# WELCOME BACK

# Middle Tennessee State University SIDE IN Friday, January 17, 1986

Volume 60, Number 27

Photo by Howard Ross Paul Cantrell, MTSU Dean of Students, addresses a joint session of the ASB Congress Thursday afternoon.

# Tax refunds to pay

# ASB House, Senate meet in marathon legislative session

From Staff Reports

A joint session of the Associated Student Body House and Senate considered nine pieces of legislation and heard addresses from two guest speakers during the longest meeting of the current ASB Congress Thursday night.

After the call to order and a roll call, marked by a large number of absent members of the House, the Congress was informed that House members would be in danger of loosing their seats if they were not present for the sessions.

The Congress then heard an address from ASB President Bobby Hopkins. Hopkins told the group that anyone planning on running for ASB President for next year must turn in their petitions by Feburary 3.

Committees to investigate cable televison on campus, computerized pre-registration and an on-campus fraternity row will be formed if there is student interest, according to Hopkins. "If no one talks to me about being on one of these committees then I will assume there is Nashville this semester, according

not enough student concern about these matters," Hopkins said.

Dean of Students Paul Cantrell then spoke to the group about the MTSU Foundation. This is a private corporation dedicated to "making Middle Tennessee State University a better place for educating the young people who are attending this university," Cantrell said.

The organization has granted money for the Leadership Performance Scholarship, which currently pays the tuition of 77 MTSU students, as well as extending funds to McFarland Health Services, the university clinic, and to the university's financial aid scholarships, according to Cantrell. Cantrell then asked for the help of the Congress in providing publicity for the organization.

The Senate then took action on the confirmation hearing of Troy Baxter as the new Chief of Staff. A new Chief of Staff was needed because the former, Teddy Gregory, is working on an internship in

Kristi Hines said. "I know there's

only so many things you can do for

breakfast...but there could be a lit-

tle more variety in lunch and sup-

When rating the food from the

hot line, students were given the

choice of hot, lukewarm or cold to

describe the food. 51 of the 80 stu-

dents polled said that the hot line

to Hopkins. Baxter was unanimously confirmed by the Senate.

A number of pieces of legislation were then heard by the Congress. Senate Resolution Six, which would "[protest the Ohio Valley Conference action in suspending Kim Cooksey and Kerry Hammonds following an altercation at the Tennessee Tech vs. MTSU game," according to the resolution, was passed without oppositon.

House Resolution Three, "a resolution commending coach Boots Donnelly and the Blue Raider Football Team on an outstanding season," was also passed without opposition.

Senate Resolution Four, which calls for an investigation of the library policies towards handicapped students at MTSU, was unanamiously passed.

House Resolution One was passed with 2 "no" votes. This resolution requests longer hours for the Todd Library during the week before, and the week of, final exams. Another resolution dealing withthe Todd Library, Senate Resolution Five, was passed without opposition. This piece of legislation requests that the library send students overdue notices within two weeks after the due date.

A resolution allowing cars registered for campus parking to back into campus parking spaces, known as House Resolution Four, was passed without opposition.

A motion from the floor for adjournment was then overturned by the Chair. While both houses had no nay votes on the question to adjourn, the Chair used his power to overrule a verbal vote. Since no one objected, the ruling stood, according to Mark O'Connor, Speaker of the House.

The Congress then tabled action on two resolutions until the next meetings and extended the deadline for an already requested report on kitchenette facilities until February 15. The Congress then offically adjourned.

The next meeting of the Senate

### late student loans

#### By CRYSTAL NELMS Sidelines Assistant News Editor

The Internal Revenue Service is garnisheeing the 1986 return of any former college student, including those formerly of MTSU, who has made no attempt to repay his guaranteed student loan.

When a student applies for a guaranteed student loan, the University provides the application. After the application is filled out, the University certifies it. The student takes the application to the bank, who makes the loan, and the government guarantees it.

If the former student fails to repay the bank, the government must repay them. That leaves the former student in debt to the government.

[The Tax Bill] passed by Congress in 1984 "requires us by law" to withhold a return, Ladd Ellis, IRS Assistant Service Director at Memphis said. "We get a certificate cussed it," Garbenstein said.

of debt, and then we act on that." According to Ellis, if a former student's income tax return for 1986 is \$500, and he owes \$300 to the government, his return will only be \$200. If the former student owes an amount equal to his entire return, the entire return will be kept. If the former student's return does not pay the debt in full, his next return check, in 1987, will also entail a reduction to pay the balance.

Also according to Ellis, no one is referred to the IRS unless an "exhausted effort" has been made to obtain the funds.

Efforts were made to contact Senator Jim Sasser for his opinion of this newly enacted law, however he was not available to make a comment. Steve Garbenstein, legislative director to Senator Sasser, was available.

"Sasser has not told me his position on this bill. We have not dis-

will occur on January 21, and the next House meeting on January 28.

#### Students unhappy with ARA food

#### By TAMMY BAUGH, JONNA NUTT AND CRYSTAL NELMS Sidelines Staff Writers

In an unscientific poll of students concerning the ARA Food Services at Middle Tennessee State University, students complained mainly about the lack of variety in campus meals, lukewarm food, poor sanitation practices and cafeteria hours. A majority of the students polled

expressed the desire to have a

larger variety of food to choose

from. Students said they realize

that it is hard to prepare food for

large numbers but that ARA could

"It gets old when you know every

day before you go to eat exactly

what is going to be served," junior

use more imagination.

"The ladies...sneeze in the food."

per.

food served on campus was lukewarm.

A representative from the state Department of Health inspected on Dec. 2 and found that the food on the hotline met the requirments established by that department.

"[the food is] lukewarm when you get it--cold by the time you sit

### Spring Sidelines staff begins semester

#### From Staff Reports

The Sidelines staff is back from break and ready to inform and entertain you.

Heading up the editorial staff is Editor-in-chief Lisa Flowers. Flowers served as Co-news editor during the Summer 85 semester and as news editor in Fall of 85. She was one of the producers of Channel 22 Newsview, and is a member of the Association of Recording Industry Management Students.

News editor Chris Bell formerly served as assistant news editor during the 85 Fall semester.

Assistant news editor Crystal Nelms is working for the first time as a Sidelines staff member. Nelms was a staff writer for the paper during the fall 1985 semester.

Also working as a memberof the editorial staff for the first time is for the past year, and served as

Editorial editor Barbara Celia. Celia previously worked for Sidlines as a columnist.

Continuting their jobs from last semester are Copy editors Laura Rader and Elisabeth Freeman.

Features/Entertainment Editor Kelly Anderson is also working for the first time as an Editor, but has many times previously written for Sidelines.

Both Sports co-editors have worked for the paper. Michael Freeman was sports co-editor last fall, and a staff writer during the summer of 85.Carlton Winfrey was Editor-in-chief last fall. Winfrey also worked as a sports reporter for the Nashville Banner during the summer of 1985.

Photography editor William McClary has worked at Sidelines

photography editor during the Fall of 85.

Jean Forgette continues her duties as production manager. Forgette also worked as production manager last fall.

Advertising manager Kelly Hayes has served in various capacties in student publications, including editor-in-chief of Collage and advertising manager of Sidelines. Hayes also interned with WSMV.

Assisting the advertising manager is Advertising production manager, Charles Hayes. Hayes has

> Monday, January 20th will mark the national observance of Dr. Martin Luther King Jr.'s birthday

> > All university offices will be closed and scheduled classes will not meet

down. freshman Lisa McDowell said.

When students were asked if they had seen anything unsanitary in the on-campus dining facilities, 46 of the 80 polled stated that they had. Several of the complaints were hair in the food, roaches and flies in the cafeterias, and "unappetizing practices" of ARA employees.

"In the grill I once saw a bird fly in the bug zapper," senior Christine Stallard said. "I have also seen dogs wandering around in the grill and sitting in the booths."

"The ladies wear nail polish while serving, and also sneeze over the food," one MTSU sophomore complained. "I think the ARA needs improvement because they are unsanitary.

Many students expressed dissatisfaction with the attitudes of ARA employees. ARA seeks personable employees when hiring according to Douglas McCallie, director of ARA Food Services.

Students polled were given the

opportunity to suggest improvments that ARA could make. For better dining service, students proposed a larger variety of food served, friendlier service, a cleaner

#### eating establishment and effective pest control.

"A suggestion would be to survey the students, see what they want and try to meet those demands," Hines said.

According to Director of Student Affairs Robert Lalance, state law requires that hair restraints be worn by anyone who directly works with food. Several students polled complained that not all ARA employees who are in direct contact with food wear these restraints.

Of the students polled, those who have meal cards expressed their concern at not being able to eat at their convenience. Many had class schedules that conflicted with cafeteria hours and others expressed a need for a place on campus to eat on weekends.

According to McCallie, if a student with a meal ticket has a schedule that will not allow him to eat at the offered times, he can get a note from the ARA office which will allow him to eat in the Grill.

If a student has any problems concerning food services, he or she should feel free to contact Dining Services, room 204, Keathley University Center, or call 2675.

### New pay plan approved

By DONALD LANCE Sidelines Staff Writer

The new University payroll policy, passed by the Associated Student Body Congress during the 1985 spring semester, allows for Middle Tennessee State University student employees to be paid bimonthly.

In the past, students were only paid once a month, which members of the ASB considered to be a great inconvenience to the students.

"It is hard to live from month to month on one paycheck," Marty Watt, former senate sponsor of the bill said."I beleive that this new policy will help the student financially."

The change will cost the University approximately \$3,000 annually, according to ASB bill number two. Increased cost results from the hiring of extra people and the issuing of extra checks.

worked on the layout staff of both Sidelines and Collage, and is the author of the popular cartoon Doo-

gree here at MTSU.

dles.

Supervising the staff is Student Publications Coordinator Jackie Solomon. Solomon, a graduate of the University of Alabama, is in her second semester as publications coordinator. She worked as a reporter for the Birmingham News and the Tuscaloosa News, and is currently teaching Media Writing while working on her Masters de-

#### 2•SIDELINES Friday, January 17, 1986



The spring editoral staff of Sidelines. Pictured left to right: Laura Rader, Chris Bell, Michael Freeman, Barbara Celia, Charles Hayes, Carlton Winfrey, Elisabeth Freeman, William McClary, Kelly Hayes, Crystal Nelms, Lisa Flowers, Kelly Anderson, Jackie Solomon. Not pictured: Jean Forgette and Cassie Fennell.

Photo by Bill McClary

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#### THE MTSU FINE ARTS COMMITTEE PRESENTS

"**M**"

Peter Lorre, in the greatest performance of his career, recreates the claustrophobic, psychotic world of a *child rapist-murderer* who is hunted by the criminal underworld as well as by the police. Fritz Lang created a powerful social melodrama based on the Dusseldorf murders of 1929, but "M" is also a compassionate study of a tormented human being who is unable to help himself. (*Filmed in 1930, German with English subtitles, b/w.*)



M

Tuesday, January 21, 7:00 p.m. K.U.C. Theatre FREE and Open to the Public!

# Campus

#### FRIDAY

CHI OMEGA will hold initiation Friday, Jan. 17 in Dining Room B, James Union Building at 6 -8 p.m.

SIGMA THETA DANCE will be held Friday, Jan. 17 in the Tennessee Room of the James Union Building at 9 p.m. - 1 a.m.

#### SATURDAY

CAMPUS RECREATION will hold a Vollyball tournament Saturday, Jan. 18 in the Alumni Memorial Gym and Auxilary Gyms 1 and 2 in Murphy Center at 8:30 - 10:00 p.m.

#### MONDAY

OBSERVANCE OF DR. MARTIN LUTHER KING JR.'S BIRTHDATE

#### TUESDAY

CAMPUS INTERVIEWS for summer jobs at Camp Winadu for Boys and Camp Vega for Girls will take place on Tuesday, Jan. 21, and park positions at Opryland USA on Wednesday, Jan. 22. For more information call the placement office.





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# Editorial/Forum

# Regents ignore university's needs

All 1,426 students of Motlow Community College pre-register. Why must MTSU's 10,200 students do battle with an outdated and time-consuming registration system?

MTSU faculty have been advocating preregistration since 1978. The students have been ready for pre-registration earlier than that. Why must we wait and agonize with our present registration system? The Board of Regents has designated that 1988 will be the year of "enlightenment" for MTSU; they will allow students to pre-register, even though at present the university has the computer capabilities for it.

The Board of Regents has in its packaged pre-registration plan "mandated" MTSU to purchase a \$20,000 to \$25,000 computer system. This piece of advanced technology is all we need to pre-register, besides the o.k. from the Board of Regents.

The hold-up for this process seems to stem from the lack of regard the Board of Regents has exhibited to MTSU students. We do not understand why the Board of Regents has deemed MTSU last in this procedure. Even Motlow Community College pre-registers!! Motlow College with its total registration of 1,426 students, 935 of which are full-time. If a college this small, with its obvious budgetary limitations, can pre-register, why must MTSU, much larger in size, be subjected to further aggravations of an aged registration system? Maybe if all 10,200 MTSU students "dropped in" on the Board of Regents in person--all at once--they would come to see our point of view.

Pre-registration would make the whole process of getting classes that you wanted, at the time you wanted, easier and almost problem free--two words that have not been synonymous with our present registration process. An important factor of pre-registration is that it would stop people from pulling cards for friends, a practice that does not help as many people as it hurts. Most importantly, pre-registration would extend any vacation time we have, a fact that makes preregistration desirable to any seasoned college student.

We have pointed out the advantages of pre-registration, realise that we do not have it, and will not, for at least another two years; but then there is always Motlow College.

## Pre-registration is a disaster

By DALE DWORAK Sidelines Staff Writer

As a firm believer in the American capitalistic system I have to admit that I am against pre-registration

How in the world am I going to be able put myself through school without the money I make selling class cards? You would not believe some of the prices that the more popular classes command. And how would you be able to get the "perfect" class\_schedule if you couldn't



And just because you gave the hacker a certain amount of money doesn't mean that when it comes time to register that the computer will really say that you are in that class. Will the hacker say, "That's the breaks kid?" My policy has

THE BACKROOM By Dale Dworak Sidelines Columnist

> it tells you that all your classes are closed? Who will you talk to? Or will the bottom of your chillingly empty ARC say "That's the breaks kid--try again in the fall?"

> > Pre-registration is hoax. It takes



After hours of frustration students wish they were at Motlow Community College where they could pre-register.

#### Can you believe it?

# Better than sex

By CHRIS BELL Sidelines News Editor

You have probably read this editorial before. Sidelines is looking for writers, and we want you. However, this time our reasoning is a little different.

Usually we say how much experience you will obtain working for the paper. It looks good on a resume and your skills will improve a great deal. That happens to be true. If you are thinking about a career in mass communications, this job will give you a head start. Sometimes we tell you how great the people working up here are and

how much fun the job is. Present company excepted, that, too, is true

Occasionally we even tell you we'll pay you money. Yep, true again. However it's not such a great reason since we don't pay that much.

All of these are perfectly fine reasons, designed to appeal to your sense of duty, your sense of responsability and your sense of greed. The best reason for working here is to improve the quality of

Sidelines . There have been times

#### when the paper has been excellent, enjoyable and informative. There have also been times when the paper has made a good wrapping for seafood. campus.

The paper is pretty good right now. When compared to the papers of the last few years it looks much better. Graphically, Gene and Roger give it thumbs up.

The quality of the writing has been average, but improved towards Christmas and should keep getting better. The paper's been too small and that's something that needs to change. We could use better cartoons. But we need some-

#### their roots in press realeases, and it's no different up here. We do our best but we only get close to providing a true record of events on the

SUBURBIA

Sidelines Columnist

By Chris Bell

There are things happening here, good and bad, that just never get covered by this paper, and that's a damn shame. Usually they never get covered because we don't have the time, knowledge and information to do so. We need to cover the exhibits at the Art Barn and we need to cover the trash fires in the dorms. But if we don't know they happened or if we don't know what we are talking about, we can't.

find someone who could pull your cards? My associates and I have always been willing to help the frustrated student. With pre-registraliteracy, those days are over.

Does this mean that registration will become a fair and equitable process? No, it just means that the hackers are going to move in and take over my territory. Media Writing, which I sell for \$30 a card, will probably cost a lot more because the poor unsuspecting student will

always been payment on delivery. They don't call me "Federal Express" for nothing.

Even without hackers selling tion, and my total lack of computer ' classes I still don't think that preregistration is anything more than a panacea. There is no way that everyone is going to get the classes they want--it just doesn't happen that way. Not everyone who pre-registers is going to end up in Children's Lit. Of course, if you call me or one of my associates ...

And what happens when you also have to pay for computer time. come up to the great computer and

away my business and allows computer nerds to make money off your frustration. How can a computer know what fair is? Is fair giving your class, the last class you need, to some stupid freshman who is taking it as an elective? I don't think so. Sure I'm biased--but I'm a senior.

Pre-registration is a fact of life. By 1988 it will arrive at MTSU, only ten years ahead of the completion of the Northfield Loop. And since I'll be out of school I recommend that all you novice Jake Butchers buy an Apple.

thing more.

Mainly we could use a lot more writers and a much greater variety in the points of view we express.

Often you'll read about how the great amount of news stories have

Perhaps I am overestimating the student body at MTSU. I hope not. Yes, we can help you. We can provide experience and gratification. But you can help us even more.

# Megalomaniac hits home

By BARBARA CELIA Sidelines Editorial Editor

The raw egotism displayed by Libyan leader Moammar Khadafy during the past month ranks him with such great megalo-manics as Julius Caesar, Napoleon Bonaparte and Adolf Hitler. The idea that Khadafy can totally subdue the Western world through threats of oil cutoffs and terrorist activites is illogical in theory, but extremely logical in application.

Khadafy has been very effective and lucky in crossing the plateau of popular indifference to popular recognization. Supporting terrorism, he has overcome any obstacles such as concern for useless killings of innocent people. Only a minor factor to be considered when one is protecting his world rights as

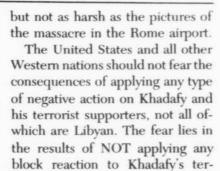


#### By Barbara Celia **Editorial** Editor an individual to voice himself. Yes,

I can understand this. I think it is time that the United States and other concerned Western nations voiced their rights also.

To endure Khadafy's "world rule" is to be subject to a 1986 Adolf Hitler. Except we are all the terrorized Jews, children are no exceptions, and the world is his Aushwitz.

President Reagan's description of Khadafy as a "flake" was not too far from target. I would say this is a little harsh for national television,



roristic endeavors. The memory of Hitler is still fresh in our minds; we do not need another reminder of the exploits of the past.



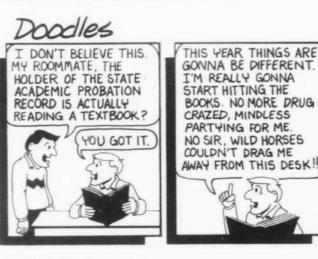
#### **Letters Policy**

Letters to the editor are welcomed and are considered on the basis of timeliness, terest, taste and space

All letters must include the author's name, MTSU box telephone number and number. Telephone numbers will not be printed and are for verification purposes only. When warranted, requests to withhold names will be hon-

We reserve the right to edit letters for clarity and space.

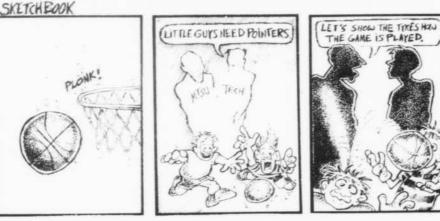
Address all letters and inquiries to: Sidelines, Box 42, or come by Room 310 of the James Union Building.













### Middle Tennessee State University Sidelines

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Kelly Hayes Advertising Manager

**Charles Hayes** Advertising Manager

Jackie Solomon Publications Advisor

Sidelines is published every Tuesday and Friday by the students of Middle Tennessee State University. Editorials and columns reflect the opinion of their authors and not of the MTSU administration, faculty, or staff

# Features/Entertainment

# RIMusic first college record on compact disk

#### By DANNY PACE Sidelines Album Critic

For students in the music and mass communications departments, education goes beyond the classroom and into the studio.

From an assortment of technical and creative talents, an album has been created which reveals the dedication of all involved, students and faculty alike. With some help from the faculty, students work for several months taking original songs from their primitive beginnings all the way to the polished sounds on the final product.

Several Recording Industry Management students in the Advanced Studio Production course serve as producers of the album. From a pool of songs submitted by music students in a commercial songwriting class, and songs from deep, lush sound. other sources, producers choose a

on vinvl.

If there ever was any doubt about song on the album, "North of the melody help the song rise above the normal sugar-wasted songs on the radio.

This song, along with the others, reveal the abilities of the Commercial Music Ensemble, a group of music students who play all the instruments on the album. They are political statements will be dissapchosen for their talents by the pro- pointed, and rightfully so. This ducers of the songs. These musi- album is meant to give students cians abilities easily surpass most of hands-on experience, developing what we hear on the radio or see the talents which would otherwise on television, and give each song a be restricted to pencil and paper

song they wish to transform into a Turning" are bright, enthusiastic final product worthy of being put pop songs easily adaptable to an FM format. The songs are produced squeaky clean, giving them their ability to take their classroom a strictly professional sound. Aleducation and put it to work, it was though songs can be over-producquickly dispelled in the very first ed, causing them to come across as plastic and emotionless, these songs Border." The strong arrangements, fall short of being saturated with combined with a heavy sense of studio equipment and tricks, something of which the producers can be very proud.

> When listening to this ablum, one can tell this was a "safe" project. The listener expecting to hear radical studio techniques or grandiose in the classroom. Although the

on a major record label, they certainly can be a source of pride for not only music and R.I.M. majors, but for the M.T.S.U. community.

Another song on the album worth mentioning is "Victory May Be Sweet", possibly the most lyrically thoughtful song on the album. The song reeks of the 60's style of rock, making it the most daring song on the ablum.

According to Thomas Hutcheson of the music department, who, along with Christian Haseleu of the R.I.M. department served as the album's executive producers.

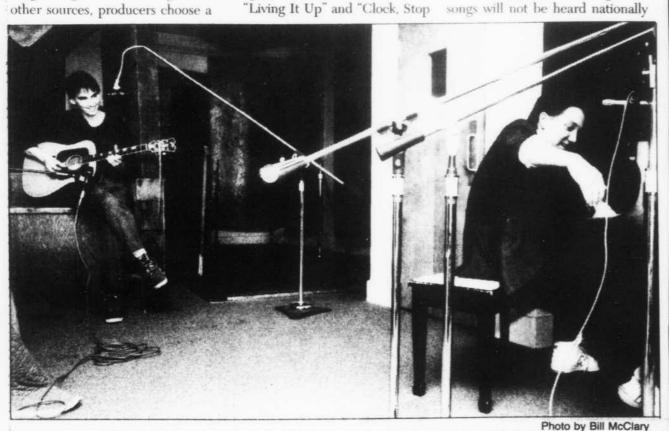
Students wishing to submit songs for the next album should get their songs in by Jan. 27. The next RIM album should be released in Fall of '86. The music should be submitted on a cassette tape, with the lyrics typed on a sheet of paper. In the next 3-4 weeks the songs for the next album will be chosen.

Shortly after the selection of the songs, recording will begin. This process can take some time, considering it takes 18 or more hours to record just one song. The final product can be expected from September to November of this year.

Anyone interested in purchasing a copy of "RIMusic '85" can find these at the bookstore. The cost is \$6. The album is also available on compact disc. M.T.S.U. is currently the only school in the nation with the capability of producing a compact disc.

This effort is a real tribute to the music and R.I.M. students who pooled their talents to make this album happen. Who knows? One day these people could be Nashville or L.A. bigshots. And to think they got their start at M.T.S.U.





Richard Block on the piano and Collin Monk, guitar, perform in the RIM studio on East Main Street. Both are MTSU students and are members of Diamonds and Rust an MTSU based band.



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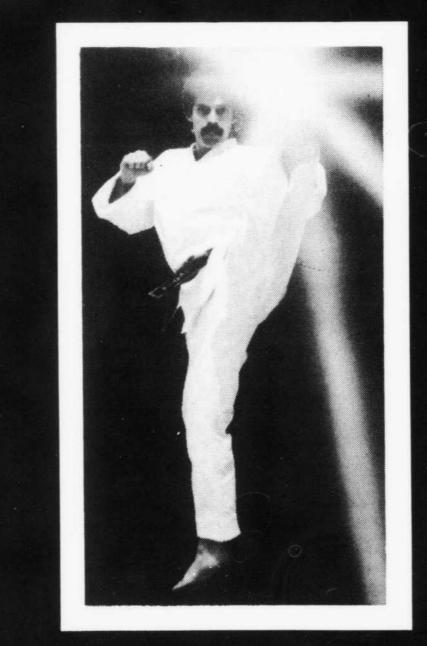
A Better Burger at a Better Price. For a limited time, hamburgers are only 39¢ at D'Lites, and cheeseburgers are just 49¢. So now D'Lites is an even bigger value than ever! Just 39¢ for a great tasting burger of 100% pure lean beef, served on a sesame seed bun! And add cheese for just a dime more.

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#### 63 THE MOST OUT OF COLLEGE **GET THE MOST OUT OF LIFE**



You can earn a black belt while you're earning your college degree!

You're preparing for the rest of your life... Studying to develop your mind...Getting that degree. You can use this time to develop your body too!

Join the MTSU Karate Club.

Karate will help you gain physical skill, control and self-confidence. The best thing is...Karate is fun!

Just a beginner?

Beginners are welcome. You'll be instructed by David Deaton, a well known figure at MTSU. He's a 6thDegree Black Belt and 1984 National Masters Champion. David can take you as far as you want to go-even from beginner to black belt.

How can you join?

The Karate Club meets Mondays, Wednesdays and Fridays in Murphy Center Dance Studio B. Beginners classes are from 4:00 to 5:00. Advanced classes are from 4:00 to 6:00. Visitors are welcome. Don't let golden opportunities pass you by. Get the most out of college.

#### SIDELINES Friday, January 17, 1986•5

# Women at MTSU pump iron

#### By BEVERLY KEEL Sidelines Feature Writer

When two MTSU coeds talk of pumping iron,' the thought of smoothing wrinkled clothes with a hot appliance is far from their minds.

Lisa Alsup and Cindy Shrader turned to weightlifting after aerobics did not produce the desired results.

Shrader, 22, looking for something besides dance and aerobics, has been body building for almost two years. Along with Alsup, her

4

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week at Troy's Gym.

Alsup began to get serious about lifting weights about four months ago. She was intrigued with the way it made the female body look, and she decided to become involved.

"Lifting weights really tones your muscles," said Shrader, of-Fayettville, TN. "My body is heavier and harder now."

"It has quicker results than aerobics classes," said Alsup, of weightlifting partner, Shrader Murfreesboro. "When I began lift-

spends several hours, six days a ing, I weighed 180, and it was all fat. Now my body has gotten stronger. My muscles have toned and I've lost fat."

> Both have noticed that other females tend to have two different types of reactions to their bodybuilding.

> "Most girls are positive about it," Shrader said."They like it and want to get involved."

> "But other girls react totally different," said Alsup. "They think it's

gross and unfeminine."

The body builders have found only encouragement and support from males.

"Guys are very positive about it, ( especially down here [Troy's Gym]," Shrader said. "They encourage us a lot."

"They think it's good that girls are as serious about it as they are," Alsup added.

Alsup said she is not intimidated lifting weights in a predominantly male gym because she is not expected to be able to lift as much as the men.

A workout partner is strongly recommended by Alsup.

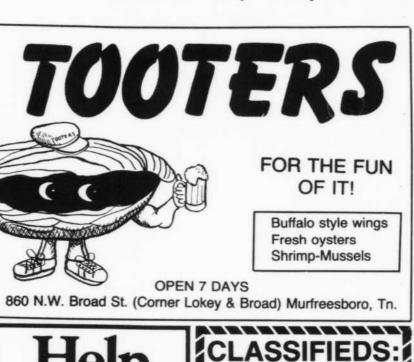
"Working out with Cindy really helps," she said. "She pushes me and doesn't let me cheat myself."

Alsup strongly disagrees with the belief that weightlifting is unfeminine.

"I don't think it has made me less feminine," she said. "It has made me more self-conscious about my body.I have a better self image

Weightlifting has really helped in the way I feel about myself. I've learned how far I can push myself. I've also learned how to become more persistent in everything I do."





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MTSU student Cindy Shrader lifts weights at Troy's Gym as Lisa Alsup, also a MTSU student, and Brian Gardner spot her during her workout.



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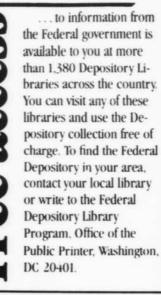
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#### 6•SIDELINES Friday, January 17, 1986



#### Hammonds returns to action

## Raiders defeat ASU, sets high record



Photo by Wayne Cartwright

Lee Campbell, a 6-7 forward from Woodbury, Ga. attempts a shot during the Blue Raiders' game against Austin Peay, recently. The Raiders, 3-0 in the conference, hit the road tomorrow in Morehead, to face the Eagles.

#### By TONY STINNETT Sidelines Sports Writer

Middle Tennessee State ran its overall record to an impressive 11-5 with a record - setting victory over Alabama State 132-101, Wednesday night in Murphy Center.

Coming off a two-game OVC suspension, Kerry Hammonds made up for lost time. On the night Hammonds poured in 19 points along with 7 rebounds. Coach Bruce Stewart felt that the game will be a big confidence booster for Hammonds.

"I feel that it will definately help Kerry," Stewart said. "I'm glad that he could come back with success after the two game suspension."

With the victory over the Hornets, the Blue Raiders set a school record for most points in a single game. A school record was also set for most points by both teams, which was 233. In 1965 MTSU scored 125 points against Austin Peav, which was the old record.

The big story on the night was the super performance displayed by Tyrus Baynham. Baynham hit 8 out of 10 in the first half in addition to hitting 3 free throws. Baynham

was just as deadly in the second half as he finished the game with a season high 31 points. Thirty-one points is the most scored by any team member this season.

Stewart was more impressed with Baynham's defense than anything.

"Ty had a great game, but I was very pleased in his defensive showing tonight. He held Frank Sillmon (Alabama State standout) way below his averaage in the first half, and I was very pleased with that," Stewart said.

Against the Hornets, six Raiders scored in double figures. Kim Cooksey poured in 21 points on the night, Andrew Tunstill and Lee Campbell each added 17 points. Campbell, the freshmen sensation from Woodbury, Ga., also pulled down 12 rebounds. Jimmy McGill scored 10 points off the bench. Dwayne "Bam Bam" Rainey crashed the boards for 13 rebounds.

MTSU now goes to Morehead State and Eastern Kentucky for games Saturday and Monday night. On the line will be the Blue Raiders' perfect OVC record of 3-0.

## MTSU track team begins final season

#### FROM STAFF REPORTS

Middle Tennessee State's track team will open its final Ohio Valley Conference season Saturday with a meet against five rival teams.

The Blue Raiders will host Murray State, Western Kentucky, Towson State, Georgia Tech and Austin Peay at Murphy Center at 12 p.m. This is the final season of OVC intion. The conference will drop the dash record.

jumpers and four athletes who program made a big mistake." qualified for NCAA competition last year.

All-American and OVC Track Athlete of the Year Dwight Johnson will compete in the long jump and the triple jump. His 26-6 in the long jump last year was one of the best performances in the nation. He is also one of the OVC's top sprinters door and outdoor track c ompeti- holding the conference 300-yard

Another top rated jumper for the Blue Raiders, Malcolm Branham, was a member of the TAC junior team last summer and won the OVC outdoor title last year.

Four-time OVC champ shot-putter Steve McQuiston returns, along withy teammate Sean Smith, who has cleared 7-0 in the high jump.

The running events should also

Ellis and Duhart were 1985 NCAA qualifiers in the 500-meters and Rhodes joined them on last season's champion 1,600-meter relay team

Deric Hayes of Murfreesboro, the top returning hurdler in the OVC, is back along with distance runners Mark Byrne and Jerry Malone. Another distance standout, Danny Green, is expected to be red-shirted due to knee surgery. The Raiders can expect stiff competition this weekend from Georgia Tech and Murray State, particularly in a quality high jump field and the middle and long distances.

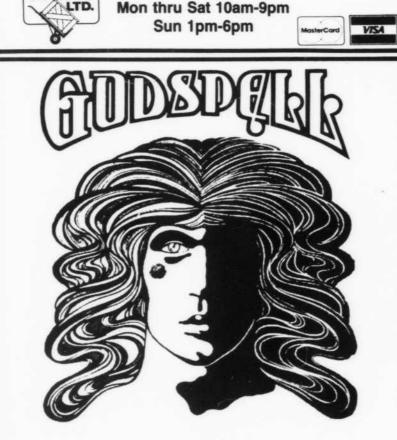
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season and we have something to Johnson are Tennessee's high prove to the university," Johnson MTSU, coached by Dean Hayes, said. "We want to prove that whoever decided on cutting the track Duhart and Dale Rhodes.

"We know that this is our last be strong for the Raiders. Joining school state champ Bobby Ellis, Branham, Perald Ellis, James

### Baynham, Cooksey receive conference recognition

FROM STAFF REPORTS

nessee is the Ohio Valley Conference Newcomer of the Week. As the Blue Raiders won three conference games last week, Baynham, a 6-7 forward from Nashville, scored a total of 51 points. He scored 18 points against Tennessee Tech, 19 against Murray St., 14 versus Austin Peay, and an impressive 31 points in a non-conference game against Alabama State, bringing his total to 82 points in four games.

Fellow Blue Raider Kim Cook-Tvrus Baynham of Middle Ten- sey, despite a one-game suspension following an altercation during the Tennessee Tech game, leads the conference in scoring with 290 points, an average of 20.7 points per game.

> Lee Campbell, a freshman from Woodbury, Ga. leads the conference in field goal percentages, shooting 47 of 77 for 61 percent.

> Baynham ranks second in the conference hitting 87 of 149 shots from the floor, for 58.4 percent.

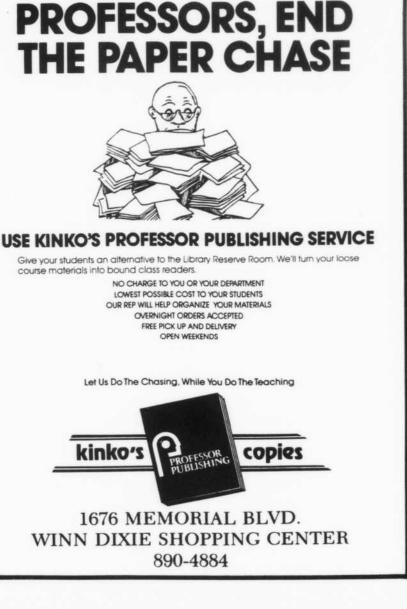


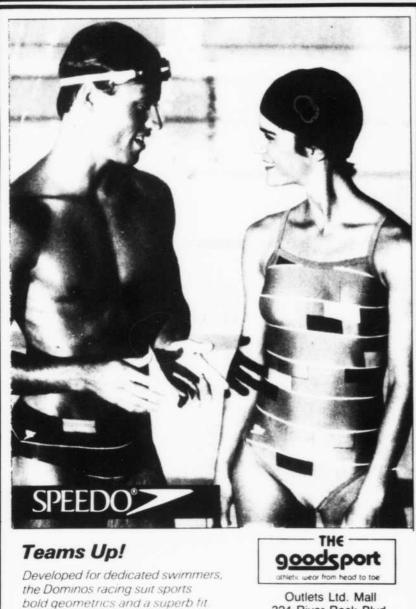
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