



This week's poll question at
www.mtsusidelines.com
Should Nashville vote to protect gays
and lesbians from housing and
hiring discrimination?

Ragin' Cajuns get anger management

In Sports, 6

Middle Tennessee State University

SIDELINES



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Volume 78 No. 60

Assault cases see increase over recent years

Sexual assault also on the rise after attacks

By Erich Heinlein
Staff Reporter

In the past five years, overall assault, including sexual assault, has increased at MTSU.

"The reason for the growing individual number of assaults," said MTSU Police Chief Jack Drugmand, "is because of the growing population of this university. However, when you look at percentages, they are pretty much the same across the board."

Drugmand said he thinks the biggest reason for the assault increase on campus is because there are many instances in which there are large numbers of people in one place at one time.

However, Drugmand said he may have an additional explanation.

"When statistics stay across the board like this," Drugmand explained, "this usually means that we are coming up with the trend in our area of the coun-

try."

In 1998, 2.7 students per 1,000 at MTSU were accused of some sort of assault. One per 1,000 students was accused of aggravated assault, 1.1 students per 1,000 were accused of simple assault and 1.4 students per 1,000 were accused of intimidation.

However, in 1998 12.2 percent of all assaults were cleared.

"When a case is cleared, that means that there is simply nothing else we can do with the

case," Drugmand said.

Aggravated assault, put in simplest terms, is an assault that causes serious, life-threatening injuries and is committed with a weapon.

However, guns, knives and baseball bats aren't necessarily the only weapons that can be used in aggravated assault.

"The fist can be a weapon too," Drugmand said.

Intimidation is defined as making an intentional effort to put fear in another person, with a threat of physical violence. This particular offense has

almost doubled in the past five years. In 1998, the intimidation rate was 1.4 per 1,000 students and in 2001 the intimidation rate was up to 2.7 per 1,000.

Drugmand said he believes that Greek Row may have a lot to do with that.

"Three years ago Greek Row was all over Murfreesboro," Drugmand explained, "but now they have moved to campus."

The other reason that Greek Row would factor into the rise of intimidation assaults on campus is because of their physical location.

Drugmand also said alcohol is a factor in about 90 percent of intimidation cases.

Aggravated assault over the past five years has gone up by 0.4 per 1,000 people. In 1998, two offenses were reported, and one was cleared. In 2001, there were nine reports of sexual assaults, and two of them were cleared.

However, according to Drugmand, any crime regarding an MTSU student, even if it is committed off campus, is

See Assault, 2

Quad crack gets fixed



Photo by Chris Nichols | Photo Editor

The Quadrangle was damaged last fall after a vehicle ran over the outer ring. Repair on the broken stone will cost the university and students nothing since it was under warranty from Dow Smith construction company.

Warranty saves university money

By Leah Massey
Staff Writer

Repairing the damaged Quadrangle will cost MTSU and its students absolutely nothing.

According to Jay Wallace of Construction Administration, after extensive discussion with the Dow Smith, the general contractor that worked on the quadrangle project, it was decided that the damage to the courtyard was covered under warranty.

Consequently, the contractor has

agreed to fix the damage free of charge.

Wasco Incorporated is the company doing the masonry work to repair the damage.

"I have a great respect for them (the contractor)," Wallace said.

Construction of the Quadrangle was originally completed in the spring of 2002 and cost an estimated \$1.4 million.

The seal in the middle of the quadrangle was broken during the fall semester last year when a vehicle drove over it, according to Wallace.

At the beginning of the spring semester,

some students noticed that work to repair the damage had started. Now, the contractor is waiting for the stone that will replace the broken one to come in.

"It's a special order item," Wallace said.

The stone has to be cut to fit where the broken one lay and the words inscribed on it must perfectly match those placed around it.

Construction Administration hopes that the broken stone, which is also part of the quote, will be replaced within the next

See Crack, 2

Fairs give students leg up on future internships, careers

Mock interview process offered for experience

By Keosha Thomas
Staff Writer

A summer internship fair is only one of two fairs coming up that will provide undergraduate students the opportunity to seek internships and summer employment.

The internship fair will be held in the James Union Building Wednesday from 11 a.m. to 3 p.m.

The Nashville Area College Career Fair is set to take place at the Tennessee State Fairgrounds on Feb. 11, 2003, from 11 a.m. to 5 p.m.

This career fair is aimed at a consortium of area universities and held for juniors, seniors, graduate students and alumni. There will be more than 100 organizations and actual on-site interviews for positions. College students will have professional interviews and be expected to appear in business attire.

The companies and organizations involved in both fairs are providing an informative experience to the students. Some participants looking for students in the summer fair are the Boys Scouts of America, Girl Scouts of America, YMCA and Disney World.

The Career Fair will have a variety of jobs ranging by career interest with companies, such as PrimAmerica Financial Services, Tennessee Valley Authority and The Tennessean.

The numerous types of companies to fulfill internships and jobs in the major of choice are limitless.

Karyn Austin, head coordinator at the Career and Employment Center, is expecting this to be a success and encourages all students to come out to learn more about the fair.

Last year, the career fair had a turnout of about 100 MTSU students.

"There have already been 80 people to sign up through the e-recruiting program offered through our department, and I expect there to be more this year," Austin said. "This is a great opportunity to find out more about your career field and gain experience."

At a recent workshop, Austin and assistant coordinator Amy Whiticker, provided information on what it is necessary to get a job or internship in the workforce. The workshop explained all the career planning services students can expect

throughout the school year to master internships and jobs.

The Career and Employment Center's main objective is to aid MTSU students by taking them through the steps needed to develop the skills to help them excel in the workforce.

One of the programs offered is called a mock interview. In this program a student goes through the whole interview process with a graduate student while being videotaped. After the interview, the student can actually review how they looked in terms of facial expressions, tone and etiquette.

Then, students talk with the interviewer to get feedback on ways to they can improve their interview.

"This allows our students to improve themselves by being able to go back and critique themselves on the video. This has been very successful because it helps students to feel more relaxed and comfortable when interviewing," Whiticker said.

Free educational workshops are offered to help students prepare for the workforce. They have a library series of professional resume books that are free for students to learn more about their career paths or job outlooks.

An example, *Job Choices* magazine, shows job trends within various professions. They have a new computer lab, which serves as a resource laboratory to help students find information on jobs.

At a recent job search skills workshop, Austin gave some essential keys and steps to preparing for the upcoming internship and job fair.

Some things one should know before going to these job or internship fairs is to get a free ticket for the career fair at the Keathley University Center in the Career and Employment office and have a cover letter and resume, which should be functional, short and straight to the point.

Students should be prepared by having enough copies of their resume, being on time and having researched the company before the fair so they can be knowledgeable in the interview.

The main focus for students when going to these fairs are to come open-minded, prepared and feel comfortable with the opportunities available to ensure initial contacts.

For information on the internship and job fair, visit the Career and Employment Center at the KUC, Room 328, or contact Austin at 898-2500. ♦

Professor urges healthy living in new year

Perseverance key to better lifestyle

By Stacey Baggett
Contributor

The dawning of a new year, gives many the courage and opportunity to start over or change some aspects of their former life.

For many, that change may be a plan to be healthy which is often tossed aside soon after the beginning of the year.

Mark Anshel, an MTSU health, physical education, recreation and safety professor who recently appeared on NewsChannel 5Plus' *Morning Line*, said the failure to commit is caused by the individual having unrealistic goals in the exercise program of his or her choice.

Lack of time and patience results in people who don't renew health club memberships and quit exercising. Many people are also ignorant to proper training and eating habits or

just feel insecure in a gym environment.

On *Morning Line*, Anshel showcased proper nutrition with a good exercise program and highlighted "eating for higher energy" to increase metabolism.

"We need to seek advice on how to exercise properly, reading books on proper fitness," Anshel said. "Take an aerobics class through the HPERS department."

He said outlets such as these provide good structure and technique for exercise.

The MTSU Recreation Center is a good place to start one's exercising journey. The center is open seven days a week and is free for both students and faculty. They also give free weight room orientations for first time users and offer aerobics classes Monday through Friday at \$1 per class.

"Once you are in a routine,

"You will have a long life and be able to provide for your family."

— Mark Ashel
HPERS professor

there is a good chance of persistence," Anshel said. "Exercise should be a lifestyle."

He also stressed raising one's metabolism, which makes it more possible for the body to burn more calories at rest than someone with a low metabolism.

Exercising regularly combined with a healthy diet can extend your life and help to prevent life threatening diseases later in life.

"Benefits of this (healthy lifestyle) are for you and your family and the people who love you," Anshel said. "You will have

a long life and be able to provide for your family."

A recent health report stated that no matter what size you are, as long as you are active, you can live a long, healthy life. It also stated that someone who is overweight but still active is better off than someone who is thin and inactive.

Being "active" can include 20 to 30 minutes of brisk walking each day.

Some tips on proper exercise are to remember to stretch and warm up before exercising to avoid injuries and burnout. Don't push too hard too soon, experts say.

Also, drink plenty of water while exercising to avoid fatigue.

"Get out there and be active," Anshel said.

For more information on services offered by the Rec Center, call 898-2104, or visit the Web site at www.mtsu.edu/~camprec/. ♦

Assault: Stats forthcoming

Continued from 1

reported in the statistics.

"For example, if somebody was a MTSU student and committed a crime in Eagleville, by state law, we are required to include that in our statistics."

Although Drugmand said assault cannot be completely prevented, he still had advice on some things students could do to prevent assault.

"When you are going to your

car," Drugmand said, "it is always a good idea to have your keys. It can be used as a weapon to poke somebody's eye out, and personally, I don't think that would feel too good."

Crime statistics for 2002 have yet to come out.

They will be released in February but won't be official until the end of March or beginning of April, according to Drugmand. ♦

Crack: Cold prevents work

Continued from 1

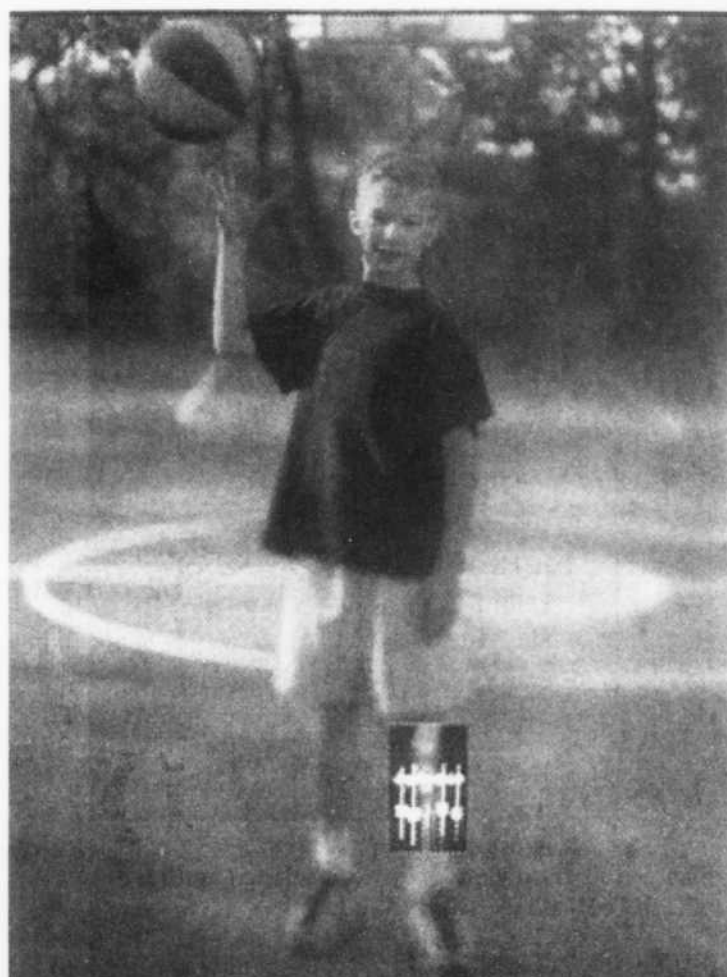
30 days, but if the weather continues to be extremely cold the extremely cold, the task may be delayed further.

Working in the cold temperatures is impossible, so the contractors will wait for warmer temperatures after the placement stone for the seal has arrived.

The quotations that were on

the broken seal will be recreated when it is fixed.

Two quotes were damaged when the seal broke. One, quoting George Washington Carver, read, "Education is the key to unlock the golden door of freedom." Another quote, by Abigail Adams, states, "Learning is not attained by chance, it must be sought for with ardor and attended to with diligence" ♦



WHEN HE WAS FOUR, CHAD COURTNEY LEARNED NOT TO PLAY UNDER THE RIDING MOWER. THE HARD WAY.

It took 14 hours to reattach Chad's left leg. And countless hours of rehab and therapy to strengthen and lengthen it back to basketball condition. Last year, there were some 70,000 lawnmower accidents in the U.S. For free information on injury prevention, contact the American Academy of Orthopaedic Surgeons.

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For Juniors, Seniors, Graduate
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Tuesday, February 11, 2003
11 a.m. - 5 p.m.

Tennessee State Fairgrounds
Nolensville Road, Nashville

Free tickets and rosters of employers are available in the MTSU Placement Center.
KUC 328 and BAS S123

Student Teachers who are unable to obtain their ticket on campus must present their MTSU ID at the Fair Entrance



**Nashville Area
College to Career Fair
For Juniors, Seniors, Graduate
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Tuesday, February 11, 2003
11 a.m. - 5 p.m.

Tennessee State Fairgrounds
Nolensville Road, Nashville

Free tickets and rosters of employers are available in the MTSU Career Center.
KUC 328 and BAS S123

From the Editorial Board

Rise in crime increases need for campus safety

Safety on campus is an issue close to the hearts of parents, students and administrators alike. Within the past few years, several stories regarding assault, phone harassment and other violence have graced the pages of *Sidelines*, as much to our dismay as our readers'.

This is no doubt a disappointment to our police officers and administration, who work around the clock to keep this campus safe. It's also alarming to the countless students who walk alone to their cars at night after the buses have stopped making their rounds.

Police Chief Jack Drugmand said the recent increase in crime could be indicative of a regional trend, meaning that these statistics are rising in our area of the country.

Such a trend is ironic. We're supposed to be more enlightened, mature people while we're shaping our identities in college, yet such occasional displays of violence and hatred permeate through the fabric of academia and soil it for us all.

The recent parking lot assaults and others that have happened on campus are unacceptable displays of violence that we must work to curb.

The average student can do several things to keep him- or herself out of the path of danger:

- Use the Raider Xpress to get to your car at night (it stops running at 10 p.m.)
- Call 898-2424 to request a Public Safety escort
- Travel with a friend or in a group
- Be alert and aware of your surroundings
- Avoid dark, vacant or deserted areas
- Walk with others to your vehicle whenever possible.

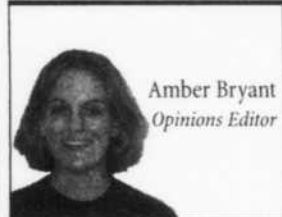
• If someone looks suspicious, don't go to your vehicle; contact Public Safety

- Park in well-lit, heavily populated areas
- Avoid parking next to occupied vehicles

If you sense you are in trouble or a threatening situation is imminent:

- Yell or make a commotion to get the attention of people who may be nearby
- Call Public Safety from a safe location
- Use Public Safety call boxes where available ♦

From the Opinions Editor 'Renegade' church has high hopes for minister



Amber Bryant
Opinions Editor

In the midst of hateful anti-gay sermons and numerous other protests over the Nashville City Council's proposal to provide equal protection for homosexuals, at least one church has the gall to stand up for religious equality.

Glendale Baptist Church in Green Hills, Tenn., exorcised itself of the discriminatory practices traditionally embraced by religious organizations by hiring an openly lesbian minister last May.

It took the Rev. April Baker, a Southeastern Baptist Seminary graduate, many years to accept her sexual orientation and believe God to have done the same.

Fortunately, Glendale followed suit and embraced her for what she is – a Christian devotee who happens to be a lesbian.

The rebellious congregation is currently serving as a member of the Southern Baptist Convention, a hyper-conservative assembly recognized for strictly adhering to old-fashioned ordinances – only

recently did the group revise its mission statement to allow women to serve as ministers.

However, Glendale officials believe that their association with the SBC may be severed soon. According to *The Tennessean*, "the church probably will be disaffiliated from the [SBC], which has taken similar action against about a dozen other churches since 1988 that acted to 'approve, affirm or endorse' homosexual behavior." Hmm ... I guess listening to the Indigo Girls while whipping up a batch of communion wafers is out.

Thank Jesus Herbert Walker Christ that the Glendale congregation hasn't swayed from its impressively progressive decision to accept Baker, with the exception of 12 members who left after her revelation.

Using the Bible to justify blatant discrimination only makes the SBC's actions that much more revolting.

Tolerance is a virtue, perhaps more so than meeting once a year in a \$1,000 suit to eat filet mignon and discuss how to better dispel basic human rights.

Baker and her reformist church serve as proof that open-mindedness yields blessed results. ♦

Ebay not to blame for Grace's actions



American Bacon
Patrick Chinnery
Staff Columnist

Sometimes, even the winner turns out to be a loser. This has never been more apparent than last week, when a man who won an auction on eBay filed suit against the Internet giant for refusing to remove his negative feedback.

Buyer Robert Grace, publisher of a Los Angeles legal newspaper and an attorney himself, maintains that eBay and seller Tim Neeley have committed libel against him. Neeley claims that Grace was "dishonest all the way" and "should be banned from eBay," according to the suit. Grace maintains

that the magazines he purchased were in a worse condition than they were advertised.

Grace is asking for \$2.5 million from eBay and \$100,000 from Neeley. This only serves to make the case more absurd. eBay has a disclaimer on its feedback site, warning posters that they are responsible for the posts they make and that the company is only a meeting place. To try and charge them with the responsibility of the actions of every buyer and seller on their site is ludicrous, not only because of the immense time and money it would cost to do so, but because it is also against the entire concept of the site. The only service eBay has ever claimed to offer is a marketplace for people's unwanted stuff. It has never purported to be a watchdog.

If Grace has a beef with Neeley, let them duke it out on their own. If the magazines were in such bad condition, charge him with false advertising as well as the libel and meet him in court. eBay does archive closed auction sites, so it would be easy enough to see how the magazines were portrayed.

Dishonesty by any user hurts eBay's credibility and ruins the fun and money-making for the rest of us.

Providing more evidence that Grace is a tool and out to ruin everything for the rest of us, he is also asking in the suit that eBay users be required to register their handles with the state of California as fictitious business names. This leads to the suit's demand that eBay be forced to collect state sales tax from all transactions.

This guy must have missed the Internet fun

boat. Cyberspace is no place for sales tax. It's also no place for governmental commercial interference.

There are two main reasons e-sales have flourished over the past few years. First, it's economically efficient and allows people to quickly shop around for the best deal. Second, most online stores charge no tax. To do so would be to shackle the last great free market system and add another layer of governmental interference. With this "Age of Terrorism," haven't we all had enough of government limiting our right to life, liberty and property?

On top of all that, eBay isn't the entity selling the goods. The same fact that should protect them from the libel charge also applies here. They do nothing but bring buyers and sellers together and charge a small fee for that service.

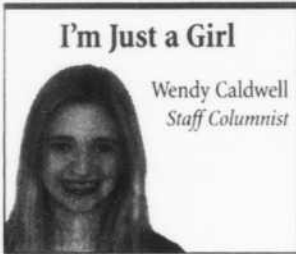
They have no inventory of goods, and they are not a store. No sales mean no sales tax.

The suit doesn't ask that the sales tax rule be limited to residents in California. A seller in Russia and a buyer in France would be affected if Grace's wonderful idea comes to pass. For that matter (and maybe this brings the point closer to home) buyers and sellers in Tennessee would be forced to pay their dollars to the state of California.

Hopefully, the California judge will recognize the implications of Grace's ridiculous claims and throw the suit out. To do anything else would ruin things for the rest of us. ♦

Patrick Chinnery is a senior political science major and can be reached via e-mail at pwc2c@mtsu.edu.

Snow no longer fun, more like root canal



I'm Just a Girl
Wendy Caldwell
Staff Columnist

I don't know about everybody else, but I've about had it with this snow.

Since when does Tennessee make national news because of snowfall? Where was all this treacherous weather when I was a kid?

In the past two weeks, we've had more snow accumulation than I can recall seeing in my entire high school career.

Growing up, I was lucky to have enough snow to make one snowball and a snow angel. However, thanks to that lovely winter storm (or whatever the news is calling it), I now have enough to construct a snow Orc army, which will come in very handy when I make my move to control

the ... never mind.

At some point between now and age three, snow lost its meaning, or, at least, its meaning has changed.

Before, snow meant fun. It was always certain to result in a day off from school, which generally meant my mother would stay home from work as well.

On the days when the roads were actually passable, sometimes I'd go to the mall or to see a movie. When the roads were icy, I'd enjoy a day at home. As a child I played in the snow and came in from the cold to hot chocolate. In high school, I sipped coffee and caught up on my sleep, spending the remainder of the day in an insanely hot bubble bath.

Now, in the midst of my college career, snow just means more stress. At the sight of the first flake, I immediately become concerned. Will I be able to get home for work? Or, as of late, if I'm already home,

will I be able to get back to school?

I've already faced that situation this semester – twice.

Unfortunately, I can't control the weather, and no matter how tempting it may be, trying to increase global warming with excessive use of aerosol sprays is also a bad idea.

It seems as though I'm out of options. It will keep snowing, and I will keep getting stranded either here or at home, all the while cursing the very weather I used to praise. But it's just snow, right?

I can only put my faith in my last hope: Groundhog Day is looming on the horizon.

Finally, my chances in a shorter winter lie in the eyes of a rodent. I hope he doesn't see his shadow this year – I can't take six more weeks of this. ♦

Wendy Caldwell is a sophomore math major and can be reached via e-mail at VISA717@aol.com.

Letter to the Editor

Phelps setting ungodly example

To the Editor:

I watched the news the other night, and there was one common theme on every station – Fred Phelps. As the new lead-in with "Pastor Protest Vote," I thought that it was nice that he would take the time to voice his concerns and stand up for the church.

However, once he began to speak, it was evident that Fred Phelps wasn't speaking for the church, nor was he preaching the truth. Fred Phelps was preaching a twisted interpretation of what he believes is the Word of God. He was presenting a God motivated by anger and waiting for any excuse to smite us. I can't speak for Rev. Phelps, but that's not the image of God that I have come to know. My God is loving, gracious, kind and merciful. I'm not arguing the fact that there are Biblical examples of times when God was moved to punish those who repeatedly mocked Him, but the very essence of God is love. Rev. Phelps seems to ignore that Jesus said that we should hate the sin but love the sinner. Stating that God sent the planes to the two towers on Sept. 11 is appalling, and the Baptist Church should revoke his credentials, if he is, in fact, ordained.

I just want everyone to realize that Fred Phelps does not represent the church. Yes, there were other church organizations protesting, but they weren't preaching hate. Their main concern is that the church shouldn't be forced to employ anyone who they don't feel is an appropriate candidate for a ministerial position. I'd have to disagree with your position that Biblical mandates aren't meant for secular society, but that's another issue.

Just be careful not to group the religious freaks with the normal people who are just standing up for what they believe.

Nathan Sanders

WHAT A SCHMUCK!!

Sidelines'
occasional
watch for
mutton-heads.



A battle is brewing in South Carolina. Not over a flag, or racial issues, or teacher's salaries, or healthcare. Something much more important – license plates. While it may not appear to be important at first, this time of tribulation aptly demonstrates just how ridiculous some elected officials can be.

In 2001, the South Carolina legislature approved a plate that had the inscription "Choose Life" written on it. Planned Parenthood and other organizations sued, claiming that the government was discriminating by promoting only one side of the abortion debate.

Last month, a U.S. District Court agreed, saying the plates were a violation of the First Amendment.

To rectify the situation, state Rep. John Graham Altman has proposed a bill that provides what he feels is a simple solution – authorize plates that proclaim, "Choose Death."

No, we're not joking. Just a stab in the dark, but we think Rep. Altman might be a little biased when it comes to the abortion debate. Just look at what he had to say to the Associated Press.

"My bill is simply a reaction to the abortionists," Altman said.

"They're pro-choice. Well, they've got a choice – whether to buy [the

tag] or not."

Oh, my. Looks like someone doesn't respect the beauty of healthy debate. Seems like he just wants to demonize the opposition. Why not have a plate that read, "Choose Choice." It's catchy – just look at that alliteration. Maybe that's just too obvious of a solution.

What's even scarier is this schmo has the support of the House Ways and Means Committee chairman, Rep. Bobby Harrell, who thinks it was just downright mean of Planned Parenthood to pick on the little bitty "Choose Life" plate.

"I think John is simply trying to make a point that all of these tags come from one point of view, and it's hypocritical to single out that one," Harrell said.

We disagree. Its one thing to sponsor a plate for public education, like Harrell did, and Tennessee has. It's another to take a side in one of the prickliest debates of the last and this century. ♦

Original story reported by the Associated Press, via the Minneapolis Star-Tribune.

**Ain't no party like a
West coast party 'cause a
West coast party don't stop.**

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*denotes member of editorial board

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Murfreesboro's melting pot

Emilea's Cabin offers unique fondue experience



Photo by Chris Nichols | Photo Editor

Emilea's Cabin, located at 427 River Rock Blvd., opened its doors six months ago and has been a success in Murfreesboro so far. Located in a rustic log cabin, the restaurant serves the richness of fondue while still maintaining its homespun charm and appeal. Emilea's Cabin opens at 11 a.m. Monday through Saturday and at 4 p.m. on Sundays.

By Meg Reed
Contributor

A breeze of brewing coffee and burning hazelnut candles flows out a door that opens into the foyer of a log cabin. In the center stands a glass pastry case filled with desserts and sweets. A sign reading "Coffee Break Dr" hangs over the back door, next to a license plate from Oregon.

The multiple dining rooms that shape Emilea's Cabin are filled with trinkets of all shapes and sizes. The shelves on the walls are lined with a variety of fondue pots, some old, some new. A pair of Mickey Mouse salt and pepper shakers and a few crystal wine glasses sit awkwardly in the same vicinity.

Pictures of Emilea, the inspiration for the logo and name of the establishment, don every menu.

The fondue restaurant, located at 427 River Rock Blvd., opened its doors about six months ago. Most college students, and the majority of Murfreesboro's population, might have trouble finding Emilea's Cabin in this location near Old Time Pottery. However, Emilea's Cabin is more than just a restaurant.

"We became friends with the owner of Emilea's drop-in daycare," says Bill Page, co-owner and founder of Emilea's Cabin.

The daycare, which is a second home to the Page's 2-year-old daughter, is located directly behind the cabin.

"It was going to be kind of a partnership with the owner of the daycare, but at the last minute our partner bailed out on us," Page continues.

Page, his wife Doty, and the owner of Noah's Ark daycare had discussed opening a sandwich shop in the cabin.

"I also wanted to have a drive-thru espresso window, so moms could pick up a cup of coffee without unbuckling all three kids and coming inside," Page says.

The couple decided to move forward with their plans to open a restaurant despite the loss of their partner.

Now that the restaurant has been open for almost six months, the Pages are learning the ups and downs of owning

their own restaurant.

"We have an espresso machine, minus the drive-thru window," Page says.

Regardless, their restaurant seems to be doing well.

"Everything we make is going back into the restaurant," Page says. "They say that the restaurant business is the hardest. I had a lot of dealings with selling electrical supply in Oregon. I met contractors that weren't even able to find their way home. I figured if they could do it, so could I."

Page had minimal experience working in the restaurant business, much less owning one. However, he was eager to take on the adventure.

"I did wash dishes at a restaurant for one night. They

said they would call me back, but I'm glad they didn't. I've never seen so many dishes in my life," Page says with a chuckle.

He did, however, have some previous cooking experience.

"I had to learn to cook out of self-defense," Page says.

The idea for the type of restaurant the Pages wanted to create came from Doty.

"My wife's a fan of fondue," Page says.

Emilea's Cabin offers plenty of it. Along with a variety of hot dips to choose from, other menu items include appetizers such as onion rings, stuffed mushrooms, pickle chips, wraps and sandwiches, homemade chicken and tuna salads, quiches, fruit medleys and a plethora of sweets and treats. The baker's

case at the entrance of the store offers just a taste of what awaits during dessert.

"Chocolate Heaven" is the final touch of the fondue experience at Emilea's Cabin.

"I thought the recipe was perfect about the 70th time, but customers wanted something better. I think they just wanted to try it 30 more times," Doty says.

According to her, the recipe that is now used for the fondue that puts the "chocolate" into "heaven" took 100 tries before people were pleased with the results.

Some people seem to be pleased with more than just the chocolate fondue.

See Emilea's Cabin, 5

Coffee boosts grades, not health

Study shows that caffeine is unhealthy and may cause sleeplessness

By Laura McGraw
The Lantern (Ohio State U.)

(U-WIRE) COLUMBUS, Ohio - Drinking coffee to extend late-night cramming may be a boost to anyone's grades, but it is definitely not beneficial to a person's health.

A study published in the January issue of *Pediatrics* showed caffeine intake may have an effect on the sleeping habits of teenage students, said Dr. Charles Pollak, a neurologist in the Ohio State University Medical Center's Division of Sleep Medicine.

The study started when a student named David Bright came to Pollak and asked him for suggestions for a research project in one of his honors classes. Pollak said he was interested in how teenagers' sleep patterns varied and if caffeine intake had an effect on their amount of sleep.

To Pollak's knowledge, this study has never been conducted

before.

The study was done in Upper Arlington, Ohio, in 1998 and involved 191 students ranging from seventh to ninth grade.

Students were given a questionnaire each day for two consecutive weeks asking them questions about their sleeping habits and how much caffeine was consumed.

"Our main objective was to see whether their consumption of caffeine affected their sleep," Pollak said.

The study showed teenagers are more likely to consume caffeine on certain days of the week, Pollak said.

Students will tend to delay their sleep on the weekends by going to bed later and waking up later. This may be because caffeine is more available during the weekends, Pollak said.

"When they go to school, they cut their sleep short, which causes them to become increasingly sleepy as the week goes on," Pollak said.

Pollak said soda machines are too available to teenagers, as they are located in schools.

"The main point that was not expected was that there was a strong correlation of caffeine intake with sleep. The days when they had more caffeine they slept less well," Pollak said.

Pollak said he looked for foods the participants may have eaten that contained caffeine.

He discovered the normal consumption of caffeine intake for a teenager is about 62.7 milligrams a day, or equivalent to one cup of strong coffee, Pollak said.

Jenny Mastro, 16, explained that sometimes she feels dependent on her caffeine intake from drinking soda.

"I normally drink about two cans of pop a day. It depends on how tired I am," Mastro said.

Mastro explained she would drink caffeine in order to stay awake to study for her classes.

"I used to drink a lot of it, but now I've been trying to get

off of it by drinking lots of water instead," Mastro said.

Although Pollak's study did not involve college students, he said the ideal form of caffeine for a college student is coffee.

Brandon Taylor, a freshman in business management, agreed with Pollak's statement.

"I always drink around four cups of coffee a day," Taylor said.

Taylor said he not only drinks coffee because he likes it, but also because he feels coffee relaxes him and helps him sleep better.

"I used to be on Ritalin when I was in the fifth grade. Ritalin is a stimulant, and so is coffee, so it helps me to calm down," Taylor said.

Pollak's study did not notice a difference in caffeine intake with different ages. He said other studies would be necessary to supplement his study and learn about age differences and other factors.

Pollak's study also did not



Photo by Shane Cullen | U-Wire

Another overworked, stressed-out student drinks her sixth cup of coffee as she tries to concentrate.

review caffeine's effect on the students' performance in the classroom. However, he said he suspected it would cause the student to lose focus, but there is no evidence of this.

"Caffeine is a substance or

drug that loses its effect as you continue to use it. It tends to be habit-forming," Pollak said.

"When you stop, you tend to get withdrawal effects like headaches." ♦

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SPORTS

6 ♦ SIDELINES

Monday, January 27, 2003

Murfreesboro, Tenn.

Blue Raider basketball earns mixed results over weekend

By Josh Beasley
Staff Writer

The Blue Raiders split a pair of Sun Belt Conference showdowns last week, wrapping up their toughest road trip of the season.

MT (8-11, 4-3 SBC) ventured into Las Cruces, N.M., Thursday night, knocking off the Aggies of New Mexico State in the Pan-American Center by dealing them their first home loss in 13 appearances, a streak that dated back to last season.

The win brought the Blue Raiders within one game of the Eastern Division leader Western Kentucky in the SBC race.

"Our team feels very good about

themselves, and it's certainly not a cocky or arrogant standpoint by any stretch of the imagination, but I do feel we can go play in the tough environments," head coach Kermit Davis said. "We showed a lot of character, and I can see that our team is a lot more confident."

Junior guard Tommy Gunn once again showed why he is a First Team All-Sun Belt candidate, showcasing an encore performance of his career-high against the University of

New Orleans.

Gunn was 7 of 19 from the field, knocking down 4 of 9 from three-point land while shooting 8 of 18 the charity stripe, finishing with 26 points. William Pippen finished with 14 points and a team high eight rebounds while battling second-half foul trouble to ensure the pivotal road win.

However, the victory was short lived.

UL-Lafayette (12-6, 4-1 SBC) increased its Cajundome winning

streak to 17 Saturday night after defeating the Blue Raiders 71-65. Coupled with a Denver loss to New Orleans, the Ragin' Cajuns moved into first place in the SBC West Division by one-half game.

Plagued by 27 turnovers that resulted in 30 UL-Lafayette points, the Blue Raiders were able to stay in due to clutch performances by Gunn and Pippen. Gunn, who posted his first-ever double-double with 18 points and 11 boards, was ineffective from the field, shooting 5 of 9, including 2 of 3 from behind the arc and knocking down 6 of 7 charity tosses.

Pippen chipped in with 18 points as well, grabbing four boards and three blocks.

Nevertheless, the Blue Raiders could not keep UL-Lafayette's big man Michael Southall in check, allowing him to shoot 10 of 16 inside the paint, posting a game-high and season-high 23 points. Brad Boyd, added 18 points knocking down 4 of 9 from behind the arc.

"We really hoped as hard as we can play," Davis said. You've got to give Lafayette a lot of credit because they are a very talented team that played really hard."

The Blue Raiders return home tomorrow night to play against Indiana University-Purdue University Fort Wayne. Tip-off for the game is at 7 p.m. ♦



Davis



Gunn

Cajuns get anger management



By Josh Beasley
Staff Writer

Despite a three-game skid, head coach Stephany Smith and her Lady Raiders got back on the winning track last weekend with a 61-41 victory over the Ragin' Cajuns of UL-Lafayette. The win vaulted the Lady Raiders back into the thick of the Sun Belt Conference race.

"I don't think that we lost confidence at all," guard Tiffany Fisher said. "We just needed to get every thing back on track, get everyone on the same page."

The Lady Raiders (10-9, 4-3 SBC) not only needed a win to stay alive but to serve as a confidence booster going into another tough week on the road.

"We took almost everything out of our arsenal and just got back to the basics, running our primary offense and man-to-man defensively," Smith said. "I thought it worked well for us tonight."

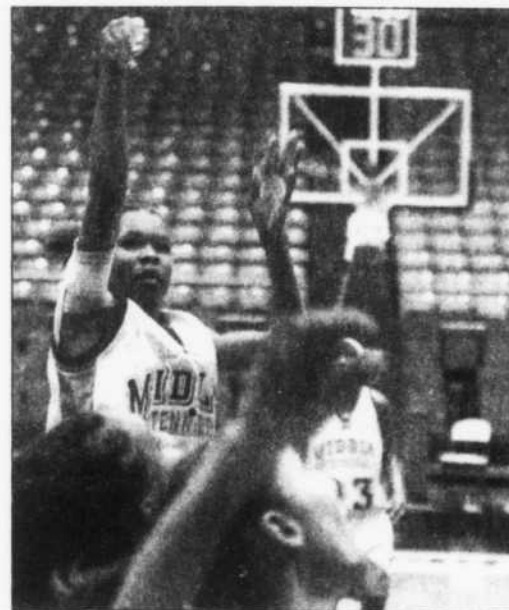
Despite their efforts, UL-Lafayette (3-13, 0-6 SBC) increased their losing streak to seven, staying winless in the SBC, eliminating any hopes for a shot at post-season play.

Meanwhile, the Lady Raiders stayed in the hunt with a key performance by Mia Parviainen, knocking down 5 of 8 from the field while shooting a scorching 75 percent from behind the arc. Patrice Holmes chipped in with 11 points and 4 assists while Tiffany Fisher came off the bench to add nine points and three assists.

"It felt good," Fisher said. "The best part is being there for my teammates and helping them pull out a great win."

The Lady Raider's defense clamped down on the opposition, forcing 22 turnovers that resulted in 27 MT points. UL-Lafayette was all but shut out in the first half, posting a season low 12 points while shooting a frosty 18 percent from the field.

See Cajuns, 8



Photos by Chris Nichols
Photo Editor

The Lady Raiders dominated the Ragin' Cajuns Saturday. Patrice Holmes, top, Keisha McClinic, above, and Tiffany Fisher, left, all had productive games. MT managed to force 22 turnovers in the game that resulted in 27 Lady Raider points.

New Mexico State earns 4-1 record with win over MT



Photo by Chris Nichols | Photo Editor

MT guard Patrice Holmes nailed 11 points in the game.

By Osby Martin
Staff Writer

The Lady Raiders (9-9, 3-3 SBC) dropped their third straight conference game with a 73-63 loss to New Mexico State (10-7, 4-1 SBC) last Thursday night.

The game started with NMSU jumping out to a 15-2 lead with a 13-0 run capped off by a Sinnamonn Garrett jumper. During the run, NMSU hit a trio of three-pointers. The Lady Raiders stopped the run with Mia Parviainen with 13:55 left in the half. A rebound put back by freshman Cartia Bailey pulled the Lady Raiders to within 10 at 17-7.

The Aggies led by as many as 16 points twice in the first half. The second time was on a basket by Orphee Cherizard making the score 33-17 with 6:56 left in the half. The Lady Raiders went on a 9-0 run over the next four minutes. Eboni Kirby began the run, and Tiffany Fisher provided some extra momentum off the bench by scoring five of the run's nine points.

The run brought the Lady Raiders to within seen points at 33-26. Garrett's 18th point of the first half gave the Aggies a nine-point lead. The Lady Raiders pulled to within three at 35-32 on a pair of Jennifer Justice jumpers. The Aggies led at the break 40-34.

New Mexico State was on fire in the first half shooting 57.1 percent from both the field and the three-point line. NMSU had eight first-half three-pointers.

The Lady Raiders shot 53.3 percent from the floor in the half.

Despite only getting two points from their leading scorer, guard Patrice Holmes, in the first half, they only trailed by six points.

"This was the first time that we [have] ever seen a box-in-one [defense]," Holmes said. "My teammates had to step up, and I think they did a good job towards the end of the first half by stepping up and scoring points."

In the second half, the teams swapped baskets for the first four and a half minutes before Nicole Black converted a three-point play to give NMSU a 10-

point lead, 53-43. A Justice basket cut the lead down to just six points with 12:18 to go. A pair of NMSU three-point bombs swelled the margin back to 12 at 61-49.

A three-point play by Justice, and a Kirby basket got the Lady Raiders to within seven with 9:50 remaining in the game. Back-to-back Holmes baskets had the Lady Raiders down by only five with just more than five minutes to play. The Lady Raiders would be within five points only once more with 2:45 remaining but they could get no closer. NMSU hit some late free throws and won the game 73-63.

NMSU finished the game shooting 50 percent from the floor and 40 percent from behind the arc, with 10 three-point bombs in the contest. The Lady Raiders cooled off in the second half, shooting only 41.5 percent from the field. They struggled from the three-point line with a dismal 17.6 percent for the game on 3-17 shooting.

"I think that every team we have played in the conference, with the exception of Arkansas-Little Rock, has shot over 50 percent against us, definitely the last three. All of that can't be great offense," said MT head coach Stephany Smith. "Somewhere it has to be that we are not doing a great job defensively."

Jennifer Justice led the Lady Raiders in scoring, matching a season-high 17 points (11 in the second half) followed by Mia Parviainen with a season-high 13 points and Patrice Holmes with 11.

Holmes also grabbed a career-high 12 boards, making it the second time this season that she has recorded a double-double.

Sinnamonn Garrett led NMSU with a game-high 28 points, followed by Mari Sanchez's 14. The duo also combined to hit eight three-pointers in the contest.

The loss was the first home conference loss of the season for the Lady Raiders.

It snapped a six-game winning streak at home dating back to last season. The last time the Lady Raiders lost at home in the conference was a 74-72 setback at the hands of North Texas on Jan. 19, 2002. ♦



NWA:TNA Wrestling Insider

By David Lawrence
Staff Columnist

This edition of Total Nonstop Action kicks off with a touching homage to the original Sheik who died Saturday. Also of note, TNA just signed a deal with Star World, and this particular edition is the first TNA show to be broadcast in Australia.

The first match of the show was a three-way tag match between Shark Boy, David Young and Jimmy Yang versus the SAT's and the Amazing Red. The match was great and highlighted everything that is right with TNA and the X-Division. After 11 minutes, Red pinned Yang for the victory.

After the match, Konnan rushed the ring with a kendo stick and beat everyone. A pointless bit, and with rumors of him signing with the World Wrestling Entertainment, it's a wonder why TNA still has him around.

Vince Russo and the combined forces of S.E.X. came out to induct a new member, Ashley Hudson. And if you don't know who that is ... then join the club. I haven't the slightest clue who this guy is. Also, due to his team winning last week, Russo ordered that all titles in TNA will be up for grabs tonight, with him deciding all matches. I felt the cold hand of lousy booking clamp down on my shoulder when he announced this.

But enough of that, it was time for Ashley Hudson's first match in TNA, and it was against Russo's favorite punching bag/Elvis impersonator, Jorge Estrada. To no one's surprise, Hudson won.

After that, A.J. Styles faces Larry Zbyszko. The crowd cheered everything Styles did in this match. The Living Legend got kicked out of the ring by

Styles, which earned the younger man a standing ovation. After a few more moves, which saw Larry getting the unadulterated hell beaten out of him, Styles pinned the old man to bring the mess to a close.

Next, Ron Killings and Jerry Lynn faced off against David Flair and Mike Sanders. Flair did next to nothing worthwhile in the match, leaving everybody else to pick up the slack. Flair did, however, pin Lynn after hitting him with the 'burlap sack of death'.

After that, "Rowdy" Roddy Piper showed up and embarrassed himself by doing a roll call of all the wrestlers who have died, such as Owen Hart and Kerry Von Erich. I guess the Sheik wasn't good enough. I was pleased to hear that the Rowdy One was joining TNA, but it's just getting sad now.

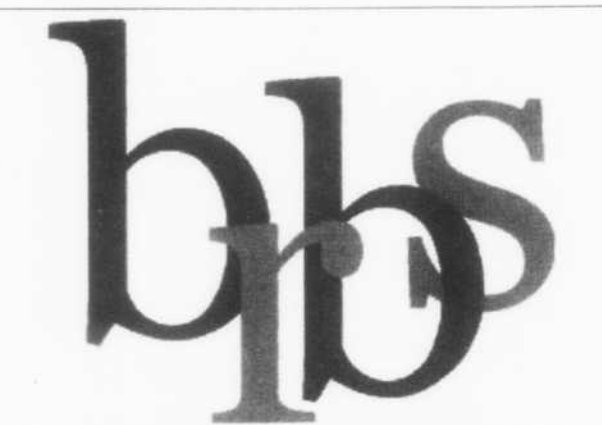
For the first title defense of the night, America's Most Wanted put their World Tag Team titles up for grabs against

Low Ki and Elix Skipper. After 16 unbelievable minutes, Skipper and Ki won the titles. Christopher Daniels had to cheat on their behalf of course. This was the best match so far, with the only downside being Daniels interference.

After that, it was a three way dance for the X-title. The champ Sonny Siaki, with Desire on his arm, fought Chris Vaughn and Athena. Sadly, there were no chants of 'Tastes Great - Less Filling,' nor did Athena lose any clothing. The match was more or less a complete joke, with Siaki ripping off some moves from Owen Hart before Kid Kash and Trinity showed up to save Vaughn and Athena from a post match beat-down.

Dusty Rhodes waddled out and tried to reform the Superpowers with his old partner Nikita Koloff. Rhodes gave Koloff a choice between joining

See **NWA TNA**, 8



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University of Louisville vanquishes tennis team

By David Hunter
Senior Staff Reporter

The 37th-ranked Middle Tennessee men's tennis team kicked off the new season with a 5-2 loss at the 46th ranked University of Louisville on Friday.

Head coach Dale Short had to start the season without No. 3 player Daniel Klemetz. Klemetz was still recovering from minor knee surgery he had in late November.

"It feels good to beat a team that is ranked ahead of us, and one that has shown no mercy in the recent past."

—Mark Beckham,
Louisville assistant coach

Louisville started the match with Cody Conley and Octavian Nicodim, who were ranked No. 22 in the ITA rankings, getting the first point for the Cardinals

with a 8-2 victory over MT's Michael Staniak and Rishan Kuruppu in the No. 1 match-up. UL picked up another point in doubles with Paulo Carvalho

and Jake Kirts winning 8-5 over Trevor Short and Brandon Allan in the No. 3 match-up.

The Blue Raiders were able to take home a win in the doubles when Kirk Jackson and Greg Pollack beat UL's Matt Mayer and Jakob Gustafson 8-3 in the No. 2 match-up.

On the singles side, UL's Conley won his second match, this time over MT's Short, 6-1, 6-2 at the No. 2; Louisville went up 2-0.

MT came back with ITA No.

92 ranked Jackson beating UL's Carvalho 7-5, 6-4 at No. 1 to cut the lead 2-1. UL's Mayer then beat MT's Anant Sitaram 6-2, 6-2 at the No. 4 match-up to put UL back up by two, 3-1. MT's Allan brought the match to 3-2 with a 6-4, 7-5 win over Johnny Berrido.

However, UL's Nicodim finished out the Cardinal victory beating MT's Pollack 7-5, 6-3 at No. 3. UL's Harry Walsh put on some insurance on the UL win with a 7-5, 6-3 victory over

MT's Kuruppu at the No. 5 match-up.

"This win was very exciting for us," Louisville assistant coach Mark Beckham said to the UL Web site. "This team has been beating us around for some time now. It feels good to beat a team that is ranked ahead of us, and one that has shown no mercy in the recent past."

The loss mark's the snap of MT's four consecutive wins streak over Louisville. They still lead the series 14-2. ♦

Cajuns: Team to travel to Carbondale, Il.

Continued from 6

"Not often do you hold a team to that low of scoring in any half," Smith said. "I thought we played really well defensively, especially in the first half. I think in the second half a lot of their offense came from put backs from second opportuni-

ties."

The Ragin' Cajuns swapped it up defensively, showing different looks running a zone and man-to-man. They were able to cut the lead to nine with 6:50 remaining in the second half but it was too little too late as the Lady Raider offense would prove too much, increasing the

lead to 16 with under 2:00 left to play.

UL-Lafayette was led by Sharee Glenn with 12 points, Anna Petrakova with 10 and Charlotte Green, who is now just 19 points shy of 1,000 in her career at UL-Lafayette, chipped in with 10. ♦



It is easier to be a sports writer than a football player...

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NWA TNA: Raven returns to the mat

Continued from 7

the future of the sport and joining the history of it. To answer, Koloff smacked Rhodes around and left. This angle progressed nicely, and I actually want to see what comes next.

Finally, the NWA World Heavyweight title was up in a four-way gauntlet match. The rules of the match were simple: To win it, all one has to do was get an opponent pinned, get them to submit, or toss them over the top rope. Champion Jeff Jarrett fought Christopher Daniels, Don 'Heavy D' Harris and B.G. James. Almost all of the work was done by Jarrett and Daniels, while Harris looked like he was about to suffer a massive coronary any second. James looked lost and decided to pick a fight with referee Scott Armstrong, who is James's brother in real life. Ten minutes after an amazing match, Jarrett pinned Daniels to retain his title.

But after the match, things got interest-

ing, dear readers. As Jarrett was being interviewed, a stranger ran in from the crowd, beat up Jarrett and stole the belt. Who was the man of mystery you ask? None other than former ECW champ, WWE Hardcore champ (and probably some other titles I can't remember right now)... Raven.

There are many words that I can use, but I doubt my lackluster command of the written language could properly do this scene justice. Raven, along with fellow ECW alumni Justin Credible, was released from his WWE contract earlier last week.

It warmed various parts of my heart to see him working again, and hopefully this time he'll be used to his full potential. WWE's loss is TNA's gain this time. This, combined with the S.E.X. angle, is quickly making TNA the best wrestling show around.

To see this show live, just head on down to the Tennessee State Fairgrounds in Nashville. General admission is \$10, while ringside seats are \$15. ♦

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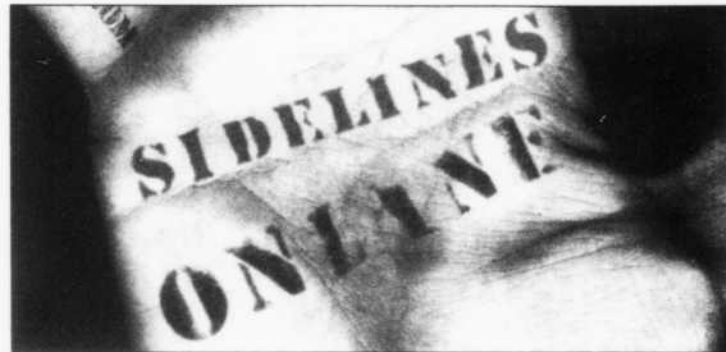
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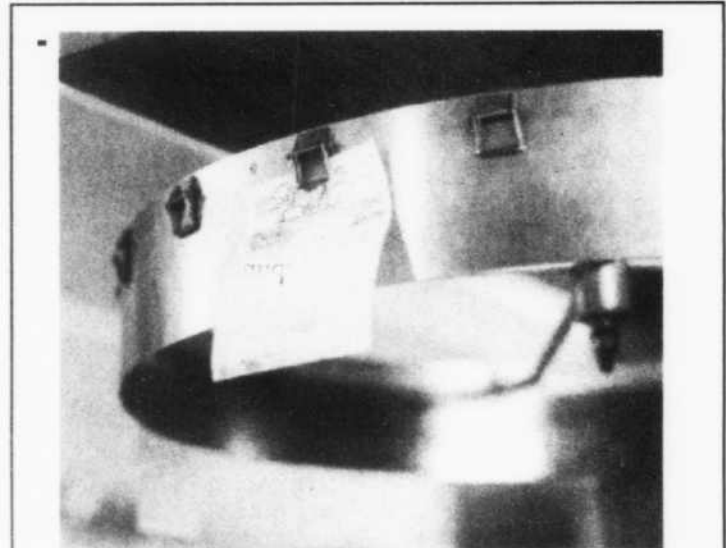
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