

# Middle Tennessee State University

# FLASH

VOLUME 1, ISSUE 13

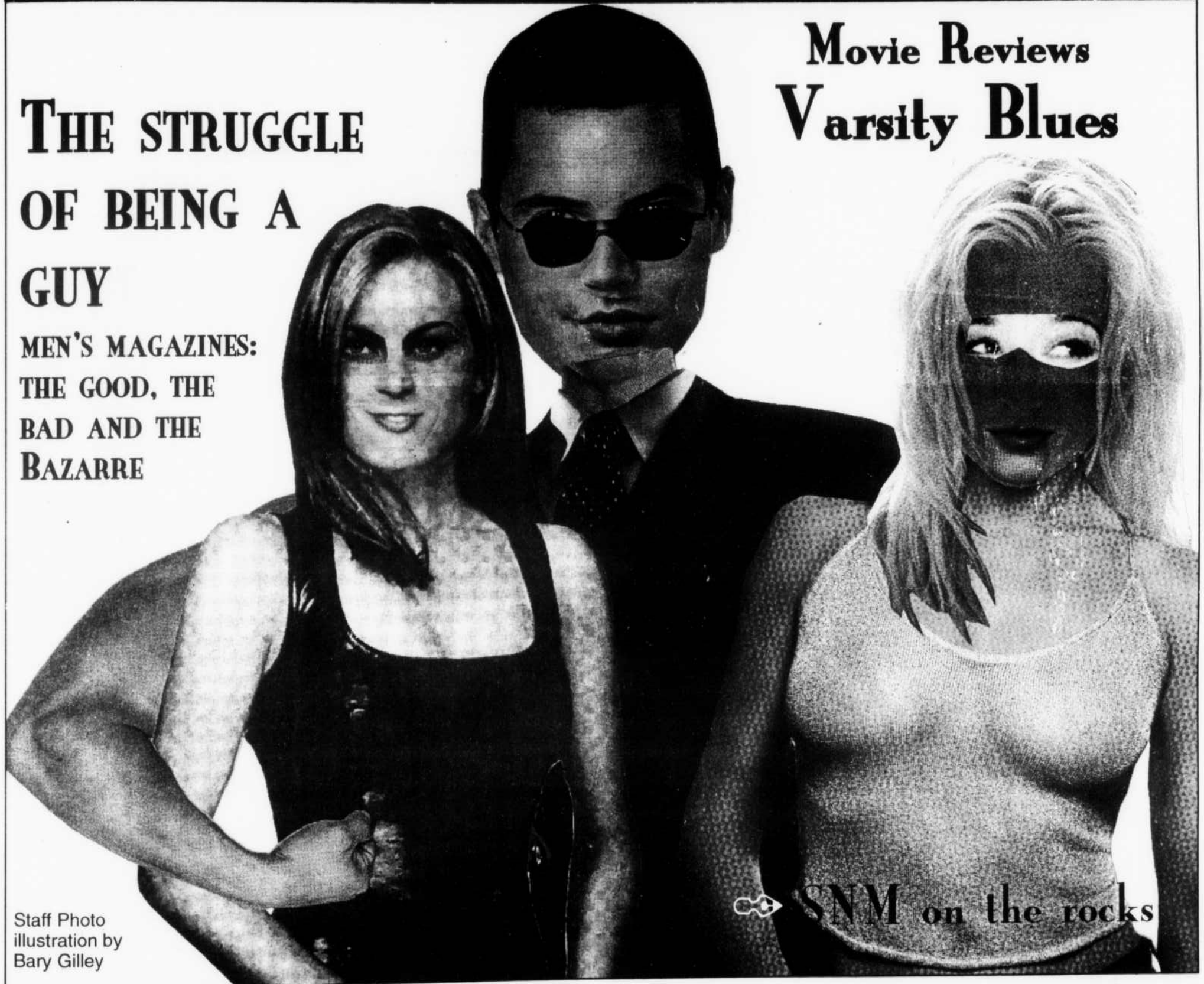
A SUPPLEMENT TO SIDELINES

Wednesday, January 27, 1999

## THE STRUGGLE OF BEING A GUY

**MEN'S MAGAZINES:  
THE GOOD, THE  
BAD AND THE  
BAZARRE**

## Movie Reviews Varsity Blues



Staff Photo  
illustration by  
Bary Gilley

SNM on the rocks

## SIDELINES

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### Quotes of the week

**"When people can program computers in English, management will learn that most people don't know English."**

**-Eric Guerrino**

If you have any stories you would like to see in a future issue of FLASH!, please call Barry at 898-2917. We'd love to hear about your thoughts and ideas.



# WAZZ

## WMOT-FM 89.5

### MIDDLE TENNESSEE STATE UNIVERSITY



## S.N.M. on the Rocks

Lamont Gholston  
Special to Flash

Welcome to another edition of "SNM On The Rocks." Last time, Puffy and Heavy D were found guilty in court, Coolio went to jail for a traffic ticket and some weed, and Lauryn Hill's husband was rescued from his burning car. Now, I know I promised some upbeat news this week but, unfortunately, some rappers are always getting in trouble with the law. This time Wu-Tang Clan members Old Dirty Bastard a.k.a. Osiris or Big Baby Jesus and Ghostface Killah find themselves in legal trouble in separate incidents. ODB was arrested along with the 60 Second Assassin after the pair was pulled over for a "traffic violation." Reportedly after they stepped out of the car, one of the rappers began to bust shots at the police. But new reports state that ODB didn't shoot at all. It appears that he was holding a cell phone when police pulled them over and approached the car with their guns out. The gun that ODB supposedly shot was never found. At least Old Dirty is innocent and truthful this time, especially after he was arrested in Virginia Beach for stealing some kicks at Foot Locker.

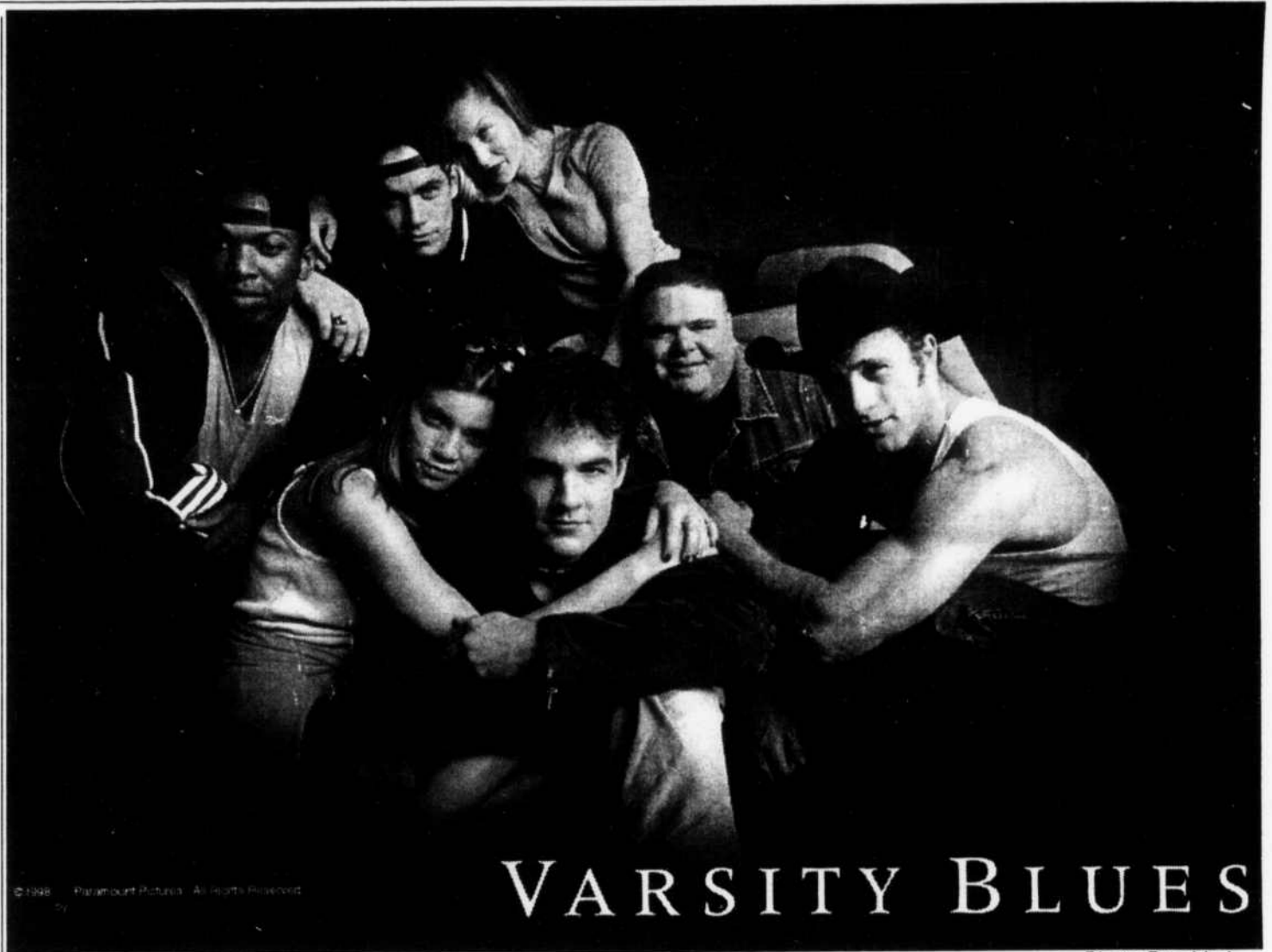
Meanwhile, Ghostface Killah will be facing 6 months in jail for an attempted robbery from way back in 1995. His jail sentence will start in February and he could be behind bars when his second album "Supreme Clientele" drops, scheduled for May 11. Ghostface plead guilty to these charges but is also in trouble from a 1997 weapons possession charge. This trial was put on hold until February 9.

On to more positive news...Master P has hopes of joining an NBA team now that the lockout is over. P has expressed interest in playing for the Dallas Mavericks. The Mavericks told MTV News that they had not planned on trying him out and that he was just working out with the team. P has professional basketball experience. He played less than 10 games for the CBA's Fort Wayne Fury. Will the man that makes 'em say ugghhh, make 'em say ahhhhhh? Stay tuned to SportsCenter to find out.

The crew that brought you the classic album "Enta Da Stage" is back! Buckshot, 5 ft. and Evil Dee, collectively known as Black Moon have started their own label, Duckdown Records, in conjunction with Priority Records. Priority bought the catalog and rights to the Black Moon name, which allowed the group to reunite. Differences with their label, Nervous Records, forced them to break up. Check for the reunion album "Warzone" to drop March 16, when we find out if they still got us open.

Also on the front of new music, be on the lookout for the Bob Marley tribute album "Black Survivors." Some of the artists that will cover the reggae legend's tunes include Lauryn Hill, Outkast, Guru, MC Lyte, Krayzie Bone, and Erykah Badu. This album should be blazing.

For more hip-hop news, music and culture, you can catch "SNM" every Monday, Wednesday and Friday from 4 to 6 p.m. on 88.3 WMTS.



## Varsity Blues is a crowd pleaser that tries to do too much

Aaron Tallent  
Flash writer

Sports movies usually have two different approaches they can use when using a storyline. They can give a gritty, realistic portrayal of a sport, seen in films like *The Program* and *Blue Chips*. They can also give a comedic portrayal of a sport, seen in films like *Major League*, *Slap Shot*, and *Necessary Roughness*.

*Varsity Blues* tries to do both approaches in the same film. It tells the story of a west Texas high school football team. Anyone who has ever read the book *Friday Night Lights* knows how crazy west Texans are about their high school football.

Dawson's Creek's James Van Der Beek plays Jonathan Moxon, the team's backup quarterback who is more concerned about his education than football. Moxon's main goal is to earn a scholarship to Brown University.

Moxon's teammates are the buddies he grew up with. Lance (Paul Walker) is the team's star quarterback with a commitment to Florida State. Billy Bob (Rone Lester) is the big lineman with a big heart. Wendell (Eliel Swinton) is the star running back. Tweeder (Scott Caan) is the team's wide receiver who loves to party. Scott Caan is also actor James Caan's son.

Jon Voight plays Coach Bud Kilmer. Kilmer is one of the most successful high school coaches in Texas history, with two

state championships and twenty-two district titles.

Kilmer is also sadistic, selfish, and a racist. If players are not feeling well or nursing an injury, Kilmer shoots them up with pain killers and sends them back in the game. Kilmer also keeps Wendell from scoring touchdowns and improving his statistics because he is black.

The story centers around Moxon and his buddies senior year. Moxon is content with sitting on the bench. When Lance goes down with injury, it is up to Moxon to lead the team. Moxon does a good job while trying to keep Kilmer off his back.

Moxon is also becoming a local stud since he is now the team's star quarterback. Even Lance's girlfriend, Darcy (Ali Larter), tries to seduce Moxon. This causes problems with Moxon's girlfriend, Julie (Amy Smart).

Arguments, tension, lots of partying, and dramatic moments will come and go as the team goes comes to a climatic game at the end of the film.

Being a former high school football player, I did not feel that the portrayal of the players insulted my intelligence even though some of it was exaggerated. The camaraderie among players that I remember is present in the film, however, there is also a scene where a player drives up with a car full of naked girls. Unfortunately, I do not remember that happening to me in high school.

Even though it is a fun and crowd-

pleasing film, *Varsity Blues* main problem comes in the fact that it tries to do too much. It tries to show us the harshness of winning high school football at all costs while trying to add scenes that make us think of Porky's.

If they had decided to pick one approach and go with it, the film would have been much tighter. The film suffers from trying to do too much in several ways.

Kilmer is so mean that we wonder who would have let him coach for thirty years. His ignoring of players injuries, which include severe concussions and knee problems, makes him look moronic at times instead of concerned about winning. He does not give a player the rest he needs to get over an obvious concussion and then wonders why he is not playing well. A multi-dimensional Kilmer with good and bad qualities would have made the film more believable.

While we have the psychotic Kilmer on one hand, we have a funny subplot about Miss Davis (Tonie Perensky), a teacher who has an interesting second job. Those two elements do not mix well in the film.

The film does have its good points as well. It is never boring and the players are very likable. Van Der Beek also makes an impressive film debut. Even though *Varsity Blues* could have used a tighter storyline, it is an enjoyable film that tries to please everyone.

STARS (out of four) \*\*1/2

# The media's influence isn't restricted to one sex.

Barry Gilley  
Flash Editor

I can see it now. Piles of hate male. Each letter echoing the same theme. "You're trying to compare a few issues of Men's Healthy Journal to centuries of being treated as chattel." That's not my intention.

Women have historically had things worse than men in pretty much every way possible and still have a way to go in terms of being treated equally. But despite the fact that you probably won't see a female sex symbol as gray-haired or wrinkled as Harrison Ford or Sean Connery in my lifetime, men are rapidly catching up to women in terms of how the media sculpts our self image.

I never thought I'd see the day when men would be more concerned with their own chest size than that of the women they date, but I think we're there. I'm all for staying in shape but if your pecs are giving you roughly the same proportions as Dolly Parton, it's time to cut back on the protein shakes or work on something else.

I'm 24 years old. That's not exactly ancient, but I can tell that I'm not 20 anymore. As I get up each morning with a little more of my father's grunt coming out of me, I find myself becoming more and more concerned with being genuinely healthy and less worried about image.

Lately, I find myself just as concerned with getting more flexible and increasing the distance I can run as I am with "getting ripped." Putting on muscle isn't out of the question, but first I need to have a hobby like mountain climbing or power lifting so I can actually use it for something.

So if the recent rise in men's magazines is just an offshoot of the nation's desire to be fit and in good overall health, why do I have to wade through 10 articles on how to get killer biceps or abs before finding something remotely different? Pick up a men's fitness magazine and you pretty much have them all.

The primary articles are on making three or four muscle groups out of proportion with the rest of the body. The rest is concerned with advice on how to dress and groom yourself so you look like the GQ man. Thrown in for good measure is at least one article on "how to have more sex than any mortal man deserves." Of course, that's assuming you would have any time or energy left over from all that bench pressing and primping.

That's just the mags focused on fitness. Some of the other men's publications read like Redbook on testosterone.

I guess that's why reading the following article struck such a resonant chord with me. It hits on the fact that both men and women seem to be more judgemental of ourselves than we ever could be of each other and certain aspects of the media are all too glad to feed off that insecurity if they can make a buck at it.

"...LIKE REDBOOK ON TESTOSTERONE."

7 SMOKIN' SEX SECRETS

Get back in shape--30 day  
guarantee

Loose your gut

BEST HOME REMEDIES FOR MEN

Look thinner in one week

Put more X in your sex

Add an inch to your arms

Muscle up by March

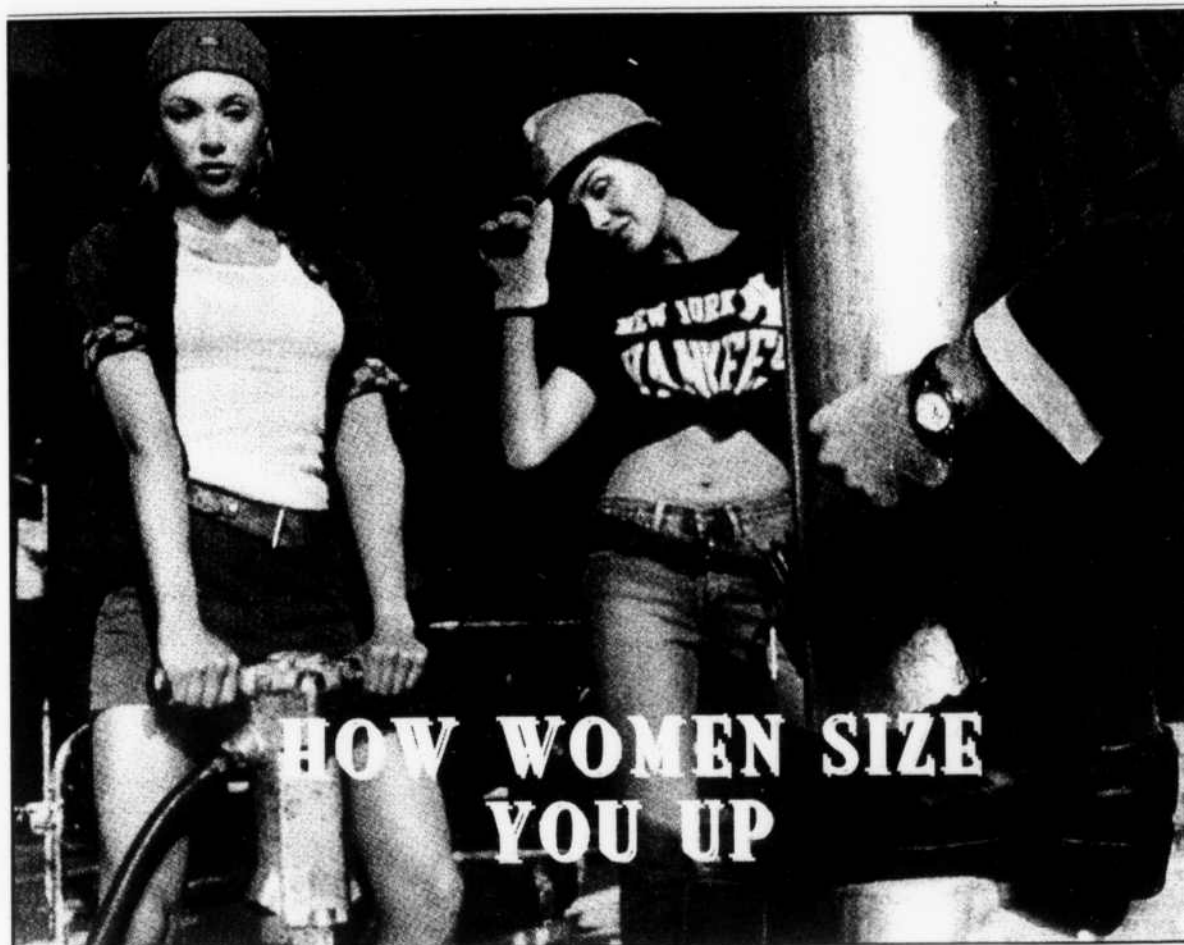
The best kept sex secrets

LESSON FROM WOMEN WHO HAVE WOMEN

HOW TO GET RICH- REALLY RICH

Tastefully greedy- High-Tech Gear +  
High-style





## The struggle of being a guy

Ashley Bach  
University of Oregon

The image of an ideal '90s man ranges from feminine to fiendish, but most men lie somewhere hopelessly in-between.

A friend of mine likes to talk about all the women he's slept with, about all the hearts he's broken and about how he really doesn't care about those things very much at all.

He's a poster boy for men behaving badly, and that's the way he likes it — no smiling in photos, no commitments, no confessions. He's a brick wall of masculine energy. But like so many men, he's really a big sissy.

Fashion is a priority, bottles of cologne fill the bathroom, and it takes him 30 minutes to "sculpt" his hair on a quick day. For a guy who cares about so little, he seems to put a lot of stock in what people, especially women, think of him.

Sadly, he is a model to live by for most of his species. We men like to play up our independence and love for sports and hanging with the guys, but deep down we're more emotional, conscientious and insecure than we care to admit.

Don't agree? Then witness the rise of the men's magazine. Not so much Playboy or Penthouse, but new kids on the block such as Details, Maxim and Gear. Hidden behind those photos of beautiful, buxom women are articles containing tips on everything from "how to make her scream your name in bed" to "picking the perfect suit for that big interview."

The mags reinforce men's perception that they're all young, hip and handsome, while at the same time calming their fears that they're not attractive, not masters of the bedroom and not chiefs of the "wardrobe." The magazines present a paradox because they know that's how men are.

Many men - my friend for starters - would dispute all of this, of course. They'd say that a lot of guys are secure in themselves and that they certainly have no

need for petty reassurances at the newsstand. I won't try to pin down the demons of a 40-year-old married father, but in the realm of 20- and 30-somethings, it's a sure bet that insecurity reigns supreme.

To make matters worse, many men don't understand what they feel, or why they do the things they do. Ask any of the former sports heroes pumping iron in your local gym why they do that every day, and most won't be able to give an answer any more solid than "To get huge?"

In the end, they may be there to impress women or fulfill some diluted image of what a man needs to look like, but articulating that fact, probably because it's so baffling, usually proves difficult.

The mass media spew images which affect men just as profoundly as women. Guys' collective fears and obsessions also come as much from external sources as they do from within. American males are torn between a society that values symbols of harsh masculinity, such as the Rat Pack, but also pushes them to constantly redefine their role in a post-feminism world.

Fortunately for men, they aren't the only ones who can't figure out exactly what constitutes "a real man." Even the most die-hard feminists shudder at the thought of a bunch of spineless, ultra-sensitive she-men walking around.

All of this puts men, especially us young guys, in a bit of a quandary. We'd no doubt help ourselves a lot by just being ourselves, and responding to concerns from the fairer sex as they come up. But I'm not going to pretend that doing so is easy.

For all the women out there at a loss for words about our many deficiencies, I urge a bit of understanding. Sure, we're guilty of creating a lot of our own problems, often comically so. But we also have the hardy task of living among confusion, where masculinity is a valued commodity, but often measured only in doses.

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# Horoscopes

By Linda C. Black  
Tribune Media Services

**Aries (March 21-April 19).** There could be a clash Monday between what you want to do and what you can afford, but take heart. Looks like your fortune is on the increase. Slow down and calculate the possible consequences before acting. That may be a new concept for you, but it's a good skill to learn.

**Taurus (April 20-May 20).** You're liable to clash with a strongly opinionated friend on Monday. You're never going to find out what is going on if you pretend you know it all. You're pulled in two directions over the weekend. You want to stay home, but you also want to comply with a respected person's request.

**Gemini (May 21-June 21).** If you've got any sort of business you need to do with someone who's far away, be careful. Tuesday and Wednesday you're strong, decisive and good looking. Be inquisitive as well, so you make sure you get all the facts. Thursday and Friday are good days for business. The money may finally come in then.

**Cancer (June 22-July 22).** You're always fascinated by business, today more than ever. Stay tuned in to private advisors on Tuesday and Wednesday for valuable late-breaking news. From Thursday through Saturday, your own intuition is excellent. Trust it over whatever you read or hear.

**Leo (July 23-Aug. 22).** You could run into a few complications on Monday, but guess what? You don't have to handle them. You could delegate this whole mess to somebody else. Your luck improves Tuesday, and by Wednesday you should be feeling pretty good. Your attitude will be in much better shape, too, since more things are going your way.

**Virgo (Aug. 23-Sept. 22).** There's bound to be a controversy at work on Monday, and you're the person most likely to figure out what's wrong. Don't be afraid to speak up. You could save the day. Complications Tuesday and Wednesday force you to learn quickly. Luckily, you can.

**Libra (Sept. 23-Oct. 23).** Something that happens on Monday could dampen your spirits. Looks like you've got a plan, but you can't see how it could work. Tuesday and Wednesday, new developments open new doors. Something you'd just about given up on could look doable again. Thursday and Friday are good for career advancements.

**Scorpio (Oct. 24-Nov. 21).** If your money is being spent, make sure you're involved in the decision-making process. Your odds of winning are much higher on Thursday and Friday, especially in a romantic situation. There's another hassle going on this weekend, but you're slightly out of the loop. Save your energy for something more interesting.

**Sagittarius (Nov. 22-Dec. 21).** The kind of work you most likely have to do on Monday could be described as drudgery. Tuesday and Wednesday, the competition is fierce, but you've got a surprise or two up your sleeve. Even you don't know what it is yet. Thursday and Friday, the money is available if you can find it. Research will be required.

**Capricorn (Dec. 22-Jan. 19).** On Monday, a gamble that looks like a good deal could backfire on you. Tuesday and Wednesday, the answer is in the fine print, so don't skip over it. Saturday and Sunday, take care of your money and you might just stretch it so you can have everything you want. Of course, that might mean modifying what you want.

**Aquarius (Jan. 20-Feb. 18).** The wisest voice you hear could be one that's advising you to slow down, and not think you know all the answers quite yet. Just keep listening and you should do fine. Your love life looks good on Tuesday and Wednesday, and you should win at games those days too.

**Pisces (Feb. 19-March 20).** You may feel like you're under pressure to perform on Monday. Don't worry. You'll do a fine job if you settle down and concentrate. You may feel outnumbered again Tuesday and Wednesday, but that's a temporary condition. By Thursday, you'll notice yourself getting stronger in a way that's hard to describe.

## Soap Beat

Soaprah  
College Press Exchange

**ALL MY CHILDREN** - Adam wants to do this double wedding thing where he and Liza tie the knot with Marian and Stewart. Liza thinks he's popped a cork or something. She doesn't even remember agreeing to marry him but he just knows it will be soon! Dixie gets disturbing news about her medical condition. Dixie makes a parting video for Junior that was a tear-jerker. Frank comes to see Opal and Palmer sees them hugging. Tad heads off to find Adrian.

**ANOTHER WORLD** - Cass wants Sofia's help in getting Matt out of that loveless marriage of his. Matt gets physically closer to Lila. He is kissing her and she just about recoils and wants to know, why now? He tells her he sent a note to Sofia stating they could never be together. They then go back to that lip lock thing he tried to get going. Suddenly, Lila opens her eyes and sees Cass instead of Matt. She slaps Matt across the face. He is clueless, but she just wants Cass! Tyrone removes Marley from jail believing she needs medical help, but she escapes and visits Vicky to ask for forgiveness.

**AS THE WORLD TURNS** - Eddie starts his new job as a bouncer at the club and Ben's there trying to find some way to help Denise the stripper. Georgia enters the club's talent contest, and Eddie ushers her off the stage. Gary begins muscling Georgia around and Denise comes to her aid. Jack attempts to get custody of Parker through an emergency custody meeting where the judge is an old pal. Brad gets wind of this and Jack helps Carly secure a new judge and custody. Julia grows concerned over the bond Jack has with Parker since he delivered him.

**THE BOLD & THE BEAUTIFUL** - Kimberly sobs this week to Myles because she is so crushed that she couldn't save Rick from marrying Amber. She was so sure she could make a difference! Myles claims he's going to get them out of town. Macy talks Myles out of bailing on Sally again due to her emotional state of mind. Taylor wants to have another child if Ridge does, and he says he will definitely go along with that idea. Pierce doesn't like this one at all. Brooke tells Stephanie she will always love Ridge.

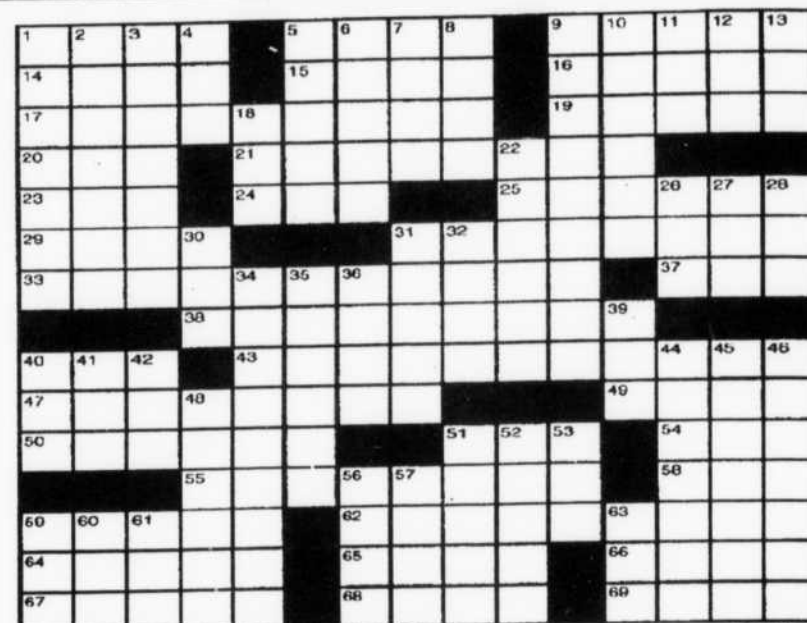
**DAYS OF OUR LIVES** - The Brady's all wait at the pub to hear about the verdict. Sami tries to get Lucas to meet her and he is agreeable but Kate comes in and hears and takes

## ACROSS

- 1 Stinging insect
- 5 Orlop or poop, e.g.
- 9 Goes underground
- 14 \_\_\_ mater
- 15 Brainchild
- 16 Pontificate
- 17 With a grin
- 19 Inasmuch as
- 20 I've \_\_\_ it!
- 21 Returns the incumbent
- 23 Children's game
- 24 Put two and two together
- 25 Say again and again
- 29 Shoshones
- 31 Armband
- 33 Bicycle perches
- 37 Dr. Leary's drug
- 38 Licensed inventors
- 40 Spelling contest
- 43 Audiences of magazines
- 47 Logos
- 49 Son of Isaac
- 50 River horses
- 51 Greek cross
- 54 Javelin's path
- 55 Some speakers
- 58 Disney dwarf
- 59 Eisenhower's wife
- 62 Star part
- 64 Song medleys
- 65 African plant
- 66 Hematite and galena, e.g.
- 67 Signified
- 68 Microscope element
- 69 Fathers

## DOWN

- 1 Old-time laundry device
- 2 City in Kazakhstan
- 3 Dash
- 4 "\_\_\_ Joey"
- 5 Supped
- 6 Bordered
- 7 Monk's room
- 8 Actor Danny
- 9 Female emcees



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1/30/99

- 10 Garden blooms
- 11 Tribe of Israel
- 12 More indicator, briefly
- 13 Behold
- 18 Nest-egg \$
- 22 Impact depression
- 26 30th president, for short
- 27 "Another 48 \_\_\_"
- 28 Quirky
- 30 Sucker
- 31 Deflects
- 32 Appraise
- 34 Smallest of margins
- 35 Relaxed
- 36 Actress Young
- 39 That woman
- 40 Scoffer's comment
- 41 Inventor Whitney
- 42 Psychic letters
- 44 Title role for Vanessa
- 45 Released



- |                      |                   |
|----------------------|-------------------|
| conditionally        | 53 Operate        |
| 46 Prosperity        | 56 & others       |
| 48 Choice            | 57 Scrabble piece |
| 51 Grand ___         | 59 "Mr. ___"      |
| National Park        | 60 Bottle of brew |
| 52 Van Gogh location | 61 Actress Farrow |
|                      | 63 Gangster's gun |

the phone away from him and tells Sami he won't be meeting her. Sami then spends quality time with Will. Austin overhears Craig talking with Nancy and gets him to tell him the verdict. Austin goes to see Lucas. He tries to get Lucas to confess but Lucas stands by his claims that he has told the police everything he knows about that night.

**THE GUIDING LIGHT** - Mrs. Santos decorates the bridal suite with candles and flowers for Danny and Michelle. Michelle is stunned but suddenly realizes Danny is actually in love with her. Harley clings onto Susan's backpack and tells Phillip she is going to mail it to her. She begins lamenting that she doesn't have the right to bring another child into the world because she's just a lousy mother. Phillip tells her not to talk like that. She thinks she should go to St. Louis and return the backpack but Phillip won't let her go there.

**GENERAL HOSPITAL** - Emily finds Nikolas in bed with Katherine. AJ tells Robin that by protecting Jason and Carly's secret about Michael's true paternity, she is no better than Tony. AJ visits Carly and tells her he knows Michael is his son. Carly denies this big time and tells AJ Robin is going after her. She tells him to go ahead and have a DNA test. In the meantime, Robin visits with Jason and tells him she told AJ the truth. Jason is furious.

**ONE LIFE TO LIVE** - Chris and Roseanne set up their living arrangements. Jessica shows and appears slightly shocked that Roseanne has moved in with Chris. Ahh, but then we are introduced to the new, more mature Jessica who can suddenly handle such things without letting jealousy consume her. Renee tries to calm Nora down back at her place but Nora just wants to find Bo. Asa burst in-in true cowboy style and tells Nora the ship is thinking and he's getting off. Bo visits Sam and demands to know if he loves Nora.

**THE YOUNG & THE RESTLESS** - Victor is trying to find Christine when Nick shows. Nick wants to tell Victor something. He offered Grace a promotion and transfer to LA but she wouldn't bite. Victor thinks Nick is brainless to have done that. He says his son should be more aggressive with repairing his marriage and watch out for Grace. John and Michael try to come up with joint custody living arrangements for these two by building two separate estates or by allotting them each six-months out of the year to live in the house. Jill and Katherine won't go for that.



# Have an idea for a story or column you'd like to see in Sidelines?

Stop by the Sidelines office  
at the JUB 308B  
or call us at  
Features/Flash 898-2917  
News 898-2336  
Sports 898-2816

## Club List

**BAR NASHVILLE**  
114 2nd Ave. South  
Nashville 248-4011

**BIG RIVER GRILLE**  
111 Broadway  
Nashville 251-4677

**BLUEBIRD CAFE**  
4104 Hillsboro Rd.  
Nashville 383-1461

**BONGO JAVA**  
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Nashville 385-0575

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Nashville 24-BLUES

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Franklin 794-4777

**BUNGANUT PIG**  
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Nashville 329-0024

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Nashville 383-1229  
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Nashville 321-4400

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Nashville 251-3545

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Nashville 251-7107  
**LEGENDS CORNER**

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Nashville 248-6334

**MAIN STREET**  
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Nashville 862-6395

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Hermitage 872-0013

**MUSIC CITY MIX FACTORY**  
300 2nd Ave. S.  
Nashville 251-8899

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501 Broadway  
Nashville 770-2000

**PHANTOM 309 BAR &  
GRILL**  
1508 Hwy 96 N.  
Fairview 799-2437

**PLANET HOLLYWOOD**  
322 Broadway  
Nashville 313-7827

**PLAYOFF'S**  
2275 Murfreesboro Pk.  
Antioch 360-7380

**PLAYERS DRAFT HOUSE**  
5434 Bell Forge Lane East  
Nashville 717-3020

**RADIO CAFE**  
1313 Woodland St.  
Nashville 262-1766

**RYMAN AUDITORIUM**  
116 5th Ave. N.  
Nashville 889-6611

**2ND & GOAL**  
128 2nd Ave. N.  
Nashville 244-5340

**SOUL SATISFACTION**  
328 4th Ave. S.  
Nashville 259-3288

**STARWOOD  
AMPHITHEATER**  
3839 Murfreesboro Rd.  
Antioch 641-5800

**STATION INN**  
402 12th Ave. S.  
Nashville 255-3307

**3RD & LINDSLEY**  
818 3rd Ave. S.  
Nashville 259-9891

**328 PERFORMANCE HALL**  
328 4th Ave. S.  
Nashville 259-3288

**TEXAS TROUBADOUR**  
2416 Music Valley Dr.  
Nashville 885-0028

**TOOTSIE'S ORCHID LOUNGE**  
422 Broadway  
Nashville 726-0463

**TPAC**  
505 Deaderick St.  
Nashville 782-4000

**12TH & PORTER**  
114 12th Ave. N.  
Nashville 254-7236

**VERIGO DANCE CLUB**  
2146 Thompson Ln.  
Murfreesboro 893-3999

**WILDHORSE SALOON**  
120 2nd Ave. N.  
Nashville 251-1000

**ZANIES**  
2025 8th Ave. S.  
Nashville 269-0221

## Upcoming Shows

**328 PERFORMANCE HALL**  
328 4th Avenue South  
Nashville, 615 259-3288

**SEMISONIC**  
with special guests Remy Zero  
8pm Thursday Feb. 4  
Tickets \$10 adv. \$13 day of show.

**KENNY WAYNE SHEPHERD**  
special guest Brian Lee Band...  
and Mark Shelby Band.  
8pm Thursday February 11.  
Tickets \$10 adv \$13 day of show.

**SONIA DADA**  
8pm Saturday February 13.  
Tickets \$10 adv. \$13 day of show

# SIDELINES

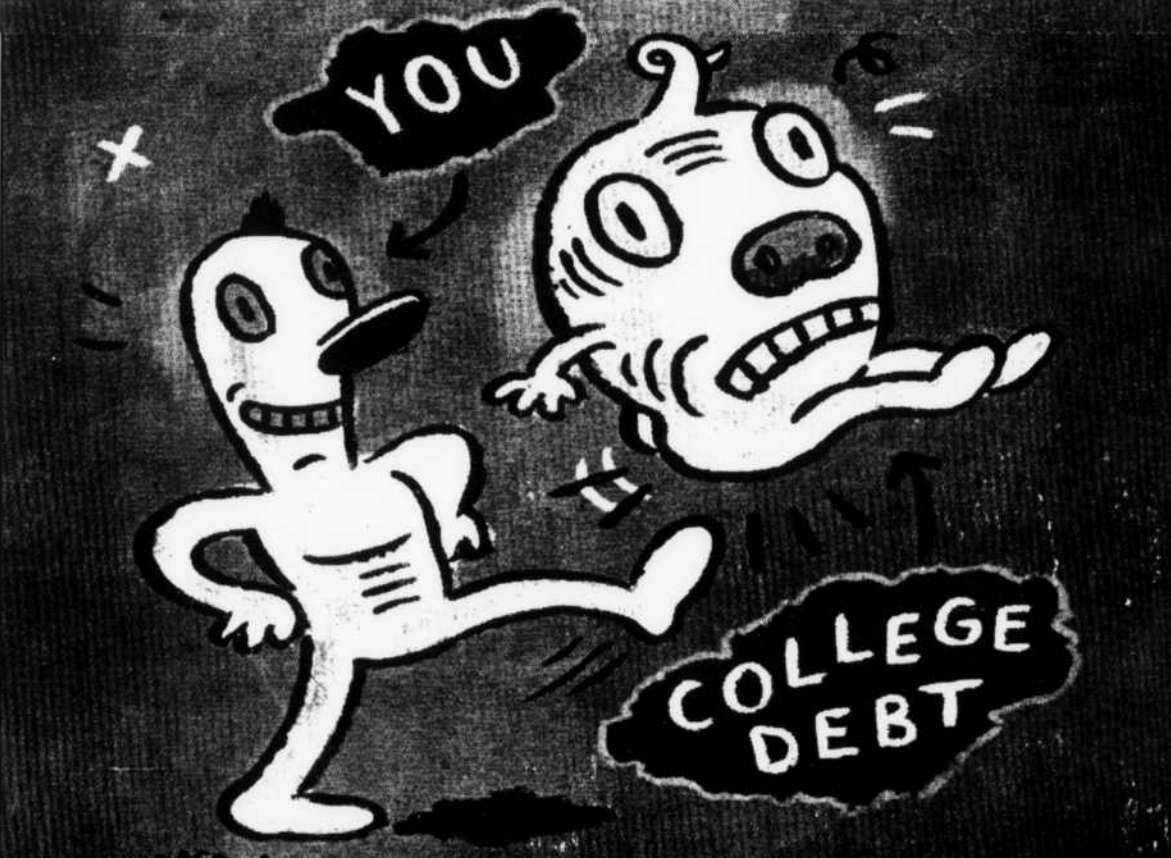
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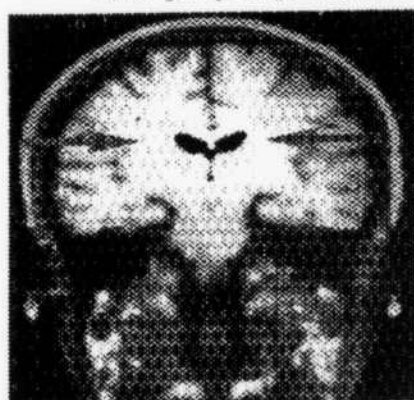
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# Depression. A flaw in chemistry, not character.

People with cancer aren't expected to heal themselves. People with diabetes can't will themselves out of needing insulin.

And yet you probably think, like millions



of people do, that you or someone you know should be able to overcome another debilitating disease, depression, through sheer will and fortitude.

For untold decades, it has been thought that depression is the symptom of a weak character or underlying laziness and complacency. In reality, nothing could be further from the truth.

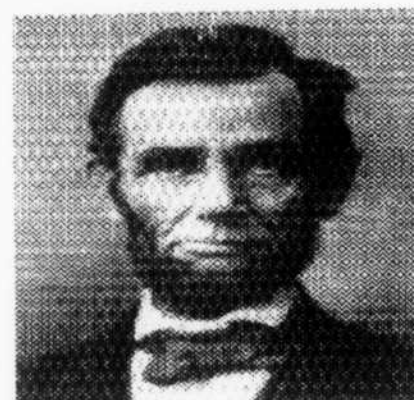
We've even found that depression has a genetic link. That like other family traits, it can be passed down from generation to generation.

An inherited disease? You probably think that sounds pretty hopeless. But when it comes to depression, it's actually good news. Because it reclassifies depression as a physical disease instead of a mental illness, the difference between it being curable instead of just treatable.

While these recent discoveries should help relieve some of the stigma associated with

depression, a look at history also helps. It's a well documented fact that Abraham Lincoln was depressed for most of his adolescent and adult life. Sir Winston Churchill referred to his

depression as "the black dog," starting after the failure of the 1915 Dardanelles Expedition and shadowing him his entire life.



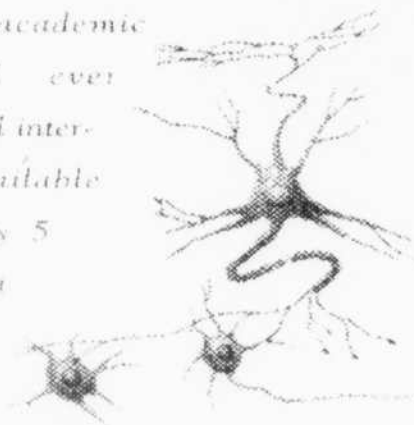
The date was January 1, 1863. It was the day of one of Abraham Lincoln's most eloquent speeches, the Emancipation Proclamation. He had succeeded in freeing millions of repressed, impoverished slaves. For anyone, the accomplishment of a lifetime. Still, Lincoln battled depression, the cloud that would follow him always.

You see, depression doesn't discriminate. Anyone can get it. And today you can find books written about admitted sufferers Mike Wallace, Joan Rivers, Dick Cavett and Kitty Dukakis just to name a few.

The reality is, there's never been a better time to be depressed. With new therapies, drug company and academic research, and ever increasing medical interest, help is available today that only 5 years ago didn't

exist. Please call 1-800-717-3111 if you or someone you know needs help.

With this new understanding of depression, we hope you'll see that the only shame would be not calling.



Here they are. The keys to happiness. A few of the thousands of synapses that have the power to make any given day one of the most joyous in your life or the most despairing. The difference between looking forward to a day filled with hope instead of dread. All based on whether these channels for neurotransmission can properly send certain signals to the brain.

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**NATIONAL ALLIANCE FOR RESEARCH ON SCHIZOPHRENIA AND DEPRESSION**