Predators Cup.

As a boy who grew up on hockey, I can imagine the

by MT sophomore quarterback Josh Harris, who was forced to come in after early injuries to Andrico Hines and Clint Marks. Harris threw for 284 yards and four touchdowns as he led the Blue Raiders from a 10-point fourth-quarter deficit to a 34-27 lead with 2:47 to go in the game.

"I found out that the team will play for me, and I'll play for them," a disheartened Harris said. "You practice every week, expecting to play. It really didn't shock me the way I played."

MT head coach Andy McCollum was shocked and disgusted at how poorly his defense played. The Ragin' Cajuns came into the game ranked last in the SBC in total offense, averaging 314 yards a game.

"We played everybody," McCollum said. "I'd have pulled somebody out of the stands if I'd have known who to pull out, just to get it stopped."

ULL wide receiver Fred Stamps had 13 catches for 201 yards and three touchdowns. He ended his collegiate career with 44 games with at least one reception, the second-longest active streak in the nation.

Photo by Jamie Lorance | Chief Photographer

MT running back Don Calloway is pounded by a hoard of Cajun defenders Saturday at Floyd Stadium.

stop Stamps - hold Stamps, you can't stop him," McCollum said. "That was our plan, I thought. We didn't execute that plan very well."

The Ragin' Cajuns took a 17-3 lead with less than two minutes remaining "You go in the game and you say, after Harrison's 4-yard touchdown run.

Harris then quickly orchestrated a 76-yard drive that ended with Wardell Alsup's catch in the back right corner of the end zone with .8 seconds remaining.

The Blue Raiders took their first lead of the game midway through the fourth quarter thanks to a 35-yard touchdown

from Harris to Pedro Holliday. Babb and Stamps hooked up for a 49-yard score less than two minutes later.

MT then outdid that score just more than a minute later as Harris threw a

See MT, 10

Conservative offensive decisions hurt teams in worst ways

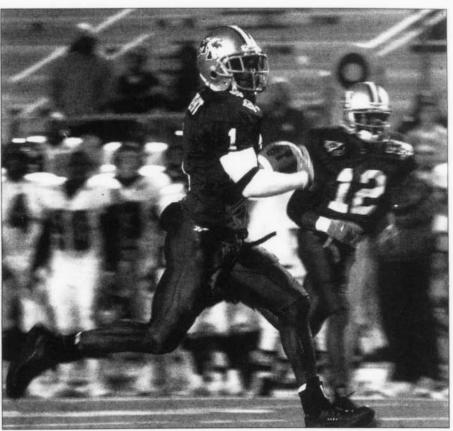


Photo by Steve Cross | Staff Photographer

MT wide receiver Kerry Wright tries to gain positive yardage against the Cajun defense. MT lost to Louisiana-Lafayette 57-51.

By Chris Glasser Staff Columnist

Maybe it was the weather or maybe it was the nerves. Either way, the Blue Raider offense went conservative in the first half.

In their 57-51, four-overtime loss to University of Louisiana-Lafayette, Middle Tennessee offense rushed the ball 14 times and passed 14 times in the first half.

Yes, that is good balance, but seven of those passes came on the final drive when the Blue Raiders were in their two-minute offense, and of those 14 passes, only one pass was more than 15 yards. This came from an offense that has ripped defenses apart this year and was facing a Lafayette defense that ranked last in the SBC.

Lafayette did what it needed to do to win. They let quarterback Jerry Babb do what he does best: throw on the run using designed rollouts and bootlegs. Babb ended up completing 37 of 56 passes for 435 yards and four touchdowns before rushing for the game winning touchdown in the fourth overtime.

Now, maybe it's because I played quarterback when I was in high school

and we threw a lot, but my belief is that you have to take at least a few shots downfield to keep the defense from stacking eight men in the box.

As a result of not spreading out the offense, MT went three and out on its first three drives, didn't pick up a first down until the second quarter, and Kerry Wright, the only receiver ever in MT history to gain more than 1,000 vards receiving in a season, didn't catch a pass until the second quarter with 1:26 remaining. That's not something characteristic of an offense ranked second in the SBC in passing efficiency.

Out of MT's 284 passing yards, 220 of them came in the second half. Give quarterback Josh Harris credit. The sophomore from Union, S.C., stepped in and lit up the Lafayette defense for 284 yards and four touchdowns in little more than two quarters.

Granted, the MT offense did open up after halftime and was able to come back only to see the Cajun offense drive down the field for the tying touchdown in less than two minutes.

However, just think of what could have been if they had gone with the awe the kids on the teams playing for the trophy must feel when they step out onto the ice at the Gaylord Entertainment Center, playing in a real NHL venue with all the trimmings.

It's an ingenious way to hook kids on the sport in an area dominated by college football, and I have to give the Predators and their staff credit for organizing the league.

However, the problem is the first time I'd heard of it was while browsing the team website looking for game scores.

I have yet to notice a mention of GNASH in an area newspaper, on a local radio station, or local television station. One would think, in a state where hockey is still something new enough that some folks don't quite have the hang of what's going on yet, that aggressive marketing would be vital to the survival of Tennessee hockey.

In past years though, the Predators have proven to be anything but aggressive, both on and off the ice. The last thing they can afford right now is to let GNASH and programs like it go unnoticed by fans young and old. The Preds need to give the amateur teams they sponsor as much face time in as many media as possible if they wish them to thrive and grow.

Other area high school sports, football in particular, have gotten major press attention in the form of television coverage of games by local cable outlets and by local broadcast stations.

Hockey can't expect the same level of attention, at least at first. If, however, high schools and the Predators can work together with area newspapers in getting GNASH games covered, hockey will stand a better chance of getting into the minds of Tennesseans. •

Titans improve record to 6–2 in AFC

By Teresa M. Walker

AP Sports Writer

NASHVILLE, Tenn. (AP) – The Tennessee Titans couldn't score 30 points Sunday on a sloppy, wet field. They did score just enough.

The Titans snapped their string of games with 30 or more points at six, but Steve McNair threw for a touchdown and the defense held off the Jaguars at the goal line in the final minute to preserve a 10-3 victory, their fifth straight.

Jacksonville (2-8) had first-and-goal needing to score to force overtime, but the Titans stopped Chris Fuamatu-Ma'afala twice up the middle for losses. Scott McGarrahan tackled Cortez Hankton at the two line after a 3-yard catch, then Byron Leftwich couldn't find a receiver in the end zone on fourth-and-two.

The Titans (8-2) then ran out the final 45 seconds for their 10th victory in 12 games in this series.

Tennessee never came close to the standard

it set in becoming only the third team since 1970 to top 30 points in six consecutive games. Jacksonville outgained Tennessee 277–262, came up with three turnovers and also sacked McNair twice – its first sacks since Oct. 12. Hugh Douglas, who had his only sack of the season in the opener, had 1.5 sacks and also forced a fumble.

But the Jaguars couldn't convert those into points against a Tennessee defense that lost end Jevon Kearse, the AFC's co-leader with 9.5 sacks, to a sprained left ankle in the first quarter.

Tennessee intercepted Leftwich twice, including just before halftime when Samari Rolle picked off a pass at the Tennessee 17. He ran it back 52 yards.

Typical of the Titans' struggles, rookie Tyrone Calico dropped a pass from McNair in the end zone on the very next play. Douglas sacked McNair four plays later and stripped the ball.

It was a game that didn't come close to the

feuding the past week over late hits and dirty play following the teams' last meeting, a 30-17 Tennessee victory.

The Jaguars were seeking a second consecutive win for the first time this season after upsetting Indianapolis last week. But they remained winless on the road. Fred Taylor, who had a season-high 152 yards rushing against the Colts, ran 14 times for 65 yards.

The Titans had outscored opponents 72-12 in the first period this season, but they never really got into rhythm. Their first play ended in a giveaway when Rashean Mathis intercepted a pass from McNair, the NFL's top-rated passer, in the end zone.

Gary Anderson kicked a 33-yard field goal for a 3-0 lead the Titans never lost, then they finally put together a drive. McNair capped the nine-play series with a 5-yard toss to Justin McCareins that first bounced off his left hand, then his chest before he finally pulled it in with Jaguars cornerback Fernando Bryant grabbing at his arms. ◆

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MT: Blue Raiders lose in four overtime game

Continued from 8

short pass to Kerry Wright, who slipped past everyone as he sprinted 59 yards to give the Blue Raiders the lead again, 31-27.

Wright's touchdown was his ninth of the season, setting a new MT single-season record.

After a Brian Kelly field goal, Babb led the Ragin' Cajuns 84 yards down the field and found Bill Sampy in the back of the end zone with 26 seconds remaining. Babb completed eight of nine passes on the drive.

Both teams traded touchdowns in the first two overtimes and field goals in the third. Babb scored on a 1-yard plunge in the fourth extra period before Harris' pass to Jerrin Holt bounced off Holt's hands and into Prater's arms to seal the victory. "This was a big win because we had a chance to win four out of our last five," ULL head coach Rickey Bustle said. "The kids never quit with all kinds of crazy plays going on. I'm just so proud of them. At one point we were 0-7, and a lot of people didn't know if we'd win a game."

The Blue Raiders were despondent after the game, but some found a silver lining nonetheless.

"I think we can take a lot from this," Wright said. "We fought hard all the way through the game. A lot of guys made some early mistakes, like myself, but we came back and made some big plays so at the end we could give ourselves a chance to win."

The loss dropped MT to 2-4 at home this season, the first time the Blue Raiders have had a losing record at home since 1980. MT ends its season at Arkansas State University on Saturday.

Offense: Improves after half

Continued from 8

same approach the entire game. You're a 3-7 team with no shot at a winning season, and it's Senior Day. So why not open things up? What have you got to lose? Just another thing to think about as MT limps through its

second straight season of at least eight losses. ●

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