



Partly Cloudy

Think twice: Don't eat it

McCallie Dining Hall serves up musical inspiration for one MTSU student

In Living, 4



This week's poll question at www.mtsusidelines.com Will MTSU benefit from a conversion to electric trams on campus?

Middle Tennessee State University

SIDELINES

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Honors thesis breaks ground

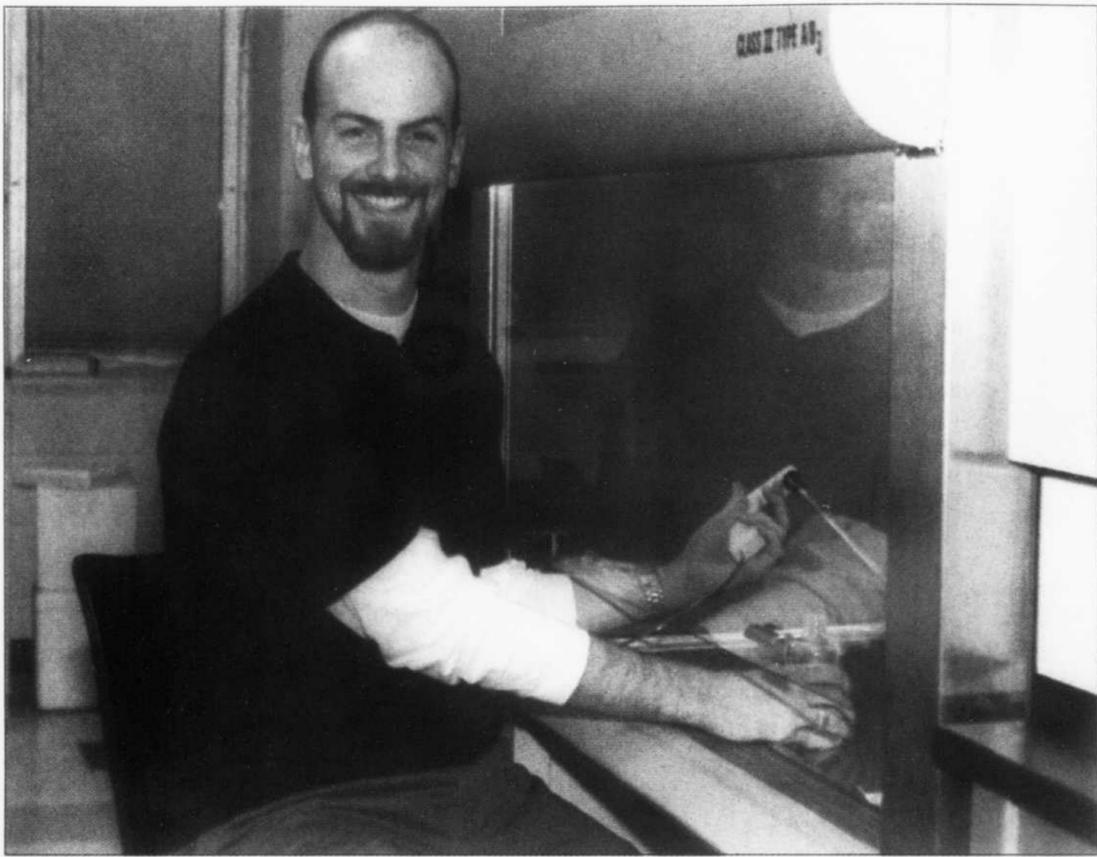


Photo by Chris Magan | Staff Photographer

Senior biology major Eric Freundt demonstrates his new biotech lab equipment, with which he conducts his research. He recently discovered a link between meningitis and ticks using this new equipment.

Student discovers meningitis link

By Christopher Magan
Staff Writer

Eric Freundt, a senior honors biology student, made a unique discovery last year while working on his honors thesis.

Freundt found evidence of viral meningitis in ticks.

The honors thesis is modeled after graduate programs and is intended to give

students an experience that will prepare them for advanced independent work, said John Montgomery, dean of the University Honors College.

"Until Freundt's research, the scientific community had not believed it was possible that ticks carried viral meningitis," said Stephen Wright, professor of biology.

Viral or non-bacterial meningitis is not as dangerous as the better-known spinal

meningitis, but it is occasionally life threatening. Patients usually experience a fever and severe headaches but symptoms can escalate into a coma and even death.

The road to Freundt's research began a few years ago when Dr. Douglas Beatty, a Smyrna physician, had several patients who contracted viral meningitis around

See Ticks, 2

Bill to combat drinking, drugs at universities

By Kristin Hall
Staff Writer

After the deaths of six Connecticut college students to alcohol-related accidents within a year, Sen. Joe Lieberman, D-Conn., introduced a bill that would organize universities against binge drinking on campus.

The bill, the Communities Combating Alcohol, Drug Use Act, would create a \$50 million federal grant to help states establish coalitions among universities to reduce binge drinking and illicit drug use.

Sen. Mike DeWine, R-Ohio, and Lieberman introduced the bill last November.

"We would actively pursue a grant like this," said Mary Morgan, director of communications for the Tennessee Board of Regents. "This is a serious issue, and we'd like to do something about it."

"I think students are experimenting without a clear knowledge about alcohol," said Robert Glenn, vice president for Student Affairs.

Included in the proposed legislation are recent statistics about binge drinking and drug use and their effects on safety and academic performance.

"Binge drinking, and drinking on campus in general, is getting a lot of attention, as well it should," Morgan said.

Forty percent of college students are binge drinkers,

according to a 1993-1997 Harvard School of Public Health College Study.

Dennis Kramer, a psychology professor, and Debra Sells, associate vice president for Academic Support Services, just completed a task force on drinking at MTSU last October, which included an online survey of students and recommendations for solutions to student alcoholism.

Results from the survey indicated that 34 percent of respondents engaged in binge drinking at least once in the previous two weeks.

Glenn said he feels that students receive conflicting judgments about alcohol due mainly to television and movies.

"On the one hand, we recognize that binge drinking ... is very dangerous," Glenn said. "At the same time, how do we as a society portray drinking? In movies and television, drinking is portrayed as desirable."

However, John Dickerson, assistant dean for Judicial Affairs and Mediation Services, has doubts about the effectiveness of a statewide coalition of universities.

"To some degree, partnership would be beneficial, but we can't tell students at UT not to drink," Dickerson said. "But we need to establish a consistency among universities."

Funds from the grant would have to be matched by

See Drinking, 2

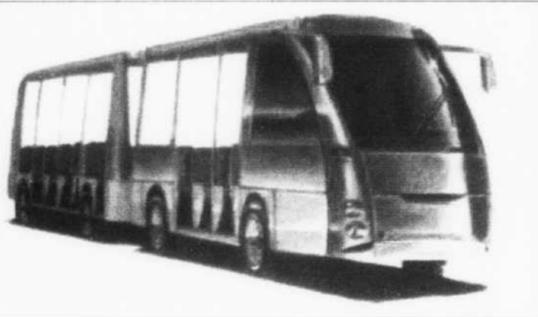


Photo provided

The tram, with attached trailer, will transport approximately 40 students across campus with little emissions.

Electric tram to visit Wednesday

By Callie Elizabeth Butler
Assistant News Editor

An electric tram will be tested as a possible alternative to the Raider Xpress system on Wednesday as part of MTSU's ongoing effort to explore fuel alternatives and improve the flow of traffic on campus.

"We think the tram offers the ability to move them (students) faster," said Joe Whitefield, director of the Center for Energy Efficiency. "We're trying to improve moving students around campus."

The demonstration, beginning at 10 a.m., will consist of the upper portion of the tram running along the Old Main Circle as staff members observe its performance. The trailer, which attaches to the back of the bus unit for passengers, will not be included.

The tram's front car will accommodate 16 people, and

the attached trailer will transport 24 additional passengers.

MTSU's flat terrain makes it ideal for the use of this electrically powered vehicle. With its battery powered design, the tram gives off almost no emissions, and its smaller, open design allows passengers to load and unload more quickly.

"Its physical size will allow us to take advantage of other roadways, not just the main roads," Whitefield said. "So, if we can develop some alternate routes and get the tram out of traffic, it will be faster to get from point to point without sitting in traffic like the buses do."

With a charged battery, the bus has a 75-mile range of operation, which could be a disadvantage due to recharging needs. Reverting to the use of an electric tram would require diesel buses used in the

See Tram, 2

Center for Popular Music hires librarian with extensive range of experience

By Mark Lewis
Staff Writer

MTSU has hired a new librarian to coordinate the research collections for the Center for Popular Music.

Brenda Beasley, who began her work at the center Sept. 9, was hired because of her diverse background in library work.

Beasley received her bachelor's degree in music with an emphasis on voice and choral conducting from Mars Hill College in Asheville, N.C., in 1980.

She then earned a master's degree in American Studies from Pennsylvania State University-Harrisburg in 1997 with a concentration on folklore. She received an additional master's degree in library science with a concentration on archives from the University of North Carolina in 2001.

She has three years of experience in periodicals and archives, as well as two years of experience in music cataloging.

The Center for Popular Music at MTSU is an archive and research center in the John Bragg Mass Communication Building, devoted to the study of American popular music from the pre-Revolutionary era to the present.

The Center serves to promote research and scholarship in American vernacular music, as well as to foster an understanding and appreciation of America's diverse musical cul-



Photo by Jenny Cordle | Chief Photographer

New librarian Brenda Beasley stands in her office in the Mass Communication Building. She began work in the Center for Popular Music Sept. 9.

ture, according to the center's Web site.

To accomplish these goals, the center maintains a large research library and archive.

The center also presents public programs that interpret various aspects of American vernacular music.

Additionally, the center engages in original research projects, later disseminating the results via publications in various media.

"I'm extremely impressed with the quality of the facilities," Beasley said. "We have a

superb collection." Beasley's responsibilities at the center include the ordering of all new print materials, which are acquired through a combination of purchases and donations.

She also handles the cataloging of all reference books in the center's collection.

Additionally, she oversees the archival and serials operations within the center and assists patrons at the reference desk.

First among improvements to the Center, Beasley hopes to

accomplish the addition of streaming audio to their Web site.

Beasley said she feels this addition would be an important step in increasing accessibility to the Center's collections.

Concerning her new position at MTSU, she said she couldn't be happier.

For more information the Center for Popular Music, visit their Web site at popmusic.mtsu.edu or contact Beasley at 898-2449. ♦

Drinking: MTSU task force offers insight into bill effectiveness

Continued from 1

participating states and would go to providing alcohol-free events, support groups and information for students.

"I would suspect if it passes, the Student Affairs Subcouncil [at the TBR] would lead and implement this program," Morgan said.

The coalition between state universities would also work with the communities surrounding the campuses and other anti-drug and anti-alcohol groups so that the grant would have a greater impact.

Suggestions for community cooperation included keg regis-

tration, prohibitions on happy hours and a public ban on open containers.

"The community needs to act like a parent," Dickerson said.

In the MTSU task force report, the Policy and Enforcement Subcommittee recommended that the university consider a variety of solutions to the problem of student alcoholism.

"In many ways, students act on perceptions, but they are driven to drink by a faulty perception," Glenn said.

Dickerson recommended changing the policy that requires parent notification

after three violations of the campus alcohol violation notification after two violations.

"If someone has a second offense, there is already a pattern there," Dickerson said.

Morgan is concerned with the state's ability to produce equal funds for the grant, but she feels that the importance of the bill could not easily be ignored.

"If there was a matching federal grant, we would find a way to raise the funds," Morgan said.

The bill has been referred to the Senate Committee on Health, Education, Labor and Pensions. ♦

Tram: Demonstration on Wednesday

Continued from 1

university's current transportation system to run to Greek Row and other areas requiring access to off-campus roadways.

The electric tram is also an "open air" vehicle, meaning that it could pose a disadvantage during times of extreme cold and rain.

"If it's raining, that's a disadvantage because of the 'open air' configuration," Whitefield said. "So, we would likely have to park it and use the bus."

While the Center for Energy Efficiency usually focuses on improvements in buildings and facilities, they have teamed up with parking services on this project to improve both the traffic flow on campus and the efficiency and emissions of the transportation system.

"We have looked primarily at alternative fuel vehicles. We've looked, for instance, at electric buses and hybrid buses, compressed natural gas buses, propane buses and electric buses," Whitefield said.

"Trams, since they are not of the same configuration as a bus are more or less the same cost as the diesel buses ... that's what makes this the most promising of all the options," he said.

For more information about the demonstration or alternative fuel transportation, contact the Center For Energy Efficiency at 904-8096 or visit their Web site at www.mtsu.edu/~ceef/. ♦

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Ticks: Study completes circle

Continued from 1

the same time they found a tick attached to their body.

Beatty contacted Wright to ask if there was a possibility that ticks could carry viral meningitis.

"I originally told him no because it had never been seen before," Wright said.

However, the circumstantial evidence was so strong, he decided to take a closer look at some tick specimens he had as part of another experiment on Lyme disease.

Wright found that some of his specimens had genetic evidence of carrying viral meningitis.

Beatty then sent Wright a sample of a cerebral spinal fluid from a patient who had contracted viral meningitis and made his discovery.

Around a tick bite, Freundt also came to Wright looking for a topic for his honors thesis.

Freundt said the support he received from Wright and the Honors College helped him make his discovery.

"The Honors College was tremendously supportive," Freundt said. "A project like this doesn't come along all that often, and Dr. Wright was incredibly gracious to give a project of this magnitude to me as an undergraduate doing my thesis."

"It is not possible for me to say enough good things about this young man," Wright said. "He is just the most outstanding, unbelievably talented stu-

dent."

"He is obviously a superior student," Montgomery said. "It takes a firm resolve to stay with something like this. I was really impressed with his research procedure; it was so elaborate."

After finishing his honors thesis, Freundt presented his work to the Tennessee Academy of Science in Johnson City and won first place.

"Basically, I looked in the patient's cerebral spinal fluid for an enterovirus and found enterovirus genomic material," Freundt said. "When I sequenced the same portion of the DNA for the virus that had been sequenced in the tick-borne virus there was a 100 percent match."

"This strongly suggests that tick transmission may play a role in this disease," Freundt added.

Freundt is also the first MTSU student to contribute a genetic sequence to Genbank, an international database that catalogs all genetic sequences.

"I don't think there has ever been an undergraduate in the history of MTSU who has done something like this," Wright said. "Eric has found something that really distinguishes him, and it distinguishes the university."

About 50,000 cases of viral meningitis are seen in the United States each year and Freundt hopes his discovery will help physicians understand why most cases of viral meningitis occur during the same time of year that ticks are

present.

"I hope it will lead to a better understanding of the disease," Freundt said. "Maybe someday more fully it could become a candidate for vaccination."

This research helps us better define what types of illnesses people develop as they encroach more into natural habitats, Beatty noted.

"Before Eric did his work, we had half of the circle," Wright said. "We had sick people, and we had ticks that had this virus that may be responsible for causing this illness in people. Eric came along and completed the circle, finding the virus in a patient sample that had a history of ticks."

Wright said independent research is an important part of students' academic careers.

He encourages other students to get involved in independent research projects because it is a way for them to put what they learn to use outside the classroom while working on a problem they can call their own.

"All of this came about because Eric had an interest in doing research," Wright said. "One of the best ways for students to get involved in science is by doing research. Don't be afraid to go to instructors and get involved outside of class."

Freundt is continuing his research this semester and looks forward to attending graduate school. He said he would like to obtain a university position after earning his doctorate. ♦

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OPINIONS

3 ◆ SIDELINES

Monday, January 13, 2003

Murfreesboro, Tenn.

From the Editorial Board

Senior honors student proves MTSU's worth

In our never-ending search for individuals who might actually give us hope for the future of college students everywhere, not just MTSU, we have found an example who offers us hope with his recent find.

Senior Honors College biology student Eric Freundt recently completed his honors thesis, in which he discovered evidence of viral meningitis in ticks. The discovery came after Freundt was notified that a Smyrna physician found several patients who contracted the disease around the same time they had found a tick on their body.

With help from Stephen Wright, a biology professor, Freundt began to research the connection with the topic of his thesis.

He spent many late nights looking at cerebral spinal fluid from the Smyrna patients and searching for an enterovirus. He found enterovirus genomic material in the patient's DNA that matched that of DNA found in the tick-borne virus. (For those of you failing biology, a genome is a complete set of DNA and genomic material is what makes up the genome.)

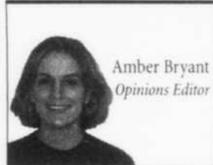
Freundt successfully completed his study when he found the virus in a sample from a patient with a history of tick encounters.

According to Wright, Freundt's work was crucial in completing the circle between people who had the virus and ticks that carried the virus. It is also noteworthy to mention that the Honors College's total support in giving a project of this size to a student was essential in completion of the project.

MTSU's struggle in the past to be seen as a reputable and academically superior school has not always been eased by such tremendous student achievement as Freundt's, but we hope to see more students like him putting forth the effort and making us, his fellow students, look like we know what we're doing.

So, we extend a big thanks to Freundt, and other students who devote their time to academia, for making us look good. ◆

From the Opinions Editor Street harassment yields emotional repercussions



Amber Bryant
Opinions Editor

There are few things that anger me more than street harassment.

I spent the last few days of 2002 staying with a couple of friends in Brooklyn, N.Y. One night, my companions attended a concert in Manhattan, leaving me alone for a night to stuff my face in front of six consecutive episodes of *Sex and the City*. Being a responsible video renter and itching for an after-dusk walk, I decided to trek the four blocks to return the DVD (and rent the next season).

My journey to Blockbuster was uneventful; the streets were busy with residents walking their dogs, taking out the trash and conversing with neighbors. However, on the way back to my friend's apartment, I encountered a strapping young lad who thought he'd strike up a conversation, opening with, "Hey baby, can I get up in it?"

In the interest of safety, I bit my tongue and glared at him, trying to look as psychotic and dangerous as possible. It obviously didn't work, as

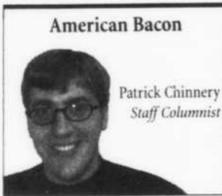
he and his two friends proceeded to follow me all the way to my destination, expressing his interest in my rear end, all the while and scaring the daylight out of me. By the time I reached the living room couch, I was livid. That a 16-year-old kid could tip the balance of power in his favor because he's male was enough to ruin the rest of my evening.

At first I tried to blow it off on my location. However, while New York may have a reputation for street harassment, I can recall at least two occasions when a truck full of men thought it appropriate to whistle and holler at me in the parking lot of the Murfreesboro Wal-Mart.

This kind of behavior is horribly degrading, and for that matter, illegal. Unfortunately, until it isn't socially taboo to deliver a small amount of voltage to a harasser, women don't have many options to protect themselves, leaving their mental health in the hands of the chauvinist males who make a sport of cat-calling.

So, the next time you get the urge to "compliment" a lady by making her feel like a piece of meat, don't. It'll be a great exercise in learning to be a decent human being. ◆

Couple's hijinx expensive protest



American Bacon
Patrick Chinnery
Staff Columnist

The political protest is an inherent part of our country's heritage. The Boston Tea Party, anti-hegemony sit-ins and hippie peace movements, love them or hate them, are an important part of our nation's character. However, there's a correct time and place for every protest.

While having your bags scanned before getting on a flight is not one of those times.

This didn't prevent Paul Kenneth Donahue, 50, and Teresa Marie Wood, 46, from pulling a bomb hoax Tuesday. Flying from San Diego to Atlanta, they hid a boot (with batteries, wire

and an electrical power strip arranged inside it) inside their luggage and checked it. When a federal screener ran the luggage through a bomb detection machine and saw the suspicious package, he opened the suitcase to look through it.

Inside the boot, he found a note scribbled on the blank side of a piece of a Crankin' Oat Bran box that read, "To the uniformed puppet opening this bag - congratulations. You've just brought this once free nation one step closer to becoming a fascist police state."

The couple was arrested before the flight left the ground and charged with "sending or placing a false or facsimile bomb." I'm glad they were.

Over the winter break, I flew to Long Island and back. The security precautions at Nashville International were won-

derful. Why? Because they were barely noticeable. I sailed through the metal detector and checked myself in at a kiosk.

The matter was another matter entirely.

At MacArthur airport in Islip, N.Y., the mandatory baggage screening takes place before the check-in can happen. This slows the process up considerably - there weren't enough Transportation Security Administration people to handle the crowd of holiday travelers. If I hadn't arrived two hours early, I might not have made my flight.

By the time it was my turn to go through the impersonal screening, I was livid.

I almost told the TSA screener, "You're just a ridiculer. You're waste of my tax dollars" - but I didn't.

After all, the screeners were just doing their jobs. Sure, they're contributing

to the perennial bloating of the federal budget, but there are worse offenders. I certainly wouldn't call them "uniformed puppets," nor would I accuse them of taking the nation "closer to a fascist police state."

Those to blame are those high in the bureaucracy, like President Bush, who thought that it's the federal government's business to operate security for a private business like air travel.

Donahue and Wood should have taken their case to a higher authority. What was the screener going to do? Rethink his decision and give up his steady income? Hardly. It's an easy job, they're paid well and the economy is slow.

CNN has reported that Donahue is the editor of the local paper of his hometown in Maine. His hometown would have

hoped that a journalist would have had a little more foresight before committing such a foolish crime. The First Amendment won't protect his action, which was likened to yelling fire in a theatre by TSA spokesperson Robert Johnson.

Making things even worse is the fact that Donahue and Wood's crime will waste even more money because they will now have to be tried, convicted, sentenced and incarcerated (assuming they're found guilty).

The cost of security is already high for taxpayers. I can only hope that others inspired by Donahue and Wood will choose the appropriate avenues for their protests. ◆

Patrick Chinnery is a senior political science major and can be reached via e-mail at pwc2c@mtsu.edu.

Men irresponsible drivers



I'm Just a Girl
Wendy Caldwell
Staff Columnist

After completing my first week of class and fighting a lovely case of bronchitis, I eagerly proceeded to drive home Friday afternoon.

I was on I-24 West near Nashville when I became bothered by a white sedan that had been driving in my blind spot for quite some time. This alone is disturbing enough to warrant a column.

As I looked over, the driver was pointing at his wrist. I assumed that he wanted to know the time. Although I thought it was incredibly stupid, I told him it was 1:48, showing first one finger, then four, etc.

I saw him pick up his cell phone, which was odd. However, since he had followed me for several minutes in my blind spot to ask the time, I wasn't at all surprised by this inane act.

I drove away, annoyed at the time I had lost by telling this fine specimen of a man the time.

As I looked in my rearview mirror, I saw him driving up quickly to catch

me.

This is when the fear factor set in, although it was broad daylight. He again rolled down his window and then said, "I want your phone number." I guess after dialing 1-4-8, he realized that couldn't be right.

"I don't give it out," I attempted to shout back, but because of the aforementioned bronchitis, I didn't have much of a voice.

"You don't have one?" he asked.

No, I don't have a phone number, even though I had to pick up my cell phone to see what time it was so I could tell you. It doesn't have a phone number - I just carry it around to be cool.

"Can you pull over?" he asked, motioning to the Harding Place exit.

Yes, I would love to pull over, totally ignoring the fact that I'm just trying to get someone who thinks it's a good idea to have a conversation on I-24. Can we go to a dark place later, with no possible witnesses? This sounds like a great idea. I bet we have a lot in common, since we were driving the same speed and all. Are you a Sagittarius-Capricorn, too?

I said I had to work and drove away, and I imagine

he took the exit and is still wondering why I'm not there. Let him figure it out.

I must ask: Do men really think this is a good idea? I would never even think of trying to get someone's cell phone number while driving. Did it not occur to him that I might be driving because I'm actually trying to get somewhere, and that maybe I'm in the left lane because I'm trying to get there in a timely manner?

If you want to ask someone out, this is not a good way to do it. Holding a "Can I have your number?" sign in crayon would have been a better idea - at least you wouldn't have been endangering the lives of others with your insane desperate-for-a-female scheme.

Whatever happened to saying something intelligent, or having common interests? "You remind me of Lord Byron's 'She Walks in Beauty'" would have been terribly cheesy, but at least you would have involved some intellect.

If I wanted random drivers to know my phone number, I would have put it on my license plate. ◆

Wendy Caldwell is a sophomore math major and can be reached via e-mail at VISA717@aol.com.

WHAT A SCHMUCK!!

Sidelines' occasional watch for mutton-heads.



Up in Eliot, Maine, there lives a man with a dream. Some people have big dreams, some people have little dreams. This man's dream is nothing more than to be allowed to use his coupons.

Chris Shields, 40, was looking through the classified section of his local paper last month when he noticed an ad for \$200 off any new or used car at a Toyota dealership in his town. Noting that the coupons carried an expiration date but no limit on the number of coupons one customer could use, he spent the next couple days buying more than 200 copies of the paper, so he could have 207 coupons totaling \$41,400.

While we would normally have much better things to do than spend an afternoon clipping coupons, there is a free car involved here, so we'll spare Shields the cruelly funny jokes he normally would have had coming to him.

Shields went to the dealership, negotiated for the purchase for a Toyota Sequoia (value \$42,000) and asked if they were still accepting the coupons. When he told them were, he opened up his briefcase, which was full of the things, and was told they wouldn't accept that many and he would have

to come back with a lawyer.

To make the story short, he called the state attorney general's office. They told him they would get back to him, and they haven't yet. Meanwhile, the owner of the dealership says they've done nothing wrong, but that no "reasonable person could possibly expect to piggyback coupons like that and walk away with a new car."

He also claimed that Shields' allegations of unfair treatment have only perpetuated the negative stereotypes of dealers.

Not admitting when you've lied in the bed you made do more to harm the reputation.

If coupons didn't need the disclaimer of only one per customer, then why does every other coupon that wants to restrict use have one? It's high time that the dealership give up and find a fight it has the right to win. ◆

Story originally reported in *Foster's newspaper of Dover, N.H.*

Letter to the Editor

Cookeville shouldn't make excuses

To the Editor:

We've all experienced the crooked cops we're surrounded with every day. We see it right here in Murfreesboro every time the city's Gestapo pulls over anyone of ethnic origin.

The recent despicable Nazi-style dog execution in Cookeville strikes a chord with anyone from a college town. Like Murfreesboro, Cookeville has a school and has decided that they need plenty of clueless cops. These towns pull cops onto the streets who barely have business behind a B.B. gun, then make excuses for them when they screw up. This city-protected animal murder is more proof of the high population of Mayberry rejects running amok. How do we teach children that Officer Friendly is a nice man who will help them when they can think about is whether or not the dumb goober is going to kill their dog?

I hope that the officer who killed the dog never works again - anywhere. It's too bad the dog didn't get to fight back. Then the officer might not have the balls to do this kind of thing again.

Lucas Leverett
Senior, Electronic Media Communication

SIDELINES

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*denotes member of editorial board

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Think twice: Don't eat it

McCallie Dining Hall serves up musical inspiration for one MTSU student

By Bracken Mayo
Contributor

Most diners at McCallie Dining Hall recognize Mitchell Crabtree. For more than four years, Mitch, who hails from Gallatin, Tenn., has eaten nearly every one of his meals there.

The food at McCallie, which is located on the first floor of Corlew Hall, not only provides Crabtree with his daily meat and three and an occasional piece of cake or slice of pizza but also his musical inspiration.

You see, Mitch writes songs based on the Corlew cuisine.

"I take old songs and make parodies about the food at the Corlew cafeteria," he says.

He has altered such classics as Michael Jackson's "Beat it," Elvis Presley's "Beat it," Lonesome Tony's "Are you Nauseous Tonight," Ricky Martin's "Livin' la Vida Loca," and Otis Redding's "Sittin' on the Dock of the Bay" to make them say, "Don't Eat It," "Are you Nauseous Tonight," "Eatin' the Nasty Okra," and "Sittin' on the Toilet All Day."

He even performs them occasionally at Open Mic Night in the Cyber Café with the assistance of senior recording industry major Nathan McFarland on guitar.

"I think he's greatly misunderstood," Nathan says of the up-and-coming songwriter.

However, Mitch's song titles make one fact quite clear: He is not creating commercials for the campus eatery.

"The first time he came up here, he got food poisoning," his father explains.

"He got real sick; he almost died."

"That's what inspired it," Mitch adds regarding how his nearly fatal freshman year led to his songwriting.

Since his first year, though, Mitch has earned a bachelor's degree in English and has grown more accustomed to the mid-campus lunchroom. Revisiting the cafeteria food poisoning drama even earned him A grades on an English paper and a speech.

As Crabtree works on a master's in history, he continues to compose his songs slamming McCallie food.

"He has a notebook an inch thick of these songs," his father says.

Jon Cosby, who roomed with Mitch last year in Judd Hall, says it can be difficult living with someone so dedicated to writing song parodies based on cafeteria food.

"I think I hold the record for the longest staying with him," Jon says of his year-long experience with Mitch and his many cafeteria tunes.

Interestingly, one McCallie employee, who says he sees Mitch every day, collaborates with him on a few of the songs.

"Honestly, I think he's MTSU's version of Weird Al Yankovic," Patrick Hefner says of his mealtime customer and occasional songwriting partner.

"No one would think of doing this stuff."

Mitch is not alone in his distaste for the cafeteria food.

He and his father jokingly recall instances of some of their acquaintances turning against the cafeteria.

There's the time a friend from Brazil accompanied Mitch to McCallie for a meal and tried to communicate with him on the phone.

"I come to America," Carolina Desousa says as she eats at the cafeteria.



Photo by Jenny Cordle | Chief Photographer

Mitchell Crabtree eats gumbo, with pizza on the side, at McCallie Dining Hall on Friday afternoon. Crabtree, a graduate student at MTSU, writes musical parodies based on the fine cuisine at McCallie.

"People here are so wasteful; they throw everything away. Then I tasted the food."

Another time, Mrs. Crabtree became fed up with her husband and son criticizing the food so much.

She agreed to eat lunch in the cafeteria to prove that it wasn't so bad.

After the meal and a subsequent trip to McDonald's, she allowed them to bash the food

in song and other forms as much as they liked.

Even though Mitch continues to write his songs, he also continues to eat at McCallie.

His former roommate points out this contradiction to Mitch.

"You complain about the food, but you eat so much of it," Jon observes. "He'll get five plates of food."

Mitch does concede that the

"Honestly, I think he's MTSU's version of Weird Al Yankovic."

— Patrick Hefner
McCallie employee

song remains the same. "It's a love-hate relationship," Mitch's dad says. "He loves the people who eat here, but he hates the food." ♦

AdvoCare One step to your New Year's resolution?

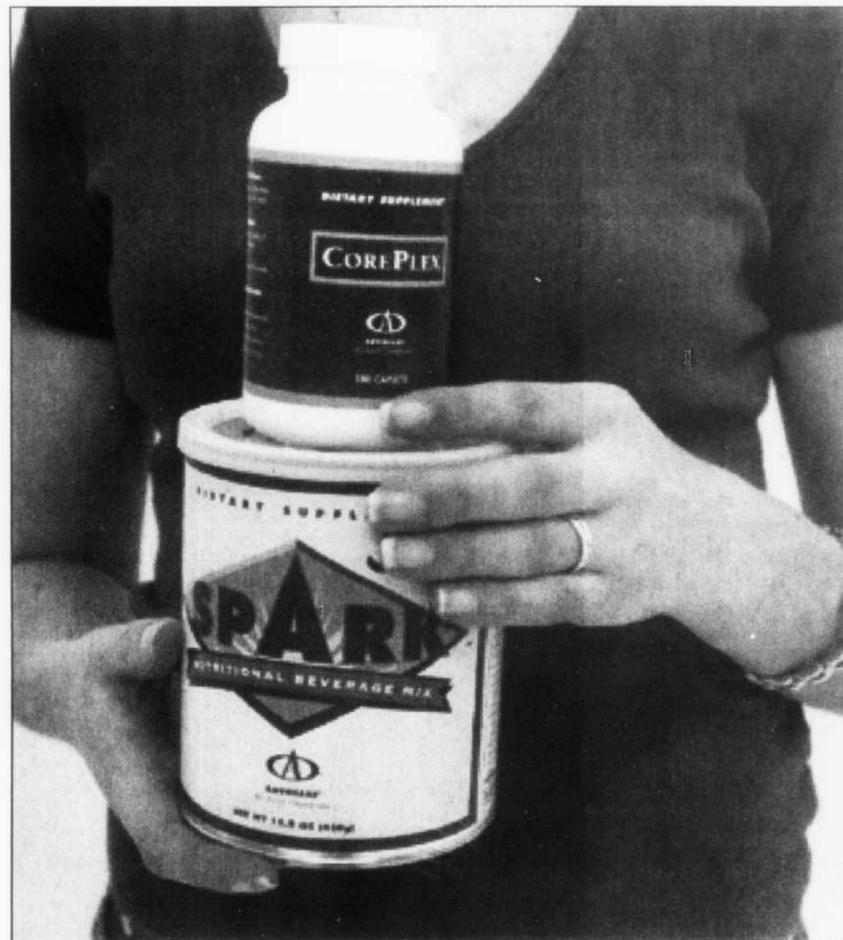


Photo by Jenny Cordle | Chief Photographer

Jana Wenck, an independent distributor for AdvoCare, holds two best-selling products: Spark, a drink that aids in mental clarity, and CorePlex, a weight loss supplement.

Health care company provides variety of products, services

By Stephanie Hughes
Features Editor

With the holidays behind us and the new year upon us, there might be a few extra pounds that need to be melted away. It seems that losing weight is a popular resolution with the start of each new year. However, discouragement settles in when it becomes the same resolution year after year.

College students are all too familiar with weight gain. Does the "freshman 15" ring any bells? Some students may wonder if there is any way to stay healthy and fit with the kind of schedules they maintain.

AdvoCare, a 10-year-old Christian-based health care company, offers a variety of products for every age. For those who need to lose or gain weight, AdvoCare has a line of products for weight management. For the avid sports player, they offer a line of sports performance products. They have sleep aid tablets, protein drinks, bars and skincare products as well.

Jana Wenck, a senior massage therapy major at MTSU, is an independent distributor for AdvoCare as well as a product user. She has been with the company for two months and has liked the results she has seen.

"I came to a place in my life where I was disgusted with my health and the way I was eating, and AdvoCare came knocking on my door," Wenck says.

Not only does she strive to be health-conscious, she makes money at the same time.

"A one-time \$40 distributorship fee is all it takes to become a distributor for AdvoCare," Wenck says. "That includes a complete kit to sell the products and a contract with them."

Distributors can set their own hours and keep in touch with their customers on their own time.

Wenck, who graduates this August, says that her desire to be a massage therapist and her enthusiasm to sell the products for the company go hand-in-hand.

"I always wanted to be in the health care field," she says. "Being involved in AdvoCare is a leadership role. I can be a leader in a great company and serve others by helping them become healthier."

For some students, weight control may not be a problem, but brain control might be.

When Wenck joined the company, she started taking Spark, a drink that she says gives mental clarity and alertness. She says that it has helped her study for tests, take tests and be more mentally focused at work as well as school.

"This would be the No. 1 product I would recommend to all college students," she says. "I mix the powder in with orange juice and take it to school with me. It gives me three to five hours of mental focus. It's wonderful."

Spark doesn't have to be taken on a regular basis, just when you need it most, she says.

CorePlex, another product Wenck takes and one of AdvoCare's best sellers, is a supplement that claims to boost metabolism and aid in weight loss. It's \$39.95 for a bottle of 180 capsules.

"CorePlex has given me energy, helped me tone up, and stay healthier," she says. "I don't seem to get sick as often anymore. I'm not saying that this will happen to everyone that takes CorePlex, but it has helped me so much."

Wenck also recommends FiboTane, another best seller.

See AdvoCare, 5

Gettin' down with Jesus



Photo courtesy of Arlene Gottfried

"Devon Kelly Praising God with a Dance" will be one of the many photos on display at the Baldwin Photographic Gallery tomorrow starting at 7:30 p.m. in the Learning Resources Center, Room 221.

Campus Events

Jan. 13

The first Gamma Beta Phi meetings of the semester will be held at 5 p.m. today and again tomorrow in the Keathley University Center, Room 322. It is important that all members attend. Contact Tennisha Smith at 898-4971 for more information.

Jan. 15

The Golden Key Honor Society will hold a meeting Jan. 15 at 5 p.m. in KUC, Room 315. This is a general membership meeting to discuss plans and community service projects for the spring semester. For more information, contact Jenny Crouch at 898-2815.

Jan. 30

The June Anderson Women's Center is sponsoring a free legal clinic on Jan. 30 at 7 p.m. The clinic is available to all MTSU students, faculty and staff. Appointments with an attorney can be made by calling the JAWC at 898-2193. Space is limited.

To submit a Campus Event for this calendar, come by the James Union Building, Room 310, and fill out the Campus Events form. *Sidelines* does not guarantee publication of any submission.

Call 898-2917 for more information.

AdvoCare: Company one of three being considered for endorsement contract with NFL

Continued from 4

"FiboTane absorbs all the fat in your body, which is pretty cool, especially if you want to eat a big pasta dinner that is full of fat and calories," she says. "You take one capsule before eating a meal and as the food is digesting, FiboTane sucks out all the fat."

It's \$34.95 for a bottle of 180 capsules.

While AdvoCare is not going to give you the perfect body or brain, it can help you to be more health-conscious, she says.

"At AdvoCare, we're not doctors, but we do try to help customers find the best products for them," Wenck

says. "There are people that try the products and don't reach their goal, but we usually try to put them on a different product."

There have been many success stories, Wenck adds.

"We're professional storytellers," Wenck says. "We tell everyone else's stories and testimonies of the results they, and we, see."

So how is AdvoCare any different from GNC?

Tricia Krimm, an adviser for AdvoCare and a personal trainer, knows how it has changed her and her family's lives.

Krimm and her husband have been with the company for over two years

and have made money, lost weight and gained valuable friendships.

"My husband was really skeptical of it at first because it wasn't GNC," Krimm says. "But I was really interested in it, and eventually he became more interested in it, too."

Krimm and her husband both started with the Metabolic Nutrition System, MNS, which is a weight loss program as well.

"I wasn't really trying to lose weight because I've been the same size my whole life," she says. "But I tried it anyway, and I went down two sizes in six weeks."

Her husband lost 35 pounds in eight weeks.

For Krimm and her family, what really sets apart AdvoCare from other health care companies is knowing who has made the products.

"The scientific and medical advisory board at AdvoCare tests the products, and I can look at the faces behind the products and know who has made them," she says.

Some professional athletes use AdvoCare as well.

"Right now, the NFL is looking at three health product companies to sign with, and AdvoCare is one of them," Wenck says. "If we are chosen, then every professional football player will use and endorse AdvoCare."

Titans player Steve McNair is

among the many football players that use their products.

If you're still skeptical, there will be a business opportunity meeting tomorrow at 7:30 p.m. at the Holiday Inn off the Old Hickory Boulevard exit.

The meeting is open to anyone and will cover topics, such as facts about the company, the products and testimonies of product users.

You can also visit their Web site to learn more about the company and products at www.advocare.com. Wenck would be happy to talk with anyone who is interested in ordering products. Contact her at 615-289-0432.

To order online, use her distributor number, 02104581. ♦

Want to get the word out about a campus event?

Reintroducing the Campus Events calendar, located in the *Sidelines* Features section each Monday.

Submit your event's details for publication by filling out the Campus Events form in the James Union Building, Room 310.



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Monday, January 13, 2003

Murfreesboro, Tenn.

Lady Raiders stay unbeaten against Sun Belt Conference opponents

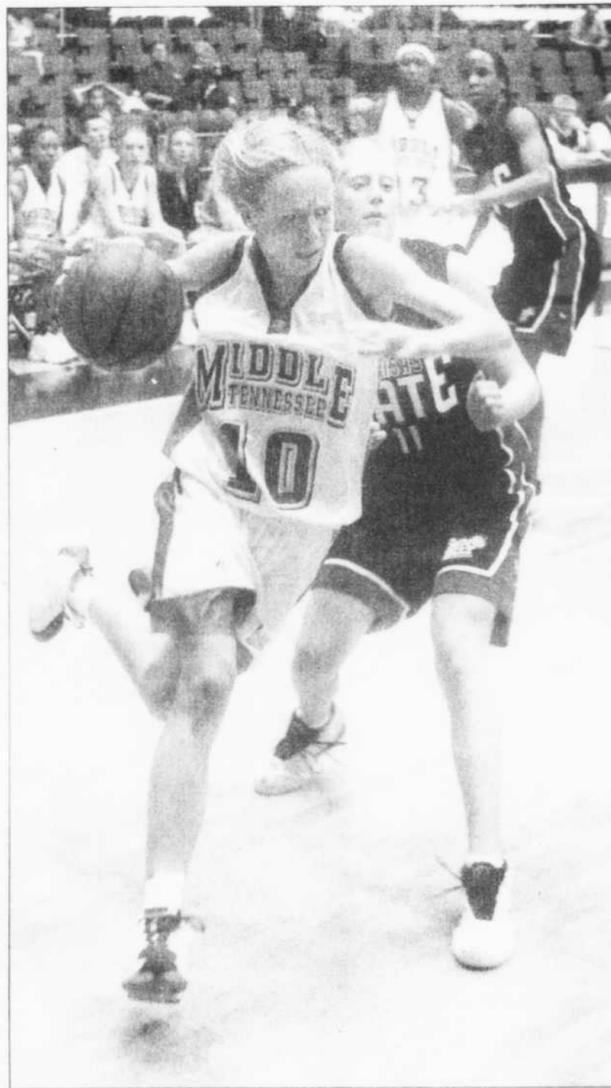


Photo by Chris Nichols | Photo Editor

MT guard Paula Penttila rushes down the court past an Arkansas State defender during Thursday's game.

Final spurt of points gives MT win over Ark. State

By Erich Heinlein
Senior Staff Reporter

A 26-7 run in the second half gave the Lady Raiders (8-6, 2-0) their fifth consecutive conference win over Arkansas State Thursday, 80-63.

"We were ready to play but I don't think we were playing with much energy (in the first half)," said Lady Raider head coach Stephany Smith. "I know since we've played a lot lately our legs are tired, but we shouldn't be this tired."

However, it wasn't just physical fatigue the Lady Raiders were experiencing either.

"I think mental fatigue was a factor," Smith said. "We started classes this week, and we lost a game to Austin Peay that we don't think we should have lost, even though Austin Peay is a very good team and [we had] a good win against Western Kentucky. So, I think lately our mind has been on a little bit of a roller coaster ride. I think the mental fatigue is what has us as much as the physical."

However, Lady Raider guard Keisha McClinic didn't seem to think that starting classes this week was a big deal.

"This is the first week we haven't done too much," McClinic said. "And we're just getting settled in, but, like I said, just coming in mentally prepared for the games has helped us not worrying about classes; we're kind of used to that system right now."

The Lady Raiders got off to a sluggish start trailing 37-32 at the half. Jennifer Justice and Ebony Kirby combined for 19 of the team's first 32 points.

"Ebony had a very poor defensive half," Smith said. "Our post defense had a lot to do with what the score was. I need Ebony to be more consistent on both ends of the floor because she is a player that can put points on the board, but when you're trading out baskets with the other team you're supposed to be able to score every time you go down the floor."

See Arkansas State, 7

Blue Raider's trip to Arkansas brings team one win, one loss

Staff Reports

On Thursday night, the Blue Raiders faced off against Arkansas State in a heated match, but pulled out a 65-58 win.

MT forward William Phippen made it his first of two games in his home state with an impressive 13 points and 11 rebounds. This marks Phippen's double-double in his college career.

"This year's team plays really hard on the road," Phippen said.

"We come into other people's gyms and come out playing hard to give ourselves a chance to win."

Phippen wasn't the only one with a good game on Thursday. MT guard Tommy Gunn nailed 21 points against ASU, which marks the 16th time he has led the Blue Raiders in scoring this season.

The Blue Raiders earned 43

rebounds against ASU while holding them to only 27.

"I was proud of the way we defended and rebounded," MT head coach Kermit Davis said. "The half was ugly on both teams' part. I thought their defensive effort was why we shot so poorly and likewise [for us]."

On Saturday, the Blue Raiders stuck around in Arkansas to play Arkansas Little Rock. The game went back and forth during both halves.

With one second left in the game and the score tied at 55, MT guard John Humphrey went up for what looked like the game winning point.

However, the shot was deflected and the teams were sent into overtime. Five heated minutes later, Arkansas Little Rock came out victorious 71-62.

Gunn made his mark on the game, scoring 16 points against the Trojans. Gunn averages 18.5 points per game on the road and is ranked as one of the top five scorers in the Sun Belt Conference.

The Blue Raiders return home on Thursday to face off against South Alabama in the Murphy Center at 7 p.m. ◆



Phippen



Gunn



Davis

Titans win 34-31 over Steelers in overtime

By Teresa Walker
AP Sports Writer

Tennessee's turnaround from a 1-4 start now is just one victory short of finishing in the Super Bowl, and the Titans couldn't be happier because they think Steve McNair will finally get the attention he deserves.

McNair is the quarterback who shrugs off injuries and just wins, something much more valuable in the playoffs.

This time, he lost a chunk of his thumb, then drove the Titans down the field in overtime to set up Joe Nedney for a 26-yard field goal on his third attempt to beat the Pittsburgh Steelers 34-31 Saturday night.

Now the Titans are in the AFC championship for the second time in four years, and Titans running back Eddie George said it's because of a quarterback who is already a legend to him.

"I'm so glad we're able to advance so people can really appreciate Steve's performance and what he's done this year. Now we're on a bigger platform. It allows people to appreciate him for the type of player he is."

—Eddie George,
Titans running back

ing, so doctors cut it off and bandaged his thumb.

McNair's coach Jeff Fisher he was going to finish what he started. McNair admitted he usually plays better injured.

"So sometimes I look forward to it. It happens. This is the style of play that I play — being physical, running the football, making adjustments on the pass, avoiding the rush," McNair said. "Those sorts of things go with the total package of a quarterback."

In this game, McNair had the statistics to back up his guts. He was 27-of-44 for 338 yards and two touchdowns. It was his second-best passing performance this season, and he was also the Titans' second-highest rusher, scrambling eight times for 29 yards and a third touchdown with George sideling in the second half with a concussion.

After the Titans won the toss in overtime, McNair adapted to his numb thumb by not squeezing the ball as tightly as normal. His first pass was incomplete, then he found Justin McCareins on a 31-yard catch and run up the left sideline to the Pittsburgh 38.

With Steelers chasing him, McNair rolled right and found McCareins down the right sideline for a 22-yard completion to the 16.

"We've allowed him to do what he does best — and that's to create things from back in the

See Titans, 7

Lady Raider defense too much for UALR

By Josh Beasley
Staff Writer

Coach Stephany Smith and her Lady Raiders increased their series lead to five over the Lady Trojans of Arkansas-Little Rock, by way of a 68-29 thumping Saturday afternoon at Murphy Center. In a game where defense was key, the Lady Raiders held their opponent to one of its lowest offensive outputs of the season.

The Lady Raiders (9-6, 3-0 SBC) grabbed the early lead in the first half by way of two consecutive Arkansas Little Rock turnovers and never looked back. On both occasions, freshman guard Cartia Bailey found herself in open court to convert the fast-break points. This would be the beginning of a 14-0 run in which MT would gain momentum and maintain it throughout the remainder of the game.

Plagued by 27 turnovers in the game, Arkansas Little Rock (3-10, 0-3 SBC) did not help its cause by allowing 24 percent from the field and 18 percent from behind the arc. Fourteen minutes into the game, Arkansas Little Rock had mustered just six points and managed to post a season low 14 points by the half.

Senior Eplunus Brooks led the Lady Trojans with nine points and seven rebounds. Freshman Brandy Taylor also played well chipping in five points and adding two assists for the Lady Trojans. Despite their efforts, the Lady Raider defense proved to be too much.

MTSU was led by sophomore Patrice Holmes, who scored 14 points and grabbed six boards. Holmes was 6 of 10 from the field including two back-to-back three point buckets with eight minutes left to go in the second half which gave the Lady Raiders a comfortable 30-point advantage.

Sophomore forward Eboni Kirby finished with 11 points shooting 4 of 5 from the field and 1 of 1 from three-point land.

Cartia Bailey, who seemed to ignite the Lady Raiders in the first half, posted a season high seven points coming off the bench and continues to increase her playing time as the season progresses.

"I see my job as being a spark plug for this team, whether it's on the bench or in the game," Bailey said. "I see myself as the energy leader."

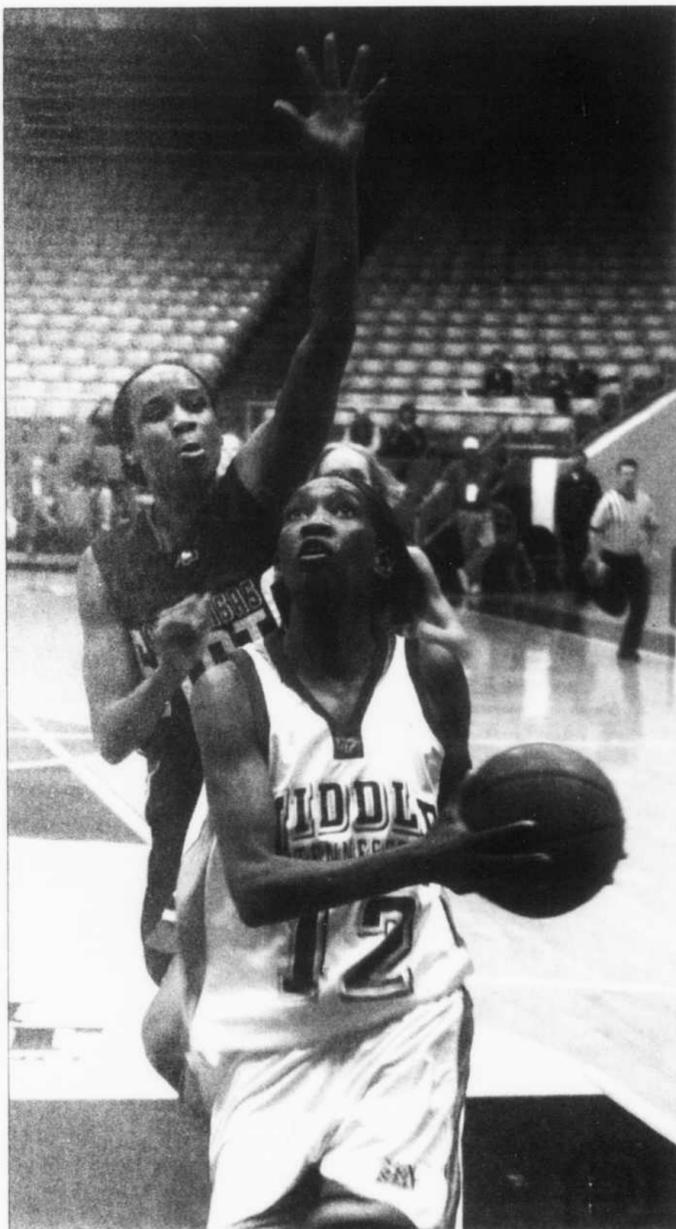


Photo by Chris Nichols | Photo Editor

Freshman Jennifer Justice looks up for a layup. Justice scored 16 points during Saturday's game against Arkansas-Little Rock.

The Lady Raiders topped Western Kentucky's impressive 78-42 win over Arkansas Little Rock with one of their own, defeating the Lady Trojans by 39.

The Lady Trojans lost two games last week by a combined total of 75 points.

The Lady Raider's will be on the road against South Alabama this week and then travel down to Cajun country to play Louisiana-Lafayette. ◆



By David Lawrence
Staff Writer

NWA:TNA Wrestling Insider

The first new show of TNA's new year started off with a bang as the team of EZ Money & Kid Kash fought Tony Mamaluke and David Young. The match was fast enough to keep everyone interested and move things along to the next segment.

The combined forces of Christopher Daniels, Low Ki and Elix Skipper rushed out and proceeded to beat up all four men. Daniels, Ki and Skipper also announced that they will now be known as 'Triple X'. World Heavyweight champion Jeff Jarrett ran out to make save and challenged all three members to a fight later on for the title.

The crowd barely had time to catch its collective breath as X-title champ Sonny Siaki came out to fight Jason Cross. Cross earned the shot at the X-title when he won a Gauntlet for the Gold several weeks ago. Siaki was accompanied by the woman that has been following him around. She was introduced as Desire, and she helped Siaki retain the title when she pulled Cross off of him when Cross tried to pin the champ and crotched the poor man directly into the steel ring post. I cringed just typing that last part.

The next match was a quick tag match between Jerry Lynn & 'The Truth' Ron Killings versus 'Heavy D' Don Harris & BG James. Lynn and Killings both carried the match while Harris and James just brawled. Mike Saunders rushed out and attacked Killings for an instant disqualification. At the risk of having the Harris brothers hunt me down, I have to say that both Ron and Don should just leave the ring. It's just getting depressing watching them flop around like dying fish.

Next, a rematch for the World Tag Team titles with the champs America's Most Wanted versus The Disciples of the New Church, Slash & Brian Lee. Only the catch this time is that there will be no rematch. The action in the ring was wrestling at it's finest, and after 14 minutes of near nonstop

action, America's Most Wanted beat the tar out of Slash & Lee to retain their titles.

Unfortunately, for every action there is an equal and opposite reaction. The next match proved this as Curt Hennig challenged David Hovet to a object on a pole match. Pole matches are simple in theory but often stupid in reality. The object of the match is to grab an object that is sitting on top of a pole. In this case, the object is an ax handle, and the match barely lasts two minutes before one of the ring attendants grabs the handle and gives it to Hennig. The less said about this match, the better.

But nevermind that, as Jeff Jarrett has come back to honor his word and fight the combined forces of Triple X. The matches will be held consecutively of course, and they start off with 'The Fallen Angel', who now refers to himself as 'Christopher Daniels', and Jeff Jarrett.

Daniels was pinned in less than five minutes, and that segues into Elix Skipper's turn. He fared a little better, but he was still pinned after five minutes. Low Ki entered, and performed one amazing move after another. After 20 minutes, Skipper and Daniels ran in and the match was tossed out. A shame, but I can see a nice feud brewing between Ki and Jarrett.

After the decision was made, the combined forces of S.E.X. rushed in and beat up everyone, but the Road Warriors ran in and started to clothesline everyone they could get their hands on.

Just when it looked like Russo's forces might overrun the two bad boys from the mean streets of Chicago, everyone was saved by none other than the American Dream himself-Dusty Rhodes! I was surprised to say the least, and I am curious as to how they are going with this.

Rhodes isn't too bad a guy, but he's in even worse shape than Russo.

If you are interested in seeing the show live, then head on down the TNA Asylum, which is located in the Tennessee State Fairgrounds in Nashville. General admission is \$10, while ring-side seats are \$15. ♦

Arkansas State: MT heads next to Ala.

Continued from 6

However, coming into the second half, the Lady Raiders had one objective in mind.

"Mostly we wanted to pick up our defense," McClinic said. "And that's what we were able to do. We knocked down some big shots and ran the floor in transition. We won a lot of transition points."

The Lady Raiders outscored Arkansas State 33-12 in points

off turnovers.

Patrice Holmes led the Lady Raiders with 23 points, eight rebounds and eight assists. Keisha McClinic scored 17 points, including a 3-5 effort from beyond the three-point line.

"I think Keisha's threes and Patrice Holmes's three really picked us up and gave us a lot of energy in the second half," said Lady Raider forward Jennifer Justice.

"In the first half we had a lot of turnovers. I think we only had one or two in the second half, and that really turned the pace around for us."

The only other Lady Raider who scored in double figures was Justice, who scored 17 points and grabbed five rebounds.

The Lady Raiders will continue conference play Thursday when they face South Alabama at 7 p.m. ♦

Titans: Next playoff game is next Sunday

Continued from 6

pocket and being able to run, making decisions to either run or throw," George said.

"His patience, his poise, his leadership - he's matured as a man and he's and he's matured as a player as well."

Then it was up to Nedney, in the first playoff game of his seven-year career with his eighth NFL team.

Nedney, who missed a 48-yarder at the end of regulation, set off fireworks by putting a 31-yarder through the uprights.

But officials stopped the celebration by signaling Pittsburgh had called for a timeout.

He hooked his second attempt wide right, then got another chance when officials flagged Pittsburgh for running into Nedney.

With the extra 5 yards, Nedney didn't miss the biggest kick of his career.

Now the Titans are headed to the AFC title game where they will either host the New York Jets or play the Oakland Raiders on Sunday.

"Usually, the first playoff game is the toughest, and we made it through," George said. ♦



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Apt. for rent @ Univ. Courtyard. Rent \$385. Dep. \$300 but I will pay half. Move in immediately. Lease ends July 31, 2003. Call 907-2261 or call farbrett@comcast.net. Room for rent. Male preferred. 1 bedroom with private bathroom in a 2 bedroom apartment. Move in anytime after exams. \$425 includes, furniture, appliances, shuttle service to school. Ground floor at Sterling Apartments. Call Nick at 423-503-6187 with any questions. Hurry! Hurry! One bedroom for rent in a two bedroom apt. Rent before Dec. and pay only \$385, includes everything, water, phone, cable, and bedroom items. Lease ends July 31st. Call 308-9700.

165 Roommates

Roommate needed for 2 bedroom/1 bath duplex in Nashville, Green Hills Area. Great Neighborhood. \$325/month plus util. Call Andrew at (615) 292-5979 or email at aecarr74@yahoo.com. Best. Moved in Jan. 18. Possible. Move in beginning of Feb. Spacious room with private bath, laundry and kitchen privileges. Grad student preferred. \$350. 867-6994. Looking for 2 female roommates for a nice 3 bed/2 bath house near campus. \$360 a month per person, all util., cable and internet included. Call Ashley at 474-0002.

155 House for rent

Condo- 3 bed/ 2 1/2 bath near I24. 1,400 sq. ft. All appliances,

large master bed, kitchen, pantry, walk-in closet, laundry, ceiling, garage, lawn care, pets, \$880. 615-423-6272. Large 2-story house 3 miles from campus. 5 spacious rooms for students. Female students preferred. \$250 a month + utilities. Discounts available. \$50 off 1st month rent for the first lease. \$300 security deposit. Fully furnished, washer & dryer, dishwasher, microwave, central H/A and Culligan drinking water. Call 898-2005.

170 Subleasing

Female needed to take over lease @ Univ. Courtyard. Private bed/bath. \$365 a month, reg. \$385. 5 months from campus. Call Leigh (615) 482-3090. Looking for a sublessee. \$280 per month plus utilities. Available now through May 1. No Deposit. Call 481-6005 for more information. Female wanted to sublease 1 bedroom in 4 bed/2 bath apt. one mile from campus. Fully furnished. \$325

a month/utilities included. call Amber at 615-758-3333 or 615-430-7333. Male sublesser needed at Sterling University Gables starting in January. Rent is \$330 a month and I will pay you \$100 to move in! Apartment is fully furnished with W/D and has a view of the pool. Call 893-3118. Apt. for sublease at Sterling Univ. Gables on S. Rutherford Blvd. 1 bedroom available out of 4. W/D included. \$300 month. Move in after finals. Call Jacob at 931-286-0207. I need a sublesser! \$485 per month includes everything, phone cable, full-size W/D, smoking is fine. Large 2b/2b apt. Male or Female is fine. Call 218-7447. 4 BR / 2 BA (male). \$370 a month all utilities included. Sterling Gables. "I will pay you \$100 to move in!" Call 289-0720. University Courtyard Apartments. Looking for a female to sublease 1 bedroom and private bath in a 4 bedroom unit that is fully furnished. Move in as soon as possible. Rent is \$354, everything deposited. I will pay deposit and pay you \$100 cash! Call Rachel @ 400-2275.

205 Other

Sublease apartment. Nottingham Apt. Across from campus 2 bedroom 2 bath. email chrispytaul@yahoo.com.

Fraternities/Sororities

Earn \$1,000-\$2,000 this semester with a proven Campus Fundraiser 3 hour fundraising event. Our programs make fundraising easy with no risks. Fundraising dates are filling quickly, so get with the program! It works. Contact CampusFundraiser at 888-923-3238, or visit www.campusfundraiser.com

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205 Other

Professional couple wishes to adopt your newborn-Offers loving, secure home. Legal fees paid. Please help us live our dream of having a family. 931-648-9400.

It's time for this red-shirt player to put on some blue...



Photo by Chris Nichols | Photo Editor
 MT guard Cartia Bailey rolls down the field past two Arkansas State defenders. Last year, Bailey was redshirted early in the season due to knee surgery.

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Reach for the Pinnacle

Student Success Workshops



Managing your Time

Wed. Jan. 15 12:25-1:25 p.m.
 OR Thurs. Jan. 16 6:30-7:30 p.m.



College Notetaking

Wed. Jan. 22 12:25-1:25 p.m.
 OR Thurs. Jan. 23 6:30-7:30 p.m.



Using your Whole Brain

Wed. Jan. 29 12:25-1:25 p.m.
 OR Thurs. Jan. 30 6:30-7:30 p.m.
 OR Wed. April 2 12:25-1:25 p.m.
 OR Thurs. April 3 6:30-7:30 p.m.



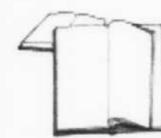
Improving your Memory

Wed. March 5 12:25-1:25 p.m.
 OR Thurs. March 6 6:30-7:30 p.m.
 OR Wed. April 9 12:25-1:25 p.m.
 OR Thurs. April 10 6:30-7:30 p.m.



Five Steps to a College Paper

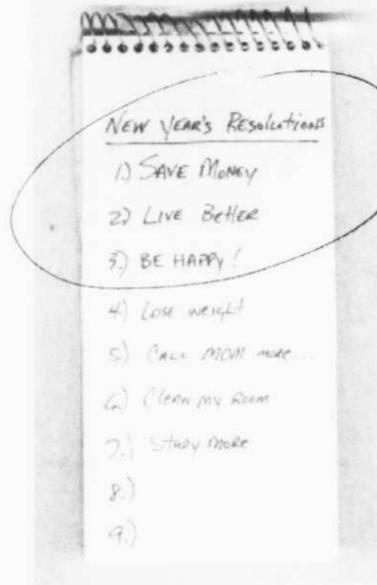
Wed. Feb. 5 12:25-1:25 p.m.
 OR Thurs. Feb. 6 6:30-7:30 p.m.
 OR Wed. March 19 12:25-1:25 p.m.
 OR Thurs. March 20 6:30-7:30 p.m.



Five-Day Study Plan

Wed. Feb. 12 12:25-1:25 p.m.
 OR Thurs. Feb. 13 6:30-7:30 p.m.
 OR Wed. April 23 12:25-1:25 p.m.
 OR Thurs. April 24 6:30-7:30 p.m.

Call 898-5989 to sign up for any of these Pinnacle workshops to be held at the Adult Services Center, KUC 320.



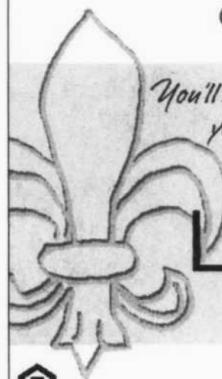
When making plans for 2003, place LeBeau Chateau at the TOP of your list.

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